

Belmint
PRESS ESCAPE™



**BELMINT
ULTIMATE SHIATSU
MASSAGE SEAT**





▶ **BELMINT
ULTIMATE SHIATSU
MASSAGE SEAT**

[User Guide](#)

Model

BEL-NSC

Voltage

110-240 VAC

Power Consumption

42W

Congrats on your purchase!

You're on your way to better self-care

In all the chaos of our everyday lives, we often forget to take time for ourselves. Who has time for a trip to the spa when there are home tasks to be done or work projects to finish?

That's where Belmint comes in. We're committed to getting you some 'me time' with the help of our luxuriant, yet affordable, self-care tools. Now, you can take a trip to bliss without ever leaving your home or office.

This **Ultimate Shiatsu Massage Seat** is the answer to every busy parent's prayers—and every stressed-executive's most indulgent dreams. Using cutting-edge technology, we've brought spa-grade reflexology massage into your everyday routine. Now, you can transform any seat into an unrivaled self-care experience.

Like all Belmint products, your massager is crafted from high-quality, durable materials to ensure maximum comfort and professional-grade performance. Rolling and kneading nodes work together to soothe sore muscles, release pressure on pinched nerves, and improve circulation. You can even take things up a notch with calming heat and invigorating vibration options. This device is optimized for efficiency, so anyone can make time for 'me time'—even if they only have 5 minutes. Simply choose from 5-, 10-, or 15-minute sessions and let your Belmint machine get to work.

So take a seat—take a moment for yourself. You deserve it!

Best wishes,
The Belmint Team



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► **'Me time' can be hard to find**
Good service shouldn't be

At Belmint, we strive to provide our customers with the ultimate self-care experience. If you encounter any issues with the performance of your device, our authorized service personnel are here to help.



Contact us at:

1-844-423-5646

For seamless service,
please have the following information at hand when you call:

Model Name
BEL-NSC

Date Purchased

Purchase Location

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What's in this Box?

