Multi-function Laser Machine for Hair Removal + Tattoo Removal + E-Light Skin Rejuvenation

USER MANUAL







to your Multi-function Laser Machine for Hair Removal + Tattoo Removal + E-Light Skin Reiuvenation



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PREFACE

Thank you for choosing **REJUVA FRESH** Multi-function Laser Machine for Hair Removal + Tattoo Removal + E-Light Skin Rejuvenation. This highly versatile laser beauty machine combines the technologies of E-Light, SHR, Radio Frequency, and YAG Laser to safely achieve multiple skin benefits for your spa clients.

This machine has powerful lasers with state-of-the-art cooling system that ensures efficient and effective treatment. It is portable and easy to operate. With this machine, achieve permanent hair removal, tattoo, and spot removal for your clients. Truly a good investment for your spa or salon!

Please read this User Manual carefully in order to use the machine properly and to protect the machine from unnecessary damages.

Should you encounter any issues during operation of the machine or any related questions, you can contact us at our website: rejuvafresh.com or email us at hello@rejuvafresh.com.

Thank you again, and please enjoy your Rejuva Fresh Multi-function Laser Machine for Hair Removal + Tattoo Removal + E-Light Skin Rejuvenation!



I.1 Product Information

This machine combines the technologies:

- 1. E-Light: uses an advanced combination of IPL and RF technology and achieves visible hair loss even after the first session. The hair bulb is permanently destroyed by E-Light energy as it is transformed into heat, without any damage to surrounding skin tissues, so new hair will never grow again. Hair that is currently in the growth phase normally falls out within one or more weeks following treatment. After only several treatments, all hair will be completely gone.
- 2. SHR Handle: A sweeping process of 640nm-1200nm wavelength light with continuous luminescence guarantees that the hair follicles of targeted tissue are completely deactivated so that hair will never grow back. Contact-type operation and sapphire cooling are synchronized, which ensures complete protection of skin tissue and helps you feel more comfortable during the operation.
- 3. **YAG Laser**: The YAG laser successfully penetrates the epidermis and dermis, as it locates and breaks up tattoo pigmentation. It not only get will remove unwanted tattoos of all colors once and for all, the laser also works effectively for removal of other unwanted spots, such as speckles and age spots, and marks on the body and face.
- 4. Radio Frequency (RF): Radio frequency radio waves accurately reach the deep layers of the skin to stimulate the ions in the body to effect the natural production and rearranging of collagen. As a result, the skin becomes more soft and firm and wrinkles less apparent. Skin elasticity is restored.



This spa machine includes a personal training session with an expert instructor. We also offer complimentary certification (certificate that you can hang on the wall).

Contact us after you receive your delivery to schedule your training session by Zoom or FaceTime.



I.2 Product Specification

Machine Power	2000 W
Voltage	100 V/110 V/ 220 V Voltage selected according to your region
3 Handles	E-Light, RF, Nd:YAG
Screen size	10.4 in
Cooling system	water cooling + air cooling + semiconductor refrigeration
Light window	10 x 40 mm
Energy density	1-50 J/CM ²
Spot diameter	1-8 mm
Wavelength	532nm, 1064nm, 1320nm
Working frequency	1-10Hz
Machine size	64 x 58 x 79 cm



I.3 List of Accessories

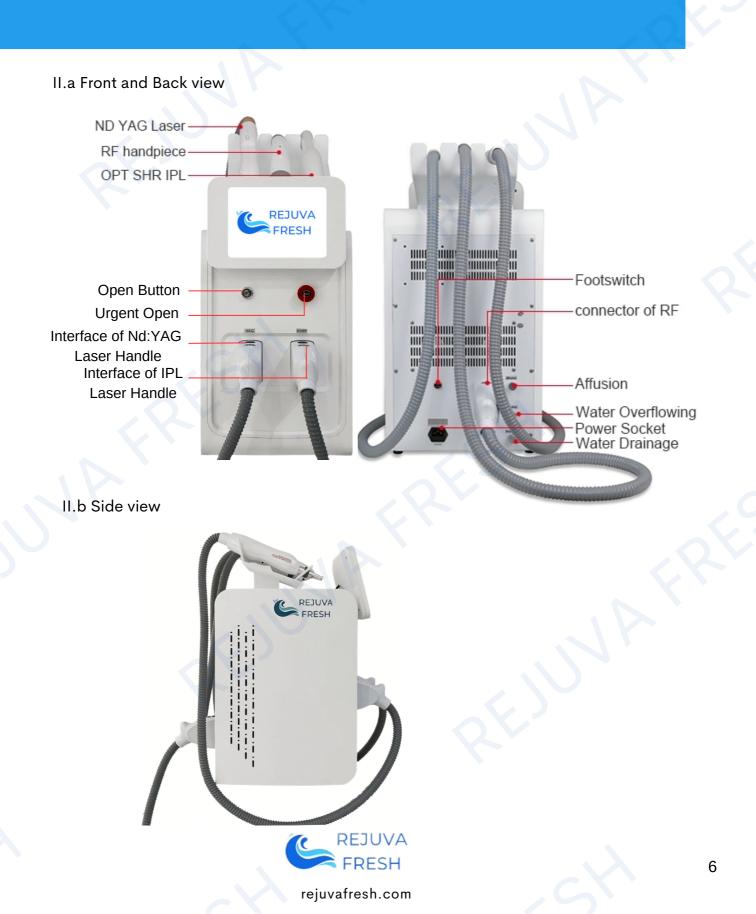
Item	Quantity	Image
Main Unit	1	REIVA FREM
Nd:YAG Handle	1 set (including 532nm, 1064nm, and Black Face doll)	
E-Light Handle	1 set (including 1 each of: 640nm, 530nm, & 480nm filter slide)	
RF Handle	1 set (including for eye, face & neck, & body parts)	
Foot Switch	1	



ltem	Quantity	Image
Water Funnel and Pipe	1	
Operator Protective Glasses	1	
Power Cable	1	



II. PRODUCT APPEARANCE



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III. REFILLING THE MACHINE WITH WATER

WARNING!



Before you start the machine, you need to check the water injection level.

EVERY 1-2 MONTHS CHANGE THE WATER INSIDE THE DEVICE.



This is the water hole ,where you put water using the funnel.



Used for draining used water

Used for draining used water

After the machine water injection is finished:

- 1. Connect the foot switch on the machine and plug the machine on the socket.
- 2. Let the machine run for 1 minute then turn OFF.



IV. WARNINGS



Only the people who are professionally trained can use the device.



Only the person receiving treatment is allowed inside the treatment room.

During treatment, the operator must wear protective glasses, the person being treated must wear safety goggles

During treatment, avoid using flammable substances, such acetone and alcohol

IV. WARNINGS



DO NOT use if experiencing fever or if with skin diseases, or any infectious disease.



DO NOT use if pregnant, menstruating, conceiving, or breastfeeding



DO NOT USE if with: heart disease, hypertension, thyroid, malignant tumor, renal failure, epilepsy and muscle strain



DO NOT use if with with metal or electronic implants (metal contraceptive ring, cardiac pacemaker, cardiac defibrillator, nerve stimulator, drug pump and stent)



IV. WARNINGS



DO NOT use if had undergone plastic surgery with unhealed wounds.



DO NOT use if having allergic reactions.

DO NOT use if with abnormal metabolism of collagen cells, including history of scar and poor wound healing.

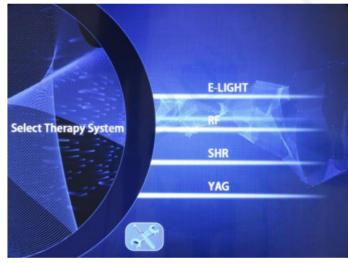
DO NOT use if under 18.



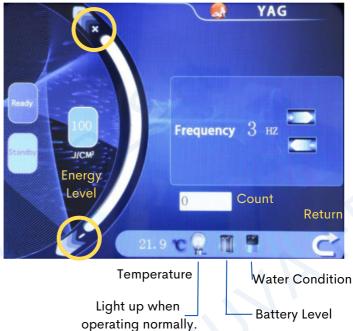


V. MACHINE OPERATION a. Nd:YAG Laser Handle

1. After checking that the handle is connected properly, the starting interface will appear when the power supply is turned on. Select YAG.



- Energy Range: 100~1200. (500~1000 is suggested.) Adjust Energy Level according to the customer's tolerability. Start from lower energy for first use, add up slowly after adapting to the current energy. (The higher the energy, the stronger the feeling of pain.)
- 3.Adjust Frequency. Range: 0~10 (3~6 is suggested. The higher the frequency, the faster the output.)







V. MACHINE OPERATION a. Nd:YAG Laser Handle

4.532 nm: For freckles and dark pigment 1064 nm: for removing tattoos and color pigments Black face Doll: for oil control and whitening



- 5. Cleanse the face before the start of the treatment. Apply numbing cream and let it stay on the skin for 15-20 minutes before the start of the treatment.
- 6. During treatment, it is best to start at a low energy level and adjust to the customer's tolerability. Detailed step-by-step is shown on the chapter for Treatment Diagram.

Carbon Black Doll Facial

Effect

- 1. Reduce skin blemishes and shrink pores.
- 2. Eliminate skin dullness and dark spots.
- 3. Increase skin elasticity and fight skin aging.
- 4. Improve skin quality and fade spots.
- 5. Tighten the skin, and remove fine lines.

Applicable Range

- 1. Those with excessive oil secretion and are prone to acne.
- 2. Those with enlarged pores and blackheads.
- 3. Those with dull, coarse skin and fine lines.
- 4. Those with lax skin.
- 5. Those who want to improve their skin tone.



V. MACHINE OPERATION a. Nd:YAG Laser Handle

Inapplicable Range

- 1. Those whose skin is having an allergic reaction or extremely sensitive.
- 2. Those in pregnancy, menstruation, or those with heart disease, '3 Hs' (high blood pressure, high cholesterol and high blood sugar).
- 3. Those who have just undergone plastic surgery and are still recovering.
- 4. Use with caution for patients with skin diseases and infectious diseases.
- 5. Those with metal implants or fillers on the treatment area.
- 6. Those who are allergic to light (solar urticaria, lupus erythematosus) have symptoms such as redness, swelling and oxygen after exposure to the sun.



