

# THE ACADEMY



2021/2022



## **Futsal:**

Futsal is an exciting, fast-paced small sided football game that is played across the world and is officially recognised by both FIFA and UEFA.

Futsal is a 5 v 5 small-sided game played on a hard surfaced, basketball sized court with a smaller, low bounce ball played to touchline boundaries and without walls.

Futsal places a large emphasis on technical skill in high pressure situations which can be translated into the outdoor game. The sport is a great skill developer as it demands quick reflexes, fast thinking and pin-point passing.

Futsal is played in all the continents of the world by over 100 countries with 12 million players. Great football superstars such as Pele, Zico, Ronaldo, Messi and Kaka grew up playing the game and credit futsal with developing their skills.

## **East Riding Futsal Club:**

East Riding Futsal Club are the regions leading Futsal Club. The club boasts multiple youth teams, Girls teams and Mens team which compete at a National Level. The Club is affiliated to East Riding County FA and have Charter Standard status.

## **The Academy:**

The East Riding Futsal Club Academy offers the highest level of Futsal specific coaching to youth players on a regular basis. We give honest and constructive feedback, with a focus on improving each individual in 10 Futsal attributes.

Scoring starts at U9s and finishes at U15s.

## **Pre-Academy:**

The East Riding Futsal Club Pre-Academy focuses on introducing the 10 Futsal attributes into our youngest players. Players are not scored in this group with the sessions being game based which maximises time on the ball and is designed to prepare players for when they progress into The Academy.

## **Coaching:**

The curriculum has been arranged by Dave Lawtey, the 2020 Grassroots Adult Coach Of The Year. Dave is the Men's First team coach and provides a high level of Futsal specific detail within the sessions to create a fantastic learning environment. Dave is UEFA B qualified in Futsal which is the highest level you can achieve in the UK. Sessions are undertaken by coaches that have been recruited by the Club for their knowledge and enthusiasm for work with the particular age groups.

## Futsal Attributes:

We believe the 10 attributes below are key to producing top class Futsal players. The elite Futsal players play in a similar style to the dynamic and exciting footballers all kids love such as Ronaldo, Messi, Neymar and Hazard. If the club can focus on 10 specific attributes below alongside the teams tactical information, we should create some very good talented players and teams.

We will be scoring each player in the following categories:

| <b>Attribute</b>        | <b>Description</b>  |
|-------------------------|---|
| <b>Teamwork</b>         | I can play in a team that has different skills, abilities and personalities to achieve the same goal.                   |
| <b>Sole Of The Foot</b> | I consistently manipulate the ball on my safe side with the sole of my foot.  |
| <b>Work Rate</b>        | I work hard during training and games to improve my ability and help the team   |
| <b>Decision Making</b>  | I consistently make correct decisions in and out of possession. Do I shoot? Do I dribble? Do I press?                   |
| <b>1v1 Attacking</b>    | I can dribble past and commit players using a combination of speed and skill.   |
| <b>1v1 Defending</b>    | I can effectively demonstrate the 5 D's of defending. Delay, Deny, Deflect, Defend & Destroy                            |
| <b>Passing</b>          | I can perform a variation of accurate passes over various distances with different parts of my foot                     |
| <b>Movement</b>         | I am constantly moving to receive the ball and have a positive body position which enables me to retain possession.     |
| <b>Versatility</b>      | I have demonstrated the ability to play in different positions and am happy to do so to improve my skills and the team. |
| <b>Understanding</b>    | I take on board the information given by the coaches and have a good understanding of the Futsal rules during games     |

## The Assessment:

The last session of every block will be an assessment where players will be recorded and assessed in the 10 areas we believe are vital for Futsal.

The focus of this session is to give the players enough game time to showcase their ability and show what they can do against players of a similar standard.

We will be recording the session so we can analyse all players. The footage will enable us to demonstrate good practice and enable kids to watch and try an emulate those doing it well. The assessment will also include a short overview and progress report from each coach.

## Scoring:

We hope by only scoring and assessing each individual on the 10 attributes above, it will give them a real indicator on the areas we want them to improve on.

All coaches within the Club will analyse the footage privately and score each player.

All videos of the assessment will be provided for players and parents to watch back and analyse themselves too.

## How We Score:

Players will be scored based on tasks performed within the assessment. If a player successfully completes a task they will gain a point. If they fail to complete a task they will lose a point. The score will be a percentage of Success vs Failures.

