

HKIS - Uniform Size Reference Guide

Measurements are provided by manufacturers; small fluctuations in actual sizing are possible

Scooter Shorts (LP/UP only)

Measure	22		24		26		28		30	
	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm
Waist	15	38	17	43	19	48	21	53	23	58
Hip	21	53	23	58	25	64	27	69	29	74
Length	12.5	32	13	33	13.5	34	14	36	14.5	37

Leggings (LP & UP)

Measure	100		110		120		130		140	
	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm
Waist	18	46	19	48	20	51	21.5	55	22.5	57
Hip	22.5	57	24	61	25.5	65	27	69	29.5	75
Inseam	15.75	40	18	46	20.25	51	22.5	57	24.5	62

Knit Skort (LP & UP)

Measure	1		2		3		4		5	
	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm
Waist	17.5	44	20.5	52	22	56	23	58	24	61
Length	11.25	29	11.75	30	12.5	32	13.25	34	14	36

Pleated Skort (LP & UP)

Measure	1		2		3		4		5	
	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm
Waist	17.5	44	20.5	52	22	56	23	58	24	61
Length	11.25	29	11.75	30	12.5	32	13.25	34	14	36

Girls Polo Dress (LP/UP Only)

Measure	22		24		26		28		30	
	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm
Chest	22	56	24	61	26	66	28	71	30	76
Waist	24	61	26	66	28	71	30	76	32	81
Length (fm shoulder)	24.5	62	26	66	27	69	28.5	72	30	76

Short-sleeve Polo Shirt Unisex (LP & UP)

Measure	22		24		26		28		30		32		34		36		38	
	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm
Chest	22	56	24	61	26	66	28	71	30	76	32	81	34	86	36	91	38	97
Center back length	18	46	19	48	20	51	21	53	22	56	23	58	24.5	62	25	64	27	69

Long-sleeve Polo Shirt Unisex (LP & UP)

Measure	22		24		26		28		30		32		34		36		38		40	
	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm
Chest	24	61	26	66	28	71	30	76	32	81	34	86	36	91	38	97	40	102	42	107
Center back length	18	46	19	48	20	51	21	53	22	56	23	58	24.5	62	26	66	27	69	28	71

Puff-Sleeve short-sleeve Polo shirt (LP & UP)

Measure	22		24		26		28		30	
	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm
Chest	23	58	25	64	27	69	29	74	31	79
Waist	21	53	23	58	25	64	27	69	29	74
Center back length	16	41	17	43	18	46	19	48	20.5	52

Middle School Polo Shirt Unisex

Measure	30		32		34		36		38		40		42		44		46		48	
	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm
Chest	30	76	32	81	34	86	36	91	38	97	40	102	42	107	44	112	46	117	48	122
Center back length	24	61	24.5	62	25.5	65	26.5	67	27.5	70	28.5	72	29.5	75	30.5	77	32	81	33	84

Dri-Fit Short

Measure	100		110		120		130		140		150	
	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm
Length	15	37	15	39	16	41	17	43	18	45	19	47
Waist	22	55.5	23	57.5	23	59.5	24	61.5	25	63.5	26	65.5
Hip	31	80	33	84	35	88	36	92	38	96	39	100

PE Shirt Unisex (MS & HS)

Measure	Jr Medium		Jr Large		XXS		XS		S		M		L		XL	
	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm
Chest	32	81	34	86	36	91	38	97	40	102	42	107	45	114	48	122

PE Short (MS & HS)

Measure	Jr Small		Jr Medium		Jr Large		XXS		XS		S		M		L		XL		XXL	
	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm
Waist	23	58	25	64	27	69	28	71	30	76	32	81	34	86	36	91	38	97	40	102

PE Sweatpant

Measure	Kid Medium		Kid Large		Jr Small		Jr Medium		Jr Large		XXS		XS		S		M		L		XL		2XL		3XL			
	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm
Waist	21	53	22	56	23	58	25	64	27	69	28	71	30	76	32	81	34	86	36	91	38	97	40	102	42	107		

PE Sweatshirt

Measure	Jr Medium		Jr Large		XXS		XS		S		M		L		XL	
	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm
Chest	32	81	34	86	36	91	38	97	40	102	42	107	45	114	48	122

PE Leggings

Measure	Ladies 4		Ladies 6		Ladies 8		Ladies 10		Ladies 12		Ladies 14		Ladies 16	
	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm
Waist	24	61	26	66	28	71	30	76	32	81	34	86	36	91