Reminder after Treatment

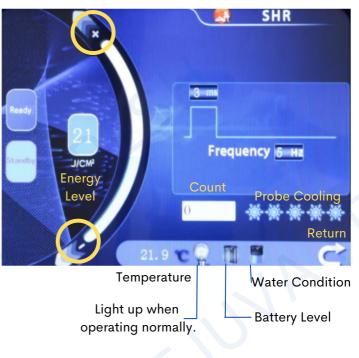
- 1. One week before the operation, do not do the following beauty treatment such as laser, dermabrasion, AHA skin rejuvenation.
- 2. Do not overly expose under the sun, sunbathe or SPA within one month before treatment.
- 3. Keep regular life schedule after treatment and pay attention to the combination of work and rest.
- 4. Apply at least one hydrating mask every day for one week after operation.
- 5. Do not go to sauna, soak in hot spring or swim within 7 days after the treatment.
- 6. Use sunscreen whose SPF level is between 30-50. Use physical measures too, like using umbrella when you're out under the sun.
- 7. Avoid stimulant skin care products and cosmetics, such as those containing AHA, salicylic acid (BHA) and alcohol, for one week after treatment.



1. After checking that the instrument is connected properly, the starting interface will appear when the power supply is turned on. Select SHR.



- Energy Range: 0~50 (20~40 is suggested). Adjust Energy Level according to the customer's tolerability. Start from lower energy for first use, add up slowly after adapting to the current energy. (The higher the energy, the higher the temperature).
- 3.Adjust Probe Cooling. Click the snow icon to adjust. Cooling Range: 0~5 (2~4 is suggested). The more the snow icons appear, the cooler. Adjust subjecting to the customer's tolerability. 3~4 will be okay, and those with stronger tolerability can use 4~5).





Wavelength	Skin Type	Energy Level Range
480nm~1200nm	For telangiectasia, couperose, inflammatory acne, pimples, etc.	15~35
530nm~1200nm	For dullness, sallowness, wrinkles, fine lines, enlarged pores, etc.	15~40
640nm~1200n	For rejuvenation, hair removal (armpit, limbs, back, hairline, lip hair, bikini, etc.)	20~40

Note: The above data are for reference only and they could be adjusted subjecting to clients' tolerable level to avoid scald.

Full-body Hair Removal

Effect

- 1. Remove unwanted hair on limbs.
- 2. Adjust hairline on forehead and neck.
- 3. Remove fine hair on the chest and back.
- 4. Remove facial fine hair and smooth skin.
- 5. Shrink pores and refine skin.
- 6. Remove hair around the mouth and chin.
- 7. Brighten and whiten skin.

Applicable Range

- 1. Those with excessive hair growth on limbs.
- 2. Those with unwanted hairline on the forehead.
- 3. Those with unwanted hairline on the neck.
- 4. Those with excessive hair growth around the mouth and chin.
- 5. Those with excessive hair growth on the back and large pores and dull skin.
- 6. Those with excessive hair growth on the face and uneven skin tone.
- 7. Those with excessive hair growth on the body and private parts.



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Inapplicable Range

- 1. Those in pregnancy and lactation; those with heart disease, malignant tumor, folliculitis, vascular disease, severe hyperlipidemia, hypertension, hyperglycemia, and other serious diseases.
- 2. Those with abnormal metabolism of collagen cells, including history of scar and poor wound healing.
- 3. Those with infected treatment area, herpes simplex, and skin lesion, etc.
- 4. Those who have just undergone plastic surgery with unhealed wounds.
- 5. Those who are having allergic reactions.
- 6. Those with pacemakers.
- 7. Those who are photosensitive (solar urticaria, lupus erythematosus), and experience swelling, itch and redness when exposed under the sun.
- 8. Those who have just undergone photoelectric therapy in 30 days.
- 9. Those who are in their childhood, not yet hit puberty or under 18.

Reminder after Treatment

- 1. No contact with hot water on treatment area in 6 hours.
- 2. Avoid sauna, hot spring and swimming in 7 days.
- 3. If redness appears on face, wait for 1 day before applying make-ups.
- 4. Use sun protection, such as sunscreen or umbrella after treatment.
- 5. Avoid applying any products that contain irritating ingredients (e.g. alcohol, acid) on body and limbs in 3 days.



Photon Rejuvenation

Effect

- 1. Improve skin blemishes and shrink pores.
- 2. Eliminate skin dullness and dark spots.
- 3. Increase skin elasticity and fight skin aging.
- 4. Help smooth wrinkles and improve skin quality.
- 5. Effectively tender skin, remove wrinkles and spots.
- 6. Improve telangiectasia and couperose.

Applicable Range

- 1. Those with sagging facial skin and fine lines.
- 2. Those with senile skin changes.
- 3. Those who want to change the texture of skin, hoping for better elasticity and smoother skin.
- 4. Those with pigmented spots on the face, such as freckles, sunspots, etc.
- 5. Those with coarse facial skin, large pores, acne pits and couperose.
- 6. Those with uneven and dark skin and wish for fairer skin.

- 1. Those whose skin is having an allergic reaction or extremely sensitive.
- 2. Those in pregnancy, menstruation, or those with heart disease, '3 Hs'(high blood pressure, high cholesterol and high blood sugar).
- 3. Those who have just undergone plastic surgery and are still recovering.
- 4. Use with caution for patients with skin diseases and infectious diseases.
- 5. Those with implants or fillers at the operating site.
- 6. Those who are allergic to light (solar urticaria, lupus erythematosus) have symptoms such as redness, swelling and oxygen after exposure to the sun.



Reminder after Treatment

- 1. For those who have used topical retinol acid ointment or freckle-removing product before operation, it is recommended to stop taking the medicine for 1 week before doing photon skin rejuvenation.
- 2. One week before the operation, do not do the following beauty treatments such as laser, dermabrasion, AHA skin rejuvenation.
- 3. Keep regular life schedule after treatment and pay attention to the combination of work and rest.
- 4. Apply at least one hydrating mask every day for one week after the treatment.
- 5. Do not go to sauna, soak in hot spring or swim within 7 days after the treatment.
- 6. Use sunscreen whose SPF level is between 30-50. Use physical measures too, like using umbrella when you're out under the sun.
- 7. Avoid stimulant skin care products and cosmetics, such as those containing AHAs, , salicylic acid(BHA) and alcohol, for one week after treatment.



1. After checking that the handle is connected properly, the starting interface will appear when the power supply is turned on. Select **RF.**



- Energy Range: 0~20 (5~15 is suggested). Adjust Energy Level according to the customer's tolerability. Start from lower energy for first use, add up slowly after adapting to the current energy. (The higher the energy, the higher the temperature.)
- 3.Select "Continuous" for large treatment area. This makes the pulse energy output continuously. Select "Pulse" for small treatment area. This makes the pulse energy output on every operation.



4. Adjust Probe Cooling. Click the snow icon to adjust. Cooling Range: 0~5 (2~4 is suggested). The more the snow icons appear, the cooler. Adjust subjecting to the customer's tolerability. 3~4 will be okay, and those with stronger toleraability can use 4~5).



Full-body Shaping

Effect

- 1. Relieve stretch marks and marks caused by weight reduction.
- 2. Tighten the skin, anti-aging.
- 3. Stimulate collagen regeneration and improve skin metabolism.
- 4. Tighten the back and improve the shape.
- 5. Shape the waist and abdomen, and eliminate excess fat on the waist.
- 6. Tighten excess fat on the legs and improve leg shape.
- 7. Remove flabby and jiggly arms, and improve cellulite.

Applicable Range

- 1. Those with loose and saggy skin, lack elasticity.
- 2. Those with excess fat on the waist and abdomen due to sitting for long hours.
- 3. Those with relaxation waist and back.
- 4. Those with collagen loss and poor skin metabolism.
- 5. Those with postpartum saggy skin.
- 6. Those who have postpartum stretch marks on the abdomen and legs and want to look better.
- 7. Those with coarse and dull skin.

- 1. Those who are in menstruation, pregnancy, lactation and operation recovery.
- 2. Those with hypertension, heart disease, diabetes, severe thyroid gland, malignant tumor, etc.
- 3. Those with skin diseases, patients with infectious diseases and skin sensitive period.
- 4. Those with wounds during recovery from surgery.
- 5. Those with allergic and severely sensitive skin.
- 6. People who have just had liposuction.



Reminder after Treatment

- 1. Keep warm after operation. Avoid cold food, cold air.
- 2. Shower after 4-6 hours.
- 3. Drink more warm water to replenish water and speed up metabolism.
- 4. Avoid overeating or staying up late.
- 5. Avoid sauna, hot spring or strenuous exercise for 7 days after operation.
- 6. Avoid miniskirts, shorts, crop top, and short sleeves.

Body-shaping: Legs

Effect

- 1. Tighten skin and prevent sagging.
- 2. Stimulate collagen regeneration and increase skin elasticity.
- 3. Remove the excess fat on the legs.
- 4. Repair obesity lines and postpartum leg stretch marks.

Applicable Range

- 1. Those with loose and saggy skin on the legs after childbirth.
- 2. Those with poor leg proportions.
- 3. Those with coarse and dull skin.
- 4. Those with no excess fat on the legs, but with saggy skin.
- 5. Those who opt for better shape after weight loss.

- 1. Those who are in menstruation, pregnancy, lactation and operation recovery.
- 2. Those with hypertension, heart disease, diabetes, severe thyroid gland, malignant tumor, etc.
- 3. Those with skin diseases, patients with infectious diseases and skin sensitive period.
- 4. Those with wounds during recovery from surgery.
- 5. Those with allergic and severely sensitive skin.
- 6. Those who have just had liposuction.



Reminder after Treatment

- 1. Keep hips warm, avoid cold food, cold air.
- 2. Shower 4-6 hours after operation.
- 3. Drink plenty of hot water to accelerate metabolism.
- 4. Avoid overeating, staying up late.
- 5. Avoid sauna, hot spring or strenuous exercise for 7 days after operation.
- 6. Avoid wearing miniskirts and shorts after treatment.

