

# Professional PERFECT SHAPE NEO Body Sculpting Machine 5 in 1

## USER MANUAL



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# Welcome

to your **Professional PERFECT SHAPE NEO Body  
Sculpting Machine 5 in 1**



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# PREFACE

Thank you for choosing REJUVA FRESH Professional PERFECT SHAPE NEO Body Sculpting Machine 5 in 1

This brand new innovative HIEMT machine gives you all the benefits of fast vibration frequency, strong magnetic wave energy, and smoothly controlled RF heating, so you'll get the perfect shape, without all the sweat - it's a real game-changer & time saver!

This machine is designed to give you the best possible results, thanks to its high-energy system that penetrates up to 6 cm deep into the tissue. For people with higher BMI or more fat, no worries because we can advise other fat reduction treatments to start with.

This stylish powerhouse machine is very easy to operate, with pre-defined and customizable programs available. We recommend using auto-mode when you are first getting used to the equipment and later further optimizing with tailored frequency selection.

Please read this User Manual carefully in order to use the machine properly and to protect the machine from unnecessary damage.

Thank you again, and please enjoy your REJUVA FRESH Professional PERFECT SHAPE NEO Machine!

# I. PRODUCT INFORMATION & SPECIFICATION

## I.1 Product Information

This machine uses the latest HIEMT technology + synchronized RF to deliver efficient & effective muscle building + fat reduction. This process triggers the production of new collagen chains, thereby increasing muscle support and volume.

HIEMT (high intensity electromagnetic technology) uses strong focused electromagnetic waves to stimulate and train the targeted muscle tissue. During a 30 minute treatment session, focused magnetic waves penetrate up to 8cm of muscle tissue, forcing the muscles to contract involuntarily many thousands of times. Such supra-maximal contractions not achievable by normal exercise. The body naturally responds to this supra-maximal exercise by rebuilding muscle tissue, making the body more toned and stronger. As with normal exercise there is a large amount of natural fat decomposition, resulting in body slimming.

## I.2 Product Specification

Maximum Power Output	7500W
Input Voltage	100 V / 110 V / 220 V Voltage selected according to your region
Frequency	5~150Hz
RF Frequency	40 MHz
Advised Max RF Temp	42~43°C
Net weight	55 kg
Product dimension	55x60x94 cm



**WARNING! RF energy on this machine is VERY STRONG and temperature can become VERY HOT. To make the treatment comfortable and effective, please always start with low level of RF. Generally it is recommended to set the RF intensity at 25% OR LESS to avoid burning. Please see below for reference:**

RF:8%	RF:17%	RF:25%	RF:34%	RF:45%	RF:50%
33°C	37°C	42°C	44°C	48°C	51°C
RF:58%	RF:66%	RF:75%	RF:83%	RF:92%	RF:100%
53°C	55°C	58°C	60°C	62°C	65°C

# I. PRODUCT INFORMATION & SPECIFICATION

## I.3 List of Accessories

Main Unit	1	
Flat Handle	2	
Curved Handle	2	
Pelvic Floor Training Cushion	1	
Belt Straps	4	
Power Cord	1	

## II. PRODUCT APPEARANCE

II.1 Front view



II.2 Back view



II.3 Side view



## III. WARNINGS

III.1 Please follow these precautions before/during/after use



Use at least one hour after meals.  
DO NOT use when feeling full after eating.



Before using the instrument, remove any metal jewelry you are wearing.  
DO NOT touch metal objects during the treatment.



Before starting the operation, touch the probe vertically to the skin, then turn on the switch of the main unit and adjust the intensity of the operation mode



Start with the lowest level, and then increase the intensity sequentially according to the user's skin tolerance;



### III. WARNINGS



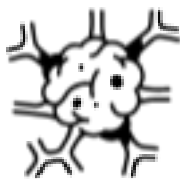
DO NOT eat during machine operation  
Try to eat some protein after one hour of session



DO NOT use if there are open wounds  
or any skin infections such as eczema or dermatology issues



DO NOT use if there are heart conditions (such as with arrhythmias)  
especially those with pacemakers



DO NOT use if diagnosed with cancer

### III. WARNINGS



DO NOT use if diagnosed with infectious disease



DO NOT use if pregnant, menstruating,  
conceiving, or breastfeeding



DO NOT use if you have undergone major surgery,  
Diabetic and with cerebrovascular disease ( stroke patients ) must  
avoid



DO NOT use if have metal on any part of the body

## IV. TREATMENT POSITION

The position of the handles during treatment must be the same as below image for every area of the body:



