

Belmint
PRESS ESCAPE™



SHIATSU FOOT MASSAGER



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▶ User Guide

 Model	 Rated Voltage	 Rated Power
BEL-FM1-BK	110 - 220 V	AC 24 V DC 45 W

Congratulations on your purchase!

Good feels are ahead!

Let's face it: our feet take the brunt of our troubles. Thankfully, you've found the perfect way to pay them back for all of their support. This deluxe, double-foot massager from Belmint is designed to provide maximum relief for your achy feet. All you have to do is sit back, relax, and let the acupressure massage knead away your worries.

Our engineers really put their all into this one. We took the most beneficial aspects of a professional reflexology massage and optimized them for personal, portable use. This Shiatsu foot massager targets multiple pressure points simultaneously for a relaxing siesta that will put the spring back in your step.

Now, you can leave those expensive spa treatments on the shelf and choose an at-home luxury experience customizable to your preferences. This unit features 5 remote-control pressure settings, 3 pre-programmed massage modes, and a heat function for optimal tension relief and improved circulation. Plus, the convenient automatic shut-off feature allows you to lose yourself in bliss without worrying about the clock.

So, dial in some me time! You've earned it.

Sincerely,
The Belmint Team

▶ Sometimes rest is hard to find

But good service shouldn't be

At Belmint, we strive to provide our customers with ultimate relaxation.

If you encounter any issues with the performance of your device, our authorized service personnel are here to help.



Phone

1-844-423-5646



Email

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► **What's in the Box?**

- 1 Shiatsu foot massager device
- 1 Remote control
- 1 AC power adapter
- 1 Instructions Manual

► **Product Details**

Dimensions

17.7" x 15" x 18.1" inch

Weight

12 lbs

Modes

3 settings

Auto Shut-Off

15 min

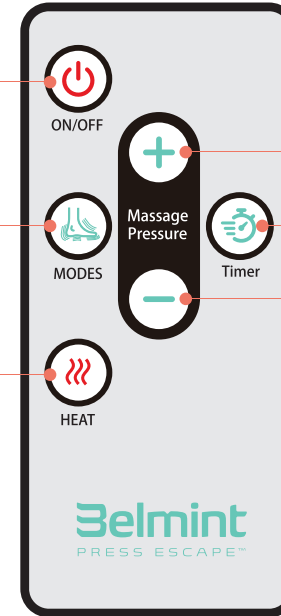
Pressure

5 settings

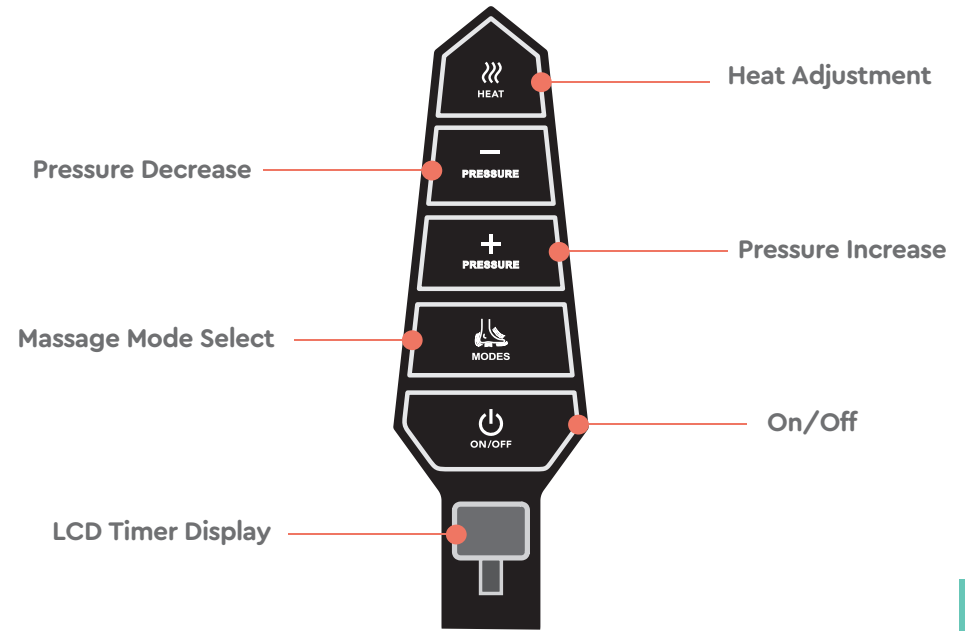


Before you bliss out...

