# 3 IN 1 Microdermabrasion Skin Rejuvenation Machine



# **Preface**

Dear users:

We're pleased to present to you the 3 In 1 Portable Microdermabrasion Vacuum Blackhead Removal Machine that mainly work on dry skin, large pores, clogged pores, inelastic skin and so on. It is a multifunctional beauty machine, targeted at both face and body. We aim at a safe and, at the same time, effective beauty result by using high-end technologies. 3 In 1 Portable Microdermabrasion Vacuum Blackhead Removal Machine is specialized skin care machine for professional use, which needs to be handled by professionals with proper training. Any improper use will result in adverse consequences. Therefore we advise any personnel read this guide thoroughly and follow the instructions strictly before operation.

We believe our quality product will bring in good returns on your end. Also, you can count on our worry-free after-sales service.

Thank you!

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# Part I

# **Brief Introduction**

Microdermabrasion and hydro spray jet machines are currently the most popular beauty machines that work on deep cleaning and deep hydration. It's an effective replacement of all the traditional facial cleaning and facial care programs in beauty salons. Moreover, it's convenient and easy to operate. It solves various skin issues for beauty-lovers. This equipment requires no injection, no medication, no operation, thus having no side-effects. It is used externally during the whole process and has an immediate effect. Microdermabrasion adopts vacuum negative pressure suction technology to reduce internal air pressure, thus effectively removing wasted cuticle layer, sucking out blackheads and excess oil and other pore garbage, in a way achieving free breathing circulation of skin, which can dredge pores, improve pores and brighten skin tone. At the same time, the combination of hydro spray jet can replenish skin with water, cooling and calming skin.

# **Advantages**

- 1. 3-in-1 beauty machine that works on your overall facial care.
- 2. Multiple working probes can be replaced in different parts according to different requirements.
- 3. Special probe of microdermabrasion can effectively improve wide array of skin problems and help revive clean skin.
- 4. Painless, non-invasive during the process. Skipping any recovery periods without affecting any work and life plans.
- 5. No consumption, low cost and quick returns.
- 6. Deep cleanse skin, and replenish skin with water, refine skin.

# Deep Cleaning

# **Principles**

### Microdermabrasion

The use of special micro-carved tube, inlaid with different thickness of fine steel particles, by the way of back and forth friction, and with the strength of vacuum suction control force, the skin will be shed a shallow layer of dead skin cells. It is non-invasive and physical. By removing dead skin cells from the surface of the skin, the regeneration ability and skin quality can be improved. After treatment, the skin will be slightly reduced, and the skin will become more smooth and tender. At the

same time, combined with manual massage techniques also play an improving role in skin lifting.

#### **Physical Effects**

Vacuum negative pressure suction technology is adopted to reduce internal air pressure, which can effectively remove waste cuticle, draw out blackheads and excessive oil and other pore garbage. Also, it helps achieve free skin breathing circulation, which can dredge pores, improve large pore sizing and brighten skin tone.

### Glass Tube

Vacuum negative pressure suction technology is adopted to suctioning gunks clogged in pores and deep celansing dirt inside pores. It also targets at blackheads and whiteheads.

### Hydro Spray Jet

Using high pressure oxygen and water, it sprays water flow on the skin with molecular particles less than 80 microns. The active water molecules and pure oxygen then quickly enters into the deep layer of the skin, accelerating the skin nutrition absorption. Through high pressure force into the pores of the skin and skin crack by skin penetration into the dermis layer so as to promote the cell regeneration, it directly and quickly provides adequate nutrition for the skin, removes rubbish from deep skin layer at the same time. Hyperbaric oxygen and nutrients can stimulate the fibrous tissue of the dermis regeneration, promote metabolism, thus achieves effects like hydrated, tender and glowing skin.

### **Physical Effects**

The hydro spray jet is equipped with a 8 kg pressure oxygen pump. It adopts the advanced principle of pressure swing adsorption (PSA, quick separation of high concentration of pure oxygen in the air, and through the pulse type push to mix 80% of pure oxygen molecules and 0.9% of the water molecules to water and transport them into cells in deeper layers of skin, and replace waste toxins wherein, quickly produce energy, promote metabolism, so as to achieve the clean, translucent and glowing skin.

