

SAFETY DATA SHEET



Revision date 25-Feb-2021

Revision Number 1

1. Identification

Product identifier

Product Name Self Esteem Essential Oil Blend

Other means of identification

Product Code(s) FG00188

Synonyms None

Recommended use of the chemical and restrictions on use

Recommended use Consumer use

Restrictions on use For external use only

Details of the supplier of the safety data sheet

Supplier Address

Plant Therapy, LLC
621 Washington St. S., Suite 100
Twin Falls, ID 83301 USA

Emergency telephone number

Company Phone Number 208-735-2413

Emergency Telephone 800-917-6577

2. Hazard(s) identification

Classification

Skin corrosion/irritation	Category 2
Serious eye damage/eye irritation	Category 2A
Skin sensitization	Category 1B
Aspiration hazard	Category 1
Flammable liquids	Category 3

Hazards not otherwise classified (HNOC)

Not applicable

Label elements

Danger

Hazard statements

Causes skin irritation

Causes serious eye irritation
 May cause an allergic skin reaction
 May be fatal if swallowed and enters airways
 Flammable liquid and vapor



Appearance Liquid

Physical state Liquid

Odor Characteristic

Precautionary Statements - Prevention

Wash face, hands and any exposed skin thoroughly after handling
 Avoid breathing dust/fume/gas/mist/vapors/spray
 Contaminated work clothing must not be allowed out of the workplace
 Keep away from heat, hot surfaces, sparks, open flames and other ignition sources. No smoking
 Keep container tightly closed
 Ground/bond container and receiving equipment
 Use explosion-proof electrical/ ventilating / lighting/ .? / equipment
 Use only non-sparking tools
 Take precautionary measures against static discharge
 Wear protective gloves/eye protection/face protection

Precautionary Statements - Response

Specific treatment (see .? on this label)
 IF IN EYES: Rinse cautiously with water for several minutes. Remove contact lenses, if present and easy to do. Continue rinsing
 If eye irritation persists: Get medical advice/attention
 If skin irritation or rash occurs: Get medical advice/attention
 IF ON SKIN (or hair): Take off immediately all contaminated clothing. Rinse skin with water/ shower
 Wash contaminated clothing before reuse
 IF SWALLOWED: Immediately call a POISON CENTER or doctor
 Do NOT induce vomiting
 In case of fire: Use CO2, dry chemical, or foam to extinguish

Precautionary Statements - Storage

Store locked up
 Store in a well-ventilated place. Keep cool

Precautionary Statements - Disposal

Dispose of contents/container to an approved waste disposal plant

Other information

May be harmful if swallowed. Very toxic to aquatic life with long lasting effects. Very toxic to aquatic life.

3. Composition/information on ingredients

Substance

Not applicable.

Mixture

Chemical name	CAS No	Weight-%	Trade secret
Black Spruce Essential Oil	91722-19-9	*	*
Frankincense Carterii Essential Oil	8016-36-2	*	*
Ho Wood Essential Oil	8022-91-1	*	*
Blue Tansy Essential Oil	N/A	*	*

*The exact percentage (concentration) of composition has been withheld as a trade secret.

4. First-aid measures

Description of first aid measures

General advice	Immediate medical attention is required. Show this safety data sheet to the doctor in attendance.
Inhalation	Aspiration into lungs can produce severe lung damage. If breathing has stopped, give artificial respiration. Get medical attention immediately. Avoid direct contact with skin. Use barrier to give mouth-to-mouth resuscitation. If breathing is difficult, (trained personnel should) give oxygen. Get immediate medical advice/attention. Delayed pulmonary edema may occur. Remove to fresh air.
Eye contact	Rinse immediately with plenty of water, also under the eyelids, for at least 15 minutes. Remove contact lenses, if present and easy to do. Continue rinsing. Keep eye wide open while rinsing. Do not rub affected area. Get medical attention if irritation develops and persists.
Skin contact	Wash off immediately with soap and plenty of water while removing all contaminated clothes and shoes. May cause an allergic skin reaction. In the case of skin irritation or allergic reactions see a physician.
Ingestion	ASPIRATION HAZARD IF SWALLOWED - CAN ENTER LUNGS AND CAUSE DAMAGE. If vomiting occurs spontaneously, keep head below hips to prevent aspiration. Get immediate medical advice/attention. Clean mouth with water and drink afterwards plenty of water. Never give anything by mouth to an unconscious person. Do NOT induce vomiting.
Self-protection of the first aider	Remove all sources of ignition. See section 8 for more information. Ensure that medical personnel are aware of the material(s) involved, take precautions to protect themselves and prevent spread of contamination. Avoid direct contact with skin. Use barrier to give mouth-to-mouth resuscitation. Use personal protective equipment as required. Avoid contact with skin, eyes or clothing.

