

# Upgraded 30K Cavitation Machine Pro 9 in 1

## USER MANUAL



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# PREFACE

The Professional 30K Cavitation Machine 9 in 1 provides medical-grade performance with advanced Rejuva Fresh technology. It's a top choice for beauty professionals, offering 9-in-1 functionality, including ultrasonic cavitation, lipo laser, EMS, RF, microcurrent phototherapy, and more.

With an ultrasonic frequency of 30KHz, this 9-in-1 machine effectively melts away the most stubborn fat without compromising on safety. With the power to break down both medium and thick fat, it's the perfect addition to any spa.

The use of this machine is safe, minimally-invasive procedure, and easy to operate. There are no bleedings, no pain, and side effects.

Please read this User Manual carefully in order to use the machine properly and to protect the machine from unnecessary damages.

Should you encounter any issues during operation of the machine or any related questions, you can contact us at our website: [rejuvafresh.com](http://rejuvafresh.com) or email us at [hello@rejuvafresh.com](mailto:hello@rejuvafresh.com).

Thank you again, and please enjoy your body sculpting equipment!



**This spa machine includes a personal training session with an expert instructor. We also offer complimentary certification (certificate that you can hang on the wall).**

**Contact us after you receive your delivery to schedule your training session by Zoom or FaceTime.**

# I. PRODUCT INFORMATION & SPECIFICATION

## I.1 Product Information

Clinically proven, this machine employs advanced fat-removal cavitation techniques that convert fat cells into glycerol and free fatty acids, which are naturally disposed of by the body.

First, radio frequency energy is used to activate the fat cells in the targeted part of the body. Next, powerful 30KHz frequency ultrasound waves are used to effect the formation of bubbles around fat cells. The pressure of these bubbles in turn causes the fat cells to rupture and dissolve. Vacuum suction is used then used to accelerate the fat removal of the dead fat cells from the body.

30K cavitation is a newer more advanced technology than 40K and 80K. Because frequency and wavelength inverse relationship, 30KHz, with its longer wavelength, offers superior fat reduction if you need to target thick fat. With this machine you'll enjoy effective body slimming even when there are several inches of fat to remove.

## I.2 Product Specification

Machine Power	350 W
Cavitation Frequency	30 KHz
Cavitation Power	110 W
Input Voltage	110 V/ 220 V Voltage selected according to your region
Radio Frequency(RF)	1 MHz
Lipo Laser Wavelength	635nm~650nm
Lipo Laser Power	5MW per diode
Vacuum Pressure	-20KPA

# I. PRODUCT INFORMATION & SPECIFICATION

## I.3 List of Accessories

Main Unit	1 set	
RF Body	1	
30 KHz Cavitation Head	1	
acuum Bipolar RF Head	1	

# I. PRODUCT INFORMATION & SPECIFICATION

Three Polar RF Head for Face and Eyes	1	
Quadrupole RF Head for Face	1	
EMS Pad	1 set	
Laser Positioning Plates	6 Large 2 Small	

# I. PRODUCT INFORMATION & SPECIFICATION

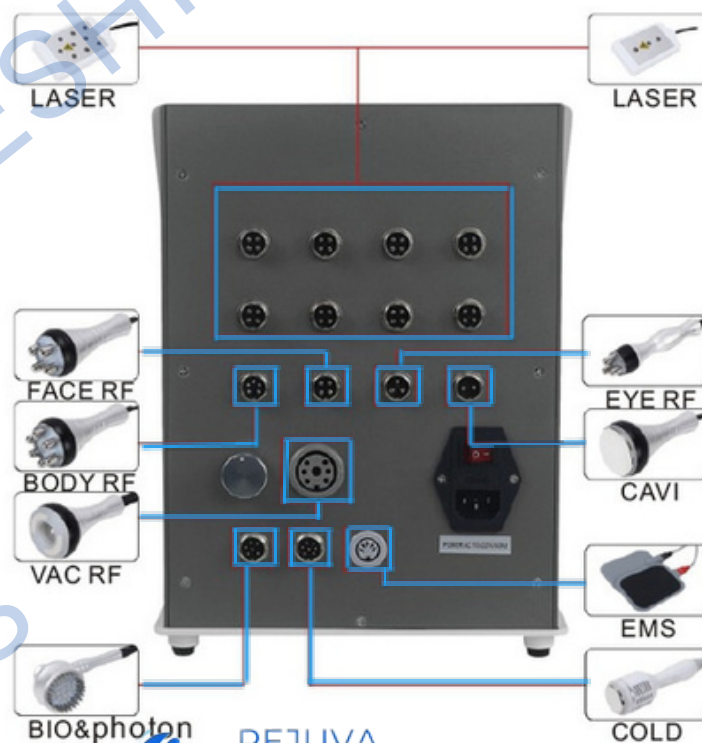
Ice Hammer Handle	1	
Microcurrent Phototherapy Head	1	
Power Cord	1	