Through the vacuum tube which is as thin as three hairs, water and oxygen are quickly atomized into molecules and injected into all levels of the skin through the pulse type push, thus supplementing the cell needs of water and oxygen, so as to restore cell activity, achieve plump, moist, and elastic skin.

### **Effects**

- 1. Remove waste cuticle.
- 2. Deeply clean skin and improve rough skin.

- 3. Unclog pores.
- 4. Shrink large pores.
- 5. Effectively remove strawberry nose, acne and blackheads.
- 6. Deeply clean pores and dirt, and thoroughly clean the skin.

### **Applicable Range**

- 1. Those with loose and inelastic facial skin.
- 2. Those with clogged pores and thick cuticles.
- 3. Those with dull skin.
- 4. Those with rough skin and large pores.
- 5. Those with high turnover of oil secretion.

# Inapplicable Range

- 1. Those with severely sensitive skin or those in allergic phase.
- 2. Those whose nose has prosthesis.
- 3. Those with extensive facial trauma.
- 4. Those who are pregnant and those suffering from serious heart disease, severe three H's(hypertension, hyperlipidemia, hyperglycemia), serious diseases, etc.
- 5. Those with skin diseases and infectious diseases.
- 6. Those who have just received injection, such as hyaluronic acid, intradermal injection, wrinkle removal, or plastic surgery.

# **Notes after Operation**

- 1. Wash your face with warm water within 3 days after operation.
- 2. Strengthen hydration and pay attention to sun protection.
- 3. Do not use stimulating skin care products including scrub, exfoliating and AHAs within one week after operation.
- 4. Avoid staying up late, smoking and drinking, and eat more fruits and vegetables and less greasy food.
- 5. Apply a hydrating mask once a day for three days.

# Skin Rejuvenation

# **Principles**

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non-invasive and physical. By removing dead skin cells from the surface of the skin, the regeneration ability and skin quality can be improved. After treatment, the skin will be slightly reduced, and the skin will become more smooth and tender. At the same time, combined with manual massage techniques also play an improving role in skin lifting.

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Using high pressure oxygen and water, it sprays water flow on the skin with molecular particles less than 80 microns. The active water molecules and pure oxygen then quickly enters into the deep layer of the skin, accelerating the skin nutrition absorption. Through high pressure force into the pores of the skin and skin crack by skin penetration into the dermis layer so as to promote the cell regeneration, it directly and quickly provides adequate nutrition for the skin, removes rubbish from deep skin layer at the same time. Hyperbaric oxygen and nutrients can stimulate the fibrous tissue of the dermis regeneration, promote metabolism, thus achieves effects like hydrated, tender and glowing skin.

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The hydro spray jet is equipped with a 8 kg pressure oxygen pump. It adopts the advanced principle of pressure swing adsorption (PSA, quick separation of high concentration of pure oxygen in the air, and through the pulse type push to mix 80% of pure oxygen molecules and 0.9% of the water molecules to water and transport them into cells in deeper layers of skin, and replace waste toxins wherein, quickly produce energy, promote metabolism, so as to achieve the clean, translucent and glowing skin.

Through the vacuum tube which is as thin as three hairs, water and oxygen are quickly atomized into molecules and injected into all levels of the skin through the pulse type push, thus supplementing the cell needs of water and oxygen, so as to restore cell activity, achieve plump, moist, and elastic skin.

### **Effects**

- 1. Replenish water and nutrition deeply.
- 2. Remove excessive cutin and regain skin balance.
- 3. Remove blackheads and improve strawberry nose.
- 4. Moisturize and whiten your skin.
- 5. Nourish and brighten your complexion.