- ▶ 1 ultimate shiatsu massage seat
- ▶ 1 User Manual
- ▶ 1 12V adapter

Product Details

Dimensions

31 x 15 1/2 x 16 inch

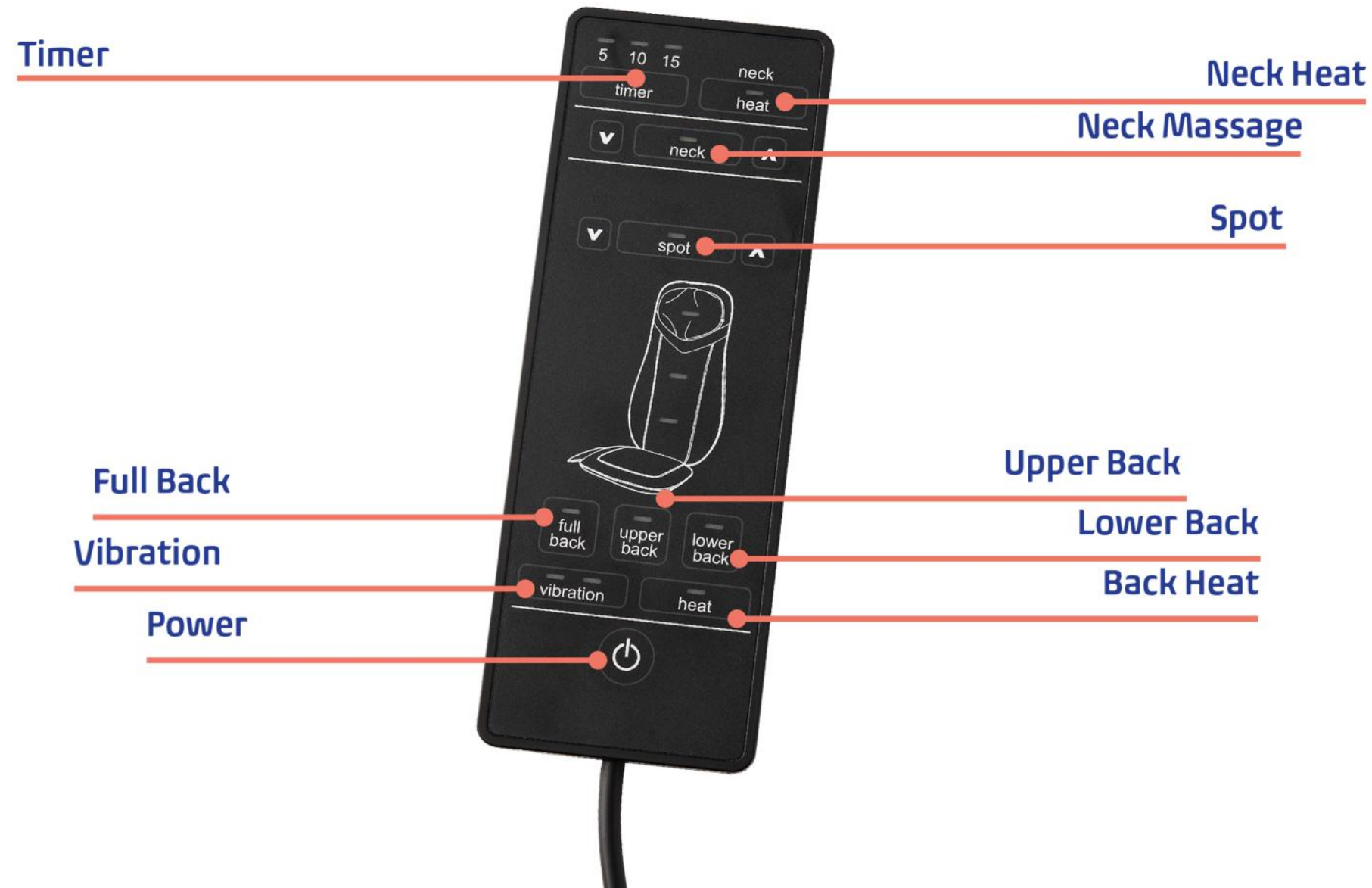
Weight

10.5 LBS

Auto Shut-off

15 minutes

► Parts & Features



- Versatile
- Easy to Use
- Spot Target



Before you Press Escape™ ...

To prevent potential injury or property damage, please read this entire manual before operating your device. Keep it on file for future reference.

▶ TIME TO TREAT YOURSELF

Using your device

1. Place the device on a comfortable chair near a polarized wall socket, making sure that the crease between the bottom and back of the cushion aligns with the same crease on your chair.
2. Fasten the cushion to the chair with the attached elastic straps. Attach the adapter to the corresponding plug on the cushion and plug the adapter into the outlet.
3. If you have long hair, be sure to tie it up to avoid it being caught in any part of the device. Do not wear loose clothing or jewelry.
4. Take a seat with your feet flat on the floor and your knees positioned above your ankles.
5. Turn the device on using the **Power** button. Press the **Timer** button to choose your preferred session time—5, 10, or 15 minutes. If this is your first time, we recommend starting with a 5 minute session.
6. Choose your preferred settings (see the next section for more information). If the massage pressure is too firm for your preference, you can drape a folded, clean towel along the seat of the unit. Be sure not to cover the temperature control vents.
7. The device will automatically turn off after 5, 10, or 15 minutes—depending on the timer you set. You can also turn the device off manually by pressing the **Power** button until it clicks.
- 8.. Allow the device to cool completely (at least 15 minutes) before using it again. Do not use for more than 15 minutes per day.
9. When you are finished with your device, clean and store it according to the instructions found on Page 6.



▶ THE MANY BUTTONS OF BLISS

More about your device settings

Neck Massage + Heat

Take your relaxation to its highest point; simply press the Neck button to start a luxurious **neck** massage. Press the button again to reverse the direction of the massage; pressing it once more will turn it off. You can also use the **^** and **v Arrow** buttons to target specific areas of the neck

Spot Target

To target the rotating pressure of the kneading massage nodes to specific areas of your back and neck, simply press the **Spot** button to turn the feature on, then use the **^** and **v Arrow** buttons to move the targeted massage nodes to different positions.

Back Massage Focus (upper back, lower back, full back)

On your remote, you'll see three buttons beneath the cushion diagram. These allow you to choose whether you want your massage to be focused on your upper, lower, or entire back. Whatever setting you choose, the corresponding area of the cushion diagram will light up.

Vibration (Low, High)

Press the **Vibration** button once or twice to choose between low or high settings—sending invigorating vibrations across the entire seat. Press the button a third time to turn the function off.

Heated Massage

Need a little help boosting relaxation or improving circulation? Press the upper and lower **Heat** buttons to initiate a heated massage session. If the heat becomes too intense for your preference, simply press the button again to turn the heat off. The session will still continue until the end of your set time.



