

YOUNG IN THE MOUNTAINS

RING SIZING GUIDE

CONFIRM PRINTED PAPER SIZE



READ CAREFULLY

Measure the above bar to ensure it has printed exactly 2 inches, or 50mm, long. If measurement is not accurate, ring size measurement will not be completed properly.

TIPS AND TRICKS TO GETTING STARTED

- ◆ Before you get started, use a ruler to confirm the printed paper size in the box to the left.
- ◆ Pull tightly. The sizer must fit snugly to produce an accurate size. Measure your finger at the time of the day when it will be at its largest, this is usually at the end of the day.
- ◆ Avoid measuring your fingers when they are cold or damp. Bands and rings over 5mm in width may fit your finger more tightly than rings of the same size in narrower widths.

WAYS TO FIND YOUR RING SIZE

USE YOUR FAVORITE RING

1. Choose a ring that correctly fits the finger you are purchasing the ring for.
2. Lay the ring over each of the size circles below until you are able to closely match the inside edge of the ring to one of the circles on the guide.
3. If the ring falls between two of the sizes, order the quarter size in the middle.

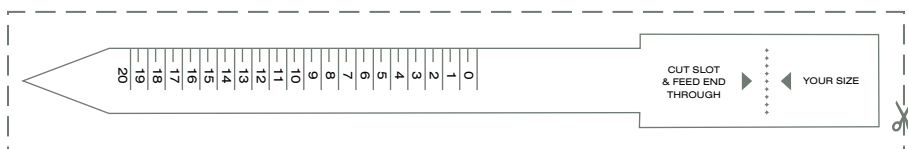
RING SIZE CONVERSION CHART

Measurements are equivalent to the interior circumference of the corresponding ring size



PRINTABLE SIZER

1. Cut out the ring sizer below
2. Wrap the ring sizer tightly around the widest part of the intended finger so that the numbers are visible to you. Then insert the pointed end through the dotted slot in the sizer.
3. Keep note of the number that lines up with the slot, this is your ring size. Please note that quarter sizes are also available if your sizer indicates that you are between whole and half sizes.



DIY STRING METHOD

YOU WILL NEED:

- ◆ String, yarn, or a thin strip of paper
- ◆ Pen or marker
- ◆ Ruler

1. Cut a piece of string to at least 3 inches long
2. Wrap it around the base of the finger you plan to wear your ring on. Make sure the string is snug.
3. Using a pen or marker, mark where the ends overlap.
4. Lay the string on a flat surface and use a ruler to measure the length in millimeters.
5. Use the Ring Size Conversion Chart above to find your corresponding ring size.