

Belmint
PRESS ESCAPE™

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**10 MOTOR PLUSH
MASSAGE
MAT**

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MASSAGE
MAT**



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▶ User Guide

 Model	 Voltage	 Power
BEL-MAT-BG	12V	24W

Congratulations on your purchase!

You're on your way to better self-care

When it comes to everyday life, it seems like someone always wants something from us—so much so that we often forget to ask ourselves one important question: “What do I want?”

Not only do we forget to think about ourselves, we forget to take time for ourselves as well. That's where Belmint comes in. We're committed to getting you some 'me time' with the help of our luxuriant, yet affordable, self-care tools.

This incredible invitingly soft plush massage mat from Belmint, you can hit every spot as well as a pro does – without spending a fortune in salon fees. From your neck to your shoulders, from your back to your lumbar area, from your glutes to your thighs and more, enjoy a personal massage at the touch of a button. Best of all, this mat's 10 motors never tire, so you can literally rest in pleasure all day long.

Like all Belmint products, your massager is crafted from high-quality, durable materials to ensure maximum comfort. Rolling and kneading kneading nodes work together to soothe sore muscles, release pressure on pinched nerves, and improve circulation. You can even take things up a notch with calming heat and invigorating vibration options. This device is optimized for efficiency, so anyone can make time for 'me time'—even if they only have five minutes. Choose from 5-, 10-, or 15-minute sessions and let your Belmint machine get to work.

We all deserve to get what we want once in a while. With Belmint innovations, bliss is as close as the press of a button.

Enjoy!

The Belmint Team

▶ Sometimes peace is hard to find

But good service shouldn't be

At Belmint, we strive to provide our customers with ultimate relaxation.

If you encounter any issues with the performance of your device, our authorized service personnel are here to help.



Phone

1-844-423-5646



Email

support@belmint.com



Website

www.belmint.com



Instagram

@belmintproducts



Facebook

@belmintproducts

► What's in the Box?

- 1 Massage Mat
- 1 Controller
- 1 AC Adapter
- 1 User Manual

► Product Details

Dimensions
65 x 22.5 inches

Weight
4 lb



Before you tap into bliss...

To prevent potential injury or property damage, please read this entire manual before operating your device. Keep it on file for future reference.

► Parts & Features

Ergonomic Design for Comfort

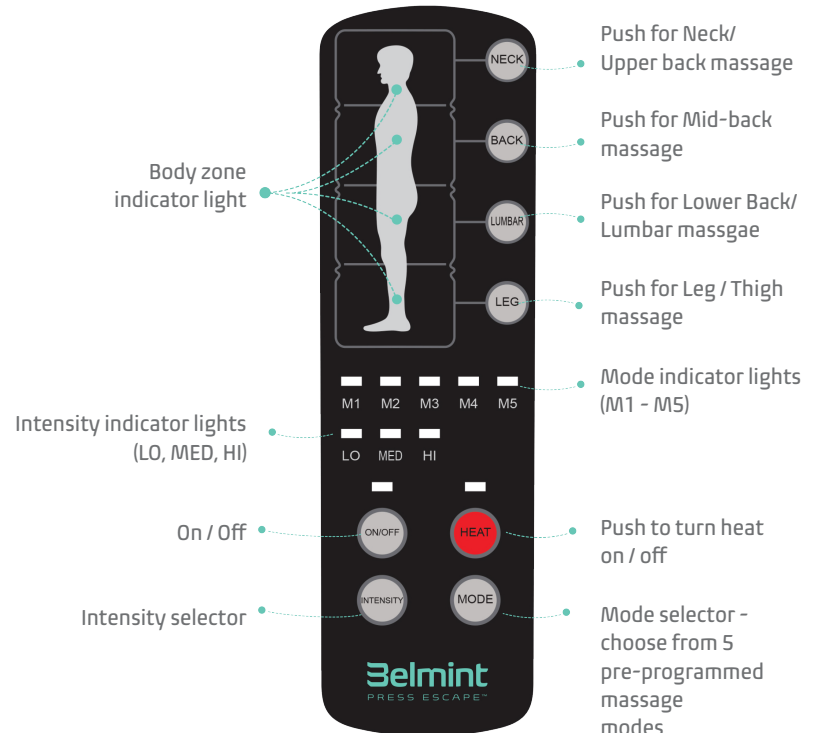
The unique design is engineered to ensure maximum comfort with the strategically placed massage nodes to mimic a real massage therapist's hands.

Switchable Heat

Press the "HEAT" button to turn the heat function on or off. A built-in thermostat is to control the temperature within a safe range.

Characteristic Functions

- Easy to use controller
- five programmed modes
- four Independently controlled zones
- 10 invigorating massage motors
- Three levels of massage intensity
- Lightweight and easy to carry and store



▶ Getting Started

Using your device

1. Pull the non-elastic strap around mat back and fasten it to its supporter.
2. To use massage mat at home, connect the AC adapter output (voltage: +12V 1A) male-plug with the female -plug on the back of the mat. Then plug the AC adapter into a wall socket (voltage: 120V/60Hz).
3. Lie comfortably on the mat and use the hand controller to select the desired functions.

