

## ► Words to the wise

### Preventing damage and injury

This device is not a toy; use only as intended/directed. Keep out of reach of children. Do not allow children or dependents to use this device without supervision. Do not use while intoxicated, sleeping, or driving.


Keep the device away from water, high humidity, and wet or heated surfaces.

This device is not intended as a substitute for medical treatment. Anyone with a medical condition, recovering from surgery, or women who are pregnant, nursing, or menstruating should consult their doctor before using this device. Do not use this device if your hands are swollen or injured in any way. If you experience any pain or discomfort while using this device, stop use immediately and consult a doctor.

## Sometimes rest is hard to find

### But good service shouldn't be

At Belmint, we strive to provide our customers with ultimate relaxation. If you encounter any issues with the performance of your device, our authorized service personnel are here to help.

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**Belmint**  
PRESS ESCAPE™

# DELUXE HAND MASSAGER



**Model**  
BEL-CHM

**Rated Voltage**  
DC 5V

**Rated Power**  
5W

## ► What's in the box?

- 1x Deluxe Hand Massager
- User manual

## Congrats on your purchase!

You'll thank us later

Every day, your hard-working hands get things done: from typing up that work memo to tucking in the kids for the night. Now, it's time to give them a break.

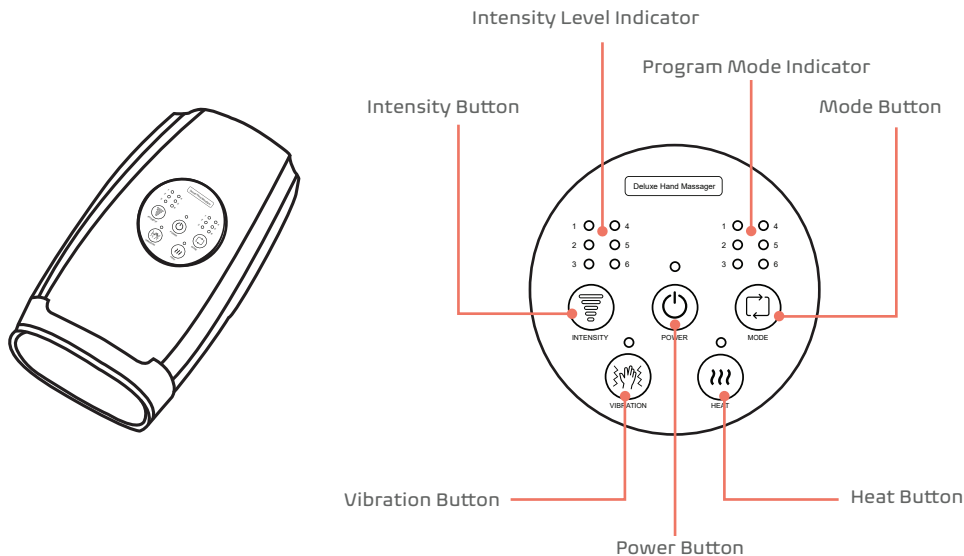
Your Deluxe Hand Massager features intuitive controls that make it easy for you to customize your session for optimal pain relief. Each treatment begins with a quick-start, basic massage that you can adjust for pressure, heat, and vibration—or take things up a notch with one of the five other pre-programmed massage modes. Plus, the convenient shut-off feature automatically ends your massage after 15 blissful minutes, allowing you to completely focus on the many benefits of your self-care session.

So, take a few minutes to treat yourself. You deserve it!

Sincerely,

The Belmint Team

## ► Parts & Features



## ► Device Benefits

Belmint engineers understand the trials your hands go through every day. Whether you're struggling with the pain of arthritis, the throbbing discomfort of carpal tunnel syndrome, or simple stiffness from a day at the office, we can help. We've combined the deep-kneading delights of professional acupressure and soothing heat therapy with innovative pneumatic massage and invigorating vibration to create a unique self-care experience that always hits the spot.

## ► Get ready for relief

### Using your device

#### Before your first use

Check the device for any damage.

Charge your device completely.

When charging, the indicator light will flash; this light will turn off when the battery is full.

Do not use the device while charging.

## ► Quick start session

-Place the device on a flat level surface.

-Remove any watches or jewelry. For best results, use only with clean, dry hands.

-Place one hand into the center of the padded massage pocket.

-Press and hold the Power button for 2 seconds.

-Press the mode button as many times as needed till you get to your preferred mode.

-Customize your session using the feature buttons, as listed in the next section. Adjust your hand position as desired.

-The device will automatically end your session after 15 minutes. To end your session early, press and hold the Power button. Do not use the device for more than 30 minutes per day.

## ► Customizing your session

### Massage Intensity

To switch between intensity levels, press the Intensity button until the indicator light turns on over your preferred setting.

### Massage Mode

Choose your preferred massage program by pressing the Mode button until the indicator light turns on over your preferred setting.

The 6 modes are: 1) wrist, 2) fingers, 3) fingers to palm, 4) fingers to wrist, 5) palm to wrist, 6) whole hand pressure

### Vibration Option

Choose between pulse, continuous, and no vibration by pressing the Vibration button until you reach your desired setting.

### Heat Therapy

If you'd like to add heat to your massage, press the Heat button. The device will gradually heat up. Please note you cannot do heat only. Heat is only possible during the massage.

## ► Until next time

### Cleaning & storing your device

Always unplug the device and allow it to cool completely before cleaning. Never immerse the device in water. Keep the device air vents free of dirt, dust, and other obstructions. Use a clean, dry cloth to wipe the outside of the device. Do not use any harsh chemicals or cleaning products. Store in a cool, dry place, safe from damaging elements.

### Charging times

5V/1A Dock	5V/2A Dock
6 hours	6 hours

### Working times (full charge)

Normal Use	Heat/Vibration
4 hours	2 hours