





This seminar will be held in English.



#### **How to Brew Tasty Japanese** Coffee and Japanese Tea

**Easy Tips and Tricks** 

Presented by Japanese Green Tea Co. and Japanese Coffee Co.

June 26th, 5:45PM (PDT)

#### Welcome

#### Welcome to Japan Fair!

- Please turn off camera, mute, no recording
- Please chat questions, and I will answer at the end of the Agendo
  - How to brew Tasty Japanese Coffee (20 min)
  - How to brew Tasty Japanese Tea (20 min)
  - Questions (5 min)





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#### What is Japanese Coffee?

- Coffee originated 850 CE in the Kingdom of Sheba, which is current Ethiopia and Yemen.
- First introduced to Japan in 17<sup>th</sup> Century via Nagasaki (Edo Era)
- True coffee boom after 1945
- Japan does not produce Coffee (except small farms in Nagasaki)





#### What is Japanese Coffee?

- First hot canned coffee through vending machine in the world (Pokka 1973)
- Cold-brew coffee
- Iced Coffee (Japanese Style)







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- Nel Drip Coffee
- Single-Serve Pour-Over
- Sumiyaki Coffee





#### How to brew tasty Japanese Coffee

Coffee is Miso Soup







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#### How to brew tasty Japanese Coffee

# KEY WORD CONSISTANCY





#### Tasty Coffee Tips 1

Grinding coffee right







#### Tasty Coffee Tips 1

- Grinding coffee right
  - Burr Grinder
    - Baratza Encore \$139~
    - Baratza Sette \$249~
    - Hario Skerton Plus \$36~
- Pre Grind by coffee shop





Hario Grinder Comparison https://bit.ly/VirtualCoffee1







#### Tasty Coffee Tips 2 - Auto Coffee Machine

- Shake it!
- Use Chopstick







#### Tasty Coffee Tips 2 - Auto Coffee Machine

- Shake it!
- Use Chopstick
- Use Filtered Water Not distilled water
- Use Cold Water (Not room temperature)
- Don't use the timer and burner
- Run empty cycle once clean up and warms up the coffee maker
- Paper filter vs Metal filter





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#### Tasty Coffee Tips 3 - Golden Ratio

- One to two tablespoons of ground coffee for every six ounces of water.
- 1 gram of coffee to 15-18 grams of water (1:15-18)
- Use Scale (ie: Hario Scale ~\$50 up to 0.1g precision )
- Do you like "American Coffee"?
  - Don't add too much water in coffee machine
  - Add hot water after brewing correct





#### Tasty Coffee Tips 4

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## Tea time!





#### What is Tea?

- All Tea are the same Camellia Sinensis
  - Type of tree in which the leaves are used to produce tea
  - It is also called "Tea Plant" or "Tea Shurub"
  - Exception
  - Herbal Tea
  - Mugicha Barley tea



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What is Tea - Video: https://bit.ly/VirtualTea01



#### Japanese Tea VS Non Japanese Tea

- Chinese Tea
  - Origin of tea debate between India and China
  - Origin of Japanese Tea
    - Came to Japan in 9<sup>th</sup> Century Nara/Heian
    - Saichō returned to Japan in 815 with first tea plant
  - Roasted or Pan Fried (Hojicha) to stop oxidation
- European Tea
  - Black Tea Fermented
  - Introduced to Europe by Italian Traveler in 1555
  - White Tea dried and not processed
- Oolong Tea partially fermented
- Jasmine Tea- white/black tea with Jasmine scent



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Saicho holding tea

History of Japanese Tea: https://bit.ly/VirtualTea02



## Different Types of Japanese Tea What are the differences?

- Hojicha (Roasted)
- Genmaicha (Sencha with roasted brown rice)
- Sencha (Steamed to stop Oxidation)
  - Fukamushi cha (Issaku) 60 sec vs Asamushi cha 20 sec
  - Based on Season
  - Based on Part of Tea
  - Based on Region
    - Sayamacha, Ujicha, Isecha...



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Types of Japanese Tea: https://bit.ly/VirtualTea03





#### Sencha vs Matcha vs Gyokuro

- Sencha
  - Kabusecha Covered for 7-10 days
  - Gyokuro at least 20 days
    - Karigane-cha (Kukicha of Gyokuro)
  - Tencha
- Matcha







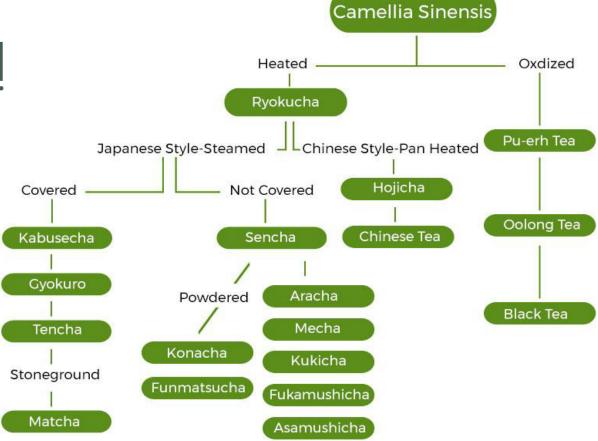


Covering of Tea Detail: https://bit.ly/VirtualTea05



#### Japanese Greentea Co. Harvested with $\vee$ in Japan. www.JapaneseGreenTea.org

#### Tea Types!





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#### Let's do Matcha - Traditional Matcha

Usucha vs Koicha

- Usucha Daily Tea Ceremony
  - 1/3 cup boiling water (70 ml or 2.3 oz), Cool to 160F (71C)
  - 1 ½ to 2 scoops (1 ½ to 2 tsp or 2 grams) of Matcha
  - Whisk
- Koicha Formal Ceremony
  - 1/4 cup boiling water (40 ml or 1.3 oz), Cool to 160F (71C)
  - 3-4 scoops (3 to 4 tsp or 5 grams) of Matcha
  - Whisk



How to Matcha https://bit.ly/VirtualTea06



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#### How to Make Matcha Latte

- "Easy" Matcha Latte
  - Heat 6 Oz of Milk of your choice
    - Milk Frother, Microwave, stovetop
  - 1/2-1 tsp of matcha
  - Sweetener Agave Syrup, Honey, Sugar etc (1/2 tsp)
- Approach 1 Froth Matcha, Milk and Sweetener
- Approach 2 Traditional Matcha + Hot Milk



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How to Matcha Latte https://bit.ly/VirtualTea07



#### How to Make Matcha À La Mode

- "Easy" Matcha À La Mode
  - 1 tbsp of matcha
  - 1/4 cup of hot water 175F (80F)
  - Va
    - Milk Frother, Microwave, stovetop
  - 1/2-1 tsp of matcha
  - Vanilla Ice cream (Your preferred amount:)



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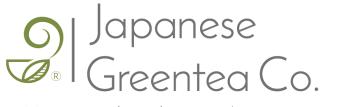


How to Matcha À La Mode https://bit.ly/VirtualTea08



#### How to Make Matcha Smoothie

- "Easy" Matcha À La Mode
  - 1 tsp of matcha
  - 2 cups of milk or water
  - 1 cup of ice
  - 1 cup of baby spinach leaves
  - 2 cups of frozen green grapes
  - Or 1 frozen banana



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How to Matcha Smoothie https://bit.ly/VirtualTea10





## Thank you very much for participating Japan Fair!



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