

channels



A Pacific Coast Terminals publication for the residents of Port Moody

COMMUNITY IN THE TIME OF COVID

Pacific Coast Terminals is proud to continue our series of newsletters that focus on great community organizations. In this issue, we are pleased to showcase two very important groups that spend endless hours devoted to the wellbeing of those living in the Tri-Cities.

CROSSROADS HOSPICE SOCIETY

For over 31 years, the Crossroads Hospice Society (CHS) has had the honour of serving the communities of Anmore, Belcarra, Coquitlam, Port Coquitlam and Port Moody. We are a non-profit society that supports our communities in three ways: through our 10-bed Hospice Residence, our Grief and Loss Support Centre, and our Thrift Store.

Crossroads believes the end of life does not have to be scary, painful or lonely; and no one has to walk their grief journey alone. We are committed to educating our communities about death, dying and grief. Furthermore, we want our communities to know our services are accessible by anyone, not just those served by the Hospice Residence.

Did you know that the logo for Crossroads Hospice Society is the dragonfly? In almost every part of the world, dragonflies symbolize change and transformation. Dragonflies only fly for a fraction of their life, exemplifying the beauty of living in the moment and living life to the fullest. Their strong and graceful wings appear to give off an aura of light, similar to the light that people often see as they near death. For these reasons, this beautiful symbol adorns Crossroads' many spaces, reminding the community of our care.

Providing compassionate, quality care for people with life-limiting illness, and free grief support for the entire community is at the heart of Crossroads' mission. This mission is made possible because of the immense support of the local communities. The Crossroads Thrift Store is responsible for raising 1/3 of the funds necessary to provide our quality services. In addition, each year CHS also hosts several fundraisers to support our mission.

One of our most well-known events is the annual Treasures of Christmas Gala. As 2020 has been a year full of unexpected change, Crossroads Hospice Society persevered to adapt in this ever-changing world. To ensure the safety of the communities we serve, the CHS team knew our signature event would have to look different for the upcoming holiday season. The team committed to create an amazing, interactive and safe event that our communities can enjoy from the comfort of their own homes.



With creativity and adaptability, we are excited to welcome you to the first ever, I'll Be Home for Christmas Virtual Gala! On Saturday November 21st, dress up in your best festive wear and join online! The evening will include exciting entertainment, inspirational stories, a breathtaking mix of spectacular Christmas trees, an extensive online silent auction sponsored by PCT, and a delicious dinner delivered to your doorstep.

Crossroads Hospice Society has seen firsthand the amazing things that happen when caring communities come together to support an important cause. Crossroads Hospice Society is so grateful for your ongoing support and cannot wait to bring this stunning Virtual gala to life!

For more info go to <https://crossroadshospice.org>



I'LL BE
Home FOR
Christmas
VIRTUAL GALA

SAVE THE DATE

11 / 21 / 2020

FOR MORE INFORMATION VISIT:
<https://trellis.org/ill-be-home-for-christmas-virtual-gala>

SUPPORTING
CROSSROADS
HOSPICE SOCIETY

SOROPTIMIST INTERNATIONAL OF THE TRI-CITIES

Soroptimist means "best for women." It is run by female professionals who volunteer their time to make a difference – women at their best, helping other women be their best. We have so many talented women in our membership; entrepreneurs, accountants, nurses, teachers, RCMP, and even an environmental biologist. All with kind hearts, wanting to roll up their sleeves and share their talents. Soroptimist's many programs help educate, empower, and enable women and girls in our communities.

Bea's Kloset is a free store full of donated household items, where women/girls coming out of foster care, recovery homes, or abusive situations can "shop" for the things they need to begin the next chapter in their lives.

Warm Place for Women is a monthly social evening offering friendship, mentorship, and a nutritious dinner, plus gently used clothing and household items. The program was put on hold during the COVID-19 pandemic – so the volunteers at Soroptimist tracked down over 25 regular attendees to give them \$100 grocery gift cards, helping them feed their families during this particularly difficult time.

Walk a Mile in Her Shoes invites men, women, and children to literally walk a mile in women's shoes to raise awareness of gender inequality. Even male police officers join the walk wearing red stilettos as the crowds gather to cheer them on!

Many of Soroptimist's regular programs had to be postponed during the pandemic. With a keen sense of critical need, the Tri-Cities members stepped up to help doctors in the community. A Dress the Docs project gathered donated fabric, sheets, and socks (used as cuffs) to sew more than 200 reusable hospital gowns and help keep doctors safe. It was amazing to see so many Soroptimists and friends of Soroptimists cut patterns and fabric, sew and deliver, all while self-isolating!

Soroptimist International of Tri-Cities helps girls and women lift themselves out of compromised situations, achieve education and employment goals, and lead fulfilling lives they can be proud of. We are a 100% volunteer team, so we rely on the personal and financial support of organizations like Pacific Coast Terminals. We have been blessed with a partnership with Pacific Coast Terminals for 5 plus years, which has included them helping us organize our Warm Place Christmas dinners. It is with the help of generous donors that we are able to provide Christmas gifts for each child, gifts for the children to pick for their mothers, evening entertainment, as well as serve food to our guests! And this is just one event that is supported by so many generous individuals.

If you are interested in learning more about Soroptimist or donating to one of our programs, please visit our website at <https://soroptimisttricitie.org/>



SOROPTIMIST[®]
Investing in Dreams

AUGUST COMMUNITY ODOUR ISSUE

PCT would like to update residents on the odour issues that affected the community this August.

We have been working over the past several weeks to remedy the odour sources at our facility. As we communicated to the public at the time, we initially identified and addressed elevated odour levels at a wastewater pond on site. When odours persisted, we expanded our investigation and identified additional emissions from vents located on top of two wastewater storage tanks. With the cooler weather and more rainfall, the anaerobic bacterial growth causing some of these emissions has not been as severe as it was back in August, but contractors are monitoring the situation continuously. There is still a small chance some odour could return in warmer weather as we continue the process of resolving the issue, but we expect it to be minimal. We have installed a scrubber system to catch and neutralize odors, and we are working with external specialists to review remediating the water and sediments in the tank. The work is still ongoing, but is near completion. We are also reviewing our water treatment monitoring processes, and improving our systems to prevent this from reoccurring.

We sincerely regret the impact these odour issues had on our community and we would like to thank all residents, Metro Vancouver, and the City of Port Moody for their understanding and patience as we worked to remediate the problem. We will continue to update the public should there be any ongoing issues.

www.PCT.ca | The Port in Port Moody

PCT FOOD DRIVE

In August, the Share Society kicked off their Remember the Food Bank Campaign. It's a month long initiative to raise awareness at a time when the food bank often sees a dramatic dip in donations of both food and money. The team at PCT decided to help by organizing a company food drive. Staff was asked to bring in food and cash donations, and we are happy to report it was a huge success! Thank you team!



CONTACT

Channels is published three times per year by Pacific Coast Terminals Co. Ltd.
2300 Columbia Street, Port Moody,
BC Canada V3H 5J9

Your comments and contributions are welcome.
Please forward them to us at:
pctinfo@pct.ca
604-939-7371

STAY CONNECTED & KEEP INFORMED

COME CHECK US OUT!



Channels is printed on paper made from 100% post consumer waste. Please recycle.