Straight Leg Sweatpant (Youth)

Measure	0		1		2		3		4		5		6	
	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm
Waist	19	48	20	51	21	53	22	56	23	58	24	61	25	64
Length	28	71	29	74	31	79	33	84	34	86	35	89	37	94

Navy Trousers (Youth)

Measure	1		2		3		4		5	
	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm
Waist	19	48	20	51	21	53	23	58	25	64
Length	24.5	62	27	69	29	74	31	79	33.5	85

Sweat Shorts (Youth)

Measure	0		1		2		3		4		5		6	
	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm
Waist	16	41	18	46	20	51	22	56	23	58	24	61	26	66
Length	11.5	29	12.5	32	13.5	34	14.5	37	15.5	39	18.5	47	19.5	50

Navy Shorts (Youth)

Measure	1		2		3		4		5	
	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm
Waist	20	51	21	53	23	58	25	64	27	69
Length	14.5	37	15.25	39	15.75	40	16.38	42	17	43

Track Pants (Youth)

Measure	0		1		2		3		4		5	
	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm
Waist	10	25	10.5	27	11	28	11.5	29	12	30	12.5	32
Length	26	67	28	72	30	77	32	83	34	88	36	93

Collegiate Hoodie Sweatshirt (Adult sizing)

Measure	XS		S		M		L		XL	
	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm
Chest	40	102	42	107	44	112	46	117	48	122
Center Back Length	24.5	62	25.5	65	26.5	67	27.5	70	28.5	72
Sleeve length (fm CB)	32.5	83	33.25	84	34	86	35.25	90	36.5	93

Crewneck Pullover Sweatshirt (Adult sizing)

Measure	XS		S		M		L		XL		2XL	
	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm
Chest	40	102	42	107	44	112	46	117	48	122	51	130
Center Back Length	24.5	62	25.5	65	26.5	67	27.5	70	28.5	72	29.5	75
Sleeve length (fm CB)	32.75	83	33.25	84	34	86	35.25	90	36.5	93	39	99

Track Jacket (Youth)

Measure	0		1		2		3		4		5		6	
	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm
Chest	14	36	15	38	16	41	17	43	18	46	19	49	20	52
Length	18	46	19.5	50	21	53	22	56	23.5	60	25	64	26	67
Sleeve length	16.5	42	17	44	19	48	20	51	21.5	55	23	59	25	63

Dragon on the Back Zip-Up Hooded Sweatshirt (Youth)

Measure	0		1		2		3		4		5		6	
	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm
Chest circumference	29	74	31	79	33	84	35	89	37	94	39	99	41	104
Center back length	19	48	20	51	21	53	22.5	57	23	58	24	61	25	64
Sleeve length (fm CB)	24.5	62	25.5	65	27	69	28.75	73	32.25	82	33.5	85	34.75	88

Dragon on the Front Zip-Up Hooded Sweatshirt (Youth)

Measure	0		1		2		3		4		5	
	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm
Chest circumference	29	74	31	79	33	84	35	89	37	94	39	99
Center back length	19	48	20	51	21	53	22.5	57	23	58	24	61
Sleeve length (fm CB)	24.5	62	25.5	65	27	69	28.75	73	32.25	82	33.5	85

Fleece Jacket (Youth)

Measure	S		M		L		XL	
	inch	cm	inch	cm	inch	cm	inch	cm
Chest circumference	28	71	31	79	34	86	38	97
Center back length	19	48	20.5	52	22	56	24	61
Sleeve length (fm should)	15.5	39	17.5	44	19.5	50	22	56

Fleece Vest (Youth)

Measure	S		M		L		XL	
	inch	cm	inch	cm	inch	cm	inch	cm
Chest circumference	29	74	32	81	35	89	39	99
Center back length	18	46	19.5	50	21	53	23	58

Rain Jacket (Youth)

Measure	S		M		L		XL	
	inch	cm	inch	cm	inch	cm	inch	cm
Chest circumference	30	76	34	86	38	97	42	107
Center back length	17.5	44	20.5	52	24	61	26	66
Sleeve length (fm CB)	20.5	52	23.5	60	27.5	70	31	79

Cardigan (Youth)

Measure	1		2		3		4		5		6	
	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm
Chest circumference	26	66	28	71	30	76	32	81	34	86	37	94
Center length	18	46	19	48	20	51	21	53	22	56	24	61
Sleeve length (fm CB)	20	51	21.5	55	23	58	25	64	27	69	28.5	72