## II. PRODUCT APPEARANCE

II.1 Front view



II.2 Back view





## III. WARNINGS

III.1 Please follow these precautions before/during/after use



DO NOT use if pregnant,  
menstruating, conceiving, or  
breastfeeding



DO NOT use if epileptic



DO NOT use if there are open wounds  
or any skin infections such as eczema or dermatology issues



DO NOT use if there are heart conditions (such as with  
arrhythmias) especially those with pacemakers

### III. WARNINGS



DO NOT use if with kidney disease



DO NOT use if have metal on any part of the body



Before using the instrument,  
remove any metal jewelry you are wearing

## IV. RECOMMENDATIONS

1. Be sure to use the ultrasonic special gel.

2. Handle the heads with care, avoid knocks.

3. Use and prepare enough gel to avoid overheating the heads.

4. Don't linger too long on a single region and avoid the bones.

5. Don't use disinfectants to disinfect the heads, use wet cotton or dry towel instead.

6. Make sure the power supply is connected and plugged well.

7. If the machine is not for use for a long period of time, switch it off and unplug the power supply.

8. The machine should be rested every hour of continuous operation for about 10 minutes.

# V. TREATMENT SELECTION

## V.1 Cavitation



Select the appropriate treatment and install the corresponding handle.

**Handle: 30 KHz Cavitation Head**

**Treatment: Cavitation**

Proceed with the treatment.

There is 4 MODE of M1, M2, M3 and M4 as described as follows:

**"M1" is continuous working for 3 sec and discontinuous for 3 sec.**

**"M2" is continuous working for 2 sec and discontinuous for 2 sec.**

**"M3" is continuous working for 1 sec and discontinuous for 1 sec.**

**"M4" is continuous working for 0.5 sec and discontinuous for 0.5 sec.**

2. Apply slimming cream or cooling gel to the part of the skin to be treated. Operate with the 30KHz cavitation head for 15-20 minutes with mainly the spiral movement on the body.

# V. TREATMENT SELECTION

## V.1 Cavitation



3. Press "-" "+" to adjust the TREATMENT TIME.

4. Below the TREATMENT TIME is the CAVI MODE. Select if M1, M2, M3, or M4 as described in the previous page.

5. Adjust CAVI POWER. Start from low percentage to high percentage. Depending on the customer's acceptable level.

6. Press "START" to start the strong sound wave explosion fat head.

7. Use the Cavitation Head to massage the specific part of skin to be treated circularly after applying the slimming cream for about 15 to 20 minutes. It could quicken the blood circulation in the treated part of skin and has the effect of decomposing fat.

### HELPFUL TIPS:



- Keep close contact between the probe and the skin.
- Adjust the RF INTENSITY LEVEL from low level to high level.
- Pay attention to the temperature of the cavitation handle when using it, and stop using it for ten minutes after half an hour of use.
- Cavitation is forbidden to work without gel.

# V. TREATMENT SELECTION

## V.2 Vacuum & Bipolar F



Select the appropriate treatment and install the corresponding handle.

**Handle: Vacuum Bipolar RF Head**

**Treatment: Vacuum & Bipolar RF**

Proceed with the treatment.



