



Medica Herbs
BEST NATURAL REMEDIES



medicago gordonii

dandelion

products

buchu

devil's claw

WHY ARE SPRAYS BETTER?

Our sprays are fast acting and are the most effective way of taking medicine.

(Up to 9 times more effective than tablets or pills)

Just a quick spray!

So easy to use and so effective!



Medico Herbs
BEST NATURAL REMEDIES

Top 10 Medico Herbs Products

QUICKSLIM DROPS: contains 44 herbs including 5 different appetite suppressants, diuretics, gentle laxative, boost energy levels, regulate hormone balance + (many more benefits)

RESPIR-EZE : for Asthma, Emphysema, Catarrh, coughs, colds, flu, Sinusitis, Pleurisy, Bronchitis, Pneumonia, Congestion and loosens phlegm, Tonsillitis and throat infections, Tonic for respiratory tract, Reduces fever and Improves immune function, Relax muscles, ease spasms, cramps. Helps regain breathing after exercise.

QUIT SMOKING SPRAY: supports the whole body in breaking smoking habit. Ease Craving, Remove Toxin, Freshen Breath, Calm Nerves, Suppress Appetite. Makes the taste of nicotine worse.

SINUS RELIEF SPRAY: Relieves congestion, loosens phlegm and aids removal of excess mucous. It is useful for most problems associated with the upper respiratory system. It stimulates white blood cells, improving the immune system, guard against infections and keeps viruses from multiplying.

PURE HOODIA GORDONII: Excellent natural hunger suppressant used by the San people. 100% Natural, very safe and easy to use. Available in spray, capsules and powder.

PURE MSM POWDER/CRYSTAL: 100g, 250g and 1kg tubs, 60 x 1000mg caps (methylsulphonylmethane) .Degenerative arthritis, chronic back pain, chronic headache, muscle pain, Allergies, fibromyalgia, TMJ.

OSTEO RELIEF: for Arthritis, Rheumatism, Gout, Fibrositis, Bursitis, Bone Inflammation, Muscle Inflammation, Breaks down uric acid, Alkalizes & detoxifies the body.

DETOX SYSTEM CLEANSER: Used to purify liver & bloodstream, Lymphatic toner & cleaner, Restores liver & gallbladder. Cleanses bowels, gentle laxative, contains vital minerals for bone formation. Regulates blood sugar levels, diuretic to get rid of toxins and strengthens immune system.

BLOODSTREAM SPRAY (FOR SKIN): promotes new cell growth, detoxifies the body, is a powerful blood cleanser. It is used for skin eruptions such as acne, eczema, dermatitis, psoriasis, boils, abscesses, hives, insect bites, age spots, and blemishes. It is also used to assist in regulating overactive oil glands. It is a natural antibiotic.

IMUVITOX SPRAY: Used as a immune enhancer, powerful antioxidant, anti-inflammatory, counteracts degenerative diseases and works as an antiseptic.



Other Medico Herbs Products

BONE, HAIR NAILS & TEETH STRENGTHENER SPRAY: Strengthen Hair, Nails & Teeth, Osteoporosis, Healing of Broken Bones and connective tissue, Rickets, Detoxifies & **alkalizes** the body, Contains all the minerals to build stronger bones.

HORMONE BALANCER SPRAY: is used to normalize the female reproductive system and regulate the hormonal function. It is rich in natural oestrogen & progesterone, relieves menopause related problems, soothes headaches, reduces cramps, mood swings, depression, irritability, hot flushes and menopause related vaginal dryness. It promotes functioning of the heart, kidneys, liver, spleen, pancreas, lungs, stomach & nervous system.

INFECTION SPRAY: It has anti-inflammatory, antiviral, anti-microbial, antiseptic and anti-fungal properties, it helps the body rid itself of most infectious diseases and is good for the immune and lymphatic systems.

KIDNEY TONIC: to improve the function capacity of the kidneys. It is a natural antibiotic, cleanses the body, and has anti-inflammatory, antibacterial, antiseptic, astringent and diuretic properties. It is good for inflammation in the urinary system, acidifies the urine and prevents bacteria from entering the bladder. It also relieves painful and burning urination and is of great help for water retention.

LIVER SPRAY: Cleanse the bloodstream and liver. It strengthens and purifies the liver, corrects its function, boosts the immune system and helps rid the body of excess fluids. Beneficial for treating Jaundice, Inflammation of the liver, Gallbladder Inflammation, Cirrhosis of the liver, Hepatitis, Gallstones

PANCREAS SPRAY: This complex is used to stimulate & strengthen the pancreas. It assists in the regulation and balance of the hormones, insulin and glucagons that are released by this gland. This mixture is excellent nourishment for the pancreas and stimulates only the hormones that are under productive. It also guards against infectious diseases and stimulates bile production.

LIBIDO ENHANCER AND SEX BOOSTER SPRAY : to Improve sexual ability, Treats erectile dysfunction, Rejuvenate Lovemaking, Infertility and Impotence, Low Sex Drive, Improve Sexual Stamina, Energy Booster, Sportsmen and women, Exhaustion, Tiredness and combat fatigue, Hormone balancer, Immune system booster, Fights infections, Improve Blood circulation and Nerve stimulant.

SPRAY AND SLEEP: natural help to aid better sleep. Contains Hops and Skullcap.

SPRAY SLIM: this is a slimming formula that is best for those that do not eat a lot. It will boost metabolism, and is helps with Thyroid.



Other Medico Herbs Products

HERBAL NUTRIENTS SPRAY: This formula is a combination of herbs from land and sea, which are rich sources of minerals and vitamins. Together they supply the body with ALL THE ESSENTIAL NUTRIENTS to promote optimum health.

DIGESTIVE AID SPRAY: Remedy for ulcers, indigestion, heartburn, gastritis, colitis, spastic colon, flatulence, poor digestion, poor absorption, inflammatory bowel syndrome.

IN CONTROL SPRAY (FOR NERVES): Relieves stress, depression, anxiety, hyperactivity, ADHD, insomnia, shingles, and neuralgia, strengthens nervous system. Relaxing & sedative properties.

OLIVE LEAF + ECHINACEA SPRAY as above with Immune booster

HEADACHE & MIGRAINE SPRAY (25ml) Combination of herbs to ease headaches and migraines

CONCENTRATE SPRAY MEMORY SUPPLEMENT: Memory aid stimulant, refresh poor memory, stimulate the central nervous system, improve blood flow and oxygenation to the brain

CIRCULATION SPRAY: improves the working capacity of the cardiovascular and circulatory systems, and to soothe and tone the nervous system. High blood pressure high cholesterol, arteriosclerosis palpitations, angina. Strengthens the heart, Improves Circulation, Circulatory Tonic

SCELETIUM TORTUOSUM (KANNA): mood enhancer for getting over addiction and depression. Available in Spray Extract and Capsules.

GLUCOSAMINE: one of the most effective treatments for osteo-arthritis. It stimulates joint function and repair and has been proven effective in numerous scientific trials for treating osteo-arthritis pain, rehabilitating cartilage, renewing synovial fluid, and repairs joints damaged by osteo-arthritis.

OMEGA3: Fish Oil lowers Cholesterol, 3 EPA and DHA, Enhancer of Mind and Body

GINGKO BILOBA: good for memory and circulation

PET CARE RANGE includes: Pet Circulation toner Spray , Animal Infection Mix **Spray**, Pet Lungs & Chest Spray , Pet Bone and Muscle Spray, Pet Immune Spray, Pest Control Remedy Spray, Animal Calmer Spray and Urinary Tract Formula Spray.



QUICKSLIM

Quickslim is mainly for slimming and weight control. As it is 100% natural and contains many active herbs it will have the effect of improving overall mental and physical health and happiness which is very important in weight control. With over a 1000 drops in one bottle, this product should last over one month.

The new QUICKSLIM has been formulated by combining 44 different herbs which all aim to help get rid of your excess weight. It contains 5 different appetite suppressants, 16 herbs to help reduce water retention and 8 herbs for cleansing the system. You will find your energy levels increased, digestion improves, metabolism increased, fat dissolved, immune system bolstered, nutrition absorption enhanced and overall health improved. QUICKSLIM will also regulate your hormone balance, improve your thyroid function and act as a gentle laxative. It will also help lower your cholesterol levels. The kidneys will strengthen. Anti-aging herbs will help delay hair graying, bolster your energy levels, stamina, sexual enhancer and can improve your fertility. It contains anti-inflammatory and anti-bacterial herbs, which will help reduce stretch marks and tissue swelling. Your heart will strengthen, regulate blood pressure and it will increase resistance against osteoporosis. QUICKSLIM even contains herbs to fight against depression.

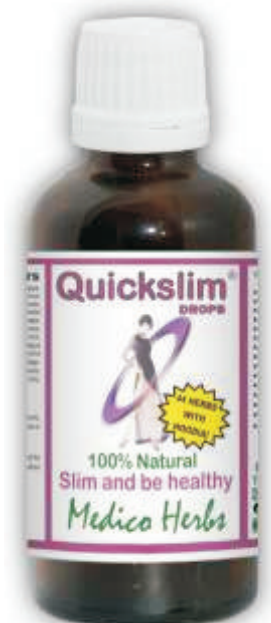
The results have been fantastic with men and women losing over 12kg during the first 3 months. QUICKSLIM has also helped people sleep better, made their skin feeling wonderful and can be used as health drops.