► **PREPARE FOR SELF-CARE**

Maintaining your device

To clean:

Turn the device off, unplug the adapter from the wall, and unplug the device from the adapter. Allow the device to cool completely. Then, gently wipe the outside of the unit using a clean, damp cloth. For stubborn dirt or stains, lightly dampen the cloth with mild soap and water. Keep all vents, buttons, and openings free of lint and dirt. Do not immerse the unit in water and do not use any harsh cleaners.

To clean the neck cushion, simply remove the cover and wash as directed. Be sure that the cover is completely dry before placing it back on the device.



To store:

Make sure that the device is clean and dry. Bind the cord gently with an electrician-approved fastener. Do not wrap the cord around the device or stretch the elastic back straps around the cord. Store the device in a cool, dry place away from damaging elements.

To maintain:

For best results, clean and store the device after each use. If any part of the device becomes damaged, contact Belmint customer support using the service information on Page 2.



► **KEEP THE PEACE**
Troubleshooting guide

Use this guide to help diagnose simple problems with your device.

Please feel free to contact us if you have any questions or concerns

PROBLEM	SOLUTION
Device will not turn on.	<ul style="list-style-type: none">- Make sure the device is plugged in, both at the adapter point and also at the wall socket.- Press the On/Off button until you hear a click. If the button is not fully depressed, the device will not turn on.- The device may be overheated. Allow it to cool completely (at least 15 minutes) before attempting to turn it on again.
Massager nodes are rotating at a reduced/irregular speed.	<ul style="list-style-type: none">- The amount of pressure being placed on the device may be too heavy for the nodes to work properly. Avoid pressing your weight back onto the nodes. Instead, allow your back to rest lightly against the cushion. Applied pressure of over 110 lbs. can damage the device.
Massager stops working	<ul style="list-style-type: none">- Press the On/Off button until you hear a click. The device may have turned off automatically due to the timer feature.- The device may have overheated. Allow it to cool completely for at least 15-30 minutes before attempting to turn it on again.
Heat buttons are not working	<ul style="list-style-type: none">- Make sure that the massage function in the area you wish to heat is also on. Neck or back heat will not start unless massage is activated in that area.
Device lights are on, but massage heads are not moving	<ul style="list-style-type: none">- The amount of pressure being placed on the device may be too heavy for the nodes to work properly. Applied pressure of over 110 lbs. can damage the device. Avoid pressing your weight back onto the nodes. Instead, allow your back to rest lightly against the cushion, then press the Full Back button to reset the device.

If any of these issues persist or if any part of the device becomes damaged, discontinue use and return to the service center (see Page 2) for evaluation and repair. Do not attempt to modify or repair the device yourself; doing so will nullify your purchase warranty and could risk your safety.

► **No knead to worry**

Preventing damage and injury

- Before each use, check your device for any damage, especially to the power cord or other electrical components. To reduce the risk of damage, do not carry the device by the cord.
- This device is not a toy. Keep out of reach of children and do not leave unattended. Do not allow dependents to use this device without supervision.
- This device is intended for use on the back and neck only. Do not use on inflamed or bony areas or joints such as elbows or knees. If you feel any pain or discomfort while using this device, discontinue use immediately and consult with your doctor.
- For personal use only—as intended/directed. This device is not intended as a substitute for medical treatment. Anyone with an injury, cardiac implant, swelling, skin condition, other medical condition, recovering from surgery, or women who are pregnant/nursing should consult their doctor before using this device.
- Always unplug the device immediately after using.
- Do not use the device near water or heat sources—including harsh sunlight. Not intended for outdoor use.
- Do not use this device while bathing or place the device near where it could fall into a tub or sink. If the device does fall into water, unplug before retrieving.
- Do not drop or insert any object into any opening and keep sharp objects away from the device.
- Do not operate this device near where aerosol sprays are being used or oxygen is being administered.
- Do not use this device on the floor, while lying in bed, while sleeping, or while operating a vehicle.
- Do not use this device on wooden furniture without a protective cushion. The zipper along the bottom of the device may scratch the finish.
- Do not focus pressure, heat, or vibration on the same area for more than 3 minutes at a time. This can cause soreness or injury.
- Do not press your weight back into the seat. This can damage the device or cause injury.
- Do not use on wet, dirty, or broken skin. Do not apply moisturizers to skin before or during use.



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