

PERSONAL EMSZERO Neo Sculpting Machine

USER MANUAL

**MUSCLE BUILDING
BODY SHAPING
WEIGHT LOSS**



Welcome

to your **PERSONAL EMSZERO Neo Sculpting Machine**



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PREFACE

Thank you for choosing REJUVA FRESH PERSONAL EMSZERO Neo Sculpting Machine. This machine combines the use of high intensity magnetic muscle training (HIMMT) together with Radio Frequency(RF) to achieve enhanced muscle building and fat burning.

The latest, super intense magnetic wave technology stimulates approximately 20,000 forced muscle contractions per 30-minute treatment session. Such supra-maximal contractions are not achievable by normal exercise.

This machine uses Continuous Freezing technology to ensure that the treatment head does not over heat, making the high magnetic output stable.

PERSONAL EMSZERO Neo Sculpting Machine has two modes - one for personal users (Pattern 1), and one for trainers/spa estheticians (Pattern 2). This will be discussed here in the User Manual. The use of this machine is non-invasive, with no side effects, and painless.

Please read this User Manual carefully in order to use the machine properly and to protect the machine from unnecessary damages.

Should you encounter any issues during operation of the machine or any related questions, you can contact us at our website: rejuvafresh.com or email us at hello@rejuvafresh.com

I. PRODUCT INFORMATION & SPECIFICATION

I.1 Product Information

This machine uses high intensity magnetic muscle training (HIMMT) to continuously expand and contract muscles, perform extreme training, deep muscle remodeling, the growth of myofibrils, and muscle hyperplasia - the production of new collagen chains, thereby increasing muscle support and volume.

The supra-maximal muscle contractions cause a large amount of fat decomposition. Fatty acids are broken down from triglycerides, which accumulate a large number of accidental cells. High concentration causes fat cells to undergo apoptosis and better excretion from the body through normal metabolism within a few weeks. Thus, treatment reduces fat while strengthening and increasing muscle.

I.2 Product Specification

Material	ABS
Maximum Power Output	2000 W
Input Voltage	110 V/ 220 V Voltage selected according to your region
Magnetic FLux	30-100 Weber per treatment area, depending on the body part treated and body size
Net weight	~ 40 kg
Package dimension	53 x 58 x 64 cm

I. PRODUCT INFORMATION & SPECIFICATION

I.3 List of Accessories

No.	Item	Quantity	Image
1	Body	1 Set	
2	Handle	2	
3	Belt	3	
4	Power Cable	1	
5	Manual	1 Copy	<p>PERSONAL EMSZERO Neo Sculpting Machine USER MANUAL</p>  <p>MUSCLE BUILDING BODY SHAPING WEIGHT LOSS</p>

II. PRODUCT APPEARANCE

II.1 Front view



II.2 Side view



POWER ON/OFF

II.3 Back view



III. WARNINGS

III.1 Before use



Use at least one hour after meals.
DO NOT use when feeling full after eating



Before using the instrument,
remove any metal jewelry you are wearing



Before starting the operation, touch the probe vertically to the skin,
then turn on the switch of the main unit and adjust the
intensity of the operation mode



Start with the lowest level, and then increase the intensity
sequentially according to the user's skin tolerance;

III. WARNINGS



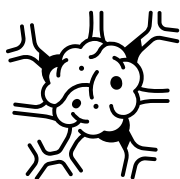
DO NOT eat during machine operation
Try to eat after one hour of session



DO NOT use if there are open wounds
or any skin infections such as eczema or dermatology issues



DO NOT use if there are heart conditions (such as with arrhythmias)
especially those with pacemakers



DO NOT use if diagnosed with cancer

III. WARNINGS



DO NOT use if with infectious disease



DO NOT use if pregnant, menstruating,
conceiving, or breastfeeding



DO NOT use if had undergone major surgery,
Diabetic and with cerebrovascular disease (stroke patients)



