

EMShape Neo Plus Body Sculpt Machine

8500W

USER MANUAL



REJUVA
FRESH

Welcome

to your **EMShape Neo Plus Body Sculpt Machine**
8500W



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USER NOTICE

First of all, thank you for choosing the REJUVA FRESH EMShape Neo Plus Body Sculpt Machine 5 in 1, which combines high-tech essence, fashionable style, and innovative functions. We hope to contribute beauty to you. Before using the instrument, please read this user manual carefully and keep it in a safe place for future use. This user guide is an operation guide, not a product guarantee.

REJUVA FRESH reserves the right to interpret and modify the printing errors, software upgrades, and product improvements in this manual at any time. These changes will be directly incorporated into the new version of the user manual without notice. This user manual is compiled by REJUVA FRESH, all rights reserved, privacy is subject to investigation.

PREFACE

EMShape Neo Plus is engineered to perform body sculpting more effectively than any alternative equipment available in the global beauty marketplace.

The machine's sleek design and high-end specifications guarantee maximum efficiency and fast, impressive benefits. Let your spa's clientele indulge in a spa treatment that offers premium results.

Harness the power of the latest HIEMT technology and synchronized RF to deliver efficient and effective muscle building and fat reduction results. Procedure is 100% non-invasive, safe and painless, with no downtime.

Please read this User Manual carefully in order to use the machine properly and to protect the machine from unnecessary damages.

Should you encounter any issues during operation of the machine or any related questions, you can contact us at our website: rejuvafresh.com or email us at hello@rejuvafresh.com.

Thank you again, and please enjoy your REJUVA FRESH body sculpting equipment!

I. PRODUCT INFORMATION & SPECIFICATION

I.1 Product Information

This machine uses the latest HIEMT technology + synchronized RF to deliver efficient & effective muscle building + fat reduction. This process triggers the production of new collagen chains, thereby increasing muscle support and volume.

HIEMT (high intensity electromagnetic technology) uses strong focused electromagnetic waves to stimulate and train the targeted muscle tissue. During a 30 minute treatment session, focused magnetic waves penetrate up to 8cm of muscle tissue, forcing the muscles to contract involuntarily many thousands of times. Such supra-maximal contractions not achievable by normal exercise. The body naturally responds to this supra-maximal exercise by rebuilding muscle tissue, making the body more toned and stronger. As with normal exercise there is a large amount of natural fat decomposition, resulting in body slimming.

I.2 Product Specification

Voltage: 100 V / 110 V / 220 V (Voltage selected according to your region)

Technologies: High-intensity EMS, RF, EMT

Modes: Stretching to warm up, deepen exercise, activate muscle, strengthen muscle, strong fat burning, relief

Pulse width: ~310us+/- 10%

Cooling system: air cooling

WARNING! RF energy on this machine is VERY STRONG and the temperature can become VERY HOT. To make the treatment comfortable and effective, please always start with a low level of RF (less than 20 % is recommended).

Training is strongly recommended. Rejuva Fresh is not responsible for any adverse effect that should occur due to misuse of the equipment by the operator.

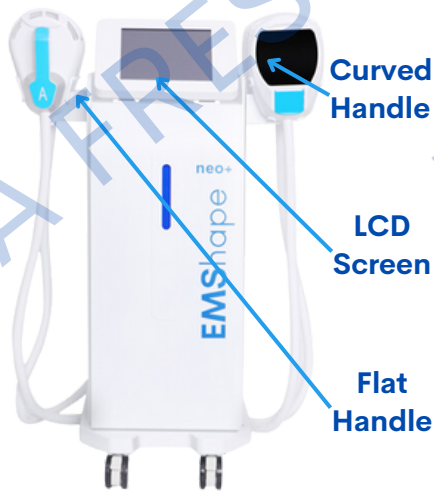
I. PRODUCT INFORMATION & SPECIFICATION

I.3 List of Accessories

Main Unit	1	
Flat Handle	2	
Curved Handle	2	
Pelvic Floor Training Cushion	1	
Belt Straps	4	
Power Cord	1	