PRODUCT BENEFITS:

1. Appetite suppressant
2. Boosts metabolic rate
3. Dissolves fat within the liver
4. Increases metabolism of fat.
5. Gentle laxative
6. Boosts energy levels and clears the mind
7. Improves digestion & cleanses the digestive tract
8. Purifies and Detoxifies the bloodstream
9. Rich in nutrients
10. Improves nutrition absorption
11. Immune builder & health improver
12. Diuretic strengthen kidneys and help rid body of excess fluids
13. Regulates hormone balance very important in controlling weight.
14. Improves thyroid function & stimulates the adrenals
15. Cleanses all eliminating channels, the colon, kidneys, liver and spleen
16. Removes mucous fat from the digestive tract
17. Strengthens & stimulates the nervous system

HERBAL INGREDIENTS:

Alfalfa, Aloe Vera, Buchu, Burdock, Butcher's Broom, Cayenne, Chickweed, Cinnamon, **Cleavers**, **Corn Silk**, Dandelion, Devil's Claw, Fennel, Fenugreek, Fo-ti, Garcinia Cambogia, African Ginger, Ginseng, Gotu kola, **Guarana**, Green Tea, Gravel Root, Hawthorn, **Hoodia Gordonii**, Horsetails, Huang Chi, Irish Moss, Kelp, Kola Nuts, Milk Thistle, Mountain Celery, Oats straw, Parsley, Plantain, Rhubarb, Sacred Bark, Schisandra, Spanish Bramble, Senna, Spirulina, Turmeric, Uva ursi, White willow bark, Wild olive, Wild Rosemary.



RESPIR-EZE

If you are having breathing difficulties, suffer from Asthma, emphysema, phlegm, congestion or sore throats, this is a wonderful item to help work on the respiratory system. It is fast working, easy to use spray, all natural product. You must try it - you will be impressed. This is the top selling natural asthma and emphysema treatment in South Africa. We have many users who have found that they have become independent of their asthma pumps.

These herbs are used to soothe, cleanse and heal the lungs, respiratory tract and mucous membranes. It is a fantastic asthma treatment and medication can be used by an adult or child. It relieves congestion, loosens phlegm, aids in the removal of excess amounts of mucous, reduces fevers, increases perspiration, calms the body, relaxes muscles and eases spasms and cramps. It stimulates white blood cells, improves the immune system, guards against infectious illnesses and keeps viruses from multiplying. The results are astounding. Relief is obtained within seconds. Be safe with our all natural product.

PRODUCT BENEFITS:

- | | |
|-------------------------------|-------------------------------------|
| 1. Asthma | 6. Coughs, colds & flu |
| 2. Emphysema | 7. Tonic for the respiratory tract. |
| 3. Loosens phlegm | 8. Bronchitis & pneumonia |
| 4. Hay fever & allergies | 9. Improves immune function. |
| 5. Fights viruses & bacteria. | 10. Tonsillitis |
| 6. Catarrh | 11. Pleurisy |
| 7. Sinusitis | 12. Suitable for Athletes |



HERBAL INGREDIENTS:

Elecampane, Boneset, Bilberry, Cayenne, Coltsfoot, Echinacea, Elderberry, Eyebright, Goldenrod, Goldenseal, Lobelia, Marshmallow Root, Mullein, Peppermint, Thyme, Pelargonium

PELARGONIUM SIDOIDES (Umckaloabo)

Pelargonium Herb has traditionally been used as an antibacterial, antiviral and expectorant in respiratory infections which include colds, flu, bronchitis, sinusitis, pneumonia and tonsillitis. It is often used as an alternative to antibiotics.

PRODUCT BENEFITS:

- | | |
|---------------------|-------------------------------|
| 1. Bronchitis | 6. Alternative to antibiotics |
| 2. Sinusitis | 7. Throat infections |
| 3. Pneumonia | 8. Colds and Flu |
| 4. TB | 9. Analgesic Effects |
| 5. Rhinopharyngitis | 10. Tonsillitis |

HERBAL INGREDIENTS:

Pelargonium Sidoides (*Umckaloabo*)
Alcohol content 43%



QUIT SMOKING

This formula is designed to support the whole body in breaking the smoking habit. Some components are similar to nicotine to help wean and ease craving, but is not addictive. It will make nicotine taste less desirable, stimulate the respiratory system, remove the toxins and mucous congestion. It is also a natural breath freshener, reduces nervousness, irritability and anxiety. It helps the body get rid of poisons ingested by smoking, improve blood circulation, quality of the oxygen supply, help prevent you from gaining extra weight and contains all the vitamins & minerals to minimize withdrawal symptoms and cravings.

PRODUCT BENEFITS:

- | | |
|-----------------------------|-------------------------|
| 1. Makes Nicotine Taste Bad | 4. Calm Nerves |
| 2. Eases Cravings | 5. Avoid Weight Gain |
| 3. Removes Toxins | 6. Freshens your breath |

HERBAL INGREDIENTS:

KELP, CALAMUS, HYSSOP, DANDELION, MILK THISTLE, ALFALFA, BONESET, SKULLCAP, HORSETAIL, GINGER, GINGKO, PEPPERMINT, CAYENNE, SCELETIUM



IN CONTROL

Natural tonic to strengthen & support the whole nervous system. They have **relaxing, sedative & analgesic** properties. This tonic can be used for nerve pain as well as **stress** related or nervous disorders. 2 squirts before bedtime will help induce natural sleep with no side effects. Can be used for ADHD (alternative to Ritalin)

PRODUCT BENEFITS:

- | | |
|------------------|-----------------------------------|
| 1. Stress | 6. Shingles |
| 2. Depression | 7. Neuralgia |
| 3. Anxiety | 8. ADHD |
| 4. Hyperactivity | 9. Strengthen your nervous system |
| 5. Insomnia | |

HERBAL INGREDIENTS:

Catnip, Hops, Motherswort, Passion Flower, Skullcap, St.John's Wort, Valerian, Vervain, Sceletium



IRRITABLE BOWEL SYNDROME (IBS)

Inflammatory Bowel Disease Overview if you cannot get Flordis Iborogast Medico Herbs IBS is an improved product with added Slippery Elm for excellent results. The term inflammatory bowel disease (IBD) describes a group of disorders in which the intestines become inflamed. The likeliest cause is an immune reaction the body has against its own intestinal tissue.

Two major types of IBD are ulcerative colitis and Crohn's disease. Ulcerative colitis is limited to the colon or large intestine. Crohn's disease, on the other hand, can involve any part of the gastrointestinal tract from the mouth to the anus. Most commonly it affects the small intestine or the colon or both. If you have an IBD, you know it usually runs a waxing and waning course. When there is severe inflammation, the disease is considered active and the person experiences a flare - up of symptoms. When there is less or no inflammation, the person usually is without symptoms and the disease is said to be in remission.

PRODUCT BENEFITS:

1. Beneficial for IBS
2. Aids healthy digestive
3. Intestinal tract support
4. Gastric emptying
5. Reduce gas & bloating



HERBAL INGREDIENTS:

Angelica, Archangelica, Caraway, Chamomile, Melissa Officinalis, Peppermint, Celadine, Liquorice Root, Slippery Elm.

GARCINIA CAMBOGIA

Top quality Garcinia: 60.3% HCA (Hydroxycitric Acid) content. The active constituent in this herb is called Hydroxycitric Acid (HCA) and is gaining a reputation for assisting weight loss through appetite suppression and by reducing the body's ability to form fatty tissue during times of overeating.

The ability for Garcinia's component, HCA, to reduce blood lipid levels and lower blood cholesterol is another feature of this amazing natural medicine.

PRODUCT BENEFITS:

1. Assisting with weight loss
2. Natural appetite suppressant
3. Lower blood cholesterol
4. Contains great amounts of Vit.C
5. Use as a heart tonic

HERBAL INGREDIENTS:

Garcinia Cambogia



Available in Spray, Drops, Capsules & Powder



HOODIA GORDONII

Pure Hoodia Gordonii from South Africa is the new exciting hunger suppressant to give you control of your craving and effectively manage your weight loss program.

In 1937, a Dutch anthropologist studying the San indigenous people in the Kalahari desert near what is now the South Africa-Namibia border noted that they sucked on the Hoodia plant as a hunger suppressant and thirst quencher. These bushmen did not eat on their two to three day hunts; instead, they munched on the stem of this succulent to suppress their hunger and thirst. The San people --known for their survival skills, rock art, trance-dancing and mystic symbiosis with their semi-desert or savannah environment —can trace their heritage back some 27,000 years on the basis of rock paintings drawn by their ancestors.

Three decades ago, South African scientists at a government lab called the Council for Scientific and Industrial Research began studying the Hoodia Gordonii plant and noticed that lab animals eating this plant lost weight, but otherwise did well.

The Hoodia Gordonii plant is a succulent that grows throughout the semi-arid areas of Southern Africa. It can grow up to six feet tall. It has large, beautiful flowers, but the flowers Extracts from this succulent have been studied in clinical trials. These studies have shown that obese subjects can reduce their caloric intake by 50% to 40%. Significant weight loss has resulted from such a drop in caloric intake.

At least one major pharmaceutical company is pursuing intensive studies on this plant. This major company has already invested millions in acquiring a major supply of this plant. It hopes to market a natural product extracted from this plant to treat the epidemic of obesity seen around the world.

PRODUCT BENEFITS:

1. Natural Hunger Suppressant
2. 100% Pure Hoodia Gordonii
3. Safe and Easy to Use
4. Lose weight
5. Reduce Caloric Intake

HERBAL INGREDIENTS:

100% Pure Hoodia Gordonii.