DO NOT use if have metal on any part of the body

IV. RECOMMENDATIONS

IV.1 During and after use, for best results

After use, user should replenish water in time

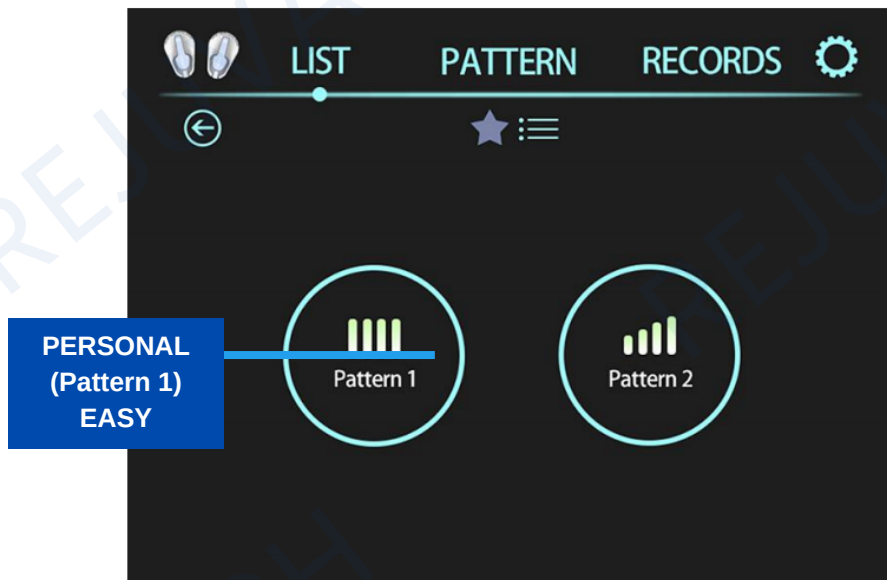
Eat moderately, avoid over eating.
Sleep regularly.

Avoid spicy food.

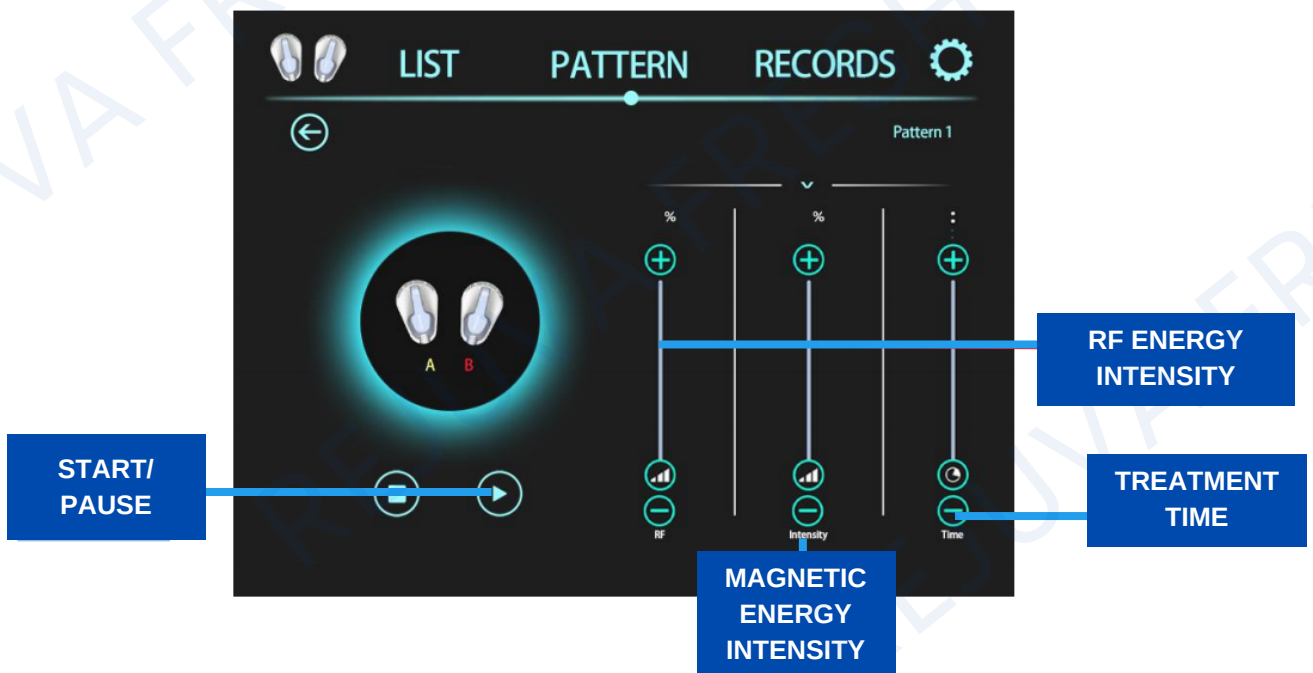
DO NOT soak in hot springs and saunas for three days