Caution

Be careful not to damage the mat with plastic fasteners during installation

Heat

Press the "HEAT" button to turn the heat function on or off. A built-in thermostat is to control the temperature within a safe range.

Note: This product is not intended to be used as a therapeutic heating pad. Please allow a few minutes to reach maximum temperature

Five Massage Modes

1. Pulsate
2. Tapping
3. Rolling
4. Kneading
5. Auto Mode (Auto mode will automatically change through various massage modes while in use)

Three Intensity Levels

- L for low Intensity massages
- M for medium Intensity massages
- H for high Intensity massages

▶ Safety Tips

Before using your device

1. Always unplug cushion from the power source after using, and before cleaning.
2. Keep dry – do not operate in moist or wet conditions.
3. Do not reach for the cushion if it has fallen into water – Unplug IMMEDIATELY.
4. This appliance must never be left unattended when plugged in. Unplug from power source when not in use or when taking off or putting on attachments.
5. Use only the attachments and adapter(s) provided with this unit.
6. Never operate the unit if it has a damaged cord or plug, or if it has been dropped or damaged.
7. Do not operate under a blanket, pillow or other covering. Excessive heating can cause fire, electrical shock or injury.
8. Before disconnecting from power source, make sure all functions have been stopped.
9. Do not use where aerosol (spray) products or the administration of oxygen is being used.
10. Do not carry this item by the power supply cord as a handle.
11. If you have any concerns regarding your health, consult your doctor before using this product.
12. If you experience pain in a muscle or joint for a prolonged period of time, discontinue use and consult your doctor. Persistent pain could be a symptom of a more serious condition.
13. Do not use the massage motors or heat for longer than 30 minutes. Extensive use could lead the product to becoming excessively hot. Should this occur, discontinue use and allow the unit to cool down before operating. Disconnect appliance from power source when not in use.
14. This appliance is not intended for medical use in hospitals.

- 15. Avoid creasing the appliance.
- 16. Do not insert pins or other metallic fasteners with this appliance.
- 17. Do not use with helpless person, an infant or a person insensitive to heat

Caution – For your safety, please read the following prior to using:

- 1. This massager is NOT INTENDED FOR MEDICAL USE.
- 2. CONSULT your doctor prior to using if you are pregnant, have a pacemaker, have had recent surgery, suffer from blood clots, or have any other medical condition.
- 3. NOT RECOMMENDED for use by diabetics.
- 4. DO NOT use, especially in heated setting, for more than 15 minutes at a time.
 - Extensive use may lead to the massager's excessive heating and may shorten the life of the unit
 - If the massager temperature is too high for your personal preference, discontinue use and allow unit to cool.
- 5. NEVER use the massager directly on swollen body parts, inflamed areas, or skin eruptions.
- 6. DO NOT use the massager as a substitute for medical attention.
- 7. NEVER use the massager on an individual suffering from any physical ailment that would limit the user's capacity to operate the controls.
- 8. NEVER use while driving or operating a vehicle.
- 9. NOT for use by children or incapacitated individuals without proper adult supervision.

► Keep the Peace

Troubleshooting Guide

Problem	Cause	Possible Solution
Unit won't start or turn on	Unit may be Unplugged	Check that the unit is plugged into the appropriate outlet or power source.
		Check that the unit is plugged into the adapter.
Unit stops working	Unit may be Unplugged	Check that the unit is plugged into the appropriate outlet or power source.
	You may have accidentally pressed the POWER button and turned the massager OFF.	Check that the unit is plugged into the adapter.
	Unit may have overheated.	You may have inadvertently pressed the POWER button for 3 seconds, thus turning it off. Press the POWER button again to see if it turns back on.
		Unplug the unit from the outlet and let it cool before using again.

If the problem persists, please turn the POWER OFF and unplug the unit. Email Belmint Customer Service at support@belmint.com or Call 1-844-423-5646. DO NOT attempt to make adjustment to the plug or alter the plug, cord, or massage unit. Doing so will nullify the warranty.

► Put your worries away

Cleaning your unit

It is as easy as 1-2-3

- To clean the outer shell of your massager, use a soft, slightly damp sponge.
- Do not allow water or any liquid to come in contact with the unit.
- DO NOT use any chemicals or harsh abrasives such as cleaners, brushes, gasoline, kerosene, glass/furniture polish or paint thinner to clean.
- NEVER immerse your massager or any electrical appliance in water.
- Never clean when the unit is on.
- Make sure the massager is turned off and unplugged from the adapter before cleaning.
- Allow the massager to cool down before cleaning.

Storing your unit

- Unplug the cord from the power source.
- Loosely roll the massage mat.
- Place the massager, along with the cord, in its box or in a safe, dry and cool place.
- DO NOT wrap the power cord.
- AVOID contact with sharp edges or pointed objects.