



PHOSPHAPLEX

PINNZ RANGE

Count Size:

- 60 Capsules

Each capsule contains:

Lecithin 500mg

Phosphatidyl Serine 100mg

Contains No: Sugar, starch, yeast, sodium, wax, artificial colouring or flavours, preservatives, wheat, rye, oats, barley, buckwheat, spelt, soy, milk, eggs or corn.

Directions for use

- Take one capsule in the morning and one capsule at night with food.

Technical information

Phosphatidyl serine is a naturally occurring phospholipid nutrient. It is present in all cell membranes but has a higher concentration in the brain, where it plays a role in nerve centre function, nerve transmitter release and synaptic activity. It also plays a role in nerve cell differentiation, activation and renewal, nerve cell transmitter production and release, ion movements, and the conduction of electrical current all involve membrane-based processes that rely on membrane Phosphatidyl serine. Phosphatidyl serine crosses the blood brain barrier and is a useful tool for the metabolic support of memory, learning and behaviour, particularly in the aging brain. Phosphatidyl serine plays a role in modulating tumour necrosis factor release, which has been associated in many demyelinating diseases and is also able to reverse the physiological decline of humoral immune response induced by the aging process.



Functions Facilitated by Taking Phosphaplex:

- Maintains flexibility of cell membranes
- Improves dopamine release from neurons
- Augments brain glucose metabolism
- Improve receptor site numbers in the brain
- Inhibits the release of tumour necrosing factor
- Stabilizes cognitive decline associated with aging.
- Improves cell to cell communication
- Normalizes age related receptor abnormalities
- Maintains ATPase activity of cellular membranes
- Plays a role in signal transduction
- Improves learning behaviour
- Stimulates the synthesis of nerve growth factor (NGF) as well as reducing the loss of NGF receptors associated with aging
- Boosts brain alpha rhythm by 15-20%, indicative increase acetylcholine activity
- Improve the effectiveness of acetylcholine on nerve transmitter

Contraindications

- No known contraindications or medicine interactions.
- Pregnancy: Suitable for use during normal pregnancy.
- Breastfeeding: Suitable for healthy breast feeding mothers where no contraindications are present in the infant.

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