### **Applicable Range**

- 1. Those with imbalanced skin.
- 2. Those who has or experience dry skin, dehydration, peeling, etc.
- 3. Those with large and clogged pores.
- 4. Those with dull skin.
- 5. Those with poor skin metabolism and poor absorption.
- 6. Those with thick cuticle and high turnover of oil secretion.

# Inapplicable Range

- 1. Those with severely sensitive skin or those in allergic phase.
- 2. Those whose nose has prosthesis.
- 3. Those with extensive facial trauma.
- 4. Those who are pregnant and those suffering from serious heart disease, severe three H's(hypertension, hyperlipidemia, hyperglycemia), serious diseases, etc.
- 5. Those with skin diseases and infectious diseases.
- 6. Those who have just received injection, such as hyaluronic acid, intradermal injection, wrinkle removal, or plastic surgery.
- 7. Those with metal implants in the body, such as stents and pacemakers and who are allergic to metal.

# **Notes after Operation**

- 1. Wash your face with warm water within 3 days after operation.
- 2. Strengthen hydration and pay attention to sun protection.
- 3. Do not use stimulating skin care products including scrub, exfoliating and AHAs within one week after operation.
- 4. Avoid staying up late, smoking and drinking, and eat more fruits and vegetables and less greasy food.
- 5. Apply a hydrating mask once a day for three days.

# Part II

# 1. Detailed Operation

# 1.1 Function Selection



ON/OFF



SUCTION INTENSITY +/-



**SUCTION** 

Insert PVC hose when operating microdermabrasion and glass tube



RELEASE

Insert PVC hose when operating hydro spray jet

Note: DO NOT insert PVC hose into SUCTION when operating hydro spray jet to avoid machine damage

### 1.2 Detailed Operation: Microdermabrasion



Fixate the black rubber ring on the PVC vavuum hose



Cotton Filter

Insert cotton filter to prevent dirt entering the device to avoid damage and at the same time examining cleansing result



Connect the probe tightly with the PVC vacuum hose



Twist the screw off the other end of the probe; Insert white

hose and twist the cover back on



**SUCTION INTENSITY** 

It is advised to set between 20%-80%. Adjust accordingly. Avoid high suction intensity for it may cause petechiae. Tuning clockwise to the maximum level; turning

### counterclockwise to the minimum level



Suction (on the left side)

Connect one end of the tube with SUCTION and the other with the probe



Select the tip of your choice based on the size of the

treatment area



Suitable for small treated area, e.g. face, nasolabial

folds



Suitable for big treatment area, e.g. joints and facial

skin

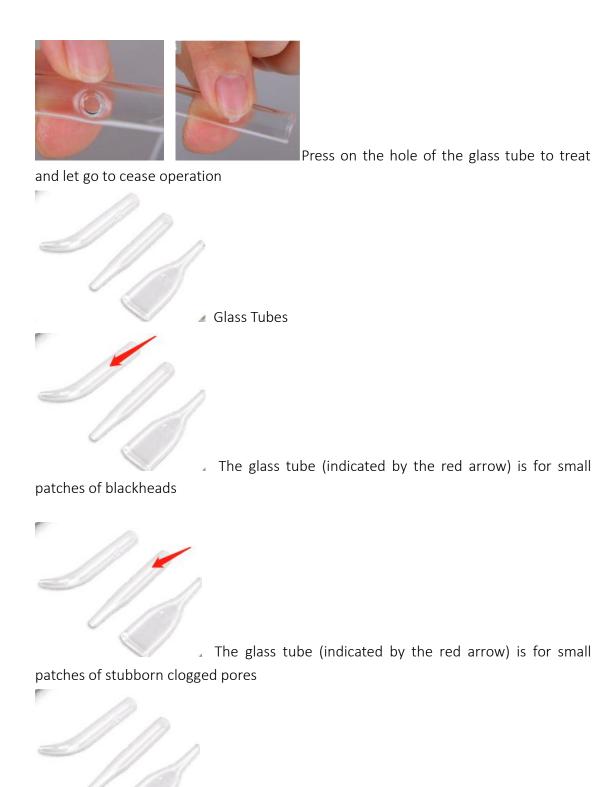
# 1.3 Detailed Operation: Glass Tube





Connect the white PVC hose with the curve

glass tube



patches of facial massage

The glass tube (indicated by the red arrow) is for small



### SUCTION INTENSITY

It is advised to set between 20%-80%. Adjust accordingly. Avoid high suction intensity for it may cause petechiae. Tuning clockwise to the maximum level; turning counterclockwise to the minimum level



