

# USING THE “PICK ME UP”

1. Remove the plastic protector from the padding.

2. Line and apply the adhesive side of the padding up with the cup of your bralette.

3. Lift the cups of the bralette up to ensure that it adheres well to the padding. At this point, it is normal for the cups to be creased at the front.

4. Carefully put on the bralette. Do note that the adhesiveness of the padding might not be enough to keep it in place if the bralette is swung around.

5. Once you have put on the bralette, you can tug at two opposite ends of the cups to straighten the fabric.

## VOILA, YOU'RE DONE!

P.S: For increased adhesiveness, use a hairdryer on it for 5 secs.

# CARING FOR YOUR PADDING

## WASHING

The padding can be machine washed (with a laundry bag), but to ensure longevity, hand washing is preferred. Use mild detergent and DO NOT sun them. Leave them to dry in the shade.



## STORAGE

After using, always cover the adhesive side with the soft plastic provided and slip them into the pouch provided when not in use.