

Professional EMSZERO Neo Body Sculpting Machine 5 in 1

USER MANUAL

**MUSCLE BUILDING
BODY SHAPING
FAT BURNING**



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Welcome

to your **Professional EMSZERO Neo Body Sculpting
Machine 5 in 1**



rejuvafresh.com

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PREFACE

Thank you for choosing REJUVA FRESH Professional EMSZERO Neo Body Sculpting Machine 5 in 1.

The latest, super intense magnetic wave technology stimulates approximately 20,000 forced muscle contractions per 30-minute treatment session. Such supra-maximal contractions are not achievable by normal exercise.

This machine uses Continuous Freezing Technology to ensure that the treatment head does not over-heat, making the magnetic energy output highly stable.

Professional EMSZERO Neo Body Sculpting Machine 5 in 1 is easy to operate with both automatic and customizable programs. The use of this machine is non-invasive, with no side effects, and painless.

Please read this User Manual carefully in order to use the machine properly and to protect the machine from unnecessary damages.

Should you encounter any issues during operation of the machine or any related questions, you can contact us at our website: rejuvafresh.com or email us at hello@rejuvafresh.com.

Thank you again, and please enjoy your REJUVA FRESH body sculpting equipment!

I. PRODUCT INFORMATION & SPECIFICATION

I.1 Product Information

This machine uses high intensity magnetic muscle training (HIMMT) to continuously expand and contract muscles, causing extreme training, deep muscle remodeling, the growth of myofibrils and muscle hyperplasia. This process triggers the production of new collagen chains, thereby increasing muscle support and volume.

The supra-maximal muscle contractions described, in turn cause a large amount of fat decomposition. Fatty acids are broken down from triglycerides, and the high concentration causes fat cells to undergo apoptosis, with better excretion from the body through normal metabolism within a few weeks. In this way, the treatment of this machine reduces fat while strengthening and increasing muscle.

I.2 Product Specification

Maximum Power Output	5000 W
Input Voltage	110 V/ 220 V Voltage selected according to your region
Frequency	5~150Hz
Net weight	~ 65 kg
Product dimension	~75 x 68 x 125
Transport Package	Air Box

I. PRODUCT INFORMATION & SPECIFICATION

I.3 List of Accessories

1	Body	1 Set	
2	Handle	4 (2 Flat & 2 Curved)	
3	Belt	4	
4	Butt Cushion	1	
5	Power Cable	1	

II. PRODUCT APPEARANCE

II.1 Front view



II.2 Side view



II.3 Back view



III. WARNINGS

III.1 Please follow these precautions before/during/after use



Use at least one hour after meals.
DO NOT use when feeling full after eating



Before using the instrument,
remove any metal jewelry you are wearing



Before starting the operation, touch the probe vertically to the skin,
then turn on the switch of the main unit and adjust the
intensity of the operation mode



Start with the lowest level, and then increase the intensity
sequentially according to the user's skin tolerance;

III. WARNINGS



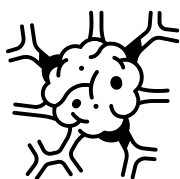
DO NOT eat during machine operation
Try to eat some protein after one hour of session



DO NOT use if there are open wounds
or any skin infections such as eczema or dermatology issues



DO NOT use if there are heart conditions (such as with arrhythmias)
especially those with pacemakers



DO NOT use if diagnosed with cancer

III. WARNINGS



DO NOT use if diagnosed with infectious disease



DO NOT use if pregnant, menstruating,
conceiving, or breastfeeding



DO NOT use if you have undergone major surgery,
Diabetic and with cerebrovascular disease (stroke patients) must
avoid



DO NOT use if have metal on any part of the body

IV. RECOMMENDATIONS

After treatment, user should drink extra water. The user should apply additional moisturizer and sunscreen after treatment, as needed.

Eat moderately, avoid over eating.
Sleep regularly.