### NOTES:



1. Be careful to avoid positions of ribs and bones
2. When operating the abdomen, select one or two handles according to the size of the customer's abdomen.
3. It is recommended to treat one part for 30 minutes.
4. Before operation, the metal objects worn on the body must be removed, and metal objects on the clothes must also be avoided.
5. Before operation, fasten the bandage, insert the handle into the bandage and fix it, and pay attention to the close position of the working head.
6. Adjust the energy intensity before starting the operation. The treatment starts from low intensity and gradually improves, and slowly improves according to the comfort of customers.
7. Note: if the customer doesn't feel anything during the operation, the energy intensity can be appropriately strengthened, and the degree of strengthening can be asked whether the customer accepts it.

# V. MODE SELECTION & OPERATION

## a. Mode Selection

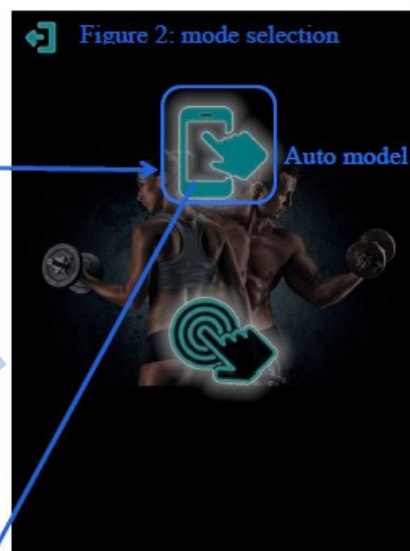
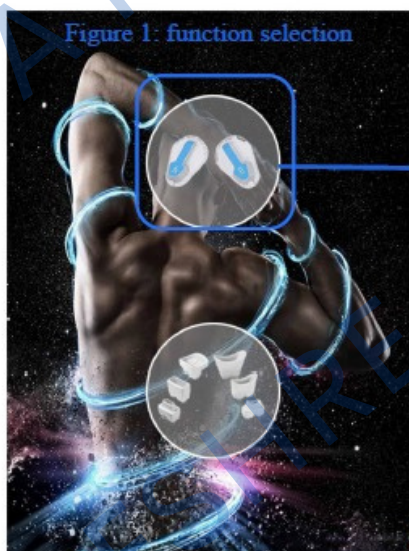
### I. Function and Mode Selection

1. On the interface, select the type of treatment to be used on the function selection interface.

2. There are two General Mode Categories: AUTO and MANUAL mode. Select which one to use.

3. On setting the information interface, select the appropriate settings according to gender, age range, and fat thickness.

4. Click the icon shown below start working.



Male

Female

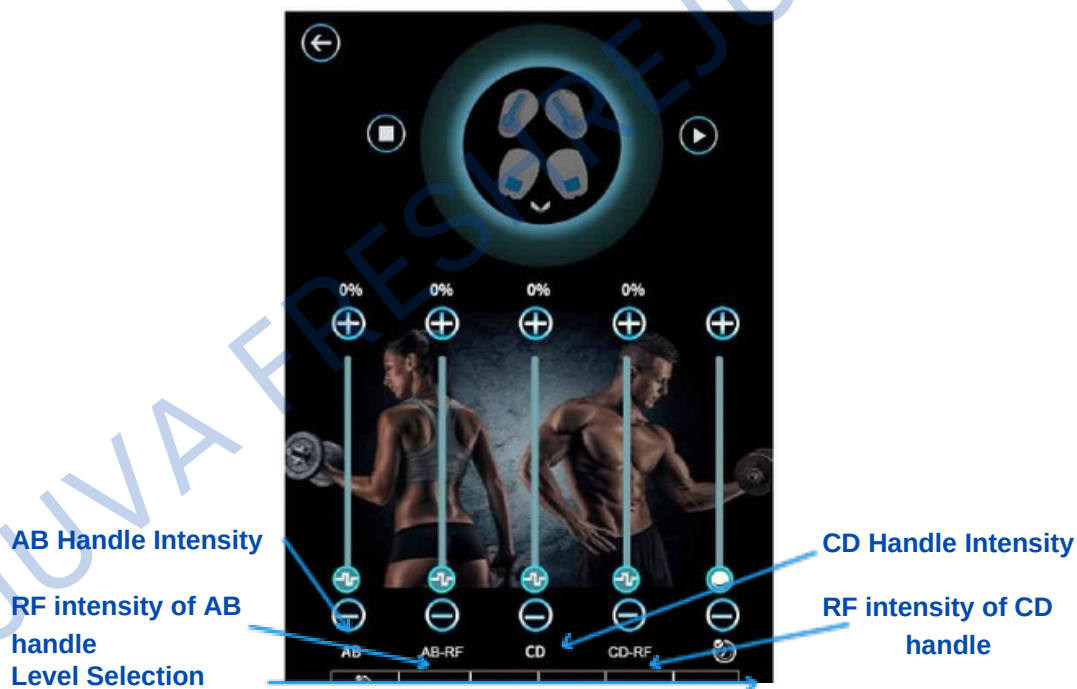
Age range (select appropriate age)

