

# WINTER PACK

## Equine Grooming Solutions for Cold Weather



### The Problem

Winter air is dry, while the ground can be wet. This makes for: static, mud, stains, scratches, itching and tangles. Most cleansers require water and parch skin, leaving it prone to irritation, skin disease and stains that penetrate. Detanglers can suffocate hair and lock in stains, so spring cleaning is harsh.

### Top Turnout

Lucky Braids offers a much easier and more constructive paradigm. You don't need many products, while hair is easier to keep clean and skin more resilient. Tails can stay shiny, full, easy to maintain and grow great.

### Simplify

Normally, **Lucky Braids All-In-One Shampoo** does the trick. You won't need: daily, medicated, color and whitening shampoos, conditioner, detangler (comb tails wet), shine nor stain sprays, scratches medication, etc. If your horse gets cuts, bites, rubs or sores, the **Handy Salve** supports rapid healing. For severe itching and scratches, use Handy Salve to break the cycle and the All-In-One Shampoo to keep you out of the loop. Most stains don't stick if they get bathed once a week. However, *winter* poses distinct challenges...

### Minimize Static

Small changes can alter electrical charges. Lightly spritz blankets and coolers with the **Lucky Braids Spray**, to help static. Putting a dryer sheet in your pocket and wearing rubber-soled shoes are also helpful.

### Manage Mud

If muddy, apply our enzymatic **Whitener/Dry Wash Spray** on ANY COLOR hair. Let sit a moment and simply wipe dirt off with a towel. No scrubbing is needed. Long hair should be combed wet, as detailed in the tails section. The Spray works great after turnout and ringside, too.

### Stain Less

The **All-In-One Shampoo** will get ANY COLOR coat super clean and shiny. If bathed once a week, often stains simply brush off. If not, just spray on the **Whitener/Dry Wash Spray**. You can push it in/around the hair and let it sit a moment. Resist the temptation to scrub while the enzyme lifts the stain.

Tough old stains may need more time, especially if you've used drying products or those that leave a buildup, such as conditioners and sprays. For well-set stains, remember when the enzyme dries it dies. So, keep the area damp by spritzing. For tails, spray and tie them up as you are grooming. Less surface area keeps them from drying quickly. Spritz occasionally. Most stains come off within minutes. Really tough old stains may need to work on them for a day or so. But, they'll come out. Once you are ahead of the stains, life will be much easier with Lucky Braids products.

### Soothe Scratches

Your first defense against crud on heels and legs is to keep skin clean and dry. Wet skin is softer, so it is easy “scratched” by: bedding, dirt, footing, etc. Fungus and bacteria enter through the abrasions, causing scratches. When warm enough to bathe, Lucky Braids **All-In-One Shampoo** gently kills culprits and cleans skin without drying it out. Instead of depleting defenses, All-In-One Shampoo builds them. When severe, Handy Salve will break the cycle of skin disease and All-In-One Shampoo defend against it.

When it is too cold to bathe, we have alternatives. Keep in mind that wet skin is vulnerable. Don’t brush it. You can use Lucky Braids Spray on ANY COLOR COAT to lift the dirt. Let it sit a moment to do its action. Then gently wipe clean with a towel. No scrubbing is needed. Always dry hair with a clean towel, or one allocated to only drying clean legs.

Once clean-ish (given winter), a little bit of **Handy Salve** can support healing in many ways. It is: anti-bacterial, anti-fungal, anti-viral and anti-inflammatory. It will also soothe and nourish skin to support rapid healing.

### **Calm Itching**

Normally **All-In-One Shampoo** solves irritation and **Handy Salve** gives the boost to break the cycle of severe itching. When cold, Handy Salve is enough. Do your best to put it on clean skin. When cold, brush skin and apply a thin veneer of the Salve. Less is more. It works great and lets skin breathe.

### **Treat and Avert Rubs**

Dry skin, brittle hair, dirt and poorly fitting clothing or equipment are typically to blame. Your first defense is to keep everything clean. Dirt alone can cause rubs. A warm damp towel and brush can do wonders. Vigorous grooming brings out natural protective oils and exfoliate to release them.

Lucky Braids products won’t parch nor leave a residue on hair or skin. The **All-In-One Shampoo** and **Handy Salve** actually moisturize and promote rapid healing. Treat rubs with a very thin application of Salve. Less is more. It will feed skin for regrowth.

Blankets should not rub. Put them on clean horses, leaving plenty of room/slack at the chest. Avoid products that will deplete skin or coat hair. Brushing well promotes health as well as cleanliness. Lucky Braids Spray can quickly clean horses as well. For more options see the enclosed article: Bathing Alternatives.

### **Improve Tails**

Braiding tens of thousands of tails, Ruthann had time to figure this out- to raise the bar. Here’s how you can have the brightest, shiniest, naturally FULLEST and EASIEST to maintain tails:

Wash with Lucky Braids **All-In-One Shampoo**. Comb tails while wet. Organize hair to the root. It will dry volumized. Hair separates instead of making ringlets. Many say you can just shake shavings out for a week!

Keep in mind that you’ll want to use a wide-toothed comb and start by holding close to the bottom. Gently comb from the bottom to your grip. Then move your grip up a hand or so. Always start combing from the bottom. If you hit a tangle, always start from below and work your way up to your grip. Organize and then move your grip until the whole tail is combed out. You may need to take your time initially. Then it will get easier and easier. Twist the length before grabbing the bottom to give strands more support.

As a daily routine, you can pick tails or lightly use a brush, always holding and starting from the bottom.