

No knead to worry
Preventing damage and injury

Before each use, check your device for any damage, especially to the power cord or other electrical components. To reduce the risk of damage, do not carry the device by the cord.

This device is not a toy. Keep out of reach of children and do not leave unattended. Do not allow dependents to use this device without supervision.

This device is intended for use on the back only. Do not use on bony areas or joints such as elbows or knees.

For personal use only—as intended/directed. This device is not intended as a substitute for medical treatment. Anyone with an injury, swelling, skin condition, other medical condition, recovering from surgery, or women who are pregnant/nursing should consult their doctor before using this device. This device is not recommended for use by diabetic patients.

Always unplug the device immediately after using.

Do not use this device while bathing or place the device near where it could fall into a tub or sink. If the device does fall into water, unplug before retrieving.

Do not drop or insert any object into any opening of the device.

Do not operate this device near where aerosol sprays are being used or oxygen is being administered.

Do not use this device on the floor, while lying in bed, or while operating a vehicle.



Sometimes peace is hard to find
But good service shouldn't be

At Belmint, we strive to provide our customers with ultimate relaxation. If you encounter any issues with the performance of your device, our authorized service personnel are here to help.

Phone 1-844-423-5646

Email support@belmint.com

Website www.belmint.com

Instagram @belmintproducts

Facebook @belmintproducts



SHIATSU BACK MASSAGE SEAT



Model	Rated Input	Rated Output	Rated Power
BEL-SEAT	110 - 240V 50 - 60Hz 0.8A Max	12V DC 2.5A	30 W

Check, then chill
Got all these?

Shiatsu Back Massage Seat | Power Cord | 12 V Car Adapter | User Manual

Congratulations on your purchase!

You're on your way to better self-care

When it comes to everyday life, it seems like someone always wants something from us—so much so that we often forget to ask ourselves one important question: "What do I want?"

Not only do we forget to think about ourselves, we forget to take time for ourselves as well. That's where Belmint comes in. We're committed to getting you some 'me time' with the help of our luxuriant, yet affordable, self-care tools. This incredible Shiatsu Massage Seat Cushion is the cream of the crop: using cutting-edge technology, it brings a spa-grade reflexology massage into the comfort of your own home. Now, you can transform any seat into the ultimate relaxation experience.

Feeling the pressure at work? Turn your office chair into a shiatsu seat—and get your work done at the same time. Too tense to enjoy time with your family? Take a few minutes to relax into an at-home massage session, and you'll be limber enough to play catch with the kiddos. Dreading that long carpool commute? This life-enriching device comes with a 12-volt car adapter, so you can ease your tension on the go! Like all Belmint products, your massager is crafted from high-quality, durable materials to ensure maximum comfort. Rolling and kneading nodes work together to soothe sore muscles, release pressure on pinched nerves, and improve circulation. You can even take things up a notch with calming heat and invigorating vibration options. This device is optimized for efficiency, so anyone can make time for 'me time'—even if they only have five minutes. Choose from 5-, 10-, or 15-minute sessions and let your Belmint machine get to work.

We all deserve to get what we want once in a while. With Belmint innovations, bliss is as close as the press of a button.

To celebrating your comfort,
The Belmint Team

► Parts & Features



Ergonomic Design for Comfort

The unique design is engineered to ensure maximum comfort with the strategically placed massage nodes to mimic a real massage therapist's hands.

Switchable Heat

The switchable heat function promotes an increase in blood and oxygen flow to soothe your muscles.

Characteristic Functions

- Easy to use controller
- Three massage areas for Back
- Multiple Massage Modes
- Three levels of massage intensity
- Lightweight and easy to carry and store

► Time to Relax

Using your Device

1. Place the device on a comfortable chair near a polarized wall socket, making sure that the crease between the bottom and back of the cushion aligns with the same crease on your chair.
2. If you have long hair, be sure to tie it up to avoid it being caught in any part of the device. Do not wear loose clothing or jewelry.
3. Take a seat with your feet flat on the floor and your knees positioned above your ankles. Do not cover yourself or any part of the device with a blanket or towel, or the device may become overheated.
4. Turn the device on. Press the timer button to choose your preferred session time.
5. Choose your preferred settings (see the next section for more information).
6. The device will automatically turn off after 5, 10, or 15 minutes—depending on the timer you set. You can also turn the device off manually by pressing the power button until it clicks.
7. Allow the device to cool completely before using it again. Do not use for more than 15 minutes at one time.
8. When you are finished with your device, clean and store it according to the instructions.

► The many buttons of bliss

More about your device settings

Massage Focus (upper back, lower back, full back)

On your remote, you'll see three buttons next to the cushion diagram. These allow you to choose whether you want your massage to be focused on your upper, lower, or entire back. Whatever setting you choose, the corresponding area of the cushion diagram will light up.

Shiatsu (Low, High)

Customize your preferred pressure by choosing either low-intensity or high-intensity massage. Simply press the "Shiatsu" button once or twice to alternate between settings.

Vibration (Low, Medium, High)

Press the "Vibration" button once, twice, or three times to choose between the low, medium, or high settings. Press the button a fourth time to cycle back to "low".

Spot Target

To target the pressure of the kneading massage nodes to specific areas of your back, simply press the "Spot" button to turn the feature on, then use the up and down arrows to move the targeted massage nodes to different positions along your spine.

Heated Massage

Need a little help boosting relaxation or improving circulation? Press the "Heat" button to initiate a heated massage session. If the heat becomes too intense for your preference, simply press the button again to turn the heat off. The session will still continue until the end of your set time.

Demo

Check out all of this device's amazing features with a convenient demo session. As the device moves through different massage methods, the targeted areas will light up on the cushion diagram on the remote. When all features have been demonstrated, the device will automatically shut off.



Before things get awesome

To prevent potential injury or property damage, please read this entire manual before operating your device. Keep it on file for future reference.

► **Until Next Time**

Maintaining your Device

To Clean

Turn the device off, unplug it, and allow it to cool completely. Then, gently wipe the outside of the unit using a clean, damp cloth. For stubborn dirt or stains, dampen the cloth with mild soap and water. Keep all vents, buttons, and openings free of lint and dirt. Do not immerse the unit in water and do not use any harsh cleaners.

To Store

Make sure that the device is clean and dry. Bind the cord gently with an electrician-approved fastener. Do not wrap the cord around the device. Store the device in a cool, dry place away from damaging elements.

To Maintain

For best results, clean and store the device after each use. If any part of the device becomes damaged, contact Belmint customer support using the service information on back cover.

► **Keeping the peace**

Troubleshooting Guide

Use this guide to help diagnose simple problems with your device.

Please feel free to contact us if you have any questions or concerns.

Problem	Solution
<p>Device will not turn on.</p>	<p>Make sure the device is plugged in, both at the base of the seat and also at the wall socket.</p> <p>Press the On/Off button until you hear a click. If the button is not fully depressed, the device will not turn on.</p>
<p>Massager nodes are rotating at a reduced speed.</p>	<p>The amount of pressure being placed on the device may be too heavy for the nodes to work properly. Avoid pressing your weight back onto the nodes. Instead, allow your back to rest lightly against the cushion.</p>
<p>Massager stops working.</p>	<p>Press the On/Off button until you hear a click. The device may have turned off automatically due to the timer feature.</p> <p>The device may have overheated. Allow it to cool completely before attempting to turn it on again.</p>

If any of these issues persist or if any part of the device becomes damaged, discontinue use and return to the service center for evaluation and repair. Do not attempt to modify or repair the device yourself; doing so will nullify your purchase warranty and could risk your safety.