Shaping Buttocks

Effect

- 1. Improve blood circulation and speed up metabolism.
- 2. Improve saggy buttocks, tighten the skin.
- 3. Stimulate collagen regeneration and increase skin elasticity.
- 4. Repair obese and postpartum stretch marks.
- 5. Tighten buttocks, improve the shape.

Applicable Range

- 1. Those with sagging buttocks and excess fat.
- 2. Those who opt for good shape, and with flat buttocks.
- 3. Those with postpartum loose and saggy buttocks.
- 4. Those with postpartum stretch marks.

- 1. Those who are in menstruation, pregnancy, lactation and operation recovery.
- 2. Those with hypertension, heart disease, diabetes, severe thyroid gland, malignant tumor, etc.
- 3. Those with skin diseases, patients with infectious diseases and skin sensitive period.
- 4. Those with wounds during recovery from surgery.
- 5. Those with allergic and severely sensitive skin.
- 6. Those who have just had liposuction.



Reminder after Treatment

- 1. Keep hips warm and avoid wearing miniskirts and shorts.
- 2. Shower 4-6 hours after the treatment.
- 3. Drink plenty of hot water to avoid cold air.
- 4. Avoid staying up late, drinking and overeating.
- 5. Avoid eating raw, cold and spicy foods and get enough sleep.
- 6. Avoid sauna, hot spring or strenuous exercise for 7 days after operation.

Shaping Back

Effect

- 1. Tighten the skin and shape the back.
- 2. Firm skin and increase skin elasticity.
- 3. Prevent skin relaxation and sagging.
- 4. Improve excess fat on the back.
- 5. Increase blood circulation and metabolism.
- 6. Improve coarse skin on the back

Applicable Range

- 1. Those with postpartum back atrophy, sagging, lack of elasticity.
- 2. Those with excess fat on waist and back.
- 3. Those with coarse, dull skin, acne scars on the back.
- 4. Those with no excess fat on the waist and abdomen, but with saggy skin.
- 5. Those with thick back and want to look better in clothes.

- 1. Those with metal implants in the body, such as stents and pacemakers, are allergic to metal.
- 2. Those who are having pregnancy, menstruation and lactation.
- 3. Those whose surgical wound is healing or convalescence.
- 4. Those who has heart disease, epilepsy and severe diabetes and hyperthyroidism.
- 5. Those with malignant tumor and hemophilia or severe bleeding.
- 6. Those with skin diseases and infectious diseases.



Reminder after Treatment

- 1. Keep warm, avoid cold air and drink plenty of hot water.
- 2. Shower 4-6 hours after the treatment.
- 3. Avoid staying up late, drinking and overeating.
- 4. Avoid raw, cold and spicy foods and get enough sleep.
- 5. Avoid shoulder-baring and backless clothing.

Shaping Arms

Effect

- 1. Stimulate collagen hyperplasia in the bottom of the skin to shape and firm it.
- 2. Improve loose skin.
- 3. Improve flabby arms and thick arms.
- 4. Soothe and firm loose skin.
- 5. Tighten skin.

Applicable Range

- 1. Those with thick arms and want to look better in clothes.
- 2. Those with jiggly and flabby arms.
- 3. Those with loose arm skin.
- 4. Those with no excess fat on arms, but with jiggly arms.

- 1. Those who have just had plastic surgery.
- 2. Those with hypertension, heart disease, diabetes, severe thyroid gland, malignant tumor, etc.
- 3. Those who are allergic and has severely sensitive skin.
- 4. Those with skin trauma or cut.
- 5. Those who are overly old.
- 6. Those who are pregnant and who are recovering from surgery.
- 7. Those with skin diseases and infectious diseases.



Reminder after Treatment

- 1. Keep warm after operation. Do not eat cold food.
- 2. Shower 4-6 hours after the treatment.
- 3. Drink plenty of warm water to stay hydrated.
- 4. Avoid overeating or staying up late.
- 5. Avoid sauna, hot spring or strenuous exercise within one week after operation.

Shaping Breasts

Effect

- 1. Adjust chest type and reduce accessory breast.
- 2. Improve breast laxity, sagging.
- 3. Reduce chest expansion.
- 4. Alleviate postpartum breast atrophy, breast relaxation

Applicable Range

- 1. Those who want to improve breast shape.
- 2. Those with breast laxity, expansion.
- 3. Those who postpartum breast atrophy, breast relaxation.
- 4. Those with breast sagging.
- 5. Those with breast relaxation and wrinkles.

- 1. Those with cardiovascular and cerebrovascular diseases, diabetes mellitus, abnormal coagulation function and impaired vital organ function.
- 2. Those who are long-term or ongoing users of anticoagulants, vasodilators, corticosteroids and other drugs.
- 3. Those with infectious lesions on the chest skin.
- 4. Patients with severe thoracic proliferative or fibroma or cyst.
- 5. Those in pregnancy and lactation.



Reminder after Treatment

- 1. Keep warm and drink more lukewarm water.
- 2. Wear styled and comfortable underwear. Don't press your chest hard.
- 3. Avoid getting cold. Take a bath after 4-6 hours.

Shaping Waist & Abdomen

Effect

- 1. Tighten the skin on the waist and abdomen.
- 2. Reduce lumbar and abdominal fat, such as beer belly and love handles.
- 3. Tighten skin and increase skin elasticity.
- 4. Relieve stretch marks, obesity lines.
- 5. Accelerate metabolism.

Applicable Range

- 1. Those with lumbar and abdominal fat.
- 2. Those with sagging skin after birth.
- 3. Those who sit for a long time, or with unideal waistlines.
- 4. Those with striae due to obesity and pregnancy.
- 5. Those with no excess fat on the waist and abdomen, but with saggy skin.

- 1. Those with "3 H" (hypertension, hyperglycemia, hyperlipidemia) and who have heart disease.
- 2. Those in pregnancy, menstruation or lactation.
- 3. Those who have just undergone surgical wounds or convalescents.
- 4. Those with epilepsy and severe diabetes and hyperthyroidism.
- 5. Those with malignant tumors, hemophilia or severe bleeding.
- 6. Those with skin diseases and infectious diseases.
- 7. Those with severe gynecological diseases.
- 8. Those whose gynecological diseases are being treated.



Reminder after Treatment

- 1. Avoid crop top or anything exposing waist and abdomen as well as cold and windy environment.
- 2. Avoid binge eating or drinking. No alcohol, no spicy and greasy food. Staying up late should be avoided. Drink warm water.
- 3. Keep abdomen warm. Take a bath after 4-6 hours.
- 4. Steam sauna, hot spring or strenuous exercise should be avoided within 7 days after operation.
- 5. Before going to bed at night, you can rub your abdomen clockwise with your hands, so as to better the effect of weight loss.

Face & Neck Wrinkle Removal

Effect

- 1. Promote collagen regeneration and increase skin elasticity.
- 2. Improve loose and saggy skin, firming skin.
- 3. Lift triangle subalar and eye corner.
- 4. Build the facial contours.
- 5. Reduce law lines, glabella lines, eye lines, etc.
- 6. Improve skin quality, delicate skin, shrink pores.
- 7. Remove double chin, neck lines, wrinkles, etc.

Applicable Range

- 1. Those with loose, saggy skin, and skin lack of elasticity.
- 2. Those with collagen loss.
- 3. Those with wrinkles, fine lines, etc.
- 4. Those with unclear facial contours and jawlines.
- 5. Those with double chin and neck lines.
- 6. Those with dull skin.



Inapplicable Range

- 1. Those who have just undergone plastic surgery which have implanted prostheses, metal materials and so on.
- 2. Those who have done injection products recently, such as hyaluronic acid, intradermal injection, wrinkle removal, or plastic surgery.
- 3. Those with hypertension, heart disease, diabetes, severe thyroid and malignant tumors.
- 4. Those who are having an allergic reaction, or people with severe sensitive skin or allergic to metals.
- 5. Those with skin trauma or wound.
- 6. Those in menstruation, pregnancy, lactation, surgical recovery.
- 7. Those with skin diseases and infectious diseases.



Reminder after Treatment

- 1. Do not wash your face with hot water within three days (lukewarm or cold water is recommended).
- 2. Use moisturizer and sunscreen, avoid overly expose under the sun.
- 3. Use facial mask and neck mask at least 3 times a week.
- 4. It is best not to use alcohol, fruit acid and scrub products within 1-3 days after the treatment.
- 5. Avoid washing your face with hot water, steaming sauna, hot springs or strenuous exercise within 7 days after the operation.
- 6. Spicy, greasy food should be avoided. Staying up late, smoking and drinking are prohibited. Eat more vegetables, fruits, and less greasy food.
- 7. Keep the neck warm.
- 8. Apply neck essence or cream.
- 9. Avoid bowing the head for a long time.



V. MACHINE OPERATION d. E-LIGHT

- 1. After checking that the handle is connected properly, the starting interface will appear when the power supply is turned on. Select E-LIGHT.
 - E-LIGHT RF Select Therapy System SHR YAG

Hair Removal

Skin Rejuvenation

2. Select the type of treatment according to the client's needs.

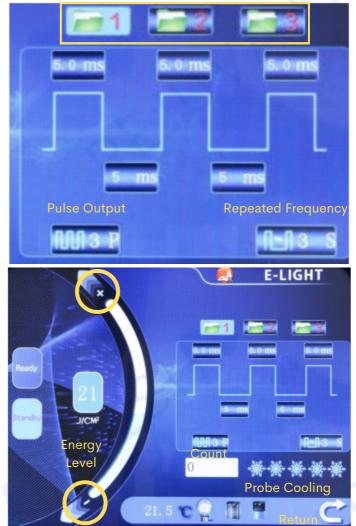
 Energy Range: 0~50 (20~40 is suggested.). Adjust Energy Level according to the customer's tolerability and hair thickness. Start from lower energy for first use, add up slowly after adapting to the current energy. (The higher the energy, the higher the temperature).