Most important symptoms and effects, both acute and delayed

Symptoms	Itching. Rashes. Hives. Difficulty in breathing. Coughing and/ or wheezing. Dizziness. May cause redness and tearing of the eyes. Burning sensation.
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Indication of any immediate medical attention and special treatment needed

Note to physicians	May cause sensitization in susceptible persons. Treat symptomatically. Because of the danger of aspiration, emesis or gastric lavage should not be employed unless the risk is justified by the presence of additional toxic substances.
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5. Fire-fighting measures

Suitable Extinguishing Media Large Fire	Dry chemical. Carbon dioxide (CO ₂). Water spray. Alcohol resistant foam. CAUTION: Use of water spray when fighting fire may be inefficient.
Unsuitable extinguishing media	Do not scatter spilled material with high pressure water streams.
Specific hazards arising from the chemical	Risk of ignition. Keep product and empty container away from heat and sources of ignition. In the event of fire, cool tanks with water spray. Fire residues and contaminated fire extinguishing water must be disposed of in accordance with local regulations. Product is or contains a sensitizer. May cause sensitization by skin contact.
Explosion data Sensitivity to mechanical impact	None.

Sensitivity to static discharge Yes.

Special protective equipment for fire-fighters Firefighters should wear self-contained breathing apparatus and full firefighting turnout gear. Use personal protection equipment.

6. Accidental release measures

Personal precautions, protective equipment and emergency procedures

Personal precautions See section 8 for more information. ELIMINATE all ignition sources (no smoking, flares, sparks or flames in immediate area). Pay attention to flashback. Take precautionary measures against static discharges. All equipment used when handling the product must be grounded. Do not touch or walk through spilled material. Evacuate personnel to safe areas. Keep people away from and upwind of spill/leak. Ensure adequate ventilation. Avoid contact with skin, eyes or clothing. Use personal protective equipment as required.

Other information Ventilate the area. Refer to protective measures listed in Sections 7 and 8.

Methods and material for containment and cleaning up

Methods for containment Stop leak if you can do it without risk. Do not touch or walk through spilled material. A vapor suppressing foam may be used to reduce vapors. Dike far ahead of spill to collect runoff water. Keep out of drains, sewers, ditches and waterways. Absorb with earth, sand or other non-combustible material and transfer to containers for later disposal.

Methods for cleaning up Take precautionary measures against static discharges. Dam up. Soak up with inert absorbent material. Pick up and transfer to properly labeled containers.

7. Handling and storage

Precautions for safe handling

Advice on safe handling Use personal protection equipment. Avoid breathing vapors or mists. Keep away from heat, hot surfaces, sparks, open flames and other ignition sources. No smoking. Use grounding and bonding connection when transferring this material to prevent static discharge, fire or explosion. Use with local exhaust ventilation. Use spark-proof tools and explosion-proof equipment. Keep in an area equipped with sprinklers. Use according to package label instructions. In case of insufficient ventilation, wear suitable respiratory equipment. Take off contaminated clothing and wash before reuse. Handle in accordance with good industrial hygiene and safety practice. Avoid contact with skin, eyes or clothing. Do not eat, drink or smoke when using this product.

Conditions for safe storage, including any incompatibilities

Storage Conditions Keep away from heat, sparks, flame and other sources of ignition (i.e., pilot lights, electric motors and static electricity). Keep in properly labeled containers. Do not store near combustible materials. Keep in an area equipped with sprinklers. Store in accordance with the particular national regulations. Store in accordance with local regulations. Store locked up. Keep out of the reach of children. Store away from other materials. Keep containers tightly closed in a dry, cool and well-ventilated place.

8. Exposure controls/personal protection

Control parameters

Exposure Limits The following ingredients are the only ingredients of the product above the cut-off level (or level that contributes to the hazard classification of the mixture) which have an exposure limit applicable in the region for which this safety data sheet is intended or other recommended limit. At this time, the other relevant constituents have no known exposure limits from the sources listed here.

Appropriate engineering controls

Engineering controls Showers
Eyewash stations
Ventilation systems.

Individual protection measures, such as personal protective equipment

Eye/face protection Tight sealing safety goggles.

Hand protection Impervious gloves. Wear suitable gloves.

Skin and body protection Chemical resistant apron. Antistatic boots. Long sleeved clothing. Wear suitable protective clothing.

Respiratory protection No protective equipment is needed under normal use conditions. If exposure limits are exceeded or irritation is experienced, ventilation and evacuation may be required.

General hygiene considerations Contaminated work clothing should not be allowed out of the workplace. Regular cleaning of equipment, work area and clothing is recommended. Wash hands before breaks and immediately after handling the product. Avoid contact with skin, eyes or clothing. Wear suitable gloves and eye/face protection. Do not eat, drink or smoke when using this product.

