



# how to wash

**Prepare:** Tip solids into the toilet. Rinse with hot water and scrub any stains with Stain Remover/Soap and a silicone scrub brush. Squeeze out excess liquid and store, uncovered, in a dry pail.

**Prewash:** Wash nappies in a 40 degree wash for approx 30 mins. Return to dry pail till ready for Main Wash. Use detergent according to machine instructions. Avoid using bleach and softeners.

**Main Wash:** When there are enough nappies to fill machine 3/4 full (or alternatively fill out with other laundry such as baby clothes) put nappies in for a long and hot wash (approx 60 degrees for 2-3 hours) Again, use detergent according to machine instructions and avoid using bleach and softeners.

**Dry:** Dry nappy shells by hanging on clothes airer. Inserts can either be tumble dried on low heat or hung to dry. Avoid putting shells in direct sunlight.