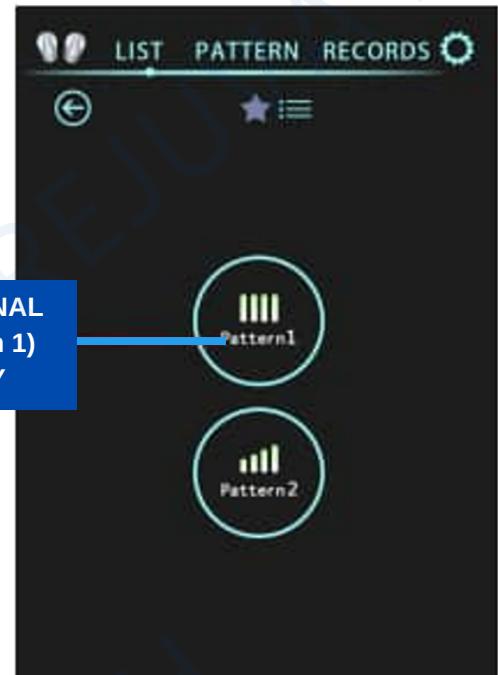
Avoid spicy food.

DO NOT soak in hot springs or use any saunas for three days following the treatment.

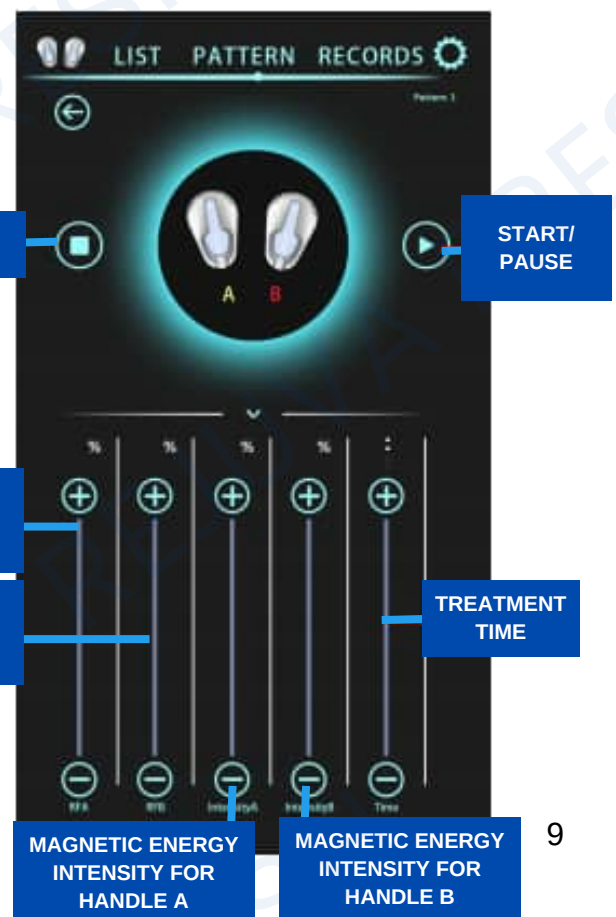
V. MODE SELECTION & OPERATION

V.1 PERSONAL Mode (Pattern 1)

1. If you want the easy mode, choose PERSONAL (Pattern 1) mode. Take out the handle from the handle holders before treatment. Use the belt to fix the handle to the body part being treated.



