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**FOOT
MASSAGER**
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FOOT MASSAGER



Congratulations on your purchase!

Your tootsies are in for a treat

Let's face it: getting a massage where all the tension-relieving goodness is focused on the bottom of your feet is like having a sundae without any toppings—good, but not great. Thankfully, we've gotten together with the best in the business to make sure that never happens again.

Belmint's engineers understand that those arches, toes, and insteps do their share of the work on your daily treks. It's time to pay them back with improved circulation and premium tension relief. We've combined the deep-kneading delights of professional acupressure and soothing heat therapy with innovative air pressure massage to create a unique experience that never disappoints.

With your **Foot Massager's** simple, one-touch operation, you can sit, start, and customize your spa-quality experience with zero effort. Each session starts with an invigorating default massage mode that is easily adjustable for intensity, heat, and pressure. Plus, the convenient automatic shut-off feature lets you turn your focus away from the clock and toward the bliss of the present moment.

Enjoy!

The Belmint Team

Sometimes peace is hard to find

But good service shouldn't be

At Belmint, we strive to provide our customers with ultimate relaxation.

If you encounter any issues with the performance of your device, our authorized service personnel are here to help. Check back cover for information.

What's in the Box?



- 1x Foot Massager device

- User manual



Technical Details

Model	Voltage	Power
BEL-AFM	110V	50W

Parts & Features

1 - Display

2 - Timer Button

Set massage duration on timer.

3 - Mode Button

Switch between three massage modes.

4 - Intensity Button

Controls the massage intensity, to your preference.

5 - Heat Button

When the product is turned on, push this button to control the heating independently with a red light indicator (The heating is on in default)

6 - Power Button

Turns on/off the product.



Get ready for some good times

Using your device

Prepare your space

1. Set up your massage station by choosing a comfortable chair near a polarized outlet.
2. Place your device in front of your chair, making sure all four corners are resting flat on the floor.
3. Unwrap the cord and plug the device into the outlet.
4. Have a seat in your comfy chair and get ready to feel amazing.

Start your session

1. Press the Power button once to turn on your device. The default setting for your session will be:
 - 15 minutes
 - Heat therapy on
 - Low intensity
 - Massage mode #1
2. See the next section for more information on how to customize your massage session.

Explore your options



Session Timer

The default session time is 15 minutes, but you can customize this for any time that you prefer. Simply press the **Timer** button to cycle through options in 5-minute increments all the way up to 30 minutes. The time you choose will be shown in the display window.

Timer Heat Therapy

Each time you begin a session, the heat function will be automatically set to "ON" and there will be a red indicator light on the button display. To turn this function off, simply press the Heat button. If you change your mind later, you can always press the button again to restore this setting.

Intensity Massage Intensity

Adjusting the intensity will change the amount of pressure you will feel during your massage. To switch between intensity levels, press the Intensity button once for low, twice for medium, and three times for high intensity. Pressing the button a fourth time will return the intensity level to low.

Mode Massage Mode

Your device features three distinct modes of spa-quality foot massage. Each features a different acupressure pattern and speed to fit your individual needs. Switch between both modes any time during a session by pressing the **Mode** button once for Mode 1 (clockwise massage), twice for Mode 2 (counterclockwise massage), and three times for Mode 3 (compression massage). Pressing the button a fourth time will return the mode to setting 1.

End your session

1. Each session is automatically timed for the duration you set (shown in the digital display window). The device is programmed to turn off after that time. To end your session early, simply press the **Power** button.

2. Unplug the device and take a moment to bask in your renewed sense of relaxation.
3. See Page 6 for more information on cleaning and storing your device.

Goodbye 'till next time...

Cleaning & storing your device

1. For best results, clean and store your device after each use.
2. Always unplug the device and allow it to cool completely before cleaning. Never immerse the device in water.
3. To ensure proper performance of the device, keep the device air vents free of dirt, dust, and other obstructions. You can use a clean, dry cloth to wipe the outside of the device. Do not use any harsh chemicals or cleaning products, as they may cause damage.
4. The foot inserts on this device are removable for easy cleaning. Simply wash with mild soap and water, then allow to dry before reattaching to the device.
5. Keep this device unplugged when not in use. Store in a cool, dry place safe from damaging elements. The bottom of the device features convenient hooks for effective cord storage.
6. When removing this device from storage, place it in a room temperature area for at least 1 hour before using to reduce potential internal condensation or malfunction.



Before you tap into bliss...

To prevent potential injury or property damage, please read this entire manual before operating your device. Keep it on file for future reference.

When Things Go Wrong

Troubleshooting guide

Use this guide to help diagnose simple problems with your device. Please feel free to contact us if you have any questions or concerns.

Problem	Possible Solution
<p>Device will not turn on</p>	<ul style="list-style-type: none"> - The device may have overheated. Unplug the device and allow it to cool completely before attempting use again.
<p>Device stops working mid-use</p>	<ul style="list-style-type: none"> - Press the power button again. It may have shut off due to the automatic shut off feature. - The device may have overheated. Unplug the device and allow it to cool completely before attempting to use it again. - Ensure that you are not standing or pressing down while your feet are in the device. Excess pressure will initiate a safety feature that stops the massage mechanisms.

If any of these issues persist or if any part of the device becomes damaged, discontinue use and return to the service center (see Page 2) for evaluation and repair. Do not attempt to modify or repair the device yourself; doing so will nullify your purchase warranty and could risk your safety.

Words to the Wise

How to prevent damage and injury

1. Before each use, be sure to inspect the device for any damage, especially to the electrical components.
2. Do not use the device for more than 30 minutes at a time. Allow the device to cool completely before using again.
3. This device is not a toy. Keep out of reach of children. Do not allow children or dependents to use this device without supervision.
4. Use only as intended/directed.
5. While using, do not cover or stand in this device.
6. Do not insert or drop objects into any opening on the device.
7. To prevent damage to the appliance and potential safety risk, keep the device away from water, high humidity, and wet or heated surfaces. Always handle the device and cord with dry hands.
8. Do not store or use this device outdoors, in direct sunlight, or near a heat source.
9. To prevent personal injury, do not use this device while lying down, sleeping, or intoxicated. Avoid using this device within one hour of eating.
10. Do not use the device on thick carpeting; this could cause it to overheat.
11. This device is not intended as a substitute for medical treatment. Anyone with a medical condition, artificial limb/implanted medical device, recovering from surgery, or women who are pregnant/nursing/menstruating should consult their doctor before using this device. Do not use this device if your feet are swollen or injured in any way. If you experience any pain or discomfort while using this device, stop use immediately and consult a doctor.