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FARMHOUSE FRESH®
WE GROW, SO YOUR SKIN GLOWS™

AWARD WINNING TREATMENTS

THE SPA PROFESSIONAL'S CHOICE



Over 10 years, voted among the
Favorite Skincare, Bodycare, Brightening,
Natural Line & Product Education Brands



Hilton

HOTELS & RESORTS

COOL AS A CUCUMBER

Going beyond the quintessential cucumber eye compress, guests at **V Spa** at the Hilton Anatole (Dallas) will be able to experience the refreshing nature of this invigorating veggie in a bigger way. The Cucumber Coconut Grass Facial (\$110, 50 minutes) uses specially selected FarmHouse Fresh products to naturally nourish and tighten the skin, leaving it feeling calm and refreshed. It starts with the Green Tea Milk Wash Cleanser, which removes makeup and dirt while moisturizing skin. The skin is then buffed with the Tea Cucumber Facial Buffing Biscuit made with cucumber peel and green tea extracts, which pull away impurities. Spotted Leaving Serum, infused with vitamins A, B, C, and E, calms the skin and encourages healing post-treatment. Guests are also treated to a steamed coconut milk towel compress, which soothes and infuses skin with vitamins. To finish, the Crow Catcher Eye Transforming Serum is applied to reduce the look of wrinkles. "Customers love the feel of their skin after this treatment," says spa director Sarah Long. "The exfoliating buffing biscuits and coconut milk steaming compress is a refreshing combination that gives skin a radiant glow." For FarmHouse Fresh products: www.farmhousefreshgoods.com — Maggie Soares



"Customers love the feel of their skin after this treatment. The exfoliating buffing biscuits and coconut milk steaming compress is a refreshing combination that gives skin a radiant glow."

- Sarah Long, Spa Director
V Spa at the Hilton Anatole; TX



PEPPERMILL

RESORT • SPA • CASINO • RENO



"Combined with the antioxidant benefits of the sparkling soak and rich butters, the manicure helps guests truly enjoy the best that summer has to offer."

- Morgan Branter, Spa Director
Spa Toscana at Peppermill Resort; NV

tropical treat

For a taste of the islands, spa-goers can indulge in the Bahama Mama Manicure (\$65, 50 minutes) at **Spa Toscana** at Peppermill Resort (Reno, NV). Using FarmHouse Fresh products, the treatment begins with a Clementine Sparkling Soak, which nourishes hands and cuticles with antioxidant-rich olive fruit and grapeseed oils. A Pineapple-Coconut Shea Butter Scrub with micro sugar crystals is applied next to exfoliate the hands, followed by a shea butter massage with Front Porch

Punch, a cream featuring the essences of summer punch, including grapefruit, mango, melon, and strawberry. "The bright, vibrant scents in this seasonal treatment leave guests longing to hit the beach," says spa director Morgan Branter. "Combined with the antioxidant benefits of the sparkling soak and rich butters, the manicure helps guests truly enjoy the best that summer has to offer." For FarmHouse Fresh products: www.farmhousefreshgoods.com.—H.M.





THE RITZ-CARLTON



in touch

tantalizing spa treatments

"We use only the freshest ingredients from our farm-to-skin scrub bar, such as lavender, mint, lemongrass, and vanilla, to create a customized scent that would make any mermaid turn a flip."

- Catherine Warren, Assistant Spa Director
Eau Spa at The Ritz-Carlton, Palm Beach; FL