# V. TREATMENT SELECTION

## V.2 Vacuum & Bipolar F

1. Press "-" "+" to adjust the TIME.
  2. Select the suitable RF MODE (**AUTO**—always output, **M1**—output for 0.5 seconds, **M2**—output for 1 second, and **M3**—output for 1.5 seconds). Always start at a low level before increasing the level of intensity. Check with the customer if the intensity level is acceptable.
  3. Adjust the RF POWER. The recommended setting is 20~60%. Start from low percentage to high percentage. Depending on the customer's acceptable level.
  4. Adjust the SUCTION LEVEL. The recommended setting is 20~60%. Start from low percentage to high percentage. Depending on the customer's acceptable level.
  5. Adjust the RELAX LEVEL. This setting is the release of the suction. Usually less than the set SUCTION LEVEL percentage.
2. Put the filter cotton before use.
  3. Press "START" key to begin the treatment.
  4. Apply the slimming cream on the area being treated.
  5. After 30 to 40 minutes, use the Vacuum Bipolar RF Head to massage the specific part of skin circularly. This would quicken the blood circulation in the part of skin to be treated and has the effect of decomposing fat.

### HELPFUL TIPS:



- Keep close contact between the probe and the skin.
- Adjust the RF INTENSITY LEVEL from low level to high level.
- Operate with the bipolar vacuum head for 15-20 minutes with mainly spiral movement on body.
- Wipe off the oil inside with alcohol/paper towel after use, then put it on the shelf.

# V. TREATMENT SELECTION

## V.3 Tripolar RF



Select the appropriate treatment and install the corresponding handle.

**Handle: Three Polar RF Head for Face and Eyes**

**Treatment: Tripolar RF**

Proceed with the treatment.





# V. TREATMENT SELECTION

## V.3 Tripolar RF

1. Press "-" "+" to adjust the TIME.
2. Select the suitable RF MODE (**AUTO**-always output, **M1**-output for 0.5 seconds, **M2**-output for 1 second, and **M3**-output for 1.5 seconds). Always start at a low level before increasing the level of intensity. Check with the customer if the intensity level is acceptable.
3. Adjust the RF POWER. The recommended setting is 20~60%. Start from low percentage to high percentage. Depending on the customer's acceptable level.
4. Press on "START" key to start.
5. Spread gel or wrinkle smoothing essence on the treated positions (usually 20-30G each use).
5. Operate with the facial RF head for 15-20 minutes with mainly spiral movement on face and around the eyes.



### HELPFUL TIPS:

- Please do not look directly on the colored light
- The RF electrode should be kept in slow continuous motion.
- Keep away from skin around eyes and forehead. They are very sensitive.

# V. TREATMENT SELECTION

## V.4 RF Face



Select the appropriate treatment and install the corresponding handle.

**Handle: Quadrupole RF ead**

**Treatment: RF Face**

Proceed with the treatment.



# V. TREATMENT SELECTION

## V.4 RF Face

1. Press "-" "+" to adjust the TIME.
2. Select the suitable RF MODE (**AUTO**-always output, **M1**-output for 0.5 seconds, **M2**-output for 1 second, and **M3**-output for 1.5 seconds). Always start at a low level before increasing the level of intensity. Check with the customer if the intensity level is acceptable.
3. Adjust the RF POWER. The recommended setting is 20~60%. Start from low percentage to high percentage. Depending on the customer's acceptable level.
4. Press on "START" key to start.
5. Spread gel or wrinkle smoothing essence on the treated positions (usually 20-30G each use).
6. Operate with the facial RF head for 15-20 minutes with mainly spiral movement on face and around the eyes.



### HELPFUL TIPS:

- Please do not look directly on the colored light
- Spread gel or essence on the treated area evenly.
- Start with low RF INTENSITY LEVEL.
- The RF electrode should be kept in slow continuous motion.
- Do not use essential oil as the medium.
- During treatment, start pulling only after RF Head is in contact with the skin.

# V. TREATMENT SELECTION

## V.5 RF Body



Select the appropriate treatment and install the corresponding handle.

**Handle: Quadrupole RF Head**

**Treatment: RF Body**

Proceed with the treatment.



# V. TREATMENT SELECTION

## V.5 RF Body

1. Press "-" "+" to adjust the TIME.
2. Select the suitable RF MODE (**AUTO**—always output, **M1**—output for 0.5 seconds, **M2**—output for 1 second, and **M3**—output for 1.5 seconds). Always start at a low level before increasing the level of intensity. Check with the customer if the intensity level is acceptable.
3. Adjust the RF POWER. The recommended setting is 20~60%. Start from low percentage to high percentage. Depending on the customer's acceptable level.
4. Press on "START" key to start.
5. Spread gel or wrinkle smoothing essence on the treated positions (usually 20-30G each use).
6. Operate with the RF Body head for 15-20 minutes with mainly spiral movement on the body. Drag fat areas at the position for losing weight to the position where it is closer to the lymph gland.