SINUS RELIEF - Oral mouth spray

The herbs in this formulation are traditionally used to Relieve congestion and Hay Fever, loosens phlegm and aids removal of excess mucous. It is useful for most problems associated with the upper respiratory system. It stimulates white blood cells, improving the immune system, guard against infections and keeps viruses from multiplying

Use it for Hay fever, Allergies, Colds & flu, Sinusitis, Catarrh, Tonic for Respiratory Tract ,Immunebooster, Fights viruses & bacteria

HERBAL INGREDIENTS:

CAYENNE, ECHINACEA, EYEBRIGHT, PEPPERMINT, ELDERBERRY, GOLDENROD, BILBERRY



KANNA (*Sceletium Tortuosum*)

Sceletium Tortuosum has been used by the Hottentots of Southern Africa for hundreds of years as a **mood enhancer, relaxant and empathogen.**

In addition to *Sceletium*'s common use for the stress and mental fatigue of modern industrial living, *Sceletium* has been used as a natural supplement for:

1. Uplifts the mood
2. Decrease anxiety, stress & tension
3. Gives you energy
4. Drug Rehabilitation
5. Reduce Bloodpressure

HERBAL INGREDIENTS:

Fermented *Sceletium Tortuosum* (*Kanna*).



Available in Capsules, Spray, Drops & Powder



OSTEO RELIEF

These herbs are used inflammations or infections of the muscular and skeletal systems. It breaks down uric acid, acts as a diuretic to help with the removal of excess fluids without robbing the body from its calcium levels. It strengthens the kidneys, detoxifies the body and contains all the minerals essential for bone formation. It also acts as a relaxing nerve that brings mild pain relief.

PRODUCT BENEFITS:

- | | |
|----------------|------------------------------------|
| 1. Gout Relief | 6. Bone Inflammation |
| 2. Rheumatism | 7. Muscle Inflammation |
| 3. Arthritis | 8. Breaks down uric acid |
| 4. Fibrositis | 9. Alkalises & detoxifies the body |
| 5. Bursitis | |

HERBAL INGREDIENTS:

DEVIL'S CLAW, AFRICAN POTATO, CELERY SEEDS, BLACK COHOSH, YARROW, CAYENNE, BURDOCK, HORSETAIL, ROSEMARY



DEVIL'S CLAW

Devil's Claw contains a group of components known as iridoids which possess anti-inflammatory, antirheumatic and pain killing properties. The anti-inflammatory action has been shown to be equivalent to that of steroids, but the plant itself does not seem to contain steroids, which may be why it does not have the side effects associated with steroid use.

PRODUCT BENEFITS:

- | | |
|----------------------|--------------------|
| 1. Anti-inflammatory | 4. Sports Injuries |
| 2. Arthritis | 5. Fibromyalgia |
| 3. Rheumatism | 6. Tendonitis |

HERBAL INGREDIENTS:

Devil's Claw (Harpagophytum Procumbens)



Available in Capsules, Sprays, Drops & Powder



MSM (Methylsulfonylmethane)

What is MSM? (methylsulfonylmethane), is an organic form of sulphur readily absorbed and utilized by our bodies. MSM is composed of 34% bio-available sulphur, making it the richest source of organic sulphur available. MSM is a safe, natural, supplement, which assists the body in maintaining adequate sulphur stores. MSM may support the body in regulating insulin production, improving skin smoothness and elasticity, regulating environmental and allergic sensitivities, enhancing bowel function and liver detoxification, and enhancing respiratory function.

MSM Applications: Supported by Research and multiple patents, MSM in sufficient levels as a Dietary Supplement, can help and improve the following conditions: Allergic responses, Gastrointestinal Disorders, Reduces effects of stress, Improves circulation and Enhances cell vitality, Helps regulate insulin production, Improves skin smoothness and elasticity, Reduces pain associated with systemic inflammatory disorders, including arthritis, night leg cramps and migraines. MSM has also shown beneficial in reducing sluggish memory, and symptoms of asthma and emphysema, reducing post athletic activity fatigue and improved joint flexibility.

Allergies: There is considerable anecdotal evidence that MSM promotes reduction in allergic symptoms in individuals with environmental allergies and sensitivities. Dr. Jacobs, who has utilized MSM in research at the Oregon Health Sciences University, reports improved allergic responses with the use of MSM.

Joints: General improvement in overall joint mobility is seen with the use of MSM. Reports have noted improvement in pain and inflammation associated with arthritis and gout. It is postulated that this is due to based enhancement of the sodium-potassium pump, allowing improved fluid flow and removal of cell toxins with reduction of pain and inflammation.

PRODUCT BENEFITS:

1. Chronic Back Pain
2. Relieves Muscle Pain
3. Heals Damaged Joints
4. Helps PH Balance
5. Connective Tissues
6. Headaches
7. Post Traumatic Pain
8. Inflammation and Allergies

HERBAL INGREDIENTS:

100% Pure MSM (Methylsulfonylmethane).



Also available in 30, 60, 120 Tablets , 60 Capsules & Powder

BLOODSTREAM

The herbs in Bloodstream are used to improve the skin condition. They promote new cell growth, detoxifies the body, is a powerful blood cleanser. It is used for skin eruptions such as acne, eczema, dermatitis, psoriasis, boils, abscesses, hives, insect bites, age spots, and blemishes. It is also used to assist in regulating overactive oil glands and help for problems caused by blood impurities. Bloodstream is a natural antitoxin for infections/ Some herbs contain phytochemicals that destroy fungi, germs, virus and bacteria with it's antibacterial, antiviral, anti-microbial and anti-fungal properties. It is also used for septicemia.

PRODUCT BENEFITS:

- | | |
|-----------------------|--------------------------------|
| 1. Treats Acne | 5. Balance oil gland secretion |
| 2. Helps with Eczema | 6. Promotes new cell growth |
| 3. Psoriasis | 7. Insect Bites |
| 4. Boils & Carbuncles | 8. Detox liver |

HERBAL INGREDIENTS:

BLUE FLAG, BURDOCK, CLEAVERS, DANDELION, ECHINACEA, GINGKO, LAVENDER, RED CLOVER, SARSAPARILLA, YELLOW DOCK



DETOX

The detox herbs are used to detoxify and cleanse and regulate the system. It's a excellent immune builder. They are also used to Purify liver & bloodstream, Lymphatic tonic & cleanser, Restores liver & gallbladder, Cleanses bowels, Gentle laxative, Vital minerals for bone formation, Regulates blood sugar levels, Diuretic to help rid body of toxins, Strengthens immune system.

PRODUCT BENEFITS:

- | | |
|--|-------------------------------------|
| 1. Detoxify, cleanse and regulate system | 6. Cleanses Bowels, gentle laxative |
| 2. Immune Builder | 7. Regulates blood sugar levels |
| 3. Purify Liver & Bloodstream | 8. Diuretic |
| 4. Lymphatic Tonic & Cleanser | 9. Strengthens Immune Systems |
| 5. Restores Liver & Gallbladder | |

HERBAL INGREDIENTS:

BUCHU, BURDOCK, CLEAVERS, DANDELION, ECHINACEA, SENNA, YARROW, NETTLE, HORSETAIL, SACRED BARK, GREEN TEA



CONCENTRATE SPRAY

Concentrate are used as a memory aid and stimulant to refresh poor memory and “comfort the brain”. It has a stimulating action on the central nervous system and to various glands. It improves the brain’s function by increasing cerebral and peripheral blood flow, blood circulation and oxygenation.

PRODUCT BENEFITS:

- | | |
|---|--------------------------------------|
| 1. Improves mental function | 5. Improves long & short term memory |
| 2. Improves circulation to the brain | 6. Increases alertness |
| 3. Increases concentration & coordination | 7. Improves mental stamina |
| 4. Accelerates learning | |

HERBAL INGREDIENTS:

ALFALFA, CAYENNE, GINKGO, GINSENG, GOTU KOLA, LEMON BALM, ROSEMARY, SCHISANDRA



GINKGO BILOBA

Ginkgo offers antioxidant effects as well, which may protect both the central nervous system and the cardiovascular system from the negative effects of aging, specifically age - related mental deterioration. Ginkgo’s antioxidant effects may also inhibit platelet stickyness which can decrease the risk of circulatory diseases, such as arteriosclerosis.

PRODUCT BENEFITS:

1. Circulatory aid
2. Helping to increase blood flow
3. Relieve cerebral insufficiency

HERBAL INGREDIENTS:

GINKGO BILOBA



Also available in Sprays, Drops, Capsules & Tablets

IMUVITOX SPRAY

Is used to purify, Cleanse & Nourish the body; Immune builder, Powerful antioxidant, Anti-inflammatory; Counteracts degenerative diseases and Antiseptic. Assists in fighting disease, colds, flu, chickenpox, diabetes, varicose veins, piles, liver problems, backache and rheumatism. Used to treat fever, poor appetite, indigestion gastritis, ulcers, dysentery, cancer, asthma, bronchitis and poor night vision. Strong support as a benefit in treatment of cancer and AIDS.

PRODUCT BENEFITS:

- | | |
|-------------------------|---------------------------------|
| 1. Immune Builder | 5. Antiseptic |
| 2. Powerful Antioxidant | 6. Increases Appetite |
| 3. Cleanse the body | 7. Assists in fighting diseases |
| 4. Anti-inflammatory | |

HERBAL INGREDIENTS:

BILBERRY, CAT'S CLAW, CANCER BUSH (Sutherlandia Frutescens), ECHINACEA, GINGKO BILOBA, SPIRULINA



INFECTION SPRAY

The herbs in **Infection Spray** are used for their anti - inflammatory, antiviral, anti - microbial, antiseptic, and anti - fungal properties. It helps the body rid itself of most infectious diseases and is good for the immune and lymphatic systems. Infection Spray is 100% natural and can be used internally & externally, which helps to treat & heal most infectious diseases in a fast & effective way.