II. PRODUCT APPEARANCE

II.1 Front view



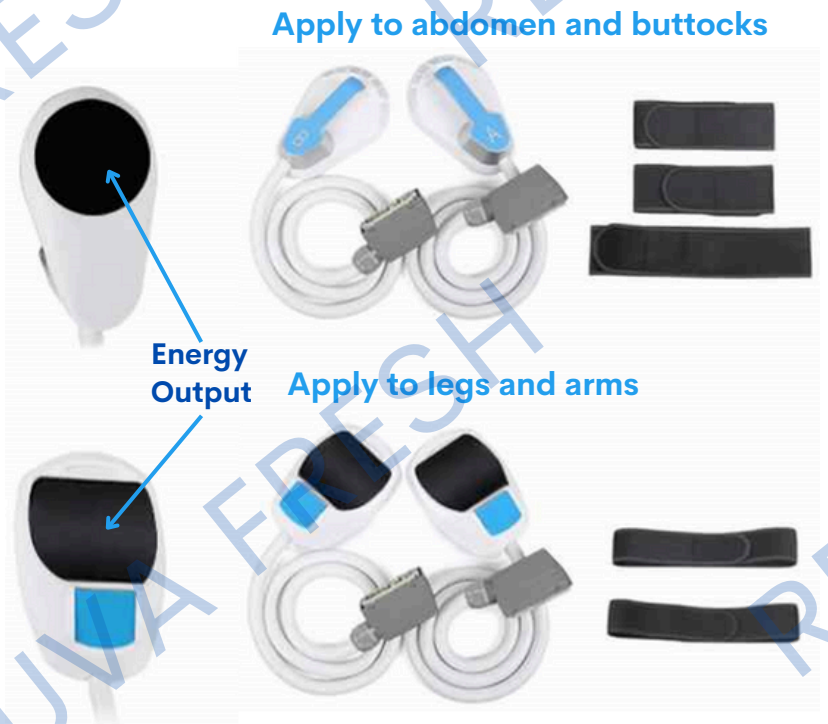
II.2 Back view



II.3 Side view



II.4 Accessories



III. WARNINGS

III.1 Please follow these precautions before/during/after use



Use at least one hour after meals.
DO NOT use when feeling full after eating.



Before using the instrument, remove any metal jewelry you are wearing.
DO NOT touch metal objects during the treatment.



Before starting the operation, touch the probe vertically to the skin,
then turn on the switch of the main unit and adjust the
intensity of the operation mode



Start with the lowest level, and then increase the intensity
sequentially according to the user's skin tolerance;

III. WARNINGS



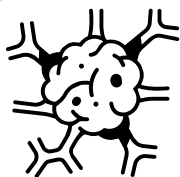
DO NOT eat during machine operation
Try to eat some protein after one hour of session



DO NOT use if there are open wounds
or any skin infections such as eczema or dermatology issues



DO NOT use if there are heart conditions (such as with arrhythmias)
especially those with pacemakers



DO NOT use if diagnosed with cancer

III. WARNINGS



DO NOT use if diagnosed with infectious disease



DO NOT use if pregnant, menstruating, conceiving, or breastfeeding



DO NOT use if you have undergone major surgery,
Diabetic and with cerebrovascular disease (stroke patients) must avoid



DO NOT use if have metal on any part of the body

IV. TREATMENT POSITION

The position of the handles during treatment must be the same as below image for every area of the body:



NOTES:

1. Be careful to avoid positions of ribs and bones
2. When operating the abdomen, select one or two handles according to the size of the customer's abdomen.
3. It is recommended to treat one part for 30 minutes.
4. Before operation, the metal objects worn on the body must be removed, and metal objects on the clothes must also be avoided.
5. Before operation, fasten the bandage, insert the handle into the bandage and fix it, and pay attention to the close position of the working head.
6. Adjust the energy intensity before starting the operation. The treatment starts from low intensity and gradually improves, and slowly improves according to the comfort of customers.
7. Note: if the customer doesn't feel anything during the operation, the energy intensity can be appropriately strengthened, and the degree of strengthening can be asked whether the customer accepts it.