9. Physical and chemical properties

Information on basic physical and chemical properties

Physical state Liquid
Appearance Liquid
Color Characteristic
Odor Characteristic
Odor threshold No information available

<u>Property</u>	<u>Values</u>	<u>Remarks • Method</u>
pH	No data available	None known
Melting point / freezing point	No data available	None known
Boiling point / boiling range	No data available	None known
Flash point	50.2 °C / 122.4 °F	None known
Evaporation rate	No data available	None known
Flammability (solid, gas)	No data available	None known
Flammability Limit in Air		None known
Upper flammability or explosive limits	No data available	
Lower flammability or explosive limits	No data available	
Vapor pressure	No data available	None known
Vapor density	No data available	None known
Relative density	0.864	None known
Water solubility	No data available	None known
Solubility(ies)	No data available	None known
Partition coefficient	No data available	None known
Autoignition temperature	No data available	None known
Decomposition temperature		None known
Kinematic viscosity	No data available	None known

Dynamic viscosity	No data available	None known
Other information		
Explosive properties	No information available	
Oxidizing properties	No information available	
Softening point	No information available	
Molecular weight	No information available	
VOC Content (%)	No information available	
Liquid Density	No information available	
Bulk density	No information available	

10. Stability and reactivity

Reactivity	No information available.
Chemical stability	Stable under normal conditions.
Possibility of hazardous reactions	None under normal processing.
Conditions to avoid	Heat, flames and sparks.
Incompatible materials	Strong acids. Strong bases. Strong oxidizing agents.
Hazardous decomposition products	None known based on information supplied.

11. Toxicological information

Information on likely routes of exposure

Product Information

Inhalation	Aspiration into lungs can produce severe lung damage. May cause pulmonary edema. Pulmonary edema can be fatal. Specific test data for the substance or mixture is not available. May cause irritation of respiratory tract.
Eye contact	Irritating to eyes. Specific test data for the substance or mixture is not available. Causes serious eye irritation. (based on components).
Skin contact	May cause sensitization by skin contact. Repeated or prolonged skin contact may cause allergic reactions with susceptible persons. Repeated exposure may cause skin dryness or cracking. Causes skin irritation. (based on components). Specific test data for the substance or mixture is not available.
Ingestion	Potential for aspiration if swallowed. May cause lung damage if swallowed. Aspiration may cause pulmonary edema and pneumonitis. May be fatal if swallowed and enters airways. Specific test data for the substance or mixture is not available. Ingestion may cause gastrointestinal irritation, nausea, vomiting and diarrhea.

Symptoms related to the physical, chemical and toxicological characteristics

Symptoms	Itching. Rashes. Hives. Difficulty in breathing. Coughing and/ or wheezing. Dizziness. Redness. May cause redness and tearing of the eyes.
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Acute toxicity

Numerical measures of toxicity

The following values are calculated based on chapter 3.1 of the GHS document .
 ATEmix (oral) 3,270.00 mg/kg

Component Information

Chemical name	Oral LD50	Dermal LD50	Inhalation LC50
Ho Wood Essential Oil 8022-91-1	= 3270 mg/kg (Rat)	-	-

Delayed and immediate effects as well as chronic effects from short and long-term exposure

Skin corrosion/irritation	Classification based on data available for ingredients. Irritating to skin.
Serious eye damage/eye irritation	Classification based on data available for ingredients. Causes serious eye irritation.
Respiratory or skin sensitization	May cause sensitization by skin contact.
Germ cell mutagenicity	No information available.
Reproductive toxicity	No information available.
STOT - single exposure	No information available.
STOT - repeated exposure	No information available.
Aspiration hazard	May be fatal if swallowed and enters airways.
Other adverse effects	No information available.
Interactive effects	No information available.

12. Ecological information

Ecotoxicity	Very toxic to aquatic life with long lasting effects.
Persistence and degradability	No information available.
Bioaccumulation	There is no data for this product.
Other adverse effects	No information available.

13. Disposal considerations**Waste treatment methods**

Waste from residues/unused products	Should not be released into the environment. Dispose of in accordance with local regulations. Dispose of waste in accordance with environmental legislation.
Contaminated packaging	Empty containers pose a potential fire and explosion hazard. Do not cut, puncture or weld containers.