PRODUCT BENEFITS:

- | | |
|----------------------------|---------------------------------|
| 1. Internal & External use | 6. Intestinal Parasites |
| 2. Infections | 7. Anti - Inflammatory |
| 3. Inflammations | 8. Antiviral |
| 4. Mouth Infections | 9. Antibacterial & Antiseptic |
| 5. Infected wounds & sores | 10. Anti Fungal & Antimicrobial |

HERBAL INGREDIENTS:

BLACK WALNUT, CAYENNE, CLOVES, ECHINACEA, MARIGOLD, MYRRH, THYME, YARROW WORMWOOD



DIGESTIVE AID

Digestive Aid are used to improve the function capacity of the digestive system. It's a soothing, healing demulcent, which is perfectly suited for sensitive or inflamed mucous membrane linings in the digestive system. It fights infections & inflammation, balances alkaline/acid levels and stimulates the central nervous system. It strengthens the colon, liver, pancreas and reduces nausea or vomiting.

PRODUCT BENEFITS:

- | | |
|----------------|---------------------------------|
| 1. Ulcers | 6. Spastic Colon |
| 2. Indigestion | 7. Flatulence |
| 3. Heartburn | 8. Poor Digestion |
| 4. Gastritis | 9. Poor Absorption |
| 5. Colitis | 10. Inflammatory Bowel Syndrome |

HERBAL INGREDIENTS:

ALOE VERA, ANISEED, CALAMUS, CATNIP, GINGER, MARSHMALLOW ROOT, MEADOWSWEET, PASSIONFLOWER, SLIPPERY ELM



PARASITE REMOVER

The herbs in **Parasite Remover** have traditionally been used to cleanse the body from most parasites, including intestinal parasites, treat fungal infections and expel worms.

This product has antiseptic and anti-parasitic properties and is also used for bruising, herpes and to increase the stomach acidity.

PRODUCT BENEFITS:

1. TREAT FUNGAL INFECTIONS
2. EXPEL WORMS
3. USED FOR BRUISING, HERPES
4. INCREASE THE STOMACH ACIDITY

HERBAL INGREDIENTS:

BLACK WALNUT, CLOVES, WORMWOOD



HORMONE BALANCER *for women*

Rich in natural oestrogen & progesterone. Relieve Hot Flushes and vaginal dryness. Normalize the female reproductive system. Alleviate cramps, headaches, mood swings, depression & irritability. Normalizing action on the female sex hormones. Good for the heart, kidneys, liver, spleen, pancreas, lungs, stomach & nerves.

PRODUCT BENEFITS:

1. Normalize the female reproductive system
2. Alleviate cramps
3. Eases headaches
4. Treats mood swings, depression & irritability.

HERBAL INGREDIENTS:

ANGELICA, BLACK COHOSH, CHASTE BERRY, DANDELION, KELP, MILK THISTLE, MOTHERSWORT, OATS, RASPBERRY, ROSEMARY, SAW PALMETTO, SARSAPARILLA, WILD YAM



LIBIDO ENHANCER

Libido Enhancer sex booster spray is used to improve sexual ability, treats erectile dysfunction, rejuvenate lovemaking, infertility and impotence, low sex drive, improve sexual stamina, energy booster, sportsmen and women, exhaustion, tiredness and combat fatigue, hormone balancer, immune system booster, fights infections, improve blood circulation and nerve stimulant.

PRODUCT BENEFITS:

- | | |
|--|--|
| 1. Improve sexual performance and stamina | 5. Energy Booster for sportsmen and women |
| 2. Very helpful for erectile dysfunction | 6. Combat fatigue, exhaustion and tiredness. |
| 3. Rejuvenate Lovemaking and improve sex drive | 7. Hormone Balancer |
| 4. Infertility and Impotence | |

HERBAL INGREDIENTS:

ASTRAGALUS, CHASTE BERRY, FO - TI, GINGER, GINKGO, GINSENG, GOTU KOLA, HORNLY GOAT WEED, SARSAPARILLA, SAW PALMETTO, SCHISANDRA



OMEGA 3

Your body needs a daily supply of Omega 3 to supply the essential building blocks for the brain and nervous system. The many health benefits of the polyunsaturated fatty acids of the Omega 3 family have been recognised for so long that that many countries now add Omega 3 Fish Oils to many daily products like milk, spreads, juices and yogurts.

PRODUCT BENEFITS:

- | | |
|--|------------------------------|
| 1. Proven to help lower blood pressure | 5. ADHD |
| 2. Can ease Joint conditions such as arthritis | 6. Bipolar disorders and ME. |
| 3. Aids in maintaining a healthy heart | 7. Excellent quality |
| 4. Beneficial for people suffering from depression | |



60 x 1000mg Capsules

ACTIVE INGREDIENTS:

Per Serving (2 capsules):

- Eicosapentaenoic Acid (EPA) 540mg
- Docosahexanoic Acid (DHA) 360mg
- Fish Body Oil, Capsule Shell (Gelatin, Glycerin), DL alpha Tocopherol acetate

CIRCULATION

Improve the working capacity of the cardiovascular and circulatory systems. It assist in the breakdown of fatty deposits in the blood vessels, dilates blood vessels to allow more blood to flow through. Thins blood, clears blockages and improves circulation. It strengthens without strain and normalizes the function of the heart.

PRODUCT BENEFITS:

- | | |
|-----------------------------------|--------------------------|
| 1. Remedy for high blood pressure | 5. Angina |
| 2. Reduce cholesterol | 6. Strengthens the heart |
| 3. Arteriosclerosis | 7. Improves Circulation |
| 4. Palpitations | 8. Circulatory Tonic |



HERBAL INGREDIENTS:

BLACK COHOSH, CAYENNE PEPPER, CELERY SEEDS, GINKGO, HAWTHORN BERRIES, HORSE CHESTNUT, LIME BLOSSOMS, MOTHERSWORT, PASSIONFLOWER

CANDIGON

Candida Albicans is the most common digestive yeast infection and can become problematic in the body when they proliferate. Candigon is a blend of 8 natural ingredients including Natural Powerful anti fungal called **PAU D'ARCO**. PAU D'ARCO is used in the treatment of the most fungal diseases, including thrush, athlete's foot, nail fungus and ringworm.

PRODUCT BENEFITS:

1. Elimination Candidiasis
2. Thrush
3. Yeast Infection

HERBAL INGREDIENTS:

Pau D'Arco, Echinacea, Cancer Bush, Olive Leaf, Goldenseal, Thyme, Cayenne & Peppermint.



CANCER BUSH (SUTHERLANDIA FRUTESCENS)

Sutherlandia Frutescens known as the 'Cancer Bush' or Kankerbos is widely used to support immune status in a variety of chronic conditions.

Sutherlandia assists the body to mobilize its own immunological resources to combat disease & physical and mental stress.

PRODUCT BENEFITS:

- | | |
|--|---|
| 1. Multi - purpose adaptogenic tonic | 4. Heartburn, Gastritis, Reflux oesophagitis, peptic ulceration |
| 2. Wasting syndrome in AIDS, TB and Cancer | 5. Hot flushes in menopause |
| 3. Immune modulatory tonic and quality-of-life tonic | 6. Mild Asthma |

HERBAL INGREDIENTS:

Cancer Bush (Sutherlandia)



Also available in 50ml Spray & Drops

60 x 350mg



MAGNESIUM OIL

Magnesium Oil Natural Spray has been proven to increase the bodies essential magnesium levels up to 5 times faster than any tablet or capsule. By massaging Magnesium Oil into skin magnesium is absorbed into the skin tissue, entering the cells immediately, bathing & feeding them. Magnesium oil efficiently replaces magnesium lost through modern diet & lifestyles helping to tackle the problem of magnesium deficiency.

PRODUCT BENEFITS:

1. Relief of aches & pains
2. Increased energy support of cardiac tissues
3. Relieve tension, stress & maintaining skin health.

HERBAL INGREDIENTS:

Purified Water, Magnesium Chloride, 33% concentration.



Available in 25ml, 50ml & 250ml Spray

KIGELIA

Natural skin care treatment which beautifies the skin's surface as it treats on a molecular level. Further research supports its benefits for relief of skin conditions such as eczema, psoriasis, and sun damage - often removing brown marks without a trace. Its potent anti-oxidant and anti-inflammatory effects also makes it ideal as a skin - tightening agent for face and body, the end result - a glowing more youthful appearance.

PRODUCT BENEFITS:

1. Assists in the promotion of the skin's elasticity creating a firmer, smoother complexion for face & body
2. It slows the growth of over - productive skin cells - a common cause of many skin irritations.
3. Reduces damage caused by exposure to the sun.
4. Provides an anti - bacterial effect against various micro - organisms
5. Strong antioxidants reduce lines & leave skin looking toned and vibrant

HERBAL INGREDIENTS:

Kigelia



Also available in Spray, Drops, Powder & Gel



BLADDER CONTROL

Bladder Control has been traditionally used for controlling the bladder and strengthens the bladder muscles.

Bladder Control helps with bladder infections, bedwetting and bladder pressure.

PRODUCT BENEFITS:

1. Control the bladder
2. Bladder infections
3. Bed wetting & Strengthening of bladder muscles.

HERBAL INGREDIENTS:

Alfalfa, Bearberry, Elderberry, Saw Palmetto, Schisandra, Passion Flower, Witch Hazel, Gotu Kola, Corn Silk, Peppermint, Pumpkin Seed, African Potato.



BLOOD PRESSURE

Blood Pressure has been traditionally used for regulating high blood pressure & cholesterol,

Blood Pressure is good for strengthens the heart, enhances blood circulation & heart rythm.

PRODUCT BENEFITS:

1. High Blood Pressure
2. High Cholesterol
3. Vein Calcifications
4. Fatty Deposits in veins
5. Heart Rythm
6. Strengthens the heart & enhances blood circulation

HERBAL INGREDIENTS:

Hawthorn Berries, Rauwolfia, Epimedium, Motherswort, Cayenne, Olive Leaf, Sceletium, Passion Flower, Ginkgo.