V. MODE SELECTION & OPERATION

a. Mode Selection

I. Function and Mode Selection

1. On the interface, select the type of treatment to be used on the function selection interface.
2. There are two General Mode Categories: AUTO and MANUAL mode. Select which one to use. (Figure 1)
3. On setting the information interface, select the appropriate settings according to gender, age range, and fat thickness. (Figure 2)

Figure 1



Figure 2

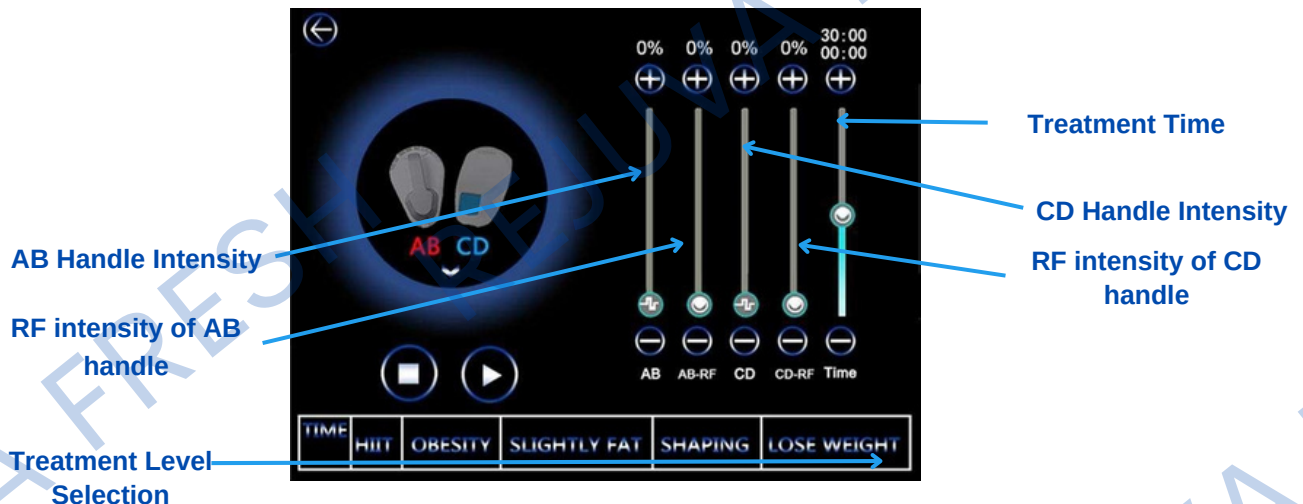


Click the icon shown above to start working.

V. MODE SELECTION & OPERATION

b. AUTO Mode

Figure 3



II. AUTO MODE

1. When using AUTO mode, there is a choice of TREATMENT LEVELS (please refer to page 13). Select a TREATMENT LEVEL according to the patient's condition. When in doubt start with HIIT to be conservative.

2. The handle strengths A and B can be adjusted ranging from 8% (weak) to 100% (strong). Set the handle strength before the start of treatment. The treatment starts from low intensity and should be gradually increased according to the patient's tolerance.

A B: Handle intensity of A and B, click **[-]** and **[+]** to adjust intensity. C

D: Handle intensity of C and D, click **[-]** and **[+]** to adjust intensity.

AB-RF: RF intensity of AB handle, click **[-]** and **[+]** to adjust intensity.

CD-RF: RF intensity of CD handle, click **[-]** and **[+]** to adjust intensity.

3. Set the working time. The default working time of one treatment is 30 minutes. This can be adjusted from 5 minutes to 60 minutes.

4. Click the Start button to start the treatment. Click the Pause button if you need to pause the treatment.

NOTE: Adjust the settings when the device is in Pause mode.

V. MODE SELECTION & OPERATION

c. Manual Mode



Figure 4



III. MANUAL MODE

1. On the interface, select Manual mode.
2. On setting the information interface (Figure 2), select the appropriate settings according to gender, age range, and fat thickness.
3. Adjust the frequency. Please see next page for frequency setting.