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V. MACHINE OPERATION d. E-LIGHT

- 4. Select the mode of treatment according to the client's needs. This has three modes:
 - 1: Suitable for those who have thin and light hair.
 - 2: Suitable for those who have thick and dark hair.
 - 3: Suitable for those who have thick and light hair
- Adjust Probe Cooling. Click the snow icon to adjust. Cooling Range: 0~5 (2~4 is suggested). The more the snow icons appear, the cooler. Adjust subjecting to the customer's tolerability. 3~4 will be okay, and those with stronger toleraability can use 4~5)



Detailed step-by-step is shown on the chapter for Treatment Diagram.





VI. TREATMENT DIAGRAM

Parameters	Product	Techniques	Diagrams
Carbo	n Black Dol	ll Facial: 50 min, once	e/3weeks
Probe: 1320nm (Black) Energy: 300~1000 Frequency: 3~6	Makeup remover+ Cleanser+ Hot steam+ Carbon powder+ Facial mask+ Goggles	 Remove makeup and clean, 5 min. Facial hot steam, 10 min. Apply a thin layer of carbon powder evenly on face. Wait for 10-20 min for the carbon powder to completely dry. Put on protective eyewear for the customer. Adjust energy level, mode and start. Put the device to the treatment area and depress the foot pedal to start operation. Move slowly from the chin in lines. Absorb all carbon powder with device. Take off the goggles. Wash face with cleanser, 3 min. Apply soothing&repair face mask+cold steam, 15 min. Wash face, 2 min. Apply toner, hydrating 	No diagrams
Suggested Treat		essence, hydrating cream and sunscreen.	

Suggested Treatment:

5 treatments account for one full course. After one treatment, skin will be slightly red but skin tone is brighter. After 3-4 treatments, skin appears to be translucent, and hydrated. After one full course, fine lines and dark spots are gradually disappearing, and pores are refined. 2 courses help consolidate the effects and delay skin aging.



VI. TREATMENT DIAGRAM

Probe:	Anesthetic+	1. Wipe the treatment area	No diagrams
1064nm (Red)	Ultra Repair	with wet towel and apply	
532nm (Blue)	liquid	anesthetic.	
	recovery	2. Cover preservative film on	
Energy:		the anesthetic to	
500~1000		strengthening the effect, wait for 25-30 min.	
Frequency:		3. Wipe anesthetic off and	
3~6		clean the treatment area.	
		4. Select probe (1064nm)	
		and install.	
		5. Adjust energy parameters	
		and start.	
		6. Both the customer and	
		the operator wear goggles.	
		7. Wear disposable sterile	
		gloves.	
		8. Operate black part of the	
		tattoo with the device:	
		Pinpoint treatment area	
		with the probe, depress the	
		foot pedal, and move	
		accordingly, covering the	
		black part of the tattoo.	
		9. Click pause to change the	
		probe (532nm) and adjust	
		energy parameters.	
		10. Operate colored part of	
		the tattoo with the device:	
		Pinpoint treatment area	
		with the probe, depress the	
		foot pedal, and move	
		accordingly, covering the	
		colored part of the tattoo,	
		1-2 times.	
		11. Dab repair liquid on	
		treated area.	

Suggested Treatment:

Complete removal of one tattoo requires around 3-6 treatments (varies according to the tattoo color and each individual's metabolism). After 1-2 treatments, pigments are



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VI. TREATMENT DIAGRAM

visibly faded. Tattoo is gradually disappearing around 3-4 times. Tattoo will be completely removed after 5-6 treatments.

Tattooed Eyebrow Removal: 60 min, once/45-90 days

Probe:	Anesthetic+	1. Wipe the treatment area	No diagrams
1064nm	Disposable	with wet towel and apply	
	tissue+	anesthetic.	
Energy:	Ultra Repair	2. Cover preservative film on	
500~1000	liquid	the anesthetic to	
	recovery	strengthening the effect,	
Frequency:		wait for 25-30 min.	
3~6		3. Wipe anesthetic off and	
		clean the treatment area.	
		4. Select probe and install.	
		5. Adjust energy parameters	
		and start.	
		6. Both the customer and	
		the operator wear goggles.	
		7. Wear disposable sterile	
		gloves.	
		8. Operate tattooed	
		eyebrows part with the	
		device: Pinpoint treatment	
		area with the probe, depress	
		the foot pedal, and move	
		accordingly, covering the	
		tattooed eyebrows part, 1-2	
		times.	
		9. Dab repair liquid with	
		cotton swab and apply	
		gently on treated area.	
		10. Do the same on the	
		other side.	

Suggested Treatment:

Anesthetic+

Complete removal of tattooed eyebrow requires around 3-6 treatments (varies according to the tattoo color and each individual's metabolism). After 1-2 treatments, pigments are visibly faded. Tattoo is gradually disappearing around 3-4 times. Tattoo will be completely removed after 5-6 treatments.

Mole Removal: 50 min, once/month

Probe:

1. Wipe the treatment area No Diagrams



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532nm	Disposable	with wet towel and apply	
	tissue+	anesthetic, wait for 25-30	
Energy:	Ultra Repair	min.	
500~1000	liquid	2. Wipe anesthetic off and	
	recovery	clean the treatment area.	
Frequency:	3.52	3. Select probe (532nm) and	
3~6		install.	
		4. Adjust energy parameters	
		and start.	
		5. Both the customer and	
		the operator wear goggles.	
		6. Wear disposable sterile	
		gloves.	
		7. Operate the mole part	
		with the device: Pinpoint	
		treatment area with the	
		probe, depress the foot	
		pedal, and move	
		accordingly, covering the	
		mole part, 2-5 times.	
		8. Dab repair liquid with	
		cotton swab and apply	
		gently on treated area.	

Suggested Treatment:

Complete removal of mole normally takes 3-4 treatments. After 1 treatment, pigments are visibly faded. Tattoo is gradually disappearing around 3-4 times. Tattoo will be completely removed after 5-6 treatments. Chorioplaque and active moles take around 3-6 treatments. After one treatment, pigments are visibly faded and are gradually disappearing after 2-3 treatments. Pigments will be completely removed after 4-6 treatments.

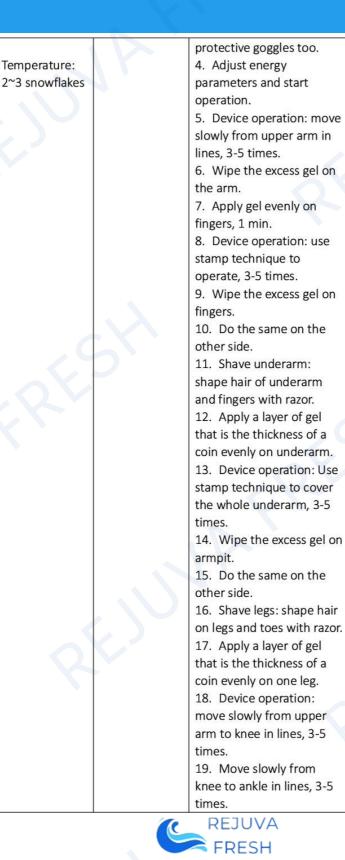
Note: Techniques of dark spots, birthmark removal is the same as mole removal.

Full-body Hair Removal: 100 min, 3 times/week

Energy:	Razor+	1. Shave arm: shape hair	No Diagrams
Arms: 30~55	Gel	on arms and fingers with	
Armpits: 25~40		razor.	
Legs: 30~50		2. Apply a layer of gel that	
		is the thickness of a coin	
Frequency:		evenly on one arm.	
Arms: 2~5		3. Put on protective	
Armpits: 3~8		eyewear for the customer;	
Legs: 2~5		the operator should wear	







20. Wipe the excess gel on	
the leg.	
21. Apply a layer of gel	
that is the thickness of a	
coin evenly on toes.	
22. Device operation: use	
stamp technique to	
operate, 3-5 times.	
23. Wipe the excess gel on	
toes.	
24. Do the same on the	
other side.	

Suggested Treatment:

No obvious changes will be observed after just one treatment. After 2-3 times, hair growth rate slows down, and hair appears to be finer. Obvious decrease of hair regrowth is appeared after 4-6 times, especially at densely hair area. 7-10 treatments bring you hair-free experience. Touch-up treatments can be conducted for consolidating the results.

Photon Rejuvenation: 50 min, once/3 weeks

Energy:	Makeup	1. Remove makeup, 5 min.	No Diagrams
15~40 (Adjust	remover+	2. Apply a layer of gel that is	
according to	Cleanser+	the thickness of a coin	
your comfort	Gel+	evenly on face.	
level, slight	Ultra Repair	3. Put on protective eyewear	
tingling brings	liquid	for the customer; the	
better effect.)	recovery	operator should wear	
		protective goggles too.	
Temperature:		4. Select fit filter and install.	
3-5 snowflakes		5. Adjust energy, mode, and	
		temperature and start	
		operation.	
		6. Device operation: Use	
		stamp technique to start	
		from chin and cover the	
		whole face, 20 min.	
		7. Wipe the gel, wash face.	
		8. Apply mask (ice mask can	
		be used), 15 min.	
		9. Wash face, 2 min.	
		10. Apply toner, essence,	
		cream, and sunscreen.	
2		1 2	1



Suggested Treatment:

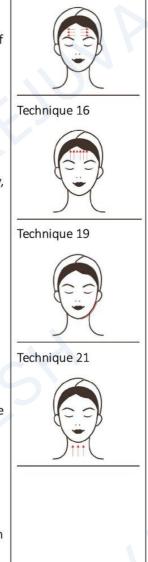
5 treatments account for one full course. After one treatment, skin will be slightly red but skin tone is brighter. After 3-4 treatments, skin appears to be translucent, and hydrated. After one full course, fine lines and dark spots are gradually disappearing, and pores are refined. 2 courses help consolidate the effects and delay skin aging.

Note: Techniques of dark spots, acne, wrinkles, couperose removal is the same as photon rejuvenation.