Fat thickness (select the corresponding fat thickness)

Click to enter the working interface shown in Figure 4

# V. MODE SELECTION & OPERATION

## b. AUTO Mode



### II. AUTO MODE

1. When using AUTO mode, there is a choice of TREATMENT LEVELS (please refer to page 13). Select a TREATMENT LEVEL according to the patient's condition. When in doubt start with HIIT to be conservative.

2. The handle strengths A and B can be adjusted ranging from 8% (weak) to 100% (strong). Set the handle strength before the start of treatment. The treatment starts from low intensity and should be gradually increased according to the patient's tolerance.

A B: Handle intensity of A and B, click [-] and [+] to adjust intensity.

C D: Handle intensity of C and D, click [-] and [+] to adjust intensity.

AB-RF: RF intensity of AB handle, click [-] and [+] to adjust intensity.

CD-RF: RF intensity of CD handle, click [-] and [+] to adjust intensity.

3. Set the working time. The default working time of one treatment is 30 minutes. This can be adjusted from 5 minutes to 60 minutes.

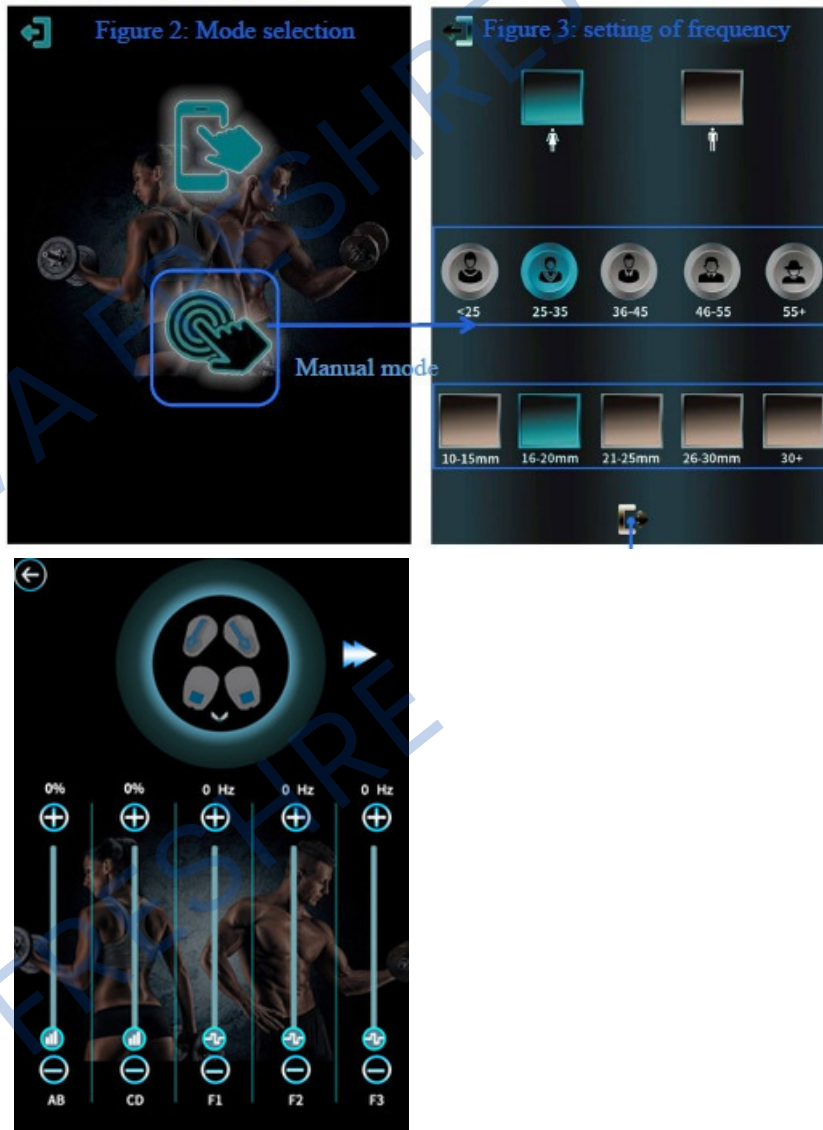
4. Click the Start button to start the treatment. Click the Pause button if you need to pause the treatment.