V. MODE SELECTION & OPERATION

V.1 PERSONAL Mode (Pattern 1)



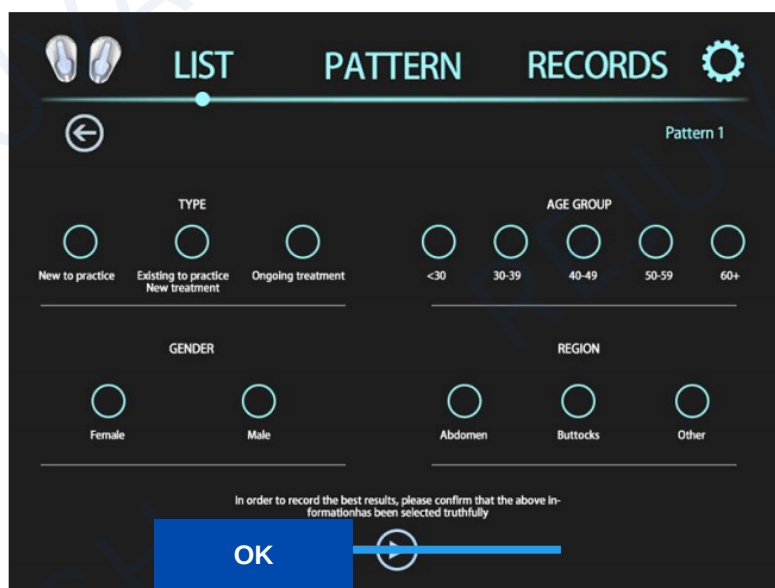
1. If you want the easy mode, choose PERSONAL (Pattern 1) mode. Take out the handle from the handle frames before treatment. Use the belt to fix the handle to the body part being treated.



2. Enter the settings on the interface to adjust the RF ENERGY Intensity, MAGNETIC ENERGY Intensity, and Treatment time according to preference. Once done with the setting, press Start to proceed.

V. MODE SELECTION & OPERATION

V.1 PERSONAL Mode (Pattern 1)

