



TITLE BOOST FULL-BODY FUNCTIONALITY FOR LEVELED UP RESULTS

Founded in 2000 and created as a full-body strength and conditioning method, CrossFit utilizes the training modalities of traditional weights, Olympic weightlifting, and resistance training performed at high intensity. As the foundation of everything you perform in CrossFit, you'll supercharge cardiovascular/respiratory endurance, stamina, strength, flexibility, power,

speed, coordination, accuracy, agility, and balance – and the Treadmill Factory can equip you for virtually all of them.

HIIT/Functional training has never been hotter, and for over 30 years the Treadmill Factory has helped professional CrossFit training owners/coaches create a stand-out client experience. We'll help you make it fast, fun, and empowering with a customized space designed for efficiency and function with multi-use, low-maintenance gear for all levels.



Our standout inventory lineups boast training must-haves like kettlebells, plates, Olympic barbells and beyond, to our massive, fully stocked warehouse of premier brand heavy equipment, artificial turf, and cardio machines. We'll help you create top-level strength and conditioning programs with the perfect functional training equipment and accessories to support all elements that go into client performance.



Facility Planning & Design for Success

When your CrossFit training facility partners with the Treadmill Factory's Facility Planning & Design experts, we not only advise on various training resources needed for client/athlete performance, but we'll also go deeper with a complete Needs Assessment.

As a new build or existing space, your stage of planning or concept development is a tailored experience, eliminating obstacles to concept and design. We combine space and equipment that meets your unique facility floor plan requirements and specifications, including user demographics and budgets. We then bring your vision to life using 2D and 3D rendering for cutting-edge design that highlights accessibility and functionality of your space.

Installation & Project Management

From coordinating flooring to ensuring your equipment package is properly installed, our installation professionals will also have your layout spatially configured for aesthetics as well as optimal functionality and usage. Plus, we can provide training for your staff to ensure proper use and care for machines and accessories to maximize safety and longevity.

Service

The Treadmill Factory initially began its operations by repairing treadmills for other stores and end users in 1988. Today, we can proudly say that our company has one of the most advanced service departments in all of North America providing customers with access to knowledgeable technicians in addition to offering the best service possible. Our nearly 80,000 sq.ft facility in Markham, Ontario allows us to:



- » Respond to service calls within a 24-48hr period
- » Provide senior technicians managed by the VP of Commercial Sales
- » Stocked parts to provide faster turn over time
- » Repair electronic boards in house to help save huge repair costs