SEAWORTHY SOOTHING

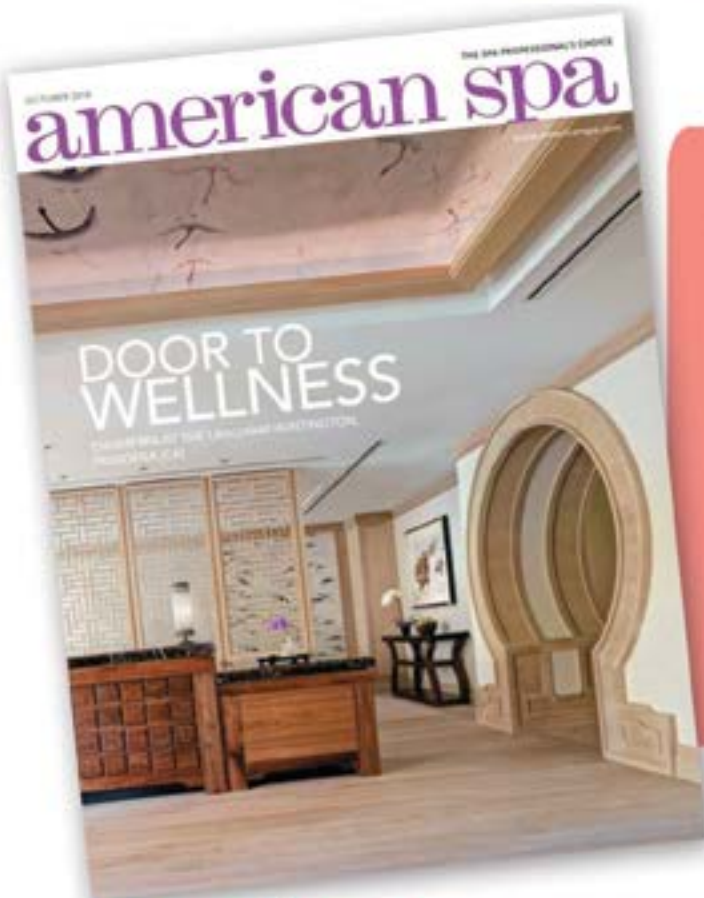
South Florida mermaids are emerging from the sea and heading to Eau Spa at The Ritz-Carlton, Palm Beach for the Mermaid Treatment (\$185, 60 minutes). First, clients are encouraged to soak up the sun in the Self-Centered Garden, where they can dip their toes in one of the pristine pools. Next, they head to the Scrub and Polish bar to create a custom organic scrub that is used to massage, exfoliate, and polish feet, ankles, and toes. The service continues with footcare using moisturizer, spritz, and soothing butter from Farmhouse Fresh's Beach Clean collection and concludes with a take-home gift that will make clients the envy of all the fish in the sea. Says assistant spa director Catherine Warren, "We use only the freshest ingredients from our farm-to-skin scrub bar, such as lavender, mint, lemongrass, and vanilla, to create a customized scent that would make any mermaid turn a flip." For Farmhouse Fresh products: www.farmhousefreshgoods.com. —Jalix Kellie Callaghan





WYCLIFFE

GOLF & COUNTRY CLUB



"The cranberry-orange soak paired with the Rasmopolitan Body Scrub provides the perfect palette for an anti-aging and free-radical fighting CoQ10 chocolate mask. A veil of sweet cream moisturizer and a decadent raspberry truffle complete this exquisite service."

- Donna Forte, Spa Director
Spa of Wycliffe at Wycliffe Golf and
Country Club; FL

■ Sweet Indulgence ■

For the ultimate guilt-free pleasure, guests at the **Spa of Wycliffe** at Wycliffe Golf and Country Club (Wellington, FL) will want to savor the calorie-free Raspberry Truffle Delight Pedicure (\$45, 50 minutes). Available through December, the decadent treatment relies on FarmHouse Fresh products to whet spa-goers' appetites. After a footbath with Cranberry-Orange Effervescent Soak, the legs and feet are exfoliated with Rasmopolitan Body Scrub with Premium Vodka, made with raspberry extract, rice bran oil, salt, and Square One Organic Vodka. Sundae Best Chocolate Mask is then painted over the calves, ankles, and feet, which are later wrapped in steaming towels and topped off with warm dry towels. Once the product is removed, the legs and feet are treated to an application of Sweet Cream Body Milk. "This pedicure treatment enhances the senses while repairing and replenishing dull and dehydrated skin," says spa director Donna Forte. "The cranberry-orange soak paired with the Rasmopolitan Body Scrub provides the perfect palette for an anti-aging and free-radical fighting CoQ10 chocolate mask. A veil of sweet cream moisturizer and a decadent raspberry truffle complete this exquisite service." For FarmHouse Fresh products: www.farmhousefreshgoods.com.—H.M.



Saks Fifth Avenue

in touch menu



FRESH START

For those who want to welcome spring with treatments using inspired seasonal ingredients, Halcyon Days Salon & Spa at Saks Fifth Avenue (New York City) is offering the Citrus Honey Blossom Mani-peds (\$38, 30 minutes) and Pedicure (\$75, 40 minutes) through May. The treatments, which use FarmHouse Fresh products, begin with a comforting Nestle Whole Milk Soak, which softens and hydrates the skin. Hands and feet are then exfoliated and moisturized using a special blend of the Citrus Grains Scrub and the Ajevox Factor Bath/Baby Oil. Next comes an invigorating massage using Blood Orange Hot-scented Castore, a moisturizer that is rich with shea butter based and fortified with natural fruit extracts. Both the mani and pedi include the requisite pedicure and toe-paint with lacquer of the client's choosing. "From chef's grade quality whole powdered milk to live fruit cells and blood orange oil, the natural ingredients and amazing aromas used in the Citrus Honey Blossom mani-pedi treatment from FarmHouse Fresh make for a unique and luxurious nourishing spa escape," says spa director Laura Gentile. "Our pampered guests leave with silky soft, glowing hands and feet." For FarmHouse Fresh products: www.farmhousefreshgoods.com—H.M.

