



IMMUNE BOOST SUPPORT PROTOCOL

- | | | |
|------------------------------|---|--|
| 1. VITAMIN D | - | Prevents respiratory tract infections and activates many of your immune genes |
| 2. ZINC ASPARTATE | - | Helps arrest viral replication |
| 3. PAU D'ARCO | - | Anti-viral, anti-microbial, anti-bacterial, anti-parasitic, anti-fungal and anti-inflammatory |
| 4. VITAMIN C COMPLETE | - | Natural fat-soluble Vitamin C that builds a natural barrier against infections |
| 5. L-GLUTATHIONE | - | Helps removes toxicity, heavy metals and chemicals from the Liver |

ADD IN WHERE LUNG CONDITIONS OR THICK MUCUS IS PRESENT

- | | |
|---|---------------------------------|
| 6. N-ACETYL CYSTEINE
(N A C) | Helps loosen thick mucus |
|---|---------------------------------|



IMMUNE BOOST SUPPORT PROTOCOL

VITAMIN D

**HELPS PREVENT RESPIRATORY TRACT INFECTIONS
AND ACTIVATES MANY OF YOUR IMMUNE GENES**

VITAMIN D HELPS WITH

- Boosting immune function
- Cardiovascular health
- Needed for Gene expression and cell growth
- Lung health
- Reducing inflammation
- Regulates the mood and can help ward off some forms of depression



IMMUNE BOOST SUPPORT PROTOCOL

ZINC ASPARTATE

Two tablets morning and two tablets at night for food

ZINC ASPARTATE ASSISTS IN ARRESTING VIRAL REPLICATION

BENEFITS OF ZINC ASPARTATE

- **Boosting Immunity**
- **Liver detoxification**
- **Zinc Aspartate helps activate the Thymus Gland**
- **Mobilisation of Vitamin A ensuring correct lung function**
- **Wound Healing**
- **Taste, smell, appetite and healing**
- **Supports Formation of T-Lymphocytes**

Zinc is most popularly known for boosting immunity and keeping the common cold at bay. Zinc is important for a multitude of functions, including energy production, alertness, mood, and healthy brain function.

It also plays a central role in hormone production, digestion, neuroprotection, and healing processes in the brain and body.

It is highly recommended for use during periods of prolonged physical or emotional stress.



IMMUNE BOOST SUPPORT PROTOCOL

PAU D'ARCO (10X CONCENTRATE)

One capsule morning and one capsule night with food

PAU D'ARCO HELPS IMPROVE THE BODY'S DEFENSES AGAINST VIRAL INFECTIONS

PAU D'ARCO IS ALSO

- **Anti-Viral**
- **Anti-Parasitic**
- **Immune stimulating**
- **Anti-Inflammatory**
- **Anti-Microbial**
- **Anti-Bacterial**

Pau D'Arco has a powerful detoxification function to expel toxins and is non-toxic. Pau D'Arco increases the oxygenation of the blood and is useful in helping the body fight bacterial, yeast, fungal, microbial and viral infections.

Pau D'Arco stimulates the production of Red Blood Cells in the bone marrow, thereby improving the oxygen- carrying capacity of the blood.

SIDE EFFECTS

Some people may experience mild nausea while the body is in the purging/cleansing phase (simply reduce the dose if this occurs).

It is suggested to start off at a lower dose and increase the dose once the toxins are cleared from the body and no nausea is present.



IMMUNE BOOST SUPPORT PROTOCOL

VITAMIN C COMPLETE

Take one capsule morning, one capsule lunch, one capsule night with food

**VITAMIN C COMPLETE CONTAINS ASCORBYL PALMITATE
A NATURAL FAT-SOLUBLE SOURCE OF VITAMIN C
THAT BUILDS A PROTECTIVE BARRIER AGAINST INFECTIONS**

BENEFITS OF VITAMIN C COMPLETE

- **Helps uptake Iron via the Liver**
- **Immune support**
- **Assists in washing toxins from fat cells**
- **Anti-oxidant support**

Vitamin C Complete is fat soluble allowing it to penetrate cell membranes, helping to wash toxins from cell surfaces and also from fat cells.



IMMUNE BOOST SUPPORT PROTOCOL

L-GLUTATHIONE

Take two tablets morning, two tablets lunch and two tablets at night with food

L-GLUTATHIONE HELPS SUPPORT THE LIVER FUNCTION AND DETOXIFICATION PATHWAYS OF THE BODY

L-GLUTATHIONE HELPS WITH

- Immune System Function
- Detoxification of the Liver
- Helps reduces symptoms of Oedema
- Helps the liver process alcohol effectively
- Fatty Liver
- Protects cells subject to high oxidative stress

L-Glutathione is used by the Liver for the detoxification pathways and protects cells subject to high oxidative stress. L-Glutathione binds onto toxicity, and helps remove heavy metals and chemicals from the Liver.



IMMUNE BOOST SUPPORT PROTOCOL

N-ACETYL CYSTEINE - (N A C)

HELPS LOOSEN THICK MUCUS

ADD WHERE LUNG CONDITIONS OR THICK MUCUS IS PRESENT

N-ACETYL CYSTEINE - (N A C) HELPS WITH

- Bronchitis
- Sinus congestion
- Pneumonia
- Emphysema

N-Acetyl Cysteine (NAC) is used to loosen thick mucus in individuals with chronic bronchopulmonary disorders like pneumonia and bronchitis. NAC is also the precursor for the liver to make Glutathione.

NAC helps reduce mucus in the body. Mucus is a normal, slippery and stringy fluid substance produced by many lining tissues in the body. It is essential for body function and acts as a protective and moisturizing layer to keep critical organs from drying out.



IMMUNE BOOST SUPPORT PROTOCOL

NAC should only be taken when needed and not every day, as if taken for too long may result in the reduction of mucus that serves a necessary function, such as for the eyes, resulting in dry eyes.