CLA (CONJUGATED LINOLEIC ACID)

Medico Herb Conjugated Linoleic Acid (CLA) inhibits the body's mechanism for storing fat & directs the body to burn fat reserves for energy.

This wonder nutrient has also shown to inhibit the process that is responsible for the depositing of fat in the body. Not only has it been shown to increase lean muscle while reducing body fat, but studies have also shown remarkable anti-catabolic, powerful antioxidant, immune enhancement, anti-cancer benefits & cholesterol reducing effects.

PRODUCT BENEFITS:

1. Anti-aging properties
2. Anti-cancer & cholesterol reducing effects.
3. Powerful antioxidant
4. Immune enhancement.
5. Most concentrated form in a soft gel
6. No side effects
7. Does not keep you awake



EAR

Ear has been traditionally used for ear infections & ringing in ears.

Ear is good for ear inflammations and balance difficulties.

PRODUCT BENEFITS:

1. Buzzing & Ear aching
2. Ear inflammation
3. Balance difficulties

HERBAL INGREDIENTS:

Mullien, Goldenseal, Calendula, Garlic, Ginkgo, Echinacea, Goldenrod, Feverfew, Cayenne, Sutherlandia, African Potato.



EYE

Eye has been traditionally used for to improves Eye - muscles and it supplies oxygen towards the eyes.

Eye is good for pink eyes, itchy eyes and improving night blindness.

PRODUCT BENEFITS:

1. Cataracts
2. Eye sight
3. Pink eyes
4. Itchy eyes
5. Improving night blindness



HERBAL INGREDIENTS:

Goldenseal, Bayberry, Eye bright, Bilberry

STOMACH

Stomach has been traditionally used to improve peristalsis, reduces constipation and stomach cramps.

PRODUCT BENEFITS:

1. Improves Peristalsis
2. Reduces Constipation
3. Stomach Cramps

HERBAL INGREDIENTS:

Alfalfa, Aloe Vera, Barberry, Dandelion, Rosemary, African Potato, Rhubarb, Senna, Slippery Elm, Bitter Orange.



MUSCLE RELAXING

Muscle Relaxing has been traditionally used for Muscle Spasms, cramps, muscle inflammation, anti spasmodic & relaxing.

PRODUCT BENEFITS:

1. Muscle spasms
2. Cramps & Muscle inflammation
3. Anti spasmodic & relaxing.

HERBAL INGREDIENTS:

Valerian, Hops, Chamomile, Passion Flower, Scullcap, Ginger, Sceletium, Devil's Claw & African Potato.



GLAND

Gland has been traditionally used for Tonsil - and Lymphgland inflammation.

Gland has been also good for Laryngitis and sweat.

PRODUCT BENEFITS:

1. Tonsil - and Lymph Gland Inflammation.
2. Laryngitis
3. Sweat

HERBAL INGREDIENTS:

Echinacea, Cleavers, Calendula, Poke Root, Cancer Bush, Thyme, Peppermint & African Potato.



SPIRULINA

Spirulina has been traditionally used for its great health - boosting qualities. Spirulina is 65% protein & amino acids including the essential fatty acid gamma linoleic acid which has gotten a lot of attention for its anti - inflammatory properties, especially when taken with other quality Omega 3 supplements.

Spirulina is extremely high in Chlorophyll, which helps remove toxins from the blood and boost the immune system. Spirulina has a very high concentration of bio - available iron and is excellent during pregnancy & for those with anemia and will not cause constipation.

Spirulina can increase fat burning during exercise.

PRODUCT BENEFITS:

1. Athletic Nutrition
2. Natural Cleansing & detoxification
3. Supporting Cardiovascular function
4. Digestive health
5. Reducing cancer risk with anti - oxidant protection

HERBAL INGREDIENTS:

Spirulina



Available in Spray, Drops, Tablets & Powder

NERVE STRENGTHENER

Nerve Strengthener has been traditionally used for anxiety & depression.

Nerve Strengthener has also been good for tiredness and physically pricking of the nervous system.

PRODUCT BENEFITS:

1. Anxiety & Depression
2. Tiredness
3. Physically pricking of the nervous system.

HERBAL INGREDIENTS:

Avena Sativa, Goldenseal, Gentian, Vervain, Yellow Dock, Dandelion Root, Sutherlandia, Valerian, Sceletium, Griffonia, Withania & Peppermint.



THYROID

Thyroid has been traditionally used for controlling action of Thyroid gland it increases metabolism and regulates weight conditions.

PRODUCT BENEFITS:

1. Control action of thyroid gland
2. Increase metabolism
3. Weight conditions

HERBAL INGREDIENTS:

Alfalfa, Butcher's Broom, Kelp, Fennel, Chickweed, Cinnamon, Kola Nuts, Guarana, Fenugreek, Green Tea, Horsetail, Rhubarb, Senna, Whit Willow & Irish Moss.



KIDNEY

Kidney has been traditionally used to improve the function capacity of the kidneys. It is a natural antibiotic, cleanses the body and has anti - inflammatory, antibacterial, antiseptic & diuretic properties. It is good for inflammation in the urinary systems acidifies the urine and prevents bacteria from entering the bladder. Great help for water retention.

PRODUCT BENEFITS:

1. Kidney Problems & Kidney Stones
2. Water Retention
3. Bladder infection
4. Burning Urine

HERBAL INGREDIENTS:

Buchu, Parsley, Dandelion, Marshmallow, Goldenseal, Bearberry, Yarrow.



PANCREAS

This complex is used to stimulate & strengthen the pancreas. It assists in the regulation and balance of the hormones, insulin & glucagons that are released by the gland. It stimulates only the hormones that are under productive.

PRODUCT BENEFITS:

1. Pancreatitis (Inflamed pancreas)
2. Diabetes (High Blood Sugar)
3. Hypoglycemia (Low Blood Sugar)
4. Increases Effectiveness of Insulin

HERBAL INGREDIENTS:

Bilberry, Goldenseal, Gentian, Buchu, Marshmallow, Fenugreek, Alfalfa



AFRICAN POTATO

African Potato has been traditionally used to treat urinary infections, enlargement of the prostate gland and as an antiviral agent to treat AIDS. It is also used as a potent antibacterial and antifungal agent, it boosts immune system and it is an effective treatment for rheumatoid arthritis.

PRODUCT BENEFITS:

1. Urinary Infections
2. Enlargement of prostate gland
3. Effective antiviral to treat AIDS
4. Antibacterial & Antifungal
5. Immune Booster

HERBAL INGREDIENTS:

African Potato (Hypoxis Hemerocallidea)



Available in Spray, Drops, Tablets, Capsules & Powder

Medico Herbs Single Herb List

AFRICAN DREAM ROOT (*Silene Capensis*) extracted from roots grown in the Eastern Cape and picked by the Sangoma himself. The plant exerts only minimal alterations in waking consciousness, yet the effects upon the dream state can be profound.

AFRICAN POTATO (*Hypoxis hemerocallidea*) is used for treatment of arthritis, rheumatism, gout, rheumatoid arthritis and strengthens the immune system.

AGRIMONY (*Agrimonia*) is used for sore throat, upset stomach, mild diarrhoea, irritable bowel syndrome (IBS), diabetes, gallbladder disorders, fluid retention, cancer, tuberculosis, bleeding, corns, warts and as a gargle, heart tonic, sedative & antihistamine. Some chemicals taken from agrimony are used to fight viruses

ALFALFA (*Medicago Sativa*) has high nutritive value, contains minerals and enzymes that are important for improving health, alkalises and detoxifies body and used for inflammations, bone and joint disorders

ALOE FEROX is a cleansing agent for various complaints: Hay Fever, Headache, Indigestion, Heartburn, Stretch Marks, Skin Cancer, Leg cramps.

ALOE VERA has astringent, anti-fungal and antibacterial properties, soothes stomach irritations, aids healing process, helps digestive disorders, relieves constipation, cleanses Colon, helps for inflammation associated with Crohn's Disease and ulcerative colitis, relieves heartburn and some types of ulcers.

ANGELICA (*Angelica Sinensis*) is considered a female tonic, also called the female ginseng. Especially good for menstrual cramps, relieves hot flushes, vaginal dryness and irritation, also useful in treating sciatica.

ANISEED (*Pimpinella Anisum*) is used to aid in digestion and to combat infections. It's also used to relieve griping, intestinal colic and flatulence.

ARTICHOKE for loss of appetite and with fullness, flatulence, bloating and nausea. Insufficient external secretion of pancreas, and for high cholesterol

ASHWAGANDHA (*Withania Somnifera*) for minor nervousness, anxiety, impaired concentration and insomnia. Minor spastic conditions of the gastrointestinal tract and upper respiratory tracts.

ASTRAGALUS (*Astragalus Membranaceus*) has traditionally been used to strengthen the immune system, building resistance to illness & disease. It has also been used to help cancer patients recover from the side effects of their treatment with chemotherapy & radiotherapy. Astragalus can also improve the kidney function acting as a mild diuretic, lower blood pressure, aid tissue repair & recovery from blood loss & improve resistance to colds.

BANGALALA (*Eriosema Cordatum*) Bangalala also known as African Viagra is prescribed as an aphrodisiac, notably to enhance male potency. The Bangalala root has a reputation of being a powerful sexual tonic. It has been used for centuries by African men for sexual energy & potency. Also known as Mvusa Nkunzi, Chigwan or Vukuhlale in its native South Africa.

BARBERRY (*Berberis Vulgaris*) for loss of appetite and nonulcer dyspepsia, bacterial infections of gastrointestinal tract.