Face&Neck Anti-wrinkle: 90min, once/2 weeks Probe: Makeup 1. Remove makeup, wash Technique 5 face and neck, 5~8 min. Eye: Small remover+ Cleanser+ 2. Apply toner, 1 min. Face&Neck: Cleansing 3. Apply cleansing mask, 10 Medium mask+ min. 4. Remove mask and wash Massage Energy: cream+ face, 3 min. 5-15 Essence+ 5. Lift from lower eyelid to Technique 6 Eye mask+ the temple with snow ice Mode: Facial mask+ cooled RF (small), 3-5 times. Face&Neck: Neck mask 6. Lift from the beginning of Constant mode the eyebrows to the end, 3-5 times. Eye: 7. Lift eye corners. Single mode 8. Do the same on the other Technique 11 side. 9. Operate eye area with the techniques above, 15 min. 10. Apply a layer of gel that is the thickness of a coin evenly on face, 1 min. 11. Lift from chin to ear Technique 13 lobe, corner of mouth to ear gate, nose wing to temple with snow ice cooled RF, 3-5 times. 12. Lift the mandibular line to the submalar triangle, 3-5 times. **Technique** 15 13. Lift horizontally and vertically with above techniques, 3 times. 14. Do the same on the



other side. 15. Operate forehead. Slide slowly from the beginning of the eyebrow to the end, 3-5 times. 16. Lift towards hairlines on forehead, 3 times. 17. Operate the whole face with above techniques, 25-30 min. 18. Apply gel on neck evenly, 1 min. 19. Lift neck along the mandibular line to the ear lobe with snow ice cooled RF (medium), 3-5 times. 20. Lift double chin to ear lobe, 3-5 times. 21. Lift neck from clavicle to mandibular line in lines, 3-5 times. 22. Do the same on the other side. 23. Operate neck with above techniques, 25-30 min. 24. Wipe excess gel on face and neck, wash face, 5 min. 25. Apply eye mask+facial mask+neck mask (at the same time), 15 min. 26. Remove masks and wash face and neck. 27. Apply toner, essence, eye cream, cream, sunscreen.





Suggested Treatments:

10 treatments account for one full course. After one treatment, skin becomes tender, smooth. After a full course, skin becomes brighter, facial contour becomes clear. It reduces fine lines, fades neck lines. After 2 courses it tightens skin, the skin becomes smooth and elastic, improve the double chin. After 3 courses, it delays the aging, sagging of the skin, make skin restore young state.

	-		
Probe: Big	Essential oil	1. Apply and rub oil on	Technique 1, 7, 10
	(Massage	abdomen with hands, 3 times.	
Energy:	cream)+	2. Rub stomach back and forth	
5~15	Gel+Towel	with both hands, 3-5 times.	
		3. Knead abdomen with both	
Mode:		hands using chiropractic	
Constant		techniques, 3 times.	
mode		4. Lift Meridian BV (Belt	Technique 2
		Vessel) on both sides of waist	
		with both hands alternately,	
		16 times.	1:
		5. Move hands as if writing an	
		"8" number on waist, 3 times.	
		6. Overlap hands and message	
		the intestinal canal clockwise,	Technique 3
		3 times.	
		7. Move hands in circular	
		motion and caress the	min
		treatment area, 3 times.	
		8. Push on the following	
		acupoints: Shangwan (Ren-13),	
		Zhongwan (Ren-12), Xiawan	Technique 4
		(Ren-10), Shenque (Ren-8),	
		Qihai (Ren-6), Guanyuan	
		(Ren-4), Zhongji (Ren-3),	tert
		Tuanshu (St-25), Daheng	
		(SP-15), Qugu (Ren-2), 2 times.	
		9. Starting from Zhongji	
		(Ren-3) point, push both	Technique 5
		thumbs to belly navel, slide	
		them to waist and the lift	Ť
		upwards to groin, 3 times.	
		10. Caress the treatment area	
1		with hands and slide to groin.	

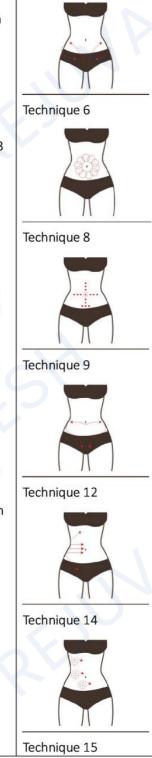
Shaping Waist&Abdomen: 60 min, once/2 weeks



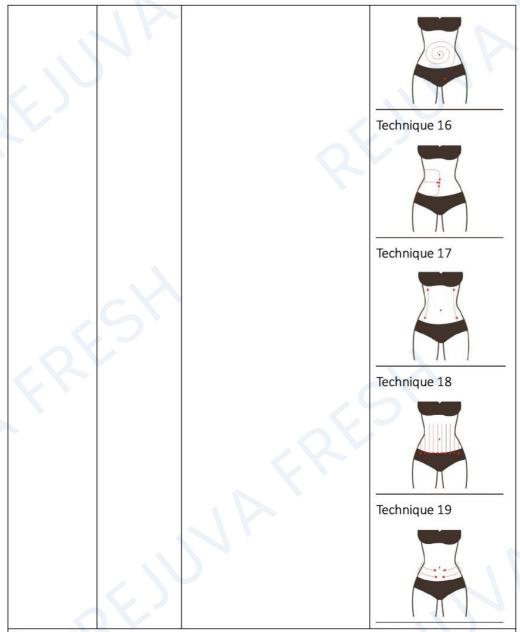
11. Clean the abdomen with towel and apply gel evenly on it, 2 min.

12. Snow ice cooled RF Starting from one side of the waist, lift the device to abdomen and groin, 3 times. 13. Repeat the previous operation on the other side, 3 times. 14. Move the device on abdomen in small circular motions, 3 times. 15. Move the device on abdomen in big circular motions, 3 times. 16. Move the probe to shape the waist as if writing "8", 3-5 times. 17. Move the probe up and down to shape the waist, 3-5 times. 18. Push from abdomen tracing main collateral channels to groin, 3 times. 19. Combined with hand, lift

Meridian BV on both sides of the waist, 16 times. 20. Wipe clean abdomen with hot towel.



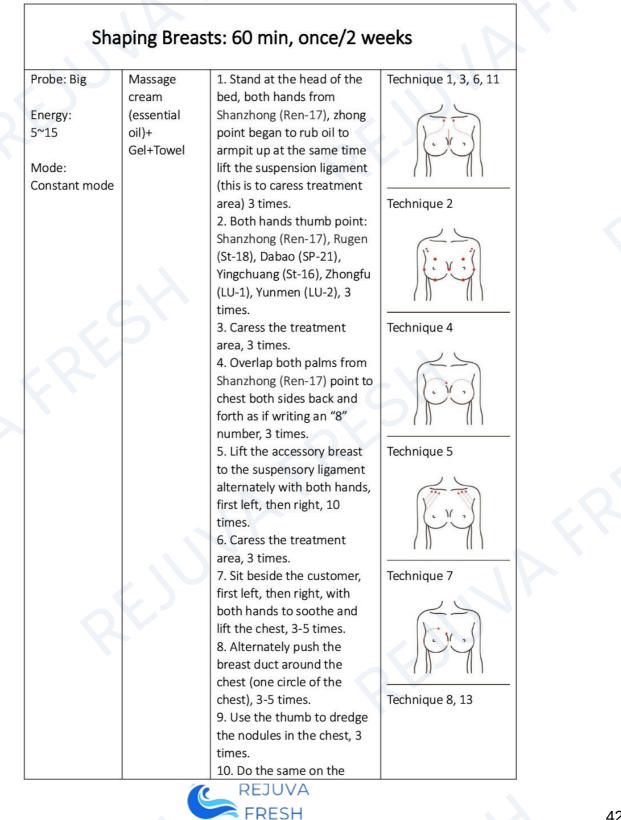




Suggested Treatment:

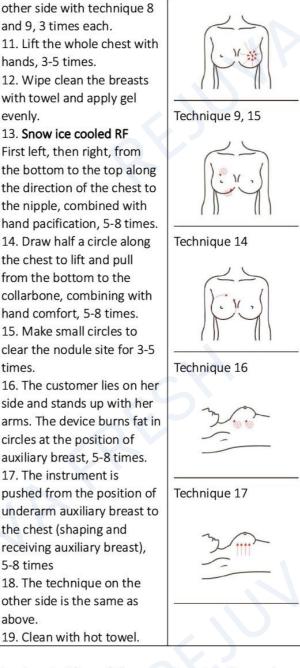
Ten treatments account for one full course of treatment. Once done, abdomen is heating up, metabolism is accelerated. After one course, fat slowly reduce through metabolism, body starts to slim down. Constipation and other issues are addressed at the same time. After 2 courses the effect gradually becomes obvious, skin is tightened and lifted, skin collagen increased. Stretch marks and flabby skin are also improved. 3 courses help reinforce the effect. Redundant adipose gradually disappear, lumbar abdomen curve starts to take in shape, and slim waist starts to show.





and 9, 3 times each. 11. Lift the whole chest with hands, 3-5 times. 12. Wipe clean the breasts with towel and apply gel evenly. 13. Snow ice cooled RF First left, then right, from the bottom to the top along the direction of the chest to the nipple, combined with hand pacification, 5-8 times. 14. Draw half a circle along the chest to lift and pull from the bottom to the collarbone, combining with hand comfort, 5-8 times. 15. Make small circles to clear the nodule site for 3-5 times. 16. The customer lies on her

side and stands up with her arms. The device burns fat in circles at the position of auxiliary breast, 5-8 times. 17. The instrument is pushed from the position of underarm auxiliary breast to the chest (shaping and receiving auxiliary breast), 5-8 times 18. The technique on the other side is the same as



Suggested Treatment:

10 times account for a course of treatment. After a full course, breasts will experience heat, blood circulation is boosted, and a certain improvement effect will be seen. After a course of treatment, the effect is more obvious, nodules are improved. 3 courses help tighten the skin and consolidate shaping effect, and increase the elasticity of the breasts. Regulating endocrine makes women more attractive.



above.