V. MODE SELECTION & OPERATION

c. Manual Mode

4. Set the frequency , adjustment settings are below:

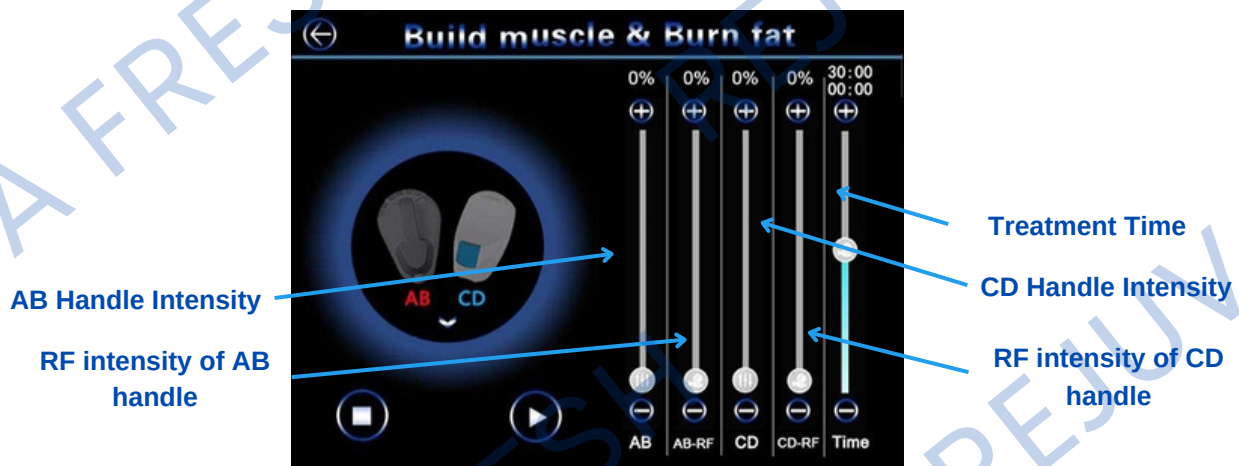
F1: Frequency 1, the intensity range is 3HZ (weak) to 200Hz (strong)

F2: Frequency 2, the intensity range is 3HZ (weak) to 200Hz (strong)

F3: Frequency 3, the intensity range is 3HZ (weak) to 200Hz (strong)

NOTE: It's recommended that F1 be set to 50HZ, F2 to 5HZ, and F3 to 150HZ, to achieve a balance of fat reduction and muscle building.

Figure 5



5. Before the start of treatment, set the frequency parameters according to the required frequency.

F1 frequency works for 5 minutes,

F2 frequency works for 1 minute,

F3 frequency works for 5 minutes, and

*** F1, F2, and F3 frequencies are cycled in sequence.**

6. The handle strengths A and B can be adjusted ranging from 8% (weak) to 100% (strong). Set the handle strength before the start of treatment. The treatment starts from low intensity and should be gradually increased according to the patient's tolerance.

A B: Handle intensity of A and B, click [-] and [+] to adjust intensity.

C D: Handle intensity of C and D, click [-] and [+] to adjust intensity.

AB-RF: RF intensity of AB handle, click [-] and [+] to adjust intensity.

CD-RF: RF intensity of CD handle, click [-] and [+] to adjust intensity.

7. Set the working time. The default working time of one treatment is 30 minutes. This can be adjusted from 5 minutes to 60 minutes.

8. Click the Start button to start the treatment. Click the Pause button if you need to pause the treatment.

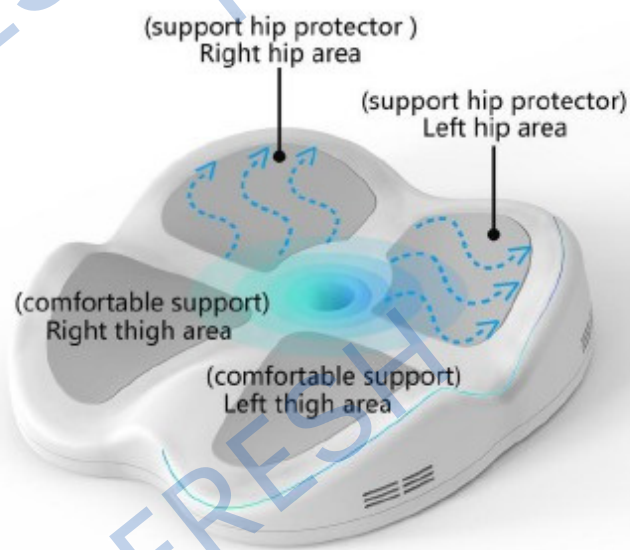
NOTE: Adjust the settings when the device is in Pause mode.