BEARBERRY (*Berberis Vulgaris*) is a natural diuretic, natural antibiotic and antibacterial and used to soothe, tone and strengthen membranes of the urinary system, also used to treat cysts, ulceration in the kidneys or bladder, bed wetting and prostate disorders.

BARLEY GRASS (*Hordeum Vulgare*) supplies sole nutritional support from birth to old age, contains potassium, calcium, magnesium, iron, copper, phosphorus, manganese, zinc, beta-carotene, B1, B2, B6, C, folic acid, pantothenic acid, glucan and reduces cholesterol levels and protects against the risk of cancer.

BILBERRY (*Vaccinium Myrtillus*) has antiviral, anti-inflammatory, antiseptic properties and is a natural antioxidant, useful for influenza and prevents free radical damage.

BITTER ORANGE (*Citrus Aurantium*) for loss of appetite and nonulcer dyspepsia and as a flavour ingredient in drug products.

BLACK COHOSH (*Cimicifuga Racemosa*) has anti-inflammatory properties, used for relaxing the nerve that relieves pain and in the treatment of arthritis and rheumatism.

BLACK WALNUT (*Juglans Nigra*) has very strong antifungal properties.

BOLDO (*Peumus Boldus*) a plant for treatment of mild dyspepsia in Brazilian pharmacopoeia.

BONESET (*Eupatorium perfoliatum*) has strong anti-inflammatory properties, relieves congestion, loosens phlegm, reduces fevers, increases perspiration and calms the body, helpful for bronchitis and fever induced aches and pains.

BOSWELIA (*Boswellia Serrata*) have been clinically studied for osteoarthritis & joint function. Positive effects in some chronic inflammatory diseases including rheumatoid arthritis, bronchial asthma, ulcerative colitis & Chron's disease.

BUTCHER'S BROOM (*Ruscus Aculeatus*) reduces water retention, especially in the legs and feet, improves oxygen supply to cells in the body and purifies the blood.

BUCHU (*Agathosma Betulina*) has been used as an herbal remedy for ailments of the gastrointestinal and urinary tracts. It is used for infection of the genito-urinary system, such as cystitis. Helps for kidney & bladder infections, prostate & fluid retention problems.

BURDOCK (*Arctium Lappa*) has been used to cleanse the blood and to treat eczema and psoriasis. It is used for many types of skin disorders such as acne, boils and other types of spots also has bacterial and antifungal properties and it lowers blood sugar levels.

BULBINE NATALENSIS has been used to treating stings, mosquito bites, blisters, cold sores, mouth ulcers, cracked lips, hands & heels.

Other uses include: burns, sunburn, cuts, bruises, dries out acne, wounds, rashes, itches, ringworm, herpes, fever blisters & sores. Treat convulsions venereal diseases, diabetes, rheumatism, urinary complaints & blood disorders.

CALAMUS (*Acorus calamus*) is an excellent tonic for the whole gastro-intestinal tract, it's used for dyspepsia, gastritis and gastric ulcers, eases exhaustion and also used for colic due to flatulence.

CAMBOGIA (*Garcinia Cambogia*) suppresses appetite and controls obesity and cholesterol. Garcinia also contains significant amounts of Vitamin C and has been used as a heart tonic.

CANCER BUSH (*Sutherlandia Frutescens*) has antiseptic & anti-inflammatory properties. It helps treat fever, flu, rheumatism, liver ailments, haemorrhoids, diarrhoea, stomach ailments, backache, reduce wasting, increase appetite, treat chickenpox blisters and also pancreatic cancer and other cancers, HIV and AIDS.

CATNIP (*Nepeta cataria*) is used to aid digestion, relieve stress and stimulate the appetite. It has relaxing and anti-inflammatory properties. Also used for stomach upsets, dyspepsia, flatulence and colic.



Medico Herbs Single Herb List

CAT'S CLAW (*Uncaria Tomentosa*) is a powerful antioxidant, anti-inflammatory and immune-stimulant. It helps assisting in the treatment of AIDS, cancer, arthritis and in the prevention of strokes.

CAYENNE PEPPER (*Capsicum frutescens*) used to treat colds, sinus infection, relieves asthma by clearing the respiratory passages, prevents bronchitis by clearing excessive mucous from the lungs, treats digestive problems, toothache, chronic laryngitis, muscle and joint pain and skin irritations.

CELERY SEEDS (*Apium graveolens*) is used in the treatment of arthritis, rheumatism, gout, digestive disorders, it strengthens the kidneys and helps the body get rid of excess fluids.

CENTAURY (*Centaurium Minus*) has used for loss of appetite, nonulcer dyspepsia, minor fatigue, heartburn, decreased resistance to infections & for feverish states & minor cramps.

CHAMOMILE (*Matricaria Recutita*) has been used in traditional to treat sore stomach, irritable bowel syndrome as a gentle sleep aid. It is also used as a mild laxative & ant-inflammatory & bacterial. It can be taken as a herbal tea 15-20 drops in a cup of warm water.

CHAPARRAL (*Larrea Divaricata*) has traditionally been used for to treat colds, bronchitis, chicken pox & snake bite.

CHASTEBERRY (*Vitex Agnus Castus*) Regulates the activity of the female sex hormones, helps treat pituitary gland problems, impotence and infertility, prostate enlargement, endometriosis, uterine fibroids, vaginal problems, fluid retention and yeast infection.

CHELIDONIUM (*Chelidonium Majus*) has traditionally been used to calm the nervous system & treat liver problems.

CHICKWEED (*Stellaria Media*) A mild laxative. A very nutritive herb.

CINNAMON (*Cinnamomum zeylanicum*) Enhances digestion, useful for the proper metabolism of fats

CLEAVERS (*Galium aparine*) is a lymphatic tonic and cleanser, with adaptogen and diuretic properties. It increases the excretion of fluids from the body

CLOVES (*Syzygium aromaticum*) have antibacterial, antiviral, antifungal, antispasmodic and anti-inflammatory properties. Used for the common cold, bronchitis, laryngitis, gastritis, dyspepsia, toothache and also for inflammations of the mouth, throat and for bad breath.

COLTSFOOT (*Tussilago Farfara*) is used for chronic and acute bronchitis, irritating coughs, whooping coughs and asthma. Its expectorant properties make it useful for most respiratory conditions.

COMFREY (*Symphytum Officinale*) has been used to heal externally. It greatly speeds the healing of many skin injuries, including bruises, sprains, inflammations & fractures.

CORNSILK (*Zea Mays*) is used to treat cystitis, inflammation of the urinary tract, fluid retention caused by kidney problems, kidney stones.

CRANBERRY (*Vaccinium Macrocarpon*) is high in antioxidants, partly from substances called proanthocyanidins. Antioxidants scavenge damaging particles in the body known as free radicals. Environmental toxins can increase the number of free radicals in the body, which are believed to contribute to the aging process as well as the development of a number of health problems such as heart disease, cancer & infections.

CURRY LEAF (*Kadi Patta*) is packed with iron, magnesium, calcium, phosphorous copper, minerals & vitamins like nicotine acid & Vit.C, Vit.A, Vit.B, Vit.E, antioxidants, plant sterols, amino acids, glycosides & flavonoids, curry leaves help your heart function better, fights infections & can enliven your hair & skin with vitality.

DANDELION (*Taraxacum Officinale*) root is used to treat fluid retention, kidney disorders, cellulite, obesity, sluggish digestion, liver and gall bladder, and mild constipation.

DEVIL'S CLAW (*Harpagophytum Procumbens*) is used to treat rheumatism, arthritis, joint pain

ECHINACEA is used for the treatment of colds, sore throat, influenza, bronchitis and prevents infections of coming back. Immune booster.

ELDERBERRY (*Sambucus Nigra*) treats influenza, colds, hay fever, catarrh, sore throat and inflamed gums (gingivitis)

ELECAMPANE (*Inula helenium*) treats bronchial congestion, bronchitis, respiratory infections and asthma. Is also said to improve digestion and treats parasitic infection.

EYEBRIGHT (*Euphrasia officinalis*) is used to treat colds, hay fever, sinusitis, middle ear infection, inflamed eyelids, styes, conjunctivitis, tired or watery eyes.

FENNEL (*Foeniculum vulgare*) is used for the treatment of digestive ailments (nausea, flatulence, belching) and eye irritation

FENUGREEK (*Trigonella foenum-graecum*) is used to treat fatigue, weight loss, high blood lipids (as an adjunct to other treatments) and skin inflammation.

FEVERFEW (*Tanacetum Parthenium*) has been used to lower blood pressure, lessen stomach irritation, stimulate the appetite and to improve digestion and kidney function. It has been indicated for colitis, dizziness, tinnitus and menstrual problems.

FO-TI (*Polygonum Multiflorum*) has been used for constipation, fatigue, high cholesterol, high blood pressure, blood deficiency, nerve damage, eczema, scrofula and inflammation of lymph nodes and heat toxicity. It is also indicated to boost the immune system and increase sexual vigor.

GARCINIA CAMBOGIA suppresses appetite and controls obesity and cholesterol. Garcinia also contains significant amounts of Vitamin C and has been used as a heart tonic.

GARLIC (*Allium Sativa*) has been used for its favorable effects on cardiovascular health and to prevent health conditions such as atherosclerosis, high blood pressure, flu, colds, coughs, bronchitis, gastrointestinal problems & menstrual pain. Garlic can also kill many types of bacteria, some viruses, a number of fungal infections, and in some cases even intestinal parasites.

GENTIAN (*Gentiana Officinalis*) is used to treat gastric pains, sluggish digestion, loss of appetite

GINGER (*Zingiber officinale*) is used to treat nausea and vomiting, morning sickness, poor digestion, period pains, flatulence, diarrhoea, colds and painful muscles or joints.