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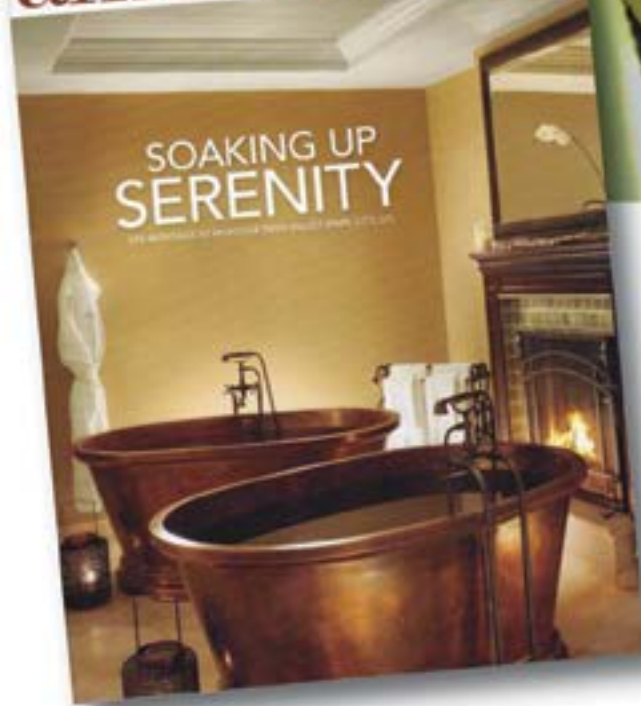
- Laura Gentile, Spa Director
Halcyon Days Salon & Spa at Saks Fifth Avenue; NY



JW MARRIOTT
CAMELBACK INN®
SCOTTSDALE



american spa



that's a wrap

Guests at **The Spa at Camelback Inn** (Scottsdale, AZ) can warm up this winter with the **Natural Agave Toning Wrap** (\$165, 60 minutes), a treatment that heats, firms, and plumps the skin. Featuring products from **FarmHouse Fresh**, this aromatic journey begins with an exfoliation using the **Buffalo Greens Rice Bran Oil** and **Sea Salt Scrub**. Guests are then treated to an application of the **Cactus Toning Wrap**, a gel-based product that warms the skin. After about 10 to 15 minutes, the therapist massages in the product along with the **Agave Nectar Massage Oil**, which is infused with agave plant extracts, barley, and sandalwood. The treatment also includes a soothing scalp massage. "It is a warm and cozy delight during chilly winter months, plus an all natural and organic approach to caring for the skin," says spa director Kelli Ziegler. "The products are formulated with just the right blend of fresh, natural, and organic ingredients that exfoliate, nourish, firm, and moisturize the skin." For **FarmHouse Fresh** products: (888) 773-9626; www.farmhousefreshgoods.com. —H.M.

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- Kelli Ziegler, Spa Director
The Spa at Camelback Inn; AZ



WYNDHAM GRAND®

in touch **menu**

"It's a calorie-free indulgence that will leave your feet sweet and your hands ready to be held,"

- Jody Plouffe, Spa Director
Blue Harmony Spa at the Wyndham
Grand Orlando Resort Bonnet Creek; FL

american spa

CITY SANCTUARY
THE SPA AT THE CITY AND JADE WALK CITY

SWEET INDULGENCE

Those with a sweet tooth won't be able to resist the Sweet Chocolate Sundae Manicure (\$45, 25 minutes) and Pedicure (\$60, 50 minutes) at the Blue Harmony Spa at the Wyndham Grand Orlando Resort Bonnet Creek (FL). The mani begins with a trimming, filing, and buffing of the nails and cuticles using SpaRitual's Cuti-Clean Cuticle & Stain Remover and Cuti-Cocktail Nail & Cuticle Oil. Next, comes an application of FarmHouse Fresh Sweet Cream Fine Grain Salt Scrub on the hands and arms, followed by the Sundae Best Chocolate Softening Mask. Once the products are removed with steamed towels, a relaxing massage with Whoopie! Cream is applied, and nails are painted to perfection with the SpaRitual lacquer of the client's choice. The pedicure follows a similar protocol but also incorporates a specialized callous treatment using SpaRitual's Sole Mate Callous Remover. "It's a calorie-free indulgence that will leave your feet sweet and your hands ready to be held," says spa director Jody Plouffe. "It's perfect for pre-date pampering or a treat without guilt." For FarmHouse Fresh products: www.farmhousefreshgoods.com. For SpaRitual products: www.sparitual.com.—J.L.M.