Suction (on the left side)

Connect one end of the tube with SUCTION and the other with the probe

### 1.4 Detailed Operation: Hydro Spray Jet



Fill the bottle with essence/toner/purified water/normal

saline

Essence/Toner: Deep hydrate and brighten skin Purified Water: Deep cleanse and hydrate

Normal Saline: Suitable for acne skin and sensitive skin



Insert one end of the red rubber hose into where the

arrow is



Press on the top of the bottle (where the arrow is) to

spray



RELEASE (on the right side)

Connect one end of the red rubber tube with RELEASE and the other with the bottle

### 2. Technical Parameters

Voltage: 110V-240V

Power: 22W

Packing Size: 30x26x24

G. W: 2.2kg

# 3. Safety Precautions

Please consult your doctor or professionals before using the device if you have the following symptoms:

- 1. Those who are pregnant or lactating.
- 2. Those with heart disease or pacemaker equipped.
- 3. Those whose wounds have not healed and who are recovering from the operation.
- 4. Those with epilepsy, severe diabetes and hyperthyroidism.
- 5. Those with malignant tumor, hemophilia or severe bleeding.
- 6. Those with skin diseases and infectious diseases.

### 4. Dos and Dont's

- 1. Use a grounding pin and make sure the power socket of the device is properly connected before each operation.
- 2. Ensure that the voltage of the device is appropriate. If the voltage of the local

power supply is unstable, we recommend that users increase to the matching power voltage.

- 3. In order to ensure the therapeutic effect and normal service life expectancy of the device, please use the specified accessories provided or recommended by the original manufacturer.
- 4. The device should not be placed in wet environment or near water, nor should they be directly exposed to sunlight.
- 5. Do not place the device near a strong heat source, because this may affect the life and normal use of the device.
- 6. Please restrain from using the device on eyes, thyroid, parathyroid, testicles, abdomen of pregnant women, and pacemakers.
- 7. Patients who are suffering from illness should consult with a doctor and gain permission from the doctor before using.
- 8. Please turn off the power switch of the device, and ensure that the total power supply of the device is turned off before the staff leaves after daily use, so as to ensure the safety of the electrical products.
- 9. Use device or train device operators in strict accordance with instructions in the user manual.
- 10. Start from the lowest energy level and slowly add up.
- 11. When using this device, the operating parts must be kept moist and dry skin should be avoided.
- 12. Avoid using on eyes and ear, around skin lesion or areas that went through plastic surgery.
- 13. Adjust the vacuum suction pressure subjecting to the customers' comfort level accordingly.
- 14. Remind customer to adjust breathing when operating on philtrum with hydro spray jet.
- 15. Have the customer close his/her eyes and mouth when operating hydro spray jet to avoid liquid entering. Keep the distance between the bottle and the treatment area.
- 16. Clean the instrument with normal saline after operation to ensure its cleanliness and hygiene to prolong its service life.
- 17. Make sure to install rubber ring when operating microdermabrasion setting to avoid no suction or weak suction.
- 18. Make sure to install filter cotton when operating microdermabrasion setting to avoid filth being inhaled to the tube and damage the machine.
- 19. Products used in the hydro spray jet needs to be of watery nature. No toners of impurities and deposits are allowed.
- 20. Clean microdermabrasion tips with toothbrush or Q-tips and sterilize under ultra UV light or high temperature.
- 21. Always take out the cotton filter after the treatment.
- 22. Make sure to distinguish inhale hole from exhale hole. DO NOT insert the hydro spray jet into the inhale hole to avoid any possible damage to the machine. DO NOT operate hydro spray jet and vacuum at the same time.