GINGKO (*Gingko Biloba*) is used to treat mood swings and memory loss, to improve mental alertness and blood circulation.

GINSENG (*Siberian*) it is used for fatigue and feeling of weakness, decreased mental and physical performance, decreased concentration, depressive mood and as an adjuvant for diabetes and high cholesterol.



Medico Herbs Single Herb List

GINSENG (Panax Ginseng) has anti-ageing properties. Also used to treat chronic fatigue syndrome, depression, erection problems, hangovers, infertility and inhibit sexual desire in woman.

GOJI BERRIES (Lycium Barbarum) are reported to contain 18 amino acids. Also contains Vit.B1, B2, B6 and Vit. E

GOLDENROD (Solidago Virgaurea) is used for the treatment of cystitis, urethritis, bladder stones, insufficient urination, chronic nasal catarrh, sore throat, wounds and ulcers.

GOLDENSEAL (Hydrastis Canadensis) is used to treat period problems, chest infections, poor circulation

GOTU KOLA (Centella Asiatica) is used to treat the immune system, the nervous system, poor circulation, vein and skin problems.

GREEN TEA (Camellia Sinensis) is used to treat nervous exhaustion, excess weight, diarrhoea

GUARANA (Paullinia cupana) is used to stimulate energy and alertness, aid weight loss

GUAVA (Psidium Guajava) is traditionally used for: kills bacteria & fungi, fights free radicals, lower blood pressure, reduces blood sugar & promotes menstruation.

GYMNEMA (Gymna Sylvestra) is traditionally used for: Suppressing the taste of sweetness, weight loss, stimulates digestion, also used as a laxative & diuretic.

GYNOSTEMMA (Gynostemma Pentaphyllum) it has the unique ability of restoring homeostasis to all 5 body systems. The body systems are: the cardiovascular, the digestive, the immune, the nervous and the reproductive systems.

HAWTHORN BERRIES (Crataegus oxyacantha) is used to treat rapid and irregular heartbeat, weak heart (as a tonic), minor sleeping problems

HONEY BUSH (Cyclopia Intermedia) is low in tannin (0.45%). Some of the active compounds present in honey bush include: isoflavones, flavones, cinnamic acids & xanthenes.

HOODIA (Hoodia Gordonii) is used for appetite and weight management. Also for abdominal pain resulting from a stomach ulcer.

HOPS (Humulus Lupulus) is used to treat insomnia, nervous tension

HORNY GOAT WEED (Epimedium Grandiflorum) has been used to improve sexual function, treat erectile dysfunction in men, and enhance libido in both men & women. it is also used to treat conditions such as hay fever or bronchitis.

HORSE CHESTNUT (Aesculus Hippocastanum) is used to treat vein and capillary disorders including leg oedema, hemorrhoids, leg ulcers and varicose veins

HORSERADISH (Armoracia Rusticana) has been used to treat various minor health problems, including urinary tract, infections, bronchitis, sinus congestion, ingrowing toe-nails & coughs.

HORSE TAIL (Equisetum Arvense) To treat fluid retention, kidney problems, benign prostate conditions, cellulite and as a source of silica for bone health

HUANG CHI (Astragalus Membranaceus) is used for treating cardiac arrhythmia, HIV infection, pneumonia and viral infections.

HYRACEUM (Procavia Capensis) has been used as a cure for epilepsy.

HYSSOP (Hyssopus Officinalis) is used to treat bronchitis, sore throat, colds and as a supportive therapy for asthma and to treat bruises.

IRISH MOSS (Chondrus Crispus) is used to treat bronchitis & coughs, as it is both an expectorant and a demulcent herb. Its soothing properties also make it useful for gastritis, ulcers, kidney & bladder ailments.

IRVINGIA (Irvingia Gabonensis) is high in fat, similar to other nuts and seeds, and contain a fiber content (14%) and has become one of the most exciting discoveries in the weight loss industry.

KELP (Laminaria) is used to treat mild thyroid underactivity, as an aid to weight loss

KOLA NUT (Cola acuminata) is a central nervous system stimulant used for short-term mild depression, seasickness, appetite stimulation, and chronic diarrhea. Because of its caffeine content, it is also used for narcolepsy, fatigue, and exhaustion.

LAVENDER (Lavandula Officinalis) is used to treat nervous agitation, anxiety, stress, gastro-intestinal spasm, mild insomnia, period pains, tension headaches

LEMON BALM (Melissa Officinalis) is used to treat digestive problems, nervousness, depression, minor sleep problems

LIME BLOSSOMS (Tilia europaea) is used to treat minor sleeping problems, anxiety, stress, cracked or chapped skin, insect bites

LIQUORICE ROOT (Glycyrrhiza Glabra) has been used for many ailments including asthma, athlete's foot, baldness, body odour, chronic fatigue, depression, colds & flu, coughs, dandruff, tooth decay, gout, heartburn, HIV, fungal infections, ulcers, liver, menopause, shingles, sore throat & arthritis.

LOBELIA (Lobelia inflata) is given for asthma and other diseases of the lungs, such as chronic cough, emphysema, pneumonia, whooping cough and treating Nicotine Withdrawal. Also traditionally used for chronic bronchitis, as a diuretic, anti-inflammatory, and to counteract toxins and venoms.

MACA ROOT (Lepidium Meyenii Peruvian) has traditionally been used for increasing libido, reduce erectile dysfunction, boosting energy, increase fertility & sex drive.

MARIGOLD (Calendula Officinalis) is a spasmolytic, mild diaphoretic, anti-inflammatory, antihemorrhagic, non-tannin astringent, styptic, vulnerary, local tissue healer, antifungal, antiseptic, cholagogue, emmenagogue, menstrual regulator

MARSHMALLOW ROOT (Althea Officinalis) is used to treat coughs, sore throat, bronchitis, urinary tract infection, mouth inflammation, dental abscesses, boils and acne

MEADOWSWEET (Filipendula Ulmaria) is used to treat indigestion, gastric ulcer, influenza, headache, fluid retention, rheumatism, joint pains, wounds and ulcers

MILK THISTLE (Silybum Marianum) used for liver damage, chronic hepatitis, fatty liver and as an adjuvant for cirrhosis for inflammations of the gastrointestinal and biliary tracts. It is also used for minor cases of hypotension.

MISTLETOE (Viscum Album) is an calming immuno-stimulator and immuno - modulator, strong hypotensive and diuretic medicine. Recommended for treating cough and bronchic asthma. Can be calming in cases of epilepsy, nervous fits, hysteria and hypertension.



Medico Herbs Single Herb List

MONDIA WHITEI (Mulondo) is used as an antacid, countering indigestion, and as a tonic & appetite stimulant. It is used as therapy for fits in children & stress in adults. Treatment of erectile dysfunction & impotence.

MORINGA (Moringa Oleifera) The leaves are the most nutritious part of the plant, being significant source of Vit.B, C Beta carotene, Vit.K, manganese, protein and essential nutrients.

MOTHERSWORT (Leonurus Cardiaca) is sedative, antispasmodic, emmenagogue, mildly hypotensive, cardiac tonic, gentle uterine stimulant, mild stimulant to the womb, relaxant, carminative, diaphoretic

MOUNTAIN CELERY (Vallisneria americana) is used to treat rheumatism, arthritis, gout and digestive disorders.

MULLEIN (Verbascum Thapsus) is used to treat sore throats, colds, flu, laryngitis, bronchitis, tracheitis, gastritis, enteritis, colitis, cuts, leg ulcers, skin irritations

MUIRA PUAMA (Ptychopetalum Olacoides) it is used for fatigue, feeling of weakness, diarrhea and for low sexual drive and erectile dysfunction.

MYRRH (Commiphora Myrrha) is used to treat inflammation in the mouth, gum infections, damage from dentures

NEEM (Azadirachta Indica) has been used for: Chronic malaria, feverish states, intestinal worms. **External Use:** for wounds & ulcers.

NETTLE (Urtica Dioica) is used to treat rheumatic pain, fatigue, poor appetite, urine difficulties linked to benign prostate problems, skin and scalp conditions

OAK BARK WHITE (Quercus Robur) is used for treatment of diarrhoea.

OATS STRAW (Avena Sativa) is used for the treatment of stress, insomnia, exhaustion, minor nervous problems, mild depression, rheumatism, gout and skin ailments.

OLIVE LEAF (Olea Europaea) extract contains many active compounds including flavonoids. It is also good for treating of common colds & flu, cold sores, ear infections, eye infections, pink eye, viral and fungal infections.

PARSLEY (Petroselinum Crispum) is used for preventing osteoporosis and for treating amenorrhoea, angina, bad breath, bladder infections, breast feeding problems, bruises, hives, inhibited sexual desire in women and kidney stones.

PASSIONFLOWER (Passiflora incarnata) is used to treat insomnia, anxiety, nervous agitation

PAU D'ARCO (Tabebuia Impetiginosa) it is used for inflammations of the upper respiratory tract, gastrointestinal tract and for feverish states.

PELARGONIUM (Pelargonium Sidoides) it is used for inflammations chiefly of the upper respiratory tract and also for gastro intestinal tract.

PEPPERMINT (Mentha Piperita) is used to treat bloating, sluggish digestion, belching, flatulence, inadequate bile secretion colic, headache, colds and oral infections.

PLANTAIN (Plantago) for treating burns, dandruff, hemorrhoids, insect bites and stings, laryngitis, poison ivy, sore throat, sunburn and for weight control.

POKE ROOT (Phytolacca Decandra) is undoubtedly an excellent alternative stimulating metabolism & also acts as a detoxification agent. Poke Root is indicated in the treatment of the lymphatic system.