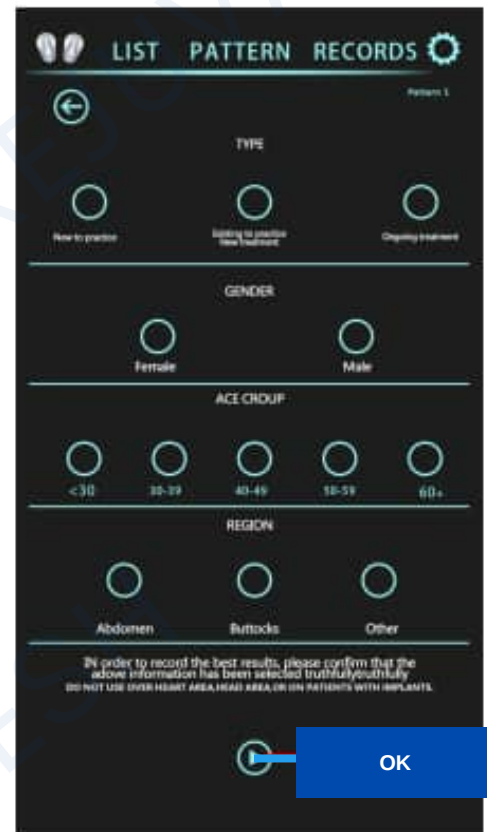
2. Enter the settings on the interface to adjust the RF ENERGY Intensity, MAGNETIC ENERGY Intensity, and TREATMENT TIME according to preference. Once done with the setting, press START to proceed.



V. MODE SELECTION & OPERATION

V.1 PERSONAL Mode (Pattern 1)

3. On the List, select your preferences. Press OK to proceed with the treatment.

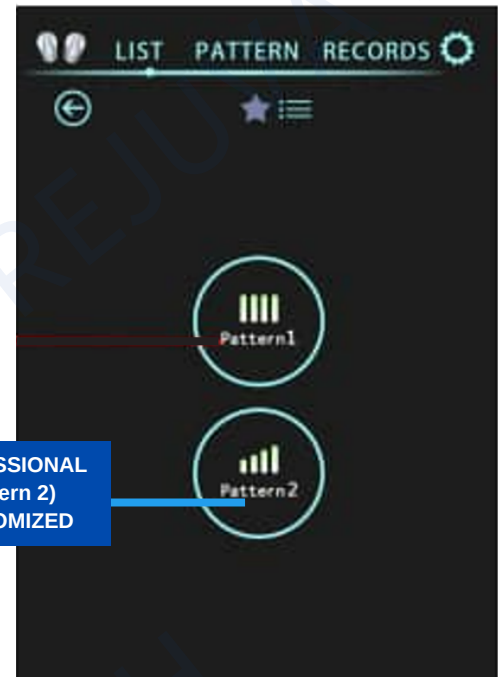


NOTE: Before pressing START, make sure that the handles are attached to the body part being treated by using the belt. When the treatment is complete, gently return the handle on the handle holder.

V. MODE SELECTION & OPERATION

V.2 PROFESSIONAL Mode (Pattern 2)

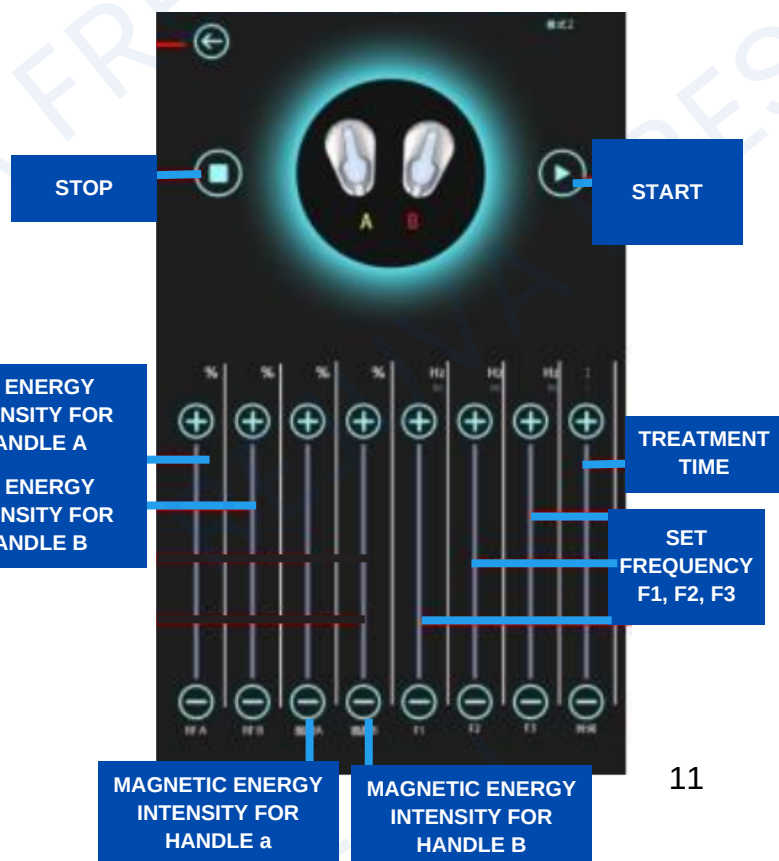
1. If you want to make your treatment more customized for yourself/client, select PROFESSIONAL (Pattern 2) mode . Take out the handle from the handle holder before treatment. Use the belt to fix the handle to the body part being treated.



