

Spinach and Ricotta Shells





B

Serves 4

Prep Time 20 mins Cook Time 20 -30 mins

Pasta bakes are such a good dish... plus this one has spinach in it so even better!! Serve with a simple garden salad on the side.

Ingredients

Method

For the Filling 250gms conchiglioni (large pasta shells)

250gms frozen chopped spinach; thawed and as drained as possible.

350gms smooth ricotta

1 egg, lightly beaten

2 cloves garlic

100gms mozzarella; plus extra for sprinkling

Zest of 1 small lemon

Salt & pepper

For the Sauce 1 700gm jar passata

1/3 cup tomato paste

2 tspsns chicken stock powder

2 – 3 tspns basil (to taste)

Fresh basil to garnish if you like!

- 1. Preheat oven to 180C fan.
- 2. Bring a large pan of water to the boil. Add salt and cook the pasta shells for about 10 mins (mine have a cooking time of 14 mins). You want them just soft and nearly cooked but not fully cooked. Drain; and rinse under cold water which makes them easy to handle and stops them sticking together.
- While the pasta is cooking, combine spinach, ricotta, egg, garlic, mozzarella; zest; salt & pepper in a bowl. Mix until really well combined and set aside.
- 4. In a large baking dish combine the passata, tomato paste; chicken stock powder and basil.
- 5. Fill the pasta shells and nestle into the sauce.
- 6. Top with a little extra mozzarella; bake for around 25 mins until pasta cooked through and cheese gold and bubbling. If you can let it sit for 5 minutes before serving.

@dollopbyvicki