**NOTE: Adjust the settings when the device is in Pause mode.**



# V. MODE SELECTION & OPERATION

## c. Manual Mode



### III. MANUAL MODE

1. On the interface, select Manual mode.
2. On setting the information interface, select the appropriate settings according to gender, age range, and fat thickness.
3. Click the icon shown below start working.

# V. MODE SELECTION & OPERATION

## c. Manual Mode

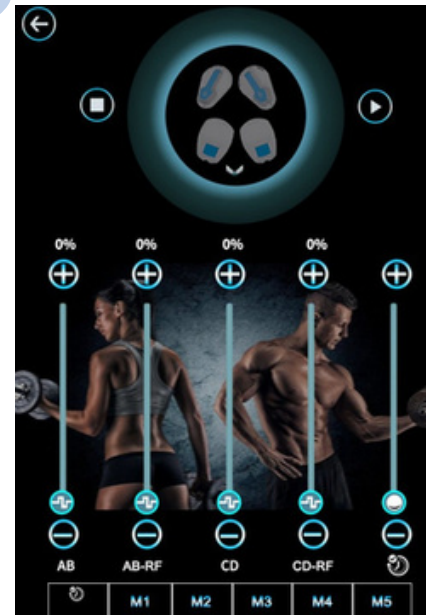
4. Set the frequency , adjustment settings are below:

**F1: Frequency 1, the intensity range is 3HZ (weak) to 200Hz (strong)**

**F2: Frequency 2, the intensity range is 3HZ (weak) to 200Hz (strong)**

**F3: Frequency 3, the intensity range is 3HZ (weak) to 200Hz (strong)**

**NOTE: It's recommended that F1 be set to 120HZ, F2 to 5HZ, and F3 to be set to 160HZ o achieve a balance of fat reduction and muscle building.**



5. Before the start of treatment, set the frequency parameters according to the required frequency.

**F1 frequency works for 5 minutes,**

**F2 frequency works for 1 minute,**

**F3 frequency works for 5 minutes, and**

**\* F1, F2, and F3 frequencies are cycled in sequence.**

6. The handle strengths A and B can be adjusted ranging from 8% (weak) to 100% (strong). Set the handle strength before the start of treatment. The treatment starts from low intensity and should be gradually increased according to the patient's tolerance.

A B: Handle intensity of A and B, click **[-]** and **[+]** to adjust intensity.

C D: Handle intensity of C and D, click **[-]** and **[+]** to adjust intensity.

AB-RF: RF intensity of AB handle, click **[-]** and **[+]** to adjust intensity.

CD-RF: RF intensity of CD handle, click **[-]** and **[+]** to adjust intensity.

7. Set the working time. The default working time of one treatment is 30 minutes. This can be adjusted from 5 minutes to 60 minutes.

8. Click the Start button to start the treatment. Click the Pause button if you need to pause the treatment.

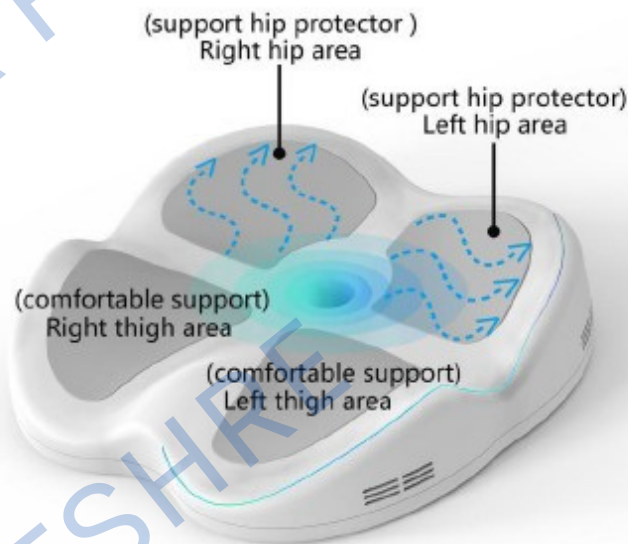
**NOTE: Adjust the settings when the device is in Pause mode.**

## VI. MODE SELECTION & OPERATION

### d. Pelvic Floor Cushion

1. Align the handle with the socket on the back of the instrument and insert it; Insert the power cord into the rear socket of the device, turn ON the power switch, and the device will start immediately.