Probe: Big	Essential oil	1. Left-right order: lay the arm	Technique 1
HODE. DIS	(Massage	flatwise, apply and rub oil in	reeningue I
Energy:	cream)+	from lower arm to the entire	
5~15	Ultrasonic	arm and slide to the fingers, 3	
	gel	times.	
Mode:	0	2. Push the entire arm with	
Constant		both palms, 3 times.	
mode		3. Push hands upwards	Technique 2, 3, 4, 5, 6
		tracing three main collateral	
		channels: Large Intestine	
		Meridian (LI) - Triple Energizer	
		Meridian (TE) - Small Intestine] .
		Meridian (SI) to armpits with	
		fingers spread and hukou	
		pointing upwards, 3 times.	Technique 7
		4. Caress the treatment area,	
		3 times.	
		5. Trace and rub three main	
		collateral channels on arms	Y ··· V
		with kneeling finger back and	60
		forth till them turn hot, 3	· · ·
		times.	Technique 8
		6. Caress the treatment area,	11 AL
		3 times.	
		7. Lay inner arm upwards, and	
		push hands tracing three yin	V Y
		channel on inner arm: Lung	py
		Meridian (LU) - Pericardium	Tashainus O
		Meridian (PC) - Heart Meridian	Technique 9
		(HT) to armpit, with hukou pointing upwards, 3 times	IN AN
		respectively.	
		8. Rub three channels back	
			l l l l
		and forth with kneeling fingers, 3 times.	P 9
		9. Caress the treatment area	Technique 12, 15
		and slide to fingers.	lecinique 12, 15
		10. Repeat the previous	
		operation on another side.	
		11. Wipe clean arms and	



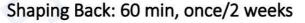
apply gel evenly. 12. Snow ice cooled RF Lay arms flatwise and start from fat part of lower arm, tracing three channels to armpit, 3 times. 13. Move the device in annular motion, tracing three channels to armpit, 3 times. 14. You may double the operation on flabby arms, 3 times. 15. Trace three channels to armpit, 3 times. 16. Lay inner arm flatwise and push three channels on upper arm to armpit, 3 times. 17. Trace three channels on upper arm and move the device in circles to armpit, 3 times. 18. Trace three channels from upper arm to armpit. 19. Wipe clean the arm with hot towel. 20. Do the same on the other side.



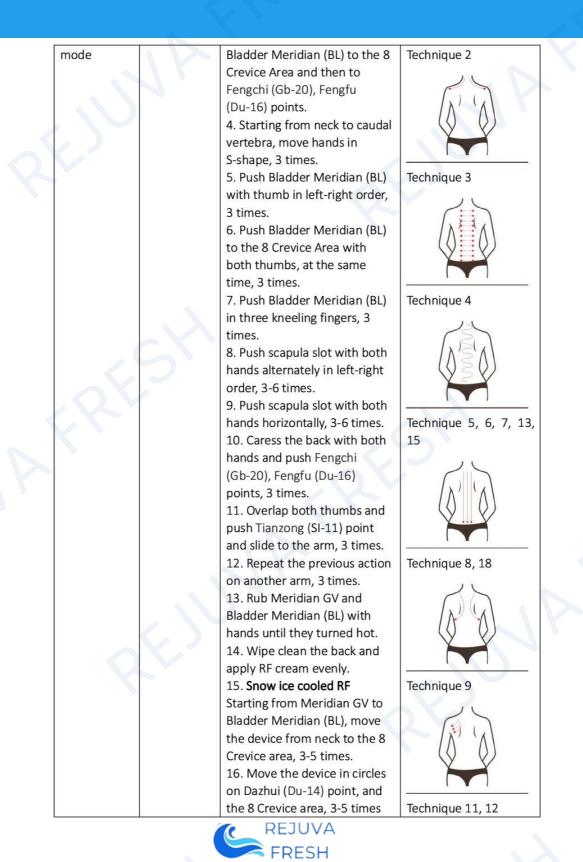
Suggested Treatment:

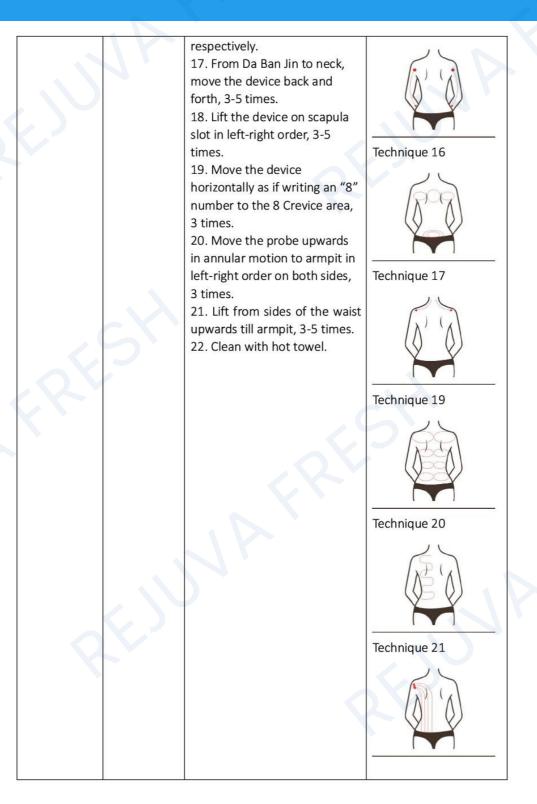
10 treatments account for a full course. Once done, it will feel warm and tight, and the arms will be relaxed. A course of treatment help reducing excessive arm fat and the skin appear to be tight and plump. 2 courses of treatment began to shape the arms, strengthen the effect, dredge meridians, and enhance the physique. 3 courses help consolidate stability and prevent rebound.

Probe: Big Essential oil 1. Apply oil on back and press Technique 1, 10 (Massage Fengchi (Gb-20), Fengfu Energy: cream)+ (Du-16) points. 5~15 Gel 2. (Starting from hairline) stroke Da Ban Jin with thumb, Mode: 3-5 times. Constant 3. Move thumb outwards from





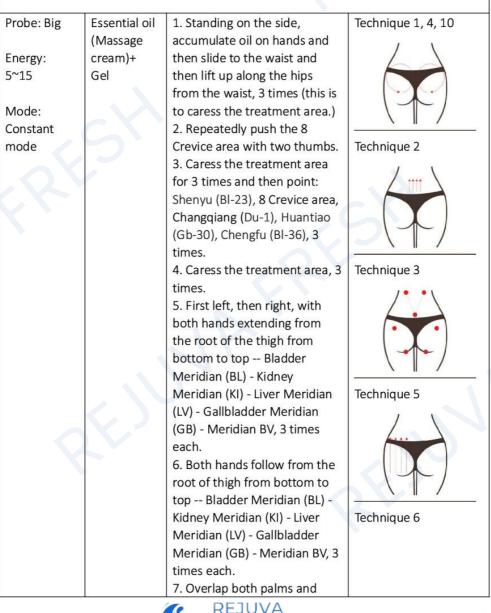






Suggested Treatment:

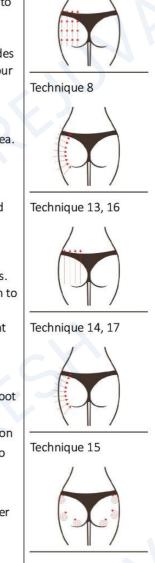
10 treatments account for a full course. Once done, back feel significantly relaxed, and it can also alleviate neck stiffness, and lift skin. A course help relax shoulder, reduce back fat, ease the lump on the nape of the back, and shape the back line. After two courses, the lump appears to be smaller, and it help dredge meridians, regulate sub-health, and improve sleep. 3 courses help delay skin relaxation, sagging, keep the perfect shape.



Shaping Buttocks: 60 min, once/2 weeks



push up together from thigh root to pulse (ascension),3 to 5 times. 8. Push your hands from bottom to top from both sides of your hips to the top of your hips, 3 times. 9. Repeat the previous operation. 10. Caress the treatment area. 11. The technique on the other side is the same as above. 12. Wipe clean buttocks and apply gel evenly on it. 13. Snow ice cooled RF Lift from the thigh root to Meridian BV in lines, 3 times. 14. Lift 3 times from bottom to top on both sides of the buttocks to the highest point of the buttocks. 15. Circle your hips, 3 to 5 times. 16. Lift 3 times from thigh root to Meridian BV. 17. Lift from bottom to top on both sides of the buttocks to the highest point of the buttocks, 3 times. 18. Do the same on the other side. 19. Clean with hot towel, 2

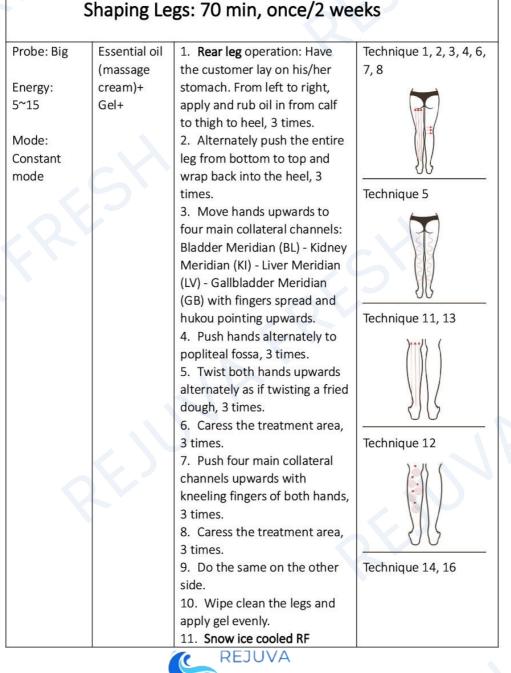




min.

Suggested Treatment:

10 treatments account for a full course. After one treatment, buttocks will experience lifting and heat. After a course of treatment buttocks start to show obvious curve lines, and excessive fat begin to disappear slowly, and skin appear to be tight. After 2 courses, it tightens the buttocks, fades obesity patterns and stretch marks. After 3 courses, it helps consolidate the effect, and increase the female charm.