### 5. Troubleshooting & Solutions

# 1. The instrument can't start and the key lamp on the back of the instrument doesn't work?

- A. Ensure that the power cord is connected to a working power outlet.
- B. Ensure the fuse tube on the back of the instrument is not loose or being burnt.

### 2. No spray coming from the hydro spray jet?

- A. Please check whether the nozzle is blocked.
- B. Please check whether the wrench of the spray gun is loose.

### 6. FAQs

# 1.Q: Will the skin become thinner and more sensitive after microdermabrasion treatment?

A: No. During the process, microdermabrasion operation only serves to remove the aging skin cuticle. Our skin regenerates every 28 days, so it will only make the skin become more smooth, fine and glowing. Allergy symptoms will not appear.

### 2.Q: Why exfoliate?

A: The cuticle is the layer above the epidermis where the cells are completely dead. Depending on your body, the cuticle consists of 15 to 20 layers of dead cells. Human skin has a metabolic cycle, which is normally 28 days. It is the metabolic cycle of people in puberty. For adults, the metabolic cycle should be the actual age +10. But due to various reasons, dead corneous cells may not fall off in time and bring about thick aging cutins. On the other hand, it also affects the color of skin, and the skin metabolism, so other method needs to be utilized when normal metabolic process won't do the job by itself.

### 3. Q: Can I wear makeup after using this instrument?

A: Absolutely, the skin after treatment is moist and plump, makeup will actually last longer. This is a safe, healthy, quick and effective way of nursing without puncturing skin or leaving scars.

### 4. Q: How long will it take to see results?

A: After one treatment obvious results are shown, such as clean and translucent skin. It works even better on a continuous basis, improving skin problems such as dehydrating, darkening, fine lines and aging process in the deeper layers of your skin.

#### 5. Q: Will my skin become dependent on the treatment?

A: No, it serves to improve and deeply clean the skin, which belongs to the

maintenance and improving skin of malnutrition caused by other factors. It's used to help skin absorb nutrition products, solve other issues such as dull, sallow skin, dehydration, coarse and wrinkled skin. Without the treatment you skin will only go back to secretion of its own and aging, therefore no dependence factor is involved.

# 7. Packing List

- 1 x Dermabrasion main machine
- 3 x Dermabrasion Wand
- 9 x Dermabrasion Tips
- 2 x Hydro Spray Bottle
- 1 x White PVC vacuum hose
- 1 x Red PVC vacuum hose
- 1 x Black PVC vacuum hose
- 1 x Power supply cord
- 1 x Cotton filter (pack)
- 3 x Rubber ring
- 2 x Fuse

# 8. Operational Diagrams

Parameter Adjustment	Product	Techniques	Diagrams			
Deep Cleaning: 60 min, once/week						
Microdermabra	Makeup	1. Remove makeups and	Technique3			
sion Energy	remover+	clean, 5 min.				
Level:	Face wash+	2. Apply blackhead export				
20%-80%	Blackhead	liquid+hot steam (on large				
	export	pores or clogged area, and				

Operate
according to
different skin
types of
customers
(try the set
energy on lower
arm first then
on face,
meanwhile
check with
customers
constantly.)

Glass Tube
Suction
Intensity:
20%-80%
Adjust based on
one's own
comfort level

Hydro energy level: Liquid export volume is recommended to set as small liquid+
Base mask+
Cold&hot
steam+
Essence+
Purified
water+
Facial mask+

SR-NF108

toner on cheeks; for sensitive skin it is not recommended to do so but apply toner+cold steam) 5-8 min.

