

## ► Words to the wise

### Preventing damage and injury

Do not use the device for more than 20 minutes at a time. Do not apply too much pressure when using the device it may cause injury. Allow the device to cool completely before using again

Not recommended for use on or around genital area.

Device is not a toy; use only as intended/directed. Keep out of reach of children and pets. Do not allow children or dependents to use device without supervision.

To prevent damage to device and potential safety risk, keep device away from water, high humidity, and wet or heated surfaces.

Device not intended as substitute for medical treatment. Anyone with a medical condition (especially of the circulatory system), artificial limb/implanted medical device, recovering from surgery, or women who are pregnant/nursing/menstruating should consult their doctor before using device. Do not use device if your hands are swollen or injured in any way. If you experience any pain or discomfort while using device, stop use immediately and consult a doctor.



### Sometimes peace is hard to find

But good service shouldn't be

At Belmint, we strive to provide our customers with ultimate relaxation. If you encounter any issues with the performance of your device, our authorized service personnel are here to help.

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**Belmint**  
PRESS ESCAPE™

# ► HANDHELD MASSAGER

## User Guide



**Model**  
BEL-HHM

**Voltage**  
DC 12V

**Power**  
17W

**Frequency**  
50 Hz

### Check, then chill

Got all these?

Massager | Stand | Charger | 6 Attachments | User Manual

## Congrats on your purchase!

### You'll thank us later

Taking time for yourself has never been so simple!  
Your **Handheld Massager** features no-fuss controls for instant 'me time', intuitive attachments for zero-effort customization.

Ready to Bliss out?

Enjoy!

**The Belmint Team**



## Device Benefits

In just 20 minutes, you can relieve pain, reduce tension, and improve circulation in virtually any muscle group.

## ► One click to bliss

### Using your device

#### Before first use

Charge your device fully until indicator lights on both charger and device turn green.

For optimal battery health, charge device fully at least once per month, especially when not used regularly.

Keep device and charger away from magnetic fields to prevent battery discharge.

Unplug device before starting any session.

#### Customizing your session



##### Air Cushion Attachment

Perfect for gentle massage, especially in soft tissue areas or around joints.



##### Deep-Kneading Attachment

High-intensity sports massage best for large muscle groups on waist, back, and thighs.



##### Oil Treatment Attachment

Add oil, ointment, or lotion to session with this low-intensity massage attachment.

#### Start your session

Choose your preferred attachment. Some feature a threaded base to screw onto device head. Others have a smooth base to slip over massage node. Ensure attachment is correctly and securely fastened.

Use +/- buttons to adjust the Intensity of massage as desired



##### Acupressure Attachment

Ideal for targeted reflexology massage in problem areas, such as bottom of feet.



##### Scalp Massage Attachment

Designed to improve circulation and promote skin exfoliation on scalp.



##### Facial Massage Attachment

Use with favorite moisturizer to enhance circulation and stimulate lymphatic glands.

#### Cleaning & storing your device

- To extend life of device, always unplug, clean, and store it after each use

- Never immerse device in water. use a clean dry cloth to wipe device's exterior. Do not use any harsh chemicals or abrasive cleaning products.

**WARNING:** Do not dispose of device in trash or landfill. Consult local authorities for proper disposal of hazardous e-waste.