EPICUREAN

menu

tantalizing spa treatments

"The combination of FarmHouse Fresh's natural herb-based products and custom-blending with our onsite garden provides a savory and authentic spa experience one can only have here."

- Ashley Spurlock, Spa Director
Spa Evangeline at the Epicurean Hotel; FL

GARDEN VARIETY

The Bask in the Garden Beauty treatment allows guests to do just that when they visit **Spa Evangeline** at the Epicurean Hotel (Tampa, FL). Offered as a body treatment (\$185, 80 minutes), a manicure (\$40, 30 minutes), and a pedicure (\$55, 45 minutes), the fresh-from-the-farm experience relies on cilantro snipped from the organic house-grown herb wall. It is then crushed and pressed into FarmHouse Fresh Citrus Grass sea salt and rice bran scrub, which is used to exfoliate the skin. Steamed towels soaked in cilantro and citrus botanical oils and antioxidant-rich grapeseed, olive, and orange peel oils are then applied to the skin to help reduce inflammation. The treatment concludes with an Agave Nectar oil massage to restore hydration and give skin a radiant and plump look. "Guests seeking a spring awakening have come to the perfect place," says spa director Ashley Spurlock. "The combination of FarmHouse Fresh's natural herb-based products and custom-blending with our onsite garden provides a savory and authentic spa experience one can only have here." For FarmHouse Fresh products: www.farmhousefreshgoods.com.—Heather Mikesell

MARCH 2012 THE SPA PROFESSIONAL'S CHOICE
american spa

CHAT
ROOM

SPASOCIAL BOUND BROOK, TN





Red Mountain Resort



RED MOUNTAIN RESORT, IVINS, UTAH

BRANDIED *pear* PEDICURE

At the tranquil Sagestone Spa at Red Mountain Resort, you can enjoy red breathtaking rock canyon sunrises and succulent Brandied Pear Pedicures. The Bartlett pear-infused brandy sea salt scrub with vitamin E-rich rice bran oil will have you set for smooth, glistening sailing. It's followed by a natural Marshmallow butter massage that will leave you dancing through warm brandied clouds with a luxurious, ultra-rich butter blend that includes Shea, cocoa and mango butters with notes of sandalwood and tonka bean. Your skin will feel soft as satin.

"The blend of these natural, effective ingredients is a perfect fit for Red Mountain. Our guests love FarmHouse Fresh treatments, and especially enjoy bringing the products home with them to continue the experience."

- Myrna Beardshear, Spa Director,
Sagestone Spa at Red Mountain Resort; UT





Hilton
HOTELS & RESORTS

menu

tantalizing spa treatments

"We have had great success with Farmhouse Fresh products at Serenity by the Sea Spa... Our spa clientele greatly enjoy the freshness and simplicity of the products we offer, and we're certain that the Wine Poached Pear service will be another win for our guests."

- Rhonda Davis, Spa Director
Hilton Sandestin Beach Golf Resort & Spa; FL



PERFECT PEARING

Fans of fruit, brandy, and wine will delight in the Wine Poached Pear Pedicure (\$60, 45 minutes), which is taking center stage at Serenity by the Sea Spa at Hilton Sandestin Beach Golf Resort & Spa (Destin, FL) as its service of the month. Incorporating FarmHouse Fresh products, the treatment begins with a refreshing Citrus Cilantro Antioxidant Oil Soak followed by an exfoliation with Brandy Pear Sea Salt Body Polish. To fight free-radical damage, the potent Wine Down Super Antioxidant Serum, featuring resveratrol from Texas grapes, is applied. The nourishing pedicure concludes with a hydrating application of Ginger Sorbet Body Milk Lotion. "We have had great success with FarmHouse Fresh products at Serenity by the Sea Spa and are looking forward to featuring the Wine Poached Pear Pedicure as our April service of the month," says spa director Rhonda Davis. "Our spa clientele greatly enjoys the freshness and simplicity of the products we offer, and we're certain that the Wine Poached service will be another win for our guests." For FarmHouse Fresh products: www.farmhousefreshgoods.com. —Heather Mikewell