## Information:

| Group          | Ages        | Venue                 | Day      | Time              | Price     | Sessions |
|----------------|-------------|-----------------------|----------|-------------------|-----------|----------|
| Academy        | U15s & U16s | Warners               | Monday   | 8:00pm - 9:00pm   | £3.00     | 1        |
| Academy        | U13s        | Steve Prescott Centre | Tuesday  | 6:30pm - 7:30pm   | £28.00    | 6        |
| Academy        | U14s        | Steve Prescott Centre | Tuesday  | 7:30pm - 8:30pm   | £28.00    | 6        |
| Primary Skills | U9s - U12s  | Steve Prescott Centre | Thursday | 6:00pm - 7:00pm   | FREE / £4 | 1        |
| Technical      | U9s - U14s  | Steve Prescott Centre | Thursday | 7:00pm - 8:00pm   | FREE      | 1        |
| Academy        | U12s        | Steve Prescott Centre | Friday   | 6:30pm - 7:30pm   | £28.00    | 6        |
| Academy        | U13s & U14s | Steve Prescott Centre | Friday   | 7:30pm - 8:30pm   | £28.00    | 6        |
| Pre-Academy    | U7s & U8s   | Warners               | Saturday | 9:00am - 10:00am  | £21.00    | 6        |
| Academy        | U9s         | Warners               | Saturday | 10:15am - 11:15am | £25.00    | 6        |
| Academy        | U10s        | Warners               | Saturday | 11:15am - 12:15pm | £25.00    | 6        |
| Academy        | U11s        | Warners               | Saturday | 12:15pm - 1:15pm  | £25.00    | 6        |
| Girls Academy  | U10s - U14s | Warners               | Sunday   | 4:00pm - 5:00pm   | £2.00     | 1        |

## **Blocks**

The Pre-Academy and the Academy operate in 6 week blocks with the payment covering the entire block regardless if you can attend all of the sessions. Unfortunately we still require to cover all of our costs whether 1 child attends or 14. This is the only way we can secure our long term booking at the venues by guaranteeing income.

## **Primary Skills:**

We designed a session which focuses on the basic primary skills of Futsal to help two specific groups.

The first group of players are those that are wanting to join the Academy for the first time. Some of our players have been with the club for 3 years, so we require new players to understand the basics of Futsal before we throw them in at the deep end with the more experienced players. This session is £4 as you are not yet into the Academy. Players may have to continue to wait in this group until a space becomes available within The Academy.

The second group of players are those that are already within The Academy but require more practice to get them up to speed. This group has less players within it so it gives them more time with the coach to help them progress. This session is Free for players already within the Academy.

## **Technical Session:**

We also offer a FREE position specific session to all players within the Academy. These sessions are to teach the players the finer details of each position within Futsal, Goalkeeper, Backs, Wingers and Pivots. The Goalkeeper session runs for 3 weeks out of the 6 week block, whilst we run 1 of the Backs, Wingers and Pivots session per block in between the Goalkeeper sessions.

## **Spond:**

Once you have secured a place within the Academy, you will be required to download an App called "SPOND". This app is how we communicate with all parents in terms of dates, cancellations, fixtures and payments.

*Downloads:*

*Apple:*

<https://apps.apple.com/us/app/spond/id755596884?ls=1>

*Android:*

[https://play.google.com/store/apps/details?id=com.spond.spond&referrer=utm\\_source%3Dhomepage\\_download\\_app\\_section](https://play.google.com/store/apps/details?id=com.spond.spond&referrer=utm_source%3Dhomepage_download_app_section)

## **Selection:**

Like all top academies, we aim to deliver the highest level of Futsal coaching in the area which is backed by the highest level of Futsal players in the area. After each block we may look to alter groups or bring in new players if the coaches believe we can improve the group. These decisions maybe based on ability, potential, scores, behaviour or any other factor the coaches believe to be important.

## **Kits:**

The East Riding Futsal Club Shirt is available to purchase at our online store along with the Goalkeeper jerseys. Please provide your own Black shorts and socks.

[www.eastridingfutsal.co.uk](http://www.eastridingfutsal.co.uk)

You will not be able to select a size, we can check this at the next session.

The Black & Yellow shirts are also used for our 'Development Teams' who play midweek in the East Riding Futsal League.

The club will provide playing shirts for the U15s & U16s competitions.

## **Fixtures:**

The Academy will participate in fixtures both locally and regionally. These fixtures will vary in the amount of players that can attend and will require an additional payment to cover court costs and entry fees to tournaments. The average fee is usually £2/£3 per player and we hope to play at least 1 fixtures per month.



# **#BLACKNYELLOW**