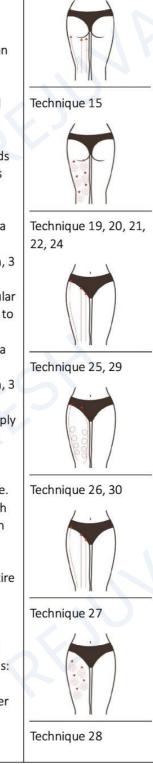
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popliteal fossa to Bladder Meridian (BL) - Kidney Meridian (KI) - Liver Meridian (LV) - Gallbladder Meridian (GB), 3 times. 12. Move the probe in small circular motion on calf, 3 times. 13. Move the device upwards to popliteal fossa and caress the treatment area with hands, 3 times. 14. Push from popliteal fossa tracing 4 main collateral channels to the end of thigh, 3 times. 15. Move the device in circular motion from popliteal fossa to the end of thigh, 3 times. 16. Push from popliteal fossa tracing main collateral channels to the end of thigh, 3 times. 17. Clean with towel and apply gel evenly on the treatment area. 18. Repeat the same techniques on the other side. 19. Foreleg: rub oil with both hands from heel to the thigh root (namely to caress the treatment area), 3 times. 20. Alternately push the entire leg from bottom to top and wrap back into the heel, 3 times. 21. Move hands upwards to four main collateral channels: Spleen Meridian (SP) -

Move the device from

Stomach Meridian (ST) - Liver Meridian (LV) - Gallbladder Meridian (GB) with fingers spread and hukou pointing





upwards, 3 times. 22. Push four main collateral channels upwards with kneeling fingers of both hands, 3 times. 23. Wipe clean the legs and apply gel evenly. 24. Snow ice cooled RF Lift the device towards knee while tracing 4 meridians, 3 times (start from thigh if there's not enough unwanted fat on calf.) 25. Move the probe on two sides of calf in annular motion, 3 times (start from thigh if there's not enough unwanted fat on calf.) 26. Lift the probe from knee to thigh root in lines, 3 times. 27. Move the probe in small circles on thigh, 3 times. 28. Coupled with hand, lift from 2 sides of leg to the middle, 3 times. 29. Lift the probe from knee to thigh root in annular motion, 3 times. 30. Lift the device from knee to thigh root in lines, 3 times. 31. Wipe clean the legs with hot towel, 2 min. 32. Do the same on the other side.





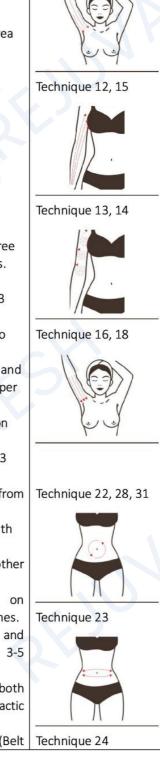
Suggested Treatment:

10 treatments account for a full course. After one treatment, leg is relaxed, and circulation is accelerated. After a course of treatment, leg becomes thin, skin collagen tissue experience contraction due to heat effect, and tightening effect can obviously be felt on the skin. After 2 courses, leg is tight and slim, and obvious results are seen. Obesity patterns and stretch marks are faded. 3 courses help consolidate the effect and avoid rebound.

Probe: Big	Essential oil	1. Left-right order: lay the arm	Technique 1
	(massage	flatwise, apply and rub oil in	1.
Energy:	cream)+	from lower arm to the entire	
5~15	Gel	arm and slide to the fingers, 3	
		times.	
Mode:		2. Push the entire arm with	
Constant		both palms, 3 times.	
mode		3. Push hands upwards	Technique 2, 3, 4, 5, 6
mode		tracing three main collateral	1001111que 2, 3, 4, 3, 0
		channels: Large Intestine	
		Meridian (LI) - Triple Energizer	
		Meridian (TE) - Small Intestine	
		Meridian (SI) to armpits with	
		fingers spread and hukou	
		1 Mar and 1 Mar and 1 Mar	Technique 7
		pointing upwards, 3 times.4. Caress the treatment area,	lectifique /
		3 times.	II AN
		5. Trace and rub three main	163))
		collateral channels on arms	
			Y Y
		with kneeling finger back and	69
		forth till them turn hot, 3 times.	Technique 8
		6. Caress the treatment area,	
		3 times.	
		7. Lay inner arm upwards, and	116:31/
		push hands tracing three yin	here a
		channel on inner arm: Lung	
		Meridian (LU) - Pericardium	P 7
		Meridian (PC) - Heart Meridian	Technique 9
		(HT) to armpit, with hukou	nenetere addit TL States Tel
		pointing upwards, 3 times	
		respectively.	
		REJUVA	

Full-body Shaping: 180 min, once/2 weeks

8. Rub three channels back and forth with kneeling fingers, 3 times. 9. Caress the treatment area and slide to fingers. 10. Repeat the previous operation on another side. 11. Wipe clean arms and apply gel evenly. 12. Snow ice cooled RF Lay arms flatwise and start from fat part of lower arm, tracing three channels to armpit, 3 times. 13. Move the device in annular motion, tracing three channels to armpit, 3 times. 14. You may double the operation on flabby arms, 3 times. 15. Trace three channels to armpit, 3 times. 16. Lay inner arm flatwise and push three channels on upper arm to armpit, 3 times. 17. Trace three channels on upper arm and move the device in circles to armpit, 3 times. 18. Trace three channels from upper arm to armpit. 19. Wipe clean the arm with hot towel. 20. Do the same on the other side. 21. Apply and rub oil on abdomen with hands, 3 times. 22. Rub stomach back and forth with both hands, 3-5 times. 23. Knead abdomen with both hands using chiropractic techniques, 3 times. 24. Lift Meridian BV (Belt | Technique 24



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Vessel) on both sides of waist with both hands alternately, 16 times.

25. Move hands as if writing an "8" number on waist, 3 times.26. Overlap hands and

message the intestinal canal clockwise, 3 times. 27. Move hands in circular motion and caress the treatment area, 3 times. 28. Push on the following acupoints: Shangwan (Ren-13), Zhongwan (Ren-12), Xiawan (Ren-10), Shenque (Ren-8), Qihai (Ren-6), Guanyuan (Ren-4), Zhongji (Ren-3), Tuanshu (St-25), Daheng (SP-15), Qugu (Ren-2), 2 times. 29. Starting from Zhongji (Ren-3) point, push both thumbs to belly navel, slide them to waist and the lift upwards to groin, 3 times. 30. Caress the treatment area with hands and slide to groin. 31. Clean the abdomen with towel and apply gel evenly on it.

32. Snow ice cooled RF
Starting from one side of the waist, lift the device to abdomen and groin, 3 times.
33. Repeat the previous operation on the other side, 3 times.
34. Move the device on

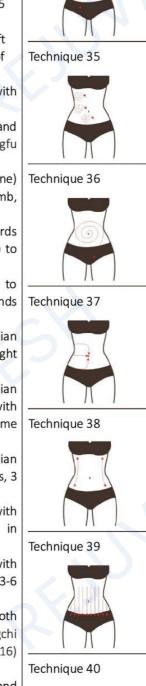
abdomen in small circular
motions, 3 times.
35. Move the device on
abdomen in big circular
motions, 3 times.
36. Move the probe to shape





the waist as if writing "8", 3-5 times. 37. Move the probe up and down to shape the waist, 3-5 times. 38. Combined with hand, lift Meridian BV on both sides of the waist, 16 times. 39. Wipe clean abdomen with hot towel. 40. Apply oil on back and press Fengchi (Gb-20), Fengfu (Du-16) points. 41. (Starting from hairline) stroke Da Ban Jin with thumb, 3-5 times. 42. Move thumb outwards from Bladder Meridian (BL) to the 8 Crevice Area, 3 times. 43. Starting from neck to caudal vertebra, move hands in S-shape, 3 times. 44. Push Bladder Meridian (BL) with thumb in left-right order, 3 times. 45. Push Bladder Meridian (BL) to the 8 Crevice Area with both thumbs, at the same time, 3 times. 46. Push Bladder Meridian (BL) in three kneeling fingers, 3 times. 47. Push scapula slot with both hands alternately in left-right order, 3-6 times. 48. Push scapula slot with both hands horizontally, 3-6 times. 49. Caress the back with both hands and Fengchi push (Gb-20), Fengfu (Du-16) points, 3 times. 50. Overlap both thumbs and push Tianzong (SI-11) point

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and slide to the arm, 3 times. 51. Repeat the previous action on another arm, 3 times.

52. Rub Meridian GV and Bladder Meridian (BL) with hands until they turned hot.

53. Wipe clean the back and apply gel evenly, 2 min.

54. Snow ice cooled RF Starting from Meridian GV to Bladder Meridian (BL), move the device from neck to the 8 Crevice area, 3-5 times.

55. Move the device in circles on Dazhui (Du-14) point, and the 8 Crevice area, 3-5 times respectively.

56. From Da Ban Jin to neck, move the device back and forth, 3-5 times.

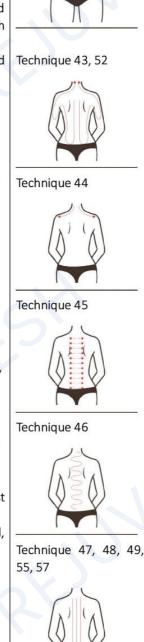
57. Lift the device on scapula slot in left-right order, 3-5 times.

