



## FITNESS & WELLNESS SOLUTIONS TO AGE WELL, LIVE LONG & ENJOY LIFE

For seniors to continue living their best lives, where they live should seamlessly incorporate all the holistic wellness aspects needed to age well and live the long, fulfilling life they desire. For more than 30 years the Treadmill Factory has been helping Canadian senior living facilities create the best fitness and wellness spaces with tools and resources to energize their residents' mind, body, and spirit.

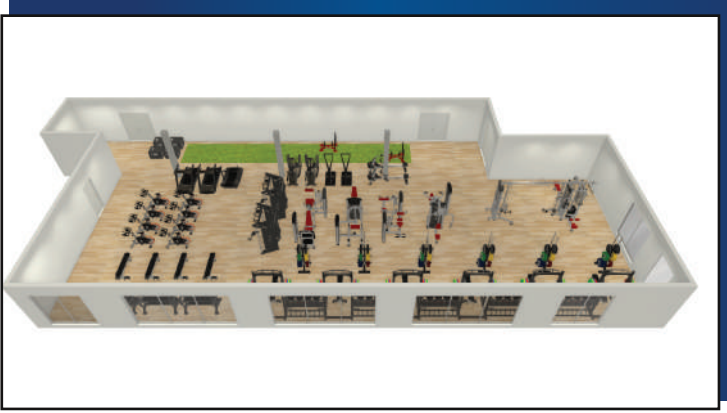
### **Promote Physical & Emotional Independence**

Improving fitness and wellbeing enables seniors to avoid isolation and be more independent in their day-to-day lives for as long as possible. Fitness and wellness programs help seniors physically, mentally, and emotionally take on their days with less assistance, contributing to their overall satisfaction and quality of life. We'll design a fitness

space that makes it easy to maintain or improve upon an active lifestyle, and offer a fun way to socialize with friends, too. Social fitness initiatives help seniors interact with their community by providing opportunities to build meaningful relationships with other residents and staff.

### **Creating Healthy Routines for Functional Living**

At the Treadmill Factory we focus on creating an environment in which residents can remain social, active, and engaged with industry-leading fitness equipment and accessories that are user-friendly and easy to manage for staff, so equipment downtime is kept to a minimum. We make health and wellness a priority because we want to offer residents a lifestyle they enjoy with people they love. Residents will have fun experience with a custom space designed for improving functional strength, balance, flexibility, and more.



## Facility Planning & Design for Success

When your retirement residence partners with the Treadmill Factory's Facility Planning & Design experts, we not only combine spaces and equipment to create a tailored experience that meets your unique business requirement and specification, but we'll also go deeper with a complete Needs Assessment.

As a new build or existing space, your stage of planning or concept development is a tailored experience, eliminating obstacles to concept and design. We combine space and equipment that meets your unique facility floor plan requirements and specifications, including user demographics and budgets. We then bring your vision to life using 2D and 3D rendering for cutting-edge design that highlights accessibility and functionality of your space.

## Installation & Project Management

From coordinating flooring to ensuring your equipment package is properly installed, our installation professionals will also have your layout spatially configured for aesthetics as well as optimal functionality and usage. Plus, we can provide training for your staff to ensure proper use and care for machines and accessories to maximize safety and longevity.

## Service

The Treadmill Factory initially began its operations by repairing treadmills for other stores and end users in 1988. Today, we can proudly say that our company has one of the most advanced service departments in all of North America providing customers with access to knowledgeable technicians in addition to offering the best service possible. Our nearly 80,000 sq.ft facility in Markham, Ontario allows us to:



- » Respond to service calls within a 24-48hr period
- » Provide senior technicians managed by the VP of Commercial Sales
- » Stocked parts to provide faster turn over time
- » Repair electronic boards in house to help save huge repair costs