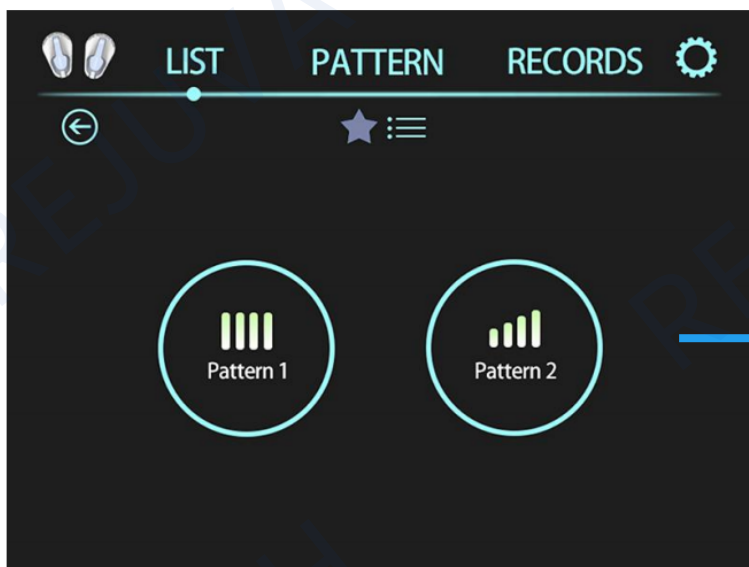


3. On the List, select your preferences. Press OK to proceed with the treatment.

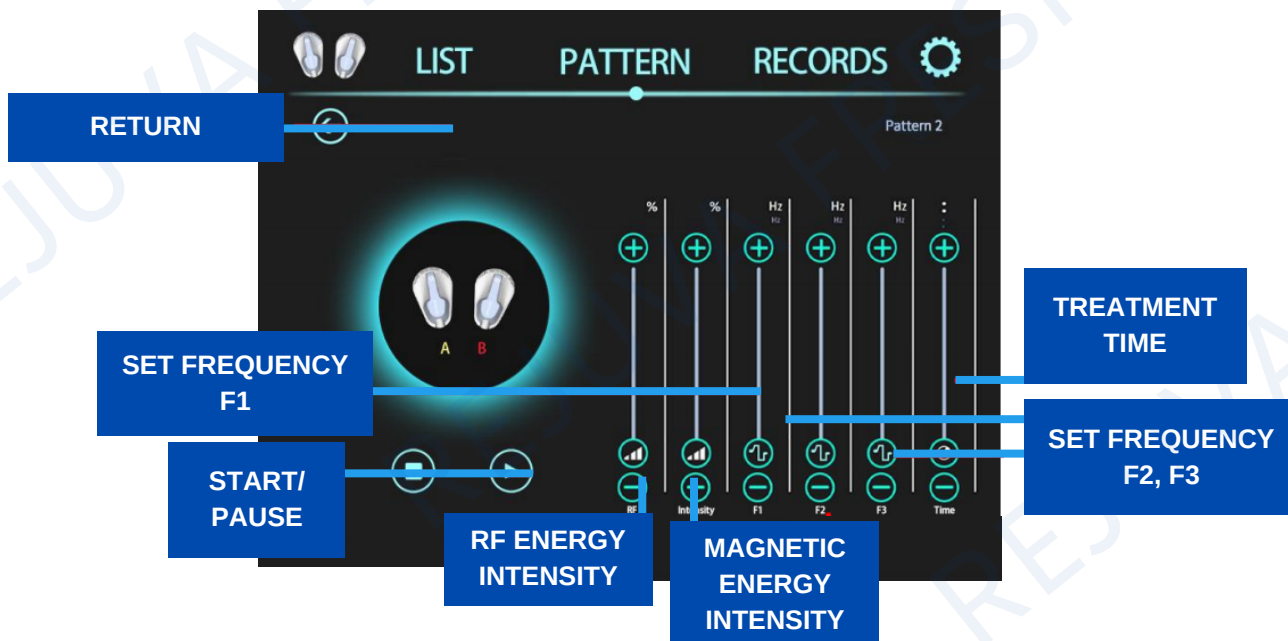
NOTE: Before pressing START, make sure that the handles are attached to the body part being treated by using the belt. Gently return the handle on the handle socket after use.

V. MODE SELECTION & OPERATION

V.2 PROFESSIONAL Mode (Pattern 2)



1. If you want to make your treatment more customized for yourself/client, select PROFESSIONAL mode (Pattern 2). Take out the handle from the handle frames before treatment. Use the belt to fix the handle to the body part being treated.



2. When using PROFESSIONAL(Pattern 2) mode, there are 3 phases of treatment and with different corresponding handle vibration frequencies:

F1 = frequency during initial warm up phase, F2 = frequency during middle treatment, and F3 = frequency during final cool down phase.

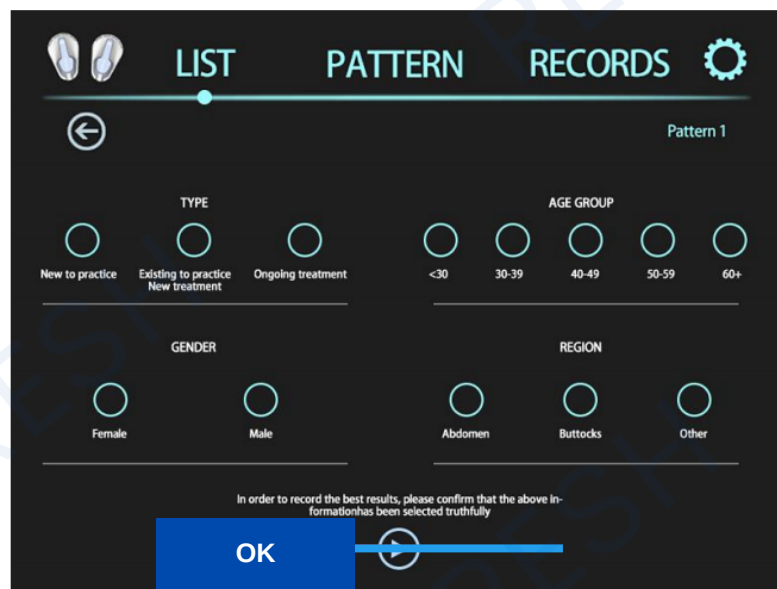
You will need to enter the level according to your preference.

V. MODE SELECTION & OPERATION

V.2 PROFESSIONAL Mode (Pattern 2)

As in PERSONAL (Pattern 1) mode, enter the settings on the interface to adjust the RF ENERGY Intensity, MAGNETIC ENERGY Intensity, and Treatment time according to preference.