- 3. Microdermabrasion operation: stay on forehead for one sec, then gently twist and lift it up (forehead→nose→chin) 5 min.
- 4. Operation on cheek: Start from chin, and operate in dots then connects 3 dots in a line. Move in parallel lines. End with temple, 3 min.
- 5. Do the same on the other side, 3 min.
- 6. Glass Tube operation: Double cleanse T-zone (forehead-nose-chin). Double the operation on nose if needed, 3 min.
- 7. Glass Tube operation on forehead: Move the tube slowly towards hairline, 2-3 times.
- 8. Glass Tube operation on nose: Move the tube slowly downwards on nose and nasolabial folds, 2-3 times.
- 9. Glass Tube operation on chin: Move the tube downwards slowly in parallel lines, tracing from one corner of the mouth to the other, 2-3 times.
- 10. Wash face clean, 2 min.
- 11. Apply hydrating facial mask+cold steam, 10 min
- 12. Wash face clean, 2 min.
- 13. Fill the hydro bottle with purified water, 2 min.
- 14. Hydro spray jet operation: start from chin to earlobe,



Technique4



Technique7



Technique14



Technique15



then from mouth corner to				
ear gate. Move in parallel				
lines, meanwhile brace the				
skin with the free hand to				
keep the treatment surface				
tight, 2 times.				
15. Move vertically towards				
hairline on forehead,				
meanwhile brace the skin with				
the free hand to keep the				
treatment surface tight, 2				
times.				
16. Apply facial mask, 15 min.				
17 Wash face clean 2 min				

### Recommended treatment:

10 treatments account for one full course. After one treatment you will see a clean, smooth and less course skin. After one full course you will see your skin is smooth, fine and glossy. After two courses your skin will be tight, glossy, and full of elasticity. Three courses help your skin remain elastic, glossy and exuberant.

18. Apply toner, essence, cream, and sunscreen.

# Skin Rejuvenation: 60 min, once/week

sion Energy rem Level: Fac 20%-80% Blac exp	keup nover+ e wash+ ckhead	<ol> <li>Remove makeup and clean face, 5 min.</li> <li>Apply blackhead export liquid+hot steam (on large</li> </ol>	Technique3
Level: Fac. 20%-80% Blac exp	e wash+ ckhead	2. Apply blackhead export	
20%-80% Blad exp	ckhead	, , ,	0000
ехр		liquid+hot steam (on large	0000
'	ort		MC CX
Operate liqu	ioi t	pores or clogged area, and	
0   0   0   0   0	ıid+	toner on cheeks; for sensitive	
according to Bas	e mask+	skin it is not recommended to	
different skin Col	d&hot	do so but apply toner+cold	Technique4
types of stea	am+	steam) 5-8 min.	
customers Esse	ence+	3. Microdermabrasion	
(try the set Fac	ial mask+	operation: stay on forehead	KE EX
energy on lower SR-	NF108	for one sec, then gently twist	
arm first then		and leave it up in the	
on face,		air(forehead→nose→chin) 5	
meanwhile		min.	Technique10
check with		4. Operation on cheek: start	
customers		from chin, and operate in dots	
constantly.)		then connects 3 dots in a line.	
		Move in parallel lines. End	

Hydro Energy Level: Liquid export volume is recommended to set as small with temple, 3 min.

- 5. Do the same on the other side, 3 min.
- 6. Wash face clean, 2 min.
- 7. Apply hydrating facial mask+ cold steam, 10 min
- 8. Wash face clean, 2 min.
- 9. Pour

(whitening/hydrating/soothin g/anti-aging)essence into the hydro bottle(with the proportion of essence:distilled water being 2:1), 2 min.

10. Hydro spray jet operation: start from chin to earlobe, then from mouth corner to ear gate. Move in parallel lines, meanwhile brace the

11. Move vertically towards hairline on forehead, meanwhile brace the skin with the free hand to keep the treatment surface tight, 2 times.

skin with the free hand to keep the treatment surface

tight, 2 times.

- 12. Apply facial mask, 15 min.
- 13. Wash face clean, 2 min.
- 14. Apply toner, essence, cream, and sunscreen.



Technique11



#### Recommended treatment:

10 treatments account for one full course. After one treatment you will feel a clean, smooth and less course skin. After one full course you will see your skin is smooth, fine and elastic. After two courses your skin will be tight, glossy, and even toned. Three courses help your skin remain elastic, glossy and exuberant with less fine lines.