To prevent potential injury or property damage, please read this entire manual before operating your device. Keep it on file for future reference.



- On/Off
- ON/OFF
- Pressure Increase
- Select Between 3 Massage Modes
- MODES
- Message Pressure
- Timer
- Pressure Decrease
- Heat On/Off
- HEAT



- Heat Adjustment
- Pressure Decrease
- Pressure Increase
- Message Mode Select
- On/Off
- LCD Timer Display

► **3 Steps to Serenity**

Using your device

Prepare

Set up your massage station by choosing a comfortable chair near a polarized outlet. Connect the power adapter to the massager, then plug in the device. Make sure your feet are completely dry and that your feet/socks are clean before placing them in the slots. Then, have a seat in your comfy chair and get ready to relax

Press

Press the **Power** button on the remote or the device. The massager will automatically set a timer for 15 minutes and begin working. To extend your session, press the **Timer** button on your remote once for a 20 minute session, twice for 25 minutes, and three times for 30 minutes. Use the setting buttons described on pages 3 and 4 to adjust the massage intensity and heat settings to your preference. You can also press the **Mode** button to alternate between three unique massage programs.

Modes 1 & 2, which light up as red or blue, are different combinations of shiatsu rolling with air compression. Mode 3, which lights up as purple, is compression only (no rolling massage). All modes can be used either with or without heat.

Note: Some users may experience foot itching during and/or after the massage. This is normal and is due to the increase in circulation.

Power Off

If you wish to stop the massage before the timer is finished, simply press the power button. Then, unplug the unit

Note: The outside of the unit may become hot during use. Exercise caution when handling.

► **Until Next Time...**

Cleaning & storing your device

CAUTION: Always unplug the device before cleaning. Never immerse the unit in water.

To clean the foot inserts, you can unzip, detach, and hand wash them with mild soap and water. Be sure that the inserts are completely dry before reattaching them to the machine.

Be sure to keep the unit air vents free of dirt, dust, and other obstructions to ensure proper performance of the device. Simply use a clean, damp cloth to wipe the outside of the unit. Do not use any harsh chemicals or cleaning products, as they may cause damage.

Keep this device unplugged when not in use. Store in a cool, dry place safe from damaging elements. Do not wrap the power cord around or place it underneath the unit.

▶ **When Things Go Wrong** Troubleshooting guide

Use this guide to help diagnose simple problems with your machine. Please feel free to contact us if you have any questions or concerns.

Problem	Possible Solutions
Unit will not turn on	<p>Make sure the adapter is plugged into the unit.</p> <p>Make sure the power cord is plugged into a working power source</p>
Unit stops working mid-use	<p>Check to see if the adapter or power cord came unplugged.</p> <p>Press the power button again. It may have shut off accidentally or due to the automatic shut off feature</p> <p>The unit may have overheated. Unplug the device and allow it to cool completely before attempting use again.</p>

If any of these issues persist or if any part of the device becomes damaged, discontinue use and return to the service center (see Page 2) for evaluation and repair. Do not attempt to modify or repair the unit yourself; doing so will nullify your purchase warranty and could risk your safety.

▶ **Words to the Wise**

How to prevent damage and injury

Do not cover the unit while in use, as this can cause the device to overheat.

This device is not a toy. Keep out of reach of children. Do not allow children or patients to use this device without supervision.

Use only as intended/directed. Do not use attachments or power cords not specifically made for this unit. If any of the attachments described in this manual are missing, do not use the device. Contact our customer service center (See Page 2) for a replacement.

To prevent damage to the appliance and potential safety risk, keep the device away from water and wet or heated surfaces. Not suitable for use outdoors or in bathrooms. Do not use near where aerosol sprays are being used or oxygen is being administered. Do not use during excessively inclement weather, such as thunderstorms.

Additionally, dirt on your socks or feet can go into the machine and break the mechanism. Please make sure your feet/socks are clean before using.

Anyone with a medical condition, recovering from surgery, or women who are pregnant/nursing should consult their doctor before using this device. If you experience any pain or discomfort while using this device, stop use immediately and consult a doctor