Once done with the setting, press Start to proceed.



3. On the List, select your preferences. Press OK to proceed with the treatment.

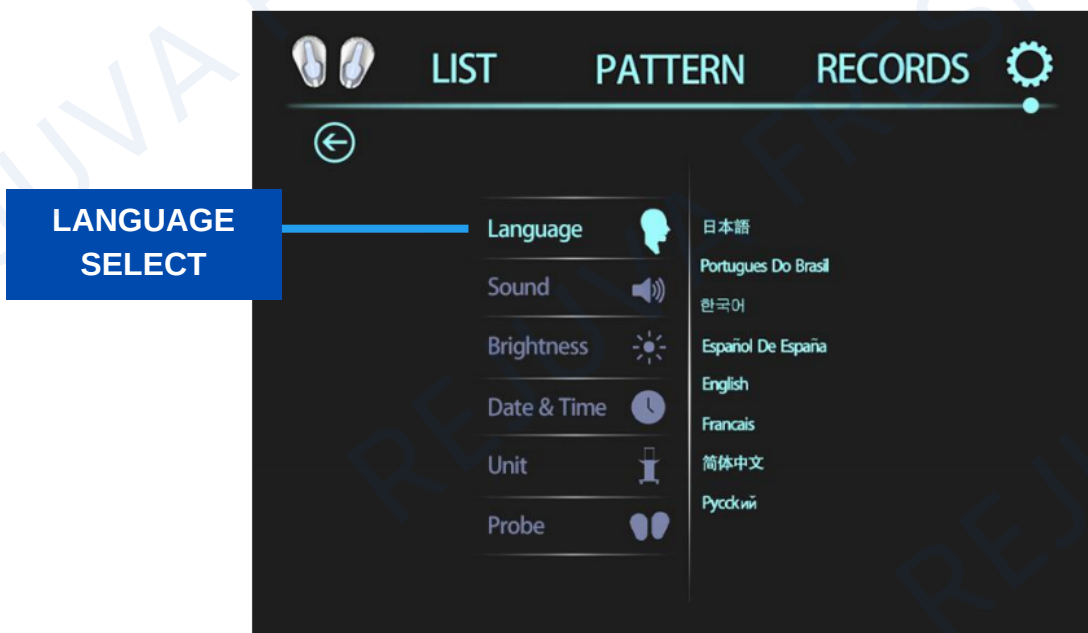
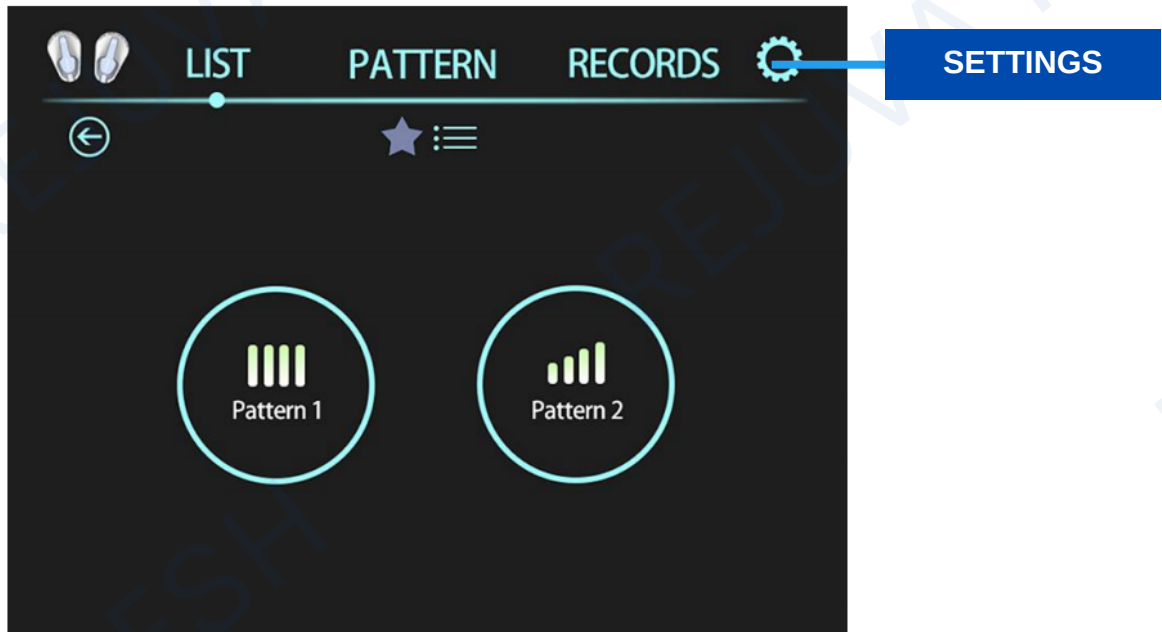
NOTE: Before pressing START, make sure that the handles are attached to the body part being treated by using the belt. Gently return the handle on the handle socket after use.