2. When using PROFESSIONAL(Pattern 2) mode, you will need to select the handle vibration frequencies corresponding to the 3 phases of the treatment time. The three frequencies are defined as follows:

- F1 = frequency during initial warm up phase
- F2 = frequency during middle treatment
- F3 = frequency during final cool down phase.

Enter the frequency level according to your preference.



As in PERSONAL(Pattern 1) mode, enter the additional settings:

RF ENERGY Intensity, MAGNETIC ENERGY Intensity, and TREATMENT TIME according to preference.

Once done with the setting, press START to proceed.

V. MODE SELECTION & OPERATION

V.2 PROFESSIONAL Mode (Pattern 2)

3. On the List, select your preferences. Press OK to proceed with the treatment.

NOTE: Before pressing START, make sure that the handles are attached to the body part being treated by using the belt. return the handle on the handle holder after use.



HELPFUL TIPS No.1 :

- If you want to burn more fat, we suggest selecting the higher handle vibration frequency (higher F1, F2, and F3)
- If you want to emphasize building muscles, we suggest selecting low handle vibration frequency (lower F1, F2, and F3)

VI. HANDLE SELECTION & BUTT CUSHION



1. This machine has two separate interfaces:
Lower interface is for the two HANDLES A
Top interface is for the two HANDLES B
2. The HANDLES A are controlled together by a single switch.
HANDLES B are controlled together by a separate single switch.
3. There are also two types of handles: FLAT and CURVED
FLAT Handle - for flat area such as **abdominal and back treatment**
CURVED Handle - for **arms, thighs, and butt sculpting**



HELPFUL TIPS No. 2:

- For more effective treatment results, use two handles at the same time on the same body part being treated.

VI. HANDLE SELECTION & BUTT CUSHION



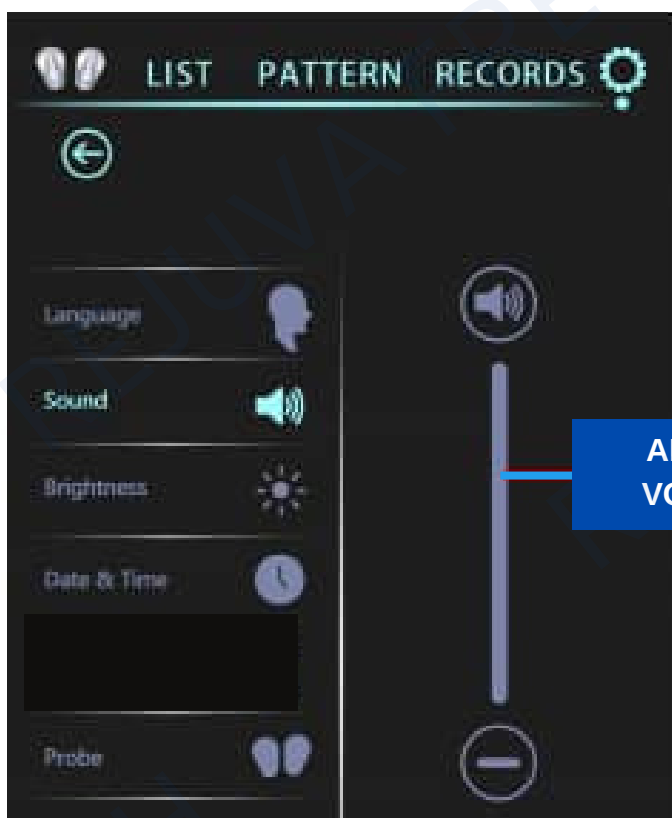
To attach the pelvic floor/butt cushion, simply unplug one of the handles (A or B category is ok) from its socket, and plug the cushion into to this same socket

