

# How to fit a cloth nappy



## STEP 1

Lay bub on top of the nappy so that the back of the nappy is roughly in line with their belly button.



## STEP 2

Squeeze the middle of the nappy as you fold it up and tuck the leg elastics into the undie line (the crease between the groin and the baby's thighs)



## STEP 3

Pull the tab snug against the baby and hold in place as you fasten the hip and front snaps. (Note: hip snaps are optional for chunkier babies!)



## STEP 4

Repeat on other side.



## STEP 5

There should be a two finger gap between baby's belly and the top of the nappy.



## STEP 6

There should be no gaps at the legs.



## STEP 7

Leg elastics should be tucked into undie crease.



## STEP 8

Tuck excess fabric at the rise snaps upwards towards belly button.



## STEP 9

Done!