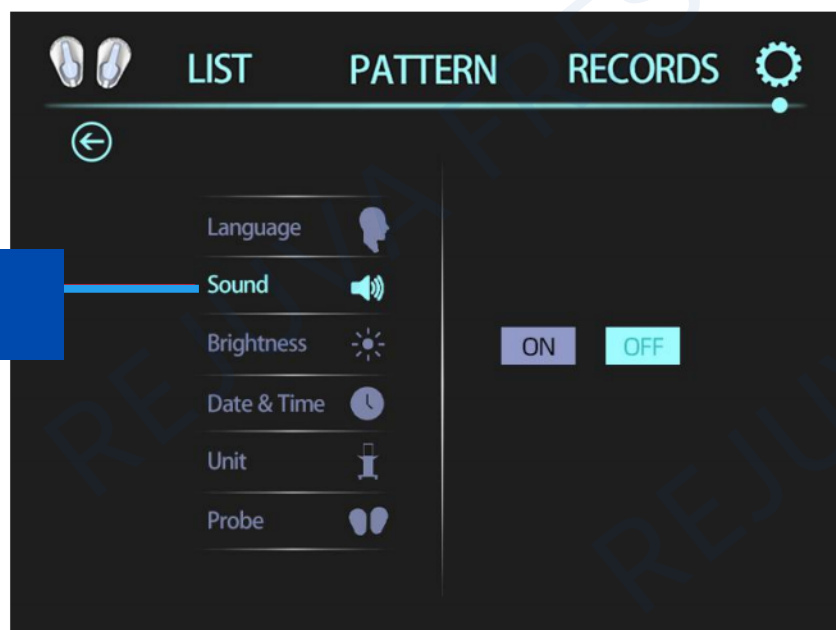
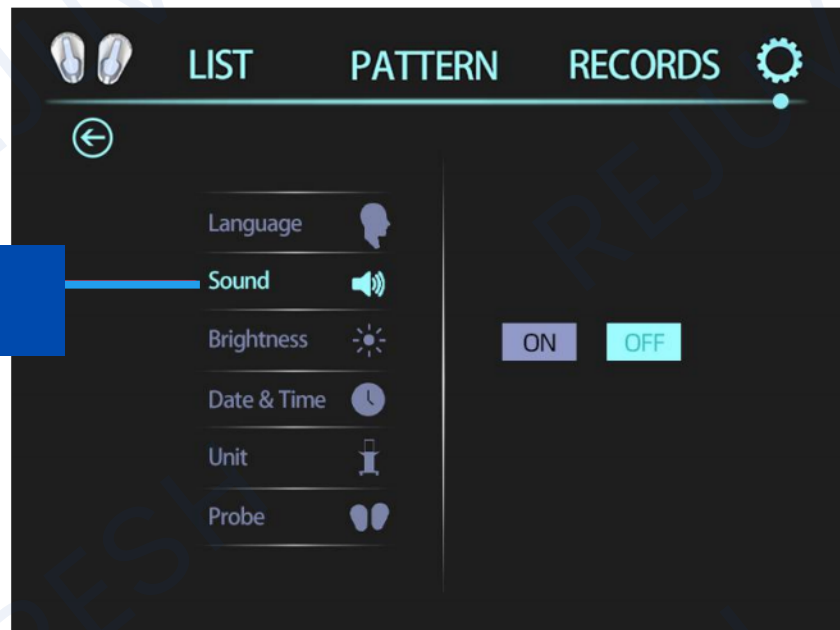
HELPFUL TIPS:

- If you want to burn more fat, we suggest selecting the higher handle vibration frequency (F1, F2, and F3)
- If you want to emphasize building muscles, we suggest selecting low handle vibration frequency (F1, F2, and F3)