58. Move the devicehorizontally as if writing an "8" number to the 8 Crevice area,3 times.

59. Move the probe upwards in annular motion to armpit in left-right order on both sides, 3 times.

60. Lift from sides of the waist upwards till armpit, 3-5 times.61. Wipe back with hot towel, 2 times.

62. Rear leg operation: Have the customer lay on his/her stomach. From left to right, apply and rub oil in from calf to thigh to heel, 3 times.
63. Alternately push the entire leg from bottom to top and wrap back into the heel, 3



Technique 50, 60

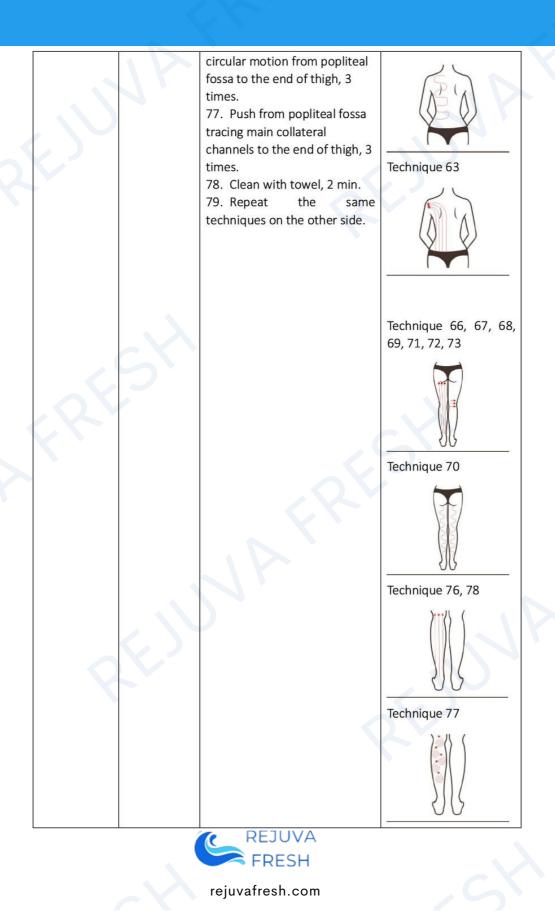




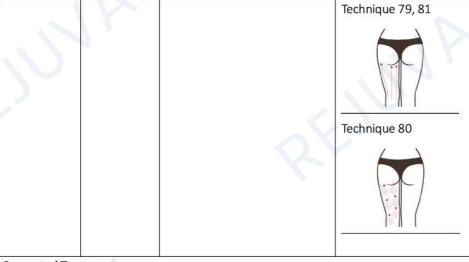
times. 64. Move hands upwards to four main collateral channels: Bladder Meridian (BL) - Kidney Meridian (KI) - Liver Meridian (LV) - Gallbladder Meridian (GB) with fingers spread and hukou pointing upwards. 65. Push hands alternately to popliteal fossa, 3 times. 66. Twist both hands upwards alternately as if twisting a fried dough, 3 times. 67. Caress the treatment area, 3 times. 68. Push four main collateral channels upwards with kneeling fingers of both hands, 3 times. 69. Caress the treatment area, 3 times. 70. Do the same on the other side. 71. Wipe clean the legs and apply gel evenly. 72. Snow ice cooled RF Move the device from popliteal fossa to Bladder Meridian (BL) - Kidney Meridian (KI) - Liver Meridian (LV) - Gallbladder Meridian (GB), 3 times. 73. Move the probe in small circular motion on calf, 3 times. 74. Move the device upwards to popliteal fossa and caress the treatment area with hands, 3 times. 75. Push from popliteal fossa tracing 4 main collateral channels to the end of thigh, 3 times. 76. Move the device in

Technique 51 Technique 53, 54 Technique 58 Technique 59 Technique 61 Technique 62

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59



Suggested Treatment:

10 treatments account for a full course. After one treatment, body is relaxed and firmed. One course of treatment helps tighten the skin, reduce stretch marks, the back becomes firm and smooth, and the skin tone is brighter. 2 courses of treatment help tighten the limbs and back, reduce excess fat. 3 courses of treatment help strengthening the effect, shape the body, show obvious curve lines.



1. Q: Can you see results after just one treatment of the black doll facial?

A: Black doll facial integrates skin rejuvenation with RF, medical-grade skin care, and so on. One treatment will bring a significant change in the skin. skin appears to be dehydrated, and bright. Fine lines, spots, and pores are visibly improved.

2. Q: Does a black doll facial hurt?

A: It shouldn't hurt in general. Some parts may have a bit prickly feeling. Each person's skin sensitivity is different and feels different.

3. Q: How long is one treatment? How many treatments do I need?

A: Under the general circumstance, if you begin by cleaning your face and end with a facemask, the whole process takes around 40 minutes. The number of treatments depends on the skin condition of each person. Generally, one treatment will have obvious effects. Experts recommend more than three treatments for better results according to the individual's situation and needs.

4. Q: Will E-light photon rejuvenation make skin thinner?

A: A lot of people think E-light photon rejuvenation will burn the skin, and destroy already very flimsy cuticles, like chipping off thin wallpapers. But it's not the case here. Intense pulsed light activates the growth of fibroblasts in the skin, increasing the synthesis of collagen and elastic fibers, and hyaluronic acid. When these newly formed collagen and elastin are rearranged, the skin becomes more elastic, bright and firm, with fewer wrinkles and fine pores. Therefore, E-light photon rejuvenation will not make the skin thinner, but increase the thickness of the skin, and make it more compact and elastic.

5. Q: When can I start seeing results of E-light photon rejuvenation?

A: E-light photon rejuvenation penetrates the skin, treats deep skin pathological changes, and causes collagen fiber and the elastic fiber to rearrange, restores the elasticity. After receiving photon rejuvenation treatment, it can effectively improve skin color and remove skin impurities, so after each treatment, the skin will be improved, some wrinkles, freckles, black spots, irregular pigmentation,



the capillary expansion will gradually disappear. And the skin will become much brighter, and there are even other improvements such as smaller pores and younger and more elastic skin tissue.

6. Q: How often can I do E-Light photon rejuvenation treatment?

A: Compared with other treatments, photon skin rejuvenation treatment is shorter, and each treatment only needs 15-20 minutes to complete. A course of treatment is generally 5 times, each treatment interval is about 3 weeks. In order to be able to better maintain the effect, a course of treatment should be followed by touch-up treatments and every treatment interval should be around 4-6 months, which also suits the busy urban lifestyle.

7. Q: Will I grow dependent on E-light photon rejuvenation?

A: People who hold this view do not have a clear understanding of the law of aging. The aging of human skin is continuous and will not be stopped because of anything. All of our efforts can only slow down the pace of aging, so E-light photons will not be relied on to rejuvenate the skin.

8. Is E-light hair removal permanent after one treatment?

A: No. Depilation needs you to consistently complete the full course of treatment so as to achieve satisfactory result. When undertaking laser depilation, one treatment is needed every 3-6 weeks (decide on the interval time according to different treatment area). Hair growth consists of 3 periods, namely anagen, catagen and telogen phase. Depilation is optimal only in the growth period, and owing to the fact that time span of hair growth varies among different parts of the body, and that's why we'll provide you with a customized treatment plan according to your hair growth, hair density on different parts of the body.

9. Q: What is the difference between black doll facial and E-light photon rejuvenation, which one is better?

A: Black doll facial integrates skin rejuvenation with RF, medical-grade skin care and so on. By irradiating carbon, high heat energy is generated, which is transmitted to the dermal layer and completely removes the aging cut-in and

fully stimulates the skin cells' regeneration, restores collagen fibers, and elastic fibers. Black doll facial can repair the collagen fibers and initiate the orderly deposition and arrangement of new collagen with the body's repair function, thereby instantly whitening the skin, shrinking pores, and making the skin regains its original elasticity. Photorejuvenation penetrates the epidermal layer with specific broad-spectrum strong pulsed light, and the energy is absorbed by the pigment clusters in the skin to solidify the blood vessels, and the pigment clusters and pigment cells are broken and decomposed, so as to achieve the treatment of telangiectasia and fade spots, whitening and rejuvenating skin, removing fine lines. Black doll facial can boost collagen regeneration, firming and softening the skin, and shrinking pores. The main function of the first treatment of black doll facial is to deep cleansing so that the essence and skin care products that you applied are really absorbed; after 5-6 treatments, it improves enlarged pores. Photon rejuvenation can selectively decompose melanin and hemoglobin in the skin, thereby fading spots, red blood streaks, and acne marks, making the skin bright. In summary, photon rejuvenation and black doll facial are different, but both have good effects, and the effects will be better if you use them together.

10. Q: What is the difference between E-light and SHR hair removal?

A: E-light outputs evenly with a square pulse of flat top and cut-off dual wavelength with obvious effects; SHR supports sliding treatment with high power and fast output, and the effect is obvious. The effects will be better if you use them together.

11. Q: What function does this instrument have?

A: This instrument can be used for skin rejuvenation through laser, and it can also wash tattoos, eyebrows, eyeliner, spots, moles and birthmarks, etc. It can also resist aging, remove wrinkles, and tighten skin.

12. Q: How long can the effect of snow ice cooled RF treatment last?

A: The effect after treatment is related to the aging degree. After a course of



treatment, the skin is firmer and smoother. Consistent use makes the skin young, and the aging is delayed.

13. Q: Does Snow Ice Cooled RF burn the skin at a temperature of 45-60°C? A: No, the treatment process is very safe. When the instrument is operated, the epidermis is cooled to about -26°C to avoid epidermal damage and push most of

14. Q: How long after treatment can I see the effect?

the RF energy to the deep fibrous tissue.

A: From the day of treatment to one week, the collagen tissue is immediately contracted by heat, so the skin feels tight, and the snow ice cooled RF will stimulate the collagen in the dermis to produce long and continuous rejuvenation, so the improvement will be more obvious after 2-6 months of treatment.



VIII. TROUBLESHOOTING

1. The instrument cannot be started, but the key light on the back of the instrument does not work.

- A. Make sure the power cord is connected to a valid power socket.
- B. Whether the fuse tube on the back of the instrument is loose or burnt out.
- C. Check if the emergency button is on.

2. No light flash?

- A. Check whether the start button is pressed after the parameters are adjusted.
- B. Turn off the device and restart.
- C. Check if you forget to push the foot pedals.

3. Carbon powder cannot be spread out?

- A. Please check whether the selection mode is wrong.
- B. Please check whether the carbon powder is completely dry.

4. There's an unpleasant odor coming from the handles

- A. Check if the probe is clean or if there's hair residue.
- B. Wipe the probe clean.

5. I can't install the filter?

A. Please check whether the filter is installed inversely.

6. There is no energy output from snow ice cooled RF handle?

A. Please check whether the instrument handle and the plug connected to the machine,B. Please check whether the treatment part has been cleaned. Grease or oily essentialoil products may cause poor contact between the treatment handle and the humanbody, resulting in no RF output.





REJUVA FRESH, LLC 551 Red Bridge Road Ellsworth, Maine 04605 United States 1-800-249-1310 rejuvafresh.com