VI. MODE SELECTION & OPERATION

d. Pelvic Floor Cushion

1. Align the handle with the socket on the back of the instrument and insert it; Insert the power cord into the rear socket of the device, turn ON the power switch, and the device will start immediately.

Ergonomic design, designed according to the human body curve, comfortable support.



2. Place a cushion on the chair, sit on the center, and relax.

NOTE:

Use **MANUAL** mode when using the Pelvic Floor Cushion
The recommended setting for F1: 110 Hz, F2: 5 Hz, and F3: 140 Hz

VI. TREATMENT LEVELS IN AUTO MODE

MODE	STAGE 1	STGE 2	STAGE 3	STAGE 4	STAGE 5	STAGE 6
HIIT	3 Hz/ 1 minute	140 Hz/ 5 minutes	4 Hz/ 1 minute	200 Hz/ 5 minutes	4 Hz/ 1 minute	160 Hz/ 5 minutes
Obesity	5 Hz/ 1 minute	200 Hz/ 5 minutes	5 Hz/ 1 minute	80 Hz/ 5 minutes	5 Hz/ 1 minute	140 Hz/ 5 minutes
Slightly Fat	5 Hz/ 1 minute	200 Hz/ 5 minutes	5 Hz/ 1 minute	160 Hz/ 5 minutes	5 Hz/ 1 minute	140 Hz/ 5 minutes
Shaping	4 Hz/ 1 minute	160 Hz/ 5 minutes	4 Hz/ 1 minute	200 Hz/ 5 minutes	4 Hz/ 1 minute	160 Hz/ 5 minutes
Lose Weight	5 Hz/ 1 minute	200 Hz/ 5 minutes	5 Hz/ 1 minute	160 Hz/ 5 minutes	5 Hz/ 1 minute	200 Hz/ 5 minutes

HIIT	Basic training for beginners (suitable for people who hardly exercise, effective basic training for weak muscle groups)
Obesity	Adaptation training (suitable for primary exercisers who have not exercised for a long time, and also suitable for obese people with less muscles)
Slightly Fat	Preliminary training (suitable for primary exercisers with insufficient muscle or slightly higher body fat, also suitable for slightly obese people)
Shaping	Advanced training (suitable for intensive endurance training, suitable for all fitness groups and regular exercisers, and also suitable for obese people. As the training frequency further increased, the load is gradually increased to increase the strength and dimensionality of muscle contraction. For shaping.)
Lose Weight	Professional training (suitable for intensive training, suitable for regular exercisers and athlete groups, and also suitable for obese people. Due to increase in training frequency and high intensity of action, the fat burning ability of muscles is improved, and fat is consumed at high frequency.

VII. TROUBLESHOOTING SOLUTIONS

Machine Error	Cause	Troubleshoot
Machine not working	<ol style="list-style-type: none">1.Power plug not inserted2.Switch not ON3.Power fuse failure	<ol style="list-style-type: none">1.Check the power2.Check the switch3.Replace the fuse
Handle not working	Check if the connection is loose	Disconnect and reconnect the handle

VIII. MAINTENANCE

VII.1 Regular Use

- a. To make sure that the machine will last longer, after each 30 minutes of using the machine, allow machine to rest/cool down for 5 minutes before starting the treatment again
- b. Check the power socket, confirm that there is a reliable connection to the ground
- b. Check if the power cord is damaged before use, do not use if damaged

VII.2 Cleaning

- a. Perform regular cleaning to ensure sanitation and proper function
- b. The outside body of the machine can be cleaned using a damp cloth or alcohol wipes
- c. Clean only when the machine is unplugged, disconnected from the power source.



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