VI. ADJUSTMENT SETTINGS

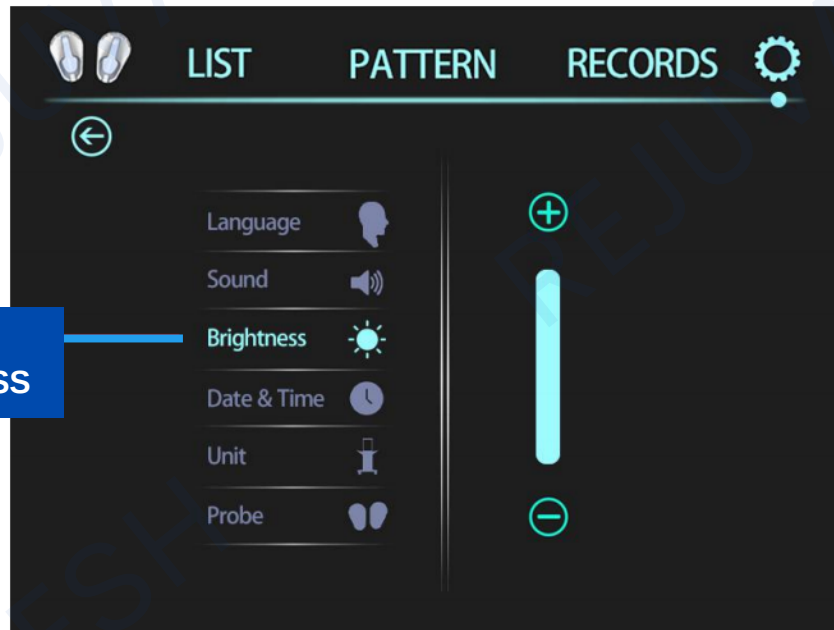


VI. ADJUSTMENT SETTINGS

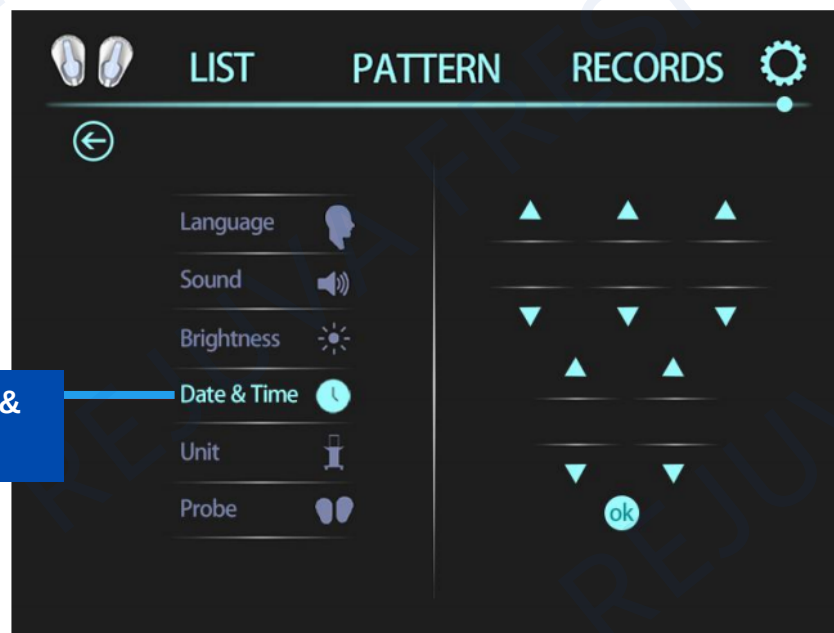


VI. ADJUSTMENT SETTINGS

ADJUST
BRIGHTNESS



SET DATE &
TIME



VII. TROUBLESHOOTING SOLUTIONS

Machine Error	Cause	Troubleshoot
Machine not working	<ol style="list-style-type: none">1. Power plug not inserted2. Switch not ON3. Power fuse failure	<ol style="list-style-type: none">1. Check the power2. Check the switch3. Replace the fuse
Handle not working	Check if the connection is loos	Disconnect and reconnect the handle

VIII. MAINTENANCE

VIII.1 Daily Inspection

- a. Check regularly the machine and its accessories
- b. Check the power socket, if has a reliable connection to the ground
- c. Check if the power cord is damaged before use, do not use if damaged

VIII.2 Cleaning

- a. Perform regular cleaning to ensure sanitation and proper function
- b. The outside body of the machine can be cleaned using a damp cloth or alcohol wipes
- c. Clean only when the machine is unplugged or disconnected from the power source.



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