PULSATILLA (Anemone Patens) it is used for inflammatory & spastic conditions of the gastrointestinal & upper respiratory tract.

PUMPKIN SEEDS has traditionally been used for: irritable bladder, decrease in the starting the urination, increase of urine flow, intestinal worms and beneficial for high cholesterol.

PYGEUM (Pygeum Africanum) has traditionally been used for treating symptoms & of enlarges prostate & prostate cancer. It is also used for inflammation, kidney disease, urinary problems, malaria, stomach ache, fever and to increase sexual desire.

RASPBERRY (Rubus Idaeus) is used to prepare the uterus for childbirth, to treat diarrhoea, urinary infections and skin ailments.

RAUWOLFIA (Rauwolfia Serpentina) is used traditionally for help in reducing blood pressure. Depresses activity of central nervous system. Acts as a hypnotic. Treat hypertension. Works as an antidote against bites from poisonous reptiles. Treats dysentery and other painful affections of the intestinal canal.

RED CLOVER (Trifolium Pratense) is used to treat skin ailments, coughs, to prevent hot flushes and other symptoms of menopause.

RHODIOLA (Rhodiola Rosea) is used traditionally for improving mood & alleviating depression. Improves physical & mental performance and may reduce fatigue.

RHUBARB (Rheum Officinale) is used for the treatment of constipation and to treat lack of appetite

ROOIBOS (Aspalathus Linearis) has traditionally been for its anti-carcinogenic, anti-mutagenic, anti-inflammatory and anti-viral properties. It contains calcium, manganese and fluoride to help build strong teeth and bones. Rooibos can be given to infants suffering from colic, sleeping problems or stomach cramps.

ROSEHIP (Rosa Canina) has traditionally been used to treat chills, influenza, Vit.C deficiency, general fatigue & boost the immune system. It also help to ease the pain & improve the mobility of joints affected by arthritis. In addition some of the components in Rosehip can help to ease diarrhoea caused by fever.

ROSEMARY (Rosmarinus Officinalis) is used to treat dyspepsia, stomach cramps, bloating, constipation, respiratory infections, headache, poor concentration, fatigue, rheumatism and muscle aches.

RUE (Ruta Graveolens) has been used for painful menstruation, secondary amenorrhoea & oligomenorrhoea and minor intestinal cramps. **Externally:** has been used for bruises, sprains & rheumatic pains.

SACRED BARK (Rhamnus purshiana) is a remedy for constipation, colon disorders, liver problems, poor digestion, colitis, hemorrhoids, skin problems

SAGE (Salvia Officinalis) has traditionally been used to treat sprains, swelling, ulcers & bleeding. It has also been used for sore throats and coughs.

SARSAPARILLA (Smilax Regelii) detoxifies organs, relieves pain & rheumatism, cleanses blood, aids absorption, reduces inflammation, kills bacteria, fungi & germs, stimulates digestion, reduces fever, increases urination, immunomodulator, protects liver, fights free radicals.

SAUSAGE TREE (Kigelia Africana) is a natural skin care treatment from South Africa which beautifies the skin's surface as it treats the molecular level. It contains active compounds including potent anti-oxidant, anti-inflammatory and anti-bacterial activity. Also relief the skin from conditions such as eczema & psoriasis.

Medico Herbs Single Herb List

SAW PALMETTO (*Serenoa repens*) is used to treat benign enlargement of the prostate

SCELETIUM (*Sceletium Tortuosum*) has been used as a natural supplement in: Uplifts the mood, Decrease anxiety, stress & tension & gives you energy.

SCHISANDRA (*Schisandra Chinesis*) is used to treat high blood-cholesterol levels, stress, improve liver function, memory and concentration.

SENNA (*Senna Alexandrina*) is used to treat constipation

SHEPHERD'S PURSE (*Capsella bursa-pastoris*) has traditionally been used for heavy menstruation, for inflammation gastrointestinal tract and upper respiratory tract It also have been used for minor cuts & wounds.

SKULLCAP (*Scutellaria Lateriflora*) is used for nervous conditions including epilepsy, insomnia, hysteria, anxiety, deliriums tremens, withdrawal from barbiturates and tranquilizers. Its an anti-inflammatory, antispasmodic, slightly astringent, emmenagogue, nervine, sedative and strongly tonic

SLIPPERY ELM (*Ulmus Rubra*) is used for treating sore throat, cough, mild respiratory ailments, gastritis, peptic ulcer, and other gastrointestinal conditions, diarrhea, wounds, burns, boils, and other skin conditions (external), skin softener

SPANISH BRAMBLE (*Rubus*) improves eliminating channels, cleanses bloodstream, regulates hormones, strengthens immune system and increases energy levels.

SPIRULINA has been used for weight loss, boosting the immune system and for controlling cholesterol levels.

ST. JOHN'S WORT (*Hypericum*) used as treatment for depression, bacterial infections, HIV infection and AIDS, premenstrual syndrome (PMS), seasonal affective disorder (SAD), wounds, minor burns, hemorrhoids and ear pain from an ear infection.

STEVIA is an all natural sweetener. With its extracts having up to 300 times the sweetness of sugar. Medical research has also shown possible benefits of stevia in treating obesity & high blood pressure.

SWEET POTATO (*Ipomoea Batatas*) is high in Vit. B6, Vit.C (produces collagen), Vit.D (Important role in our energy levels), Contain Iron (Resistance to stress), Source of magnesium (Relaxation & anti-stress mineral), Source of potassium (regulate heartbeat & nerve signals).

SWEDISH BITTERS 19 is used to curb sugar cravings, soothe gas & bloating. Relief heartburn, encourage digestive enzymes. Calm upset stomach & nausea. Help maintain healthy blood sugar levels & balance appetite.

TANSY (*Tanacetum Vulgare*) has traditionally been used to treat intestinal worms, rheumatism, digestive problems, feverish cold and sores.

THUJA (*Thuja Occidentalis*) has traditionally been used as an expectorant, a smooth muscle stimulant, a diuretic, astringent, diaphoretic and alterative. It is also beneficial for bronchial problems, congestion, removal of excess mucous from respiratory system. Can be used to treat fevers, acne & eczema.

THYME (*Thymus Vulgaris*) is used to treat sluggish digestion, bloating, belching, flatulence, inadequate bile flow, coughs, gum disease or tonsillitis

TURMERIC (*Curcuma Longa*) is used to treat digestive problems, inflammatory conditions (arthritis, eczema, psoriasis), high cholesterol and to act as an anti-oxidant

TYPHA CAPENSIS it is reported to improve circulation and to enhance male libido and performance. Common names: bulrush, papkuil & ibhuma.

UZARA (*Xysmylobium Undulatum*) has been used as an infusion to treat diarrhoea & stomach cramps. It has also been used for fever, colds, indigestion, headaches, sores, wounds & menstrual pain.

UVA URSI is used to treat urinary infections

VALERIAN (*Valeriana Officinalis*) is used to treat minor nervous disorders and sleeping difficulties

VERVAIN (*Verbena Officinalis*) is used to treat nervous tension, cramps, fatigue, influenza, rashes, sunburn, cracked and chapped skin and to stimulate breast-milk production

WILLOW (*Salix Alba*) is used for the treatment of fever, flu, headaches, pains, rheumatism, ulcers, wounds

WILD GARLIC (*Tulbaghia Violacea*) may be used to help cure sinus, headaches, coughs & cold or pulmonary tuberculosis and to destroy is also useful to intestinal worms.

WILD OLIVE (*Olea Europaea*) contributes to healthy skin, to treat mild cases of high blood pressure, dilate coronary blood vessels, regulate heartbeat, to treat mild forms of type 2 diabetes, sunburns and burns and also acts as a diuretic.

WILD ROSEMARY (*Rosmarinus Officinalis*) stimulate circulation and improves blood flow. Used to treat dyspepsia, stomach cramps, bloating, constipation, respiratory infections, headache, poor concentration, fatigue, rheumatism, bronchial, ear, nose and throat infections and muscle aches.

WILD YAM (*Dioscorea Villosa*) is used to treat spasmodic and cramping pain of the gastro-intestinal tract, the musculoskeletal system or the female reproductive tract

WILDE DAGGA (*Leonotis Leonurus*) has traditionally been used to relieve cough, cold, influenza, chest infections, diabetes, hypertension, eczema, epilepsy, delayed menstruation, intestinal worms, constipation, spider bites & scorpion stings and as an antidote for snakebite, high blood pressure & headaches.

WITCH HAZEL (*Hamamelis Virginiana*) has traditionally been used for inflammatory conditions, wounds, burns, ulcers, varicose veins in the legs.

WOOD BETONY (*Stachys Officinalis*) has traditionally been used as a remedy for respiratory tract, inflammation, varicose veins, intestinal worm infestations, and failure to thrive.

WORMWOOD (*Artemisia Absinthium*) is used to clear worms and other parasites from the bowel.

WORMWOOD (*Artemisia Afra*) has been used for treating a variety of ailments such as coughs, fevers, colds, chills, dyspepsia, loss of appetite, colic, malaria, diabetes, bladder & kidney disorders.

YARROW (*Achillea Millefolium*) is used to treat fevers, colds, flu, flatulence, digestive ailments, uterine pains

YELLOW DOCK (*Rumex Crispus*) has a mild laxative effect, stimulates the release of bile and digestive enzyme for treating poor digestion, skin condition, mild constipation and liver detox.





Medico Herbs
BEST NATURAL REMEDIES

Box 2149, Somerset West, 7129
Tel: 021 851 7000 - 021 851 3900 Fax: 021 851 5556
sales@medicoherbs.co.za www.medicoherbs.co.za