Ergonomic design, designed according to the human body curve, comfortable support.



2. Place a cushion on the chair, sit on the center, and relax.

#### **NOTE:**

**Use MANUAL mode when using the Pelvic Floor Cushion**

**The recommended setting for F1: 110 Hz, F2: 5 Hz, and F3: 140 Hz**



## VI. TREATMENT LEVELS IN AUTO MODE

MODE	STAGE 1	STGE 2	STAGE 3	STAGE 4	STAGE 5	STAGE 6
M1	3 Hz/ 1 minute	140 Hz/ 5 minutes	4 Hz/ 1 minute	200 Hz/ 5 minutes	4 Hz/ 1 minute	140 Hz/ 5 minutes
	5 Hz/ 1 minute	150 Hz/ 5 minutes	5 Hz/ 1 minute	80 Hz/ 5 minutes	5 Hz/ 1 minute	120 Hz/ 5 minutes
M2	5 Hz/ 1 minute	150 Hz/ 5 minutes	5 Hz/ 1 minute	160 Hz/ 5 minutes	5 Hz/ 1 minute	120 Hz/ 5 minutes
	4 Hz/ 1 minute	140 Hz/ 5 minutes	4 Hz/ 1 minute	200 Hz/ 5 minutes	4 Hz/ 1 minute	140 Hz/ 5 minutes
M3	5 Hz/ 1 minute	150 Hz/ 5 minutes	5 Hz/ 1 minute	160 Hz/ 5 minutes	5 Hz/ 1 minute	150 Hz/ 5 minutes
	4 Hz/ 1 minute	140 Hz/ 5 minutes	4 Hz/ 1 minute	200 Hz/ 5 minutes	4 Hz/ 1 minute	140 Hz/ 5 minutes
M4	5 Hz/ 1 minute	150 Hz/ 5 minutes	5 Hz/ 1 minute	160 Hz/ 5 minutes	5 Hz/ 1 minute	150 Hz/ 5 minutes
M5						

<b>M1</b>	Basic training for beginners ( suitable for people who hardly exercise, effective basic training for weak muscle groups )
<b>M2</b>	Adaptation training ( suitable for primary exercisers who have not exercised for a long time, and also suitable for obese people with less muscles )
<b>M3</b>	Preliminary training ( suitable for primary exercisers with insufficient muscle or slightly higher body fat, also suitable for slightly obese people)
<b>M4</b>	Advanced training ( suitable for intensive endurance training, suitable for all fitness groups and regular exercisers, and also suitable for obese people. As the training frequency further increased, the load is gradually increased to increase the strength and dimensionality of muscle contraction. For shaping.)
<b>M5</b>	Professional training ( suitable for intensive training, suitable for regular exercisers and athlete groups, and also suitable for obese people. Due to increase in training frequency and high intensity of action, the fat burning ability of muscles is improved, and fat is consumed at high frequency.

## VII. TROUBLESHOOTING SOLUTIONS

Machine Error Cause	Troubleshoot	
Machine not working	<ol style="list-style-type: none"><li>1.Power plug not inserted</li><li>2.Switch not ON</li><li>3.Power fuse failure</li></ol>	<ol style="list-style-type: none"><li>1.Check the power</li><li>2.Check the switch</li><li>3.Replace the fuse</li></ol>
Handle not working	Check if the connection is loose	Disconnect and reconnect the handle

## VIII. MAINTENANCE

### VII.1 Regular Use

- a. To make sure that the machine will last longer, after each 30 minutes of using the machine, allow machine to rest/cool down for 5 minutes before starting the treatment again
- b. Check the power socket, confirm that there is a reliable connection to the ground
- b. Check if the power cord is damaged before use, do not use if damaged

### VII.2 Cleaning

- a. Perform regular cleaning to ensure sanitation and proper function
- b. The outside body of the machine can be cleaned using a damp cloth or alcohol wipes
- c. Clean only when the machine is unplugged, disconnected from the power source.



REJUVA FRESH, LLC  
551 Red Bridge Road  
Ellsworth,  
Maine 04605  
United States  
1-800-249-1310  
[rejuvafresh.com](http://rejuvafresh.com)