VII. ADJUSTMENT SETTINGS

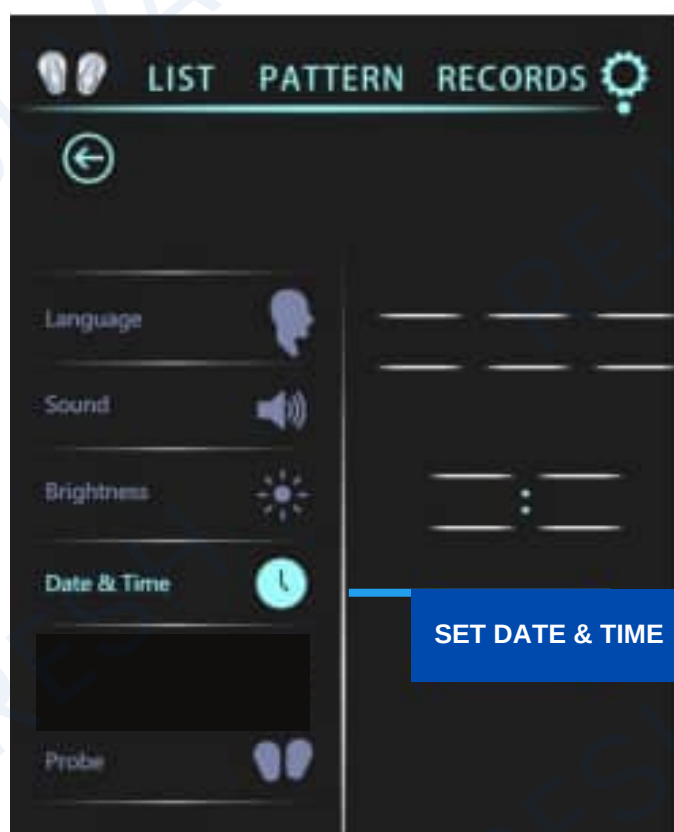
LANGUAGE
SELECT



ADJUST
VOLUME



VII. ADJUSTMENT SETTINGS



VIII. TROUBLESHOOTING SOLUTIONS

Machine Error	Cause	Troubleshoot
Machine not working	<ol style="list-style-type: none">1. Power plug not inserted2. Switch not ON3. Power fuse failure	<ol style="list-style-type: none">1. Check the power2. Check the switch3. Replace the fuse
Handle not working	Check if the connection is loose	Disconnect and reconnect the handle

IX. MAINTENANCE

IX.1 Regular Use

- a. To make sure that the machine will last longer, after each 30 minutes of using the machine, allow machine to rest/cool down for 5 minutes before starting the treatment again
- b. Check the power socket, confirm that there is a reliable connection to the ground
- b. Check if the power cord is damaged before use, do not use if damaged

IX.2 Cleaning

- a. Perform regular cleaning to ensure sanitation and proper function
- b. The outside body of the machine can be cleaned using a damp cloth or alcohol wipes
- c. Clean only when the machine is unplugged, disconnected from the power source.



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