14. Transport information**DOT**

UN/ID no	UN1169
Proper shipping name	Extracts, aromatic, liquid
Hazard class	3
Packing group	III

TDG

UN/ID no	UN1169
Proper shipping name	Extracts, aromatic, liquid
Hazard class	3
Packing group	III

IATA

UN number	UN1169
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UN proper shipping name Extracts, aromatic, liquid
Transport hazard class(es) 3
Packing group III
Civil Aeronautics Act Flammable liquids

IMDG

UN number UN1169
UN proper shipping name Extracts, aromatic, liquid
Transport hazard class(es) 3
Packing group III

15. Regulatory information

International Inventories

TSCA Does not comply

Chemical name	CAS No	US TSCA Inventory listing	US TSCA active/inactive designation
Black Spruce Essential Oil	91722-19-9	-	Unknown *
Frankincense Carterii Essential Oil	8016-36-2	Present	Active
Ho Wood Essential Oil	8022-91-1	Present	Active
Blue Tansy Essential Oil	N/A	-	Unknown *

*Contact supplier for details. One or more substances in this product are either not listed on the US TSCA inventory, listed on the confidential US TSCA inventory or are otherwise exempted from inventory listing requirements

DSL/NDSL Does not comply
EINECS/ELINCS Does not comply
ENCS Does not comply
IECSC Does not comply
KECL Does not comply
PICCS Does not comply
AICS Does not comply

Legend:

TSCA - United States Toxic Substances Control Act Section 8(b) Inventory

DSL/NDSL - Canadian Domestic Substances List/Non-Domestic Substances List

EINECS/ELINCS - European Inventory of Existing Chemical Substances/European List of Notified Chemical Substances

ENCS - Japan Existing and New Chemical Substances

IECSC - China Inventory of Existing Chemical Substances

KECL - Korean Existing and Evaluated Chemical Substances

PICCS - Philippines Inventory of Chemicals and Chemical Substances

AICS - Australian Inventory of Chemical Substances

US Federal Regulations**SARA 313**

Section 313 of Title III of the Superfund Amendments and Reauthorization Act of 1986 (SARA). This product does not contain any chemicals which are subject to the reporting requirements of the Act and Title 40 of the Code of Federal Regulations, Part 372.

SARA 311/312 Hazard Categories

Should this product meet EPCRA 311/312 Tier reporting criteria at 40 CFR 370, refer to Section 2 of this SDS for appropriate classifications.

CWA (Clean Water Act)

This product does not contain any substances regulated as pollutants pursuant to the Clean Water Act (40 CFR 122.21 and 40 CFR 122.42).

CERCLA

This material, as supplied, does not contain any substances regulated as hazardous substances under the Comprehensive Environmental Response Compensation and Liability Act (CERCLA) (40 CFR 302) or the Superfund Amendments and Reauthorization Act (SARA) (40 CFR 355). There may be specific reporting requirements at the local, regional, or state level pertaining to releases of this material.

US State Regulations

California Proposition 65

This product does not contain any Proposition 65 chemicals.

U.S. State Right-to-Know Regulations

U.S. EPA Label Information

EPA Pesticide Registration Number Not applicable

16. Other information

<u>NFPA</u>	Health hazards 2	Flammability 2	Instability 0	Physical and chemical properties -
<u>HMIS</u>	Health hazards 2	Flammability 2	Physical hazards 0	Personal protection X

Key or legend to abbreviations and acronyms used in the safety data sheet

Legend Section 8: EXPOSURE CONTROLS/PERSONAL PROTECTION

TWA	TWA (time-weighted average)	STEL	STEL (Short Term Exposure Limit)
Ceiling	Maximum limit value	*	Skin designation

Key literature references and sources for data used to compile the SDS

- Agency for Toxic Substances and Disease Registry (ATSDR)
- U.S. Environmental Protection Agency ChemView Database
- European Food Safety Authority (EFSA)
- EPA (Environmental Protection Agency)
- Acute Exposure Guideline Level(s) (AEGl(s))
- U.S. Environmental Protection Agency Federal Insecticide, Fungicide, and Rodenticide Act
- U.S. Environmental Protection Agency High Production Volume Chemicals
- Food Research Journal
- Hazardous Substance Database
- International Uniform Chemical Information Database (IUCLID)
- Japan GHS Classification
- Australia National Industrial Chemicals Notification and Assessment Scheme (NICNAS)
- NIOSH (National Institute for Occupational Safety and Health)
- National Library of Medicine's ChemID Plus (NLM CIP)
- National Library of Medicine's PubMed database (NLM PUBMED)
- National Toxicology Program (NTP)
- New Zealand's Chemical Classification and Information Database (CCID)
- Organization for Economic Co-operation and Development Environment, Health, and Safety Publications
- Organization for Economic Co-operation and Development High Production Volume Chemicals Program
- Organization for Economic Co-operation and Development Screening Information Data Set
- World Health Organization

Revision date 25-Feb-2021
Revision Note No information available.

Disclaimer

The information provided in this Safety Data Sheet is correct to the best of our knowledge, information and belief at the date of its publication. The information given is designed only as a guidance for safe handling, use, processing, storage,

transportation, disposal and release and is not to be considered a warranty or quality specification. The information relates only to the specific material designated and may not be valid for such material used in combination with any other materials or in any process, unless specified in the text.

End of Safety Data Sheet