### HELPFUL TIPS:



- Keep close contact between the probe and the skin.
- Please do not look directly on the colored light
- Start with low intensity level to high intensity level.
- Use the RF Body head for 15-20 minutes with mainly spiral movement on body.

# V. TREATMENT SELECTION

## V.6 Laser Lipolysis

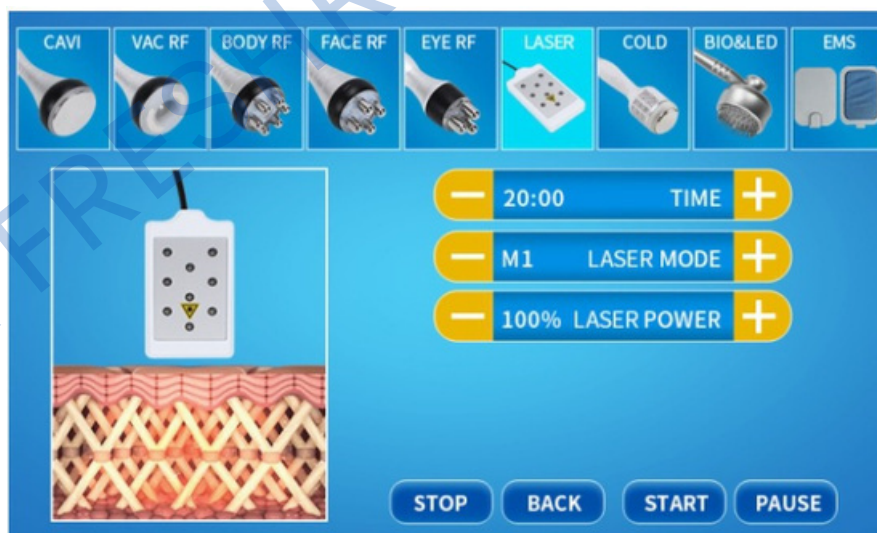


Select the appropriate treatment and install the corresponding handle.

**Handle: Laser Positioning Plates**

**Treatment: Laser**

Proceed with the treatment.



# V. TREATMENT SELECTION

## V.7 BIO & LED



1. Select the appropriate treatment and handle as shown in the image above.
2. Press "-" "+" to adjust the TIME.
3. Select the suitable BIO MODE (**AUTO**—always output, **M1**—output for 0.5 seconds, **M2**—output for 1 second, and **M3**—output for 1.5 seconds).
4. Adjust the BIO POWER. The recommended setting is 20~60%. Start from low percentage to high percentage. Depending on the customer's acceptable level.
5. Choose the LED COLOUR. There are 7 colors to choose from:
  - a. **RED**. Suitable for any skin, promoted blood circulation and regenerates collagen protein to smoothen skin and heal xeroderma, exuviation, degenerate losing hair and folliculosis.
  - b. **GREEN**. Balance and normalize sebaceous glands. Reduces black heads and sores, balances and moisturizes the skin.
  - c. **BLUE**. Calming and suitable for sensitive skin. Eliminates acne bacillus to remove acne. Tightens saggy skin and reduces wrinkles.
  - d. **PURPLE**. Renew skin and reduces wrinkles. Detoxifies the skin.
  - e. **ORANGE**. Brighten dark pigments and smoothen the texture of the skin.
  - f. **CYAN**. Strengthens the barrier of the skin, calms the skin down and reduces stress.
  - g. **WHITE**. Guides skin to absorb nutrients and anti-aging effect.
  - h. **LOOP**. All colors.

# V. TREATMENT SELECTION

## V.8 Cold Hammer

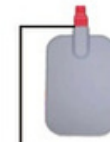


1. Select the appropriate treatment and handle as shown in the image above.
2. Press "-" "+" to adjust the TIME.
3. Adjust the COLD POWER. The recommended setting is 20~60%. Start from low percentage to high percentage. Depending on the customer's acceptable level.
4. Press "START" and the indicator light will light up and start working.
5. This treatment helps maintain the skin's firmness and elasticity, prevent allergies and other problem. This also helps shrink pores, lock in water moisture, and reduce wrinkles.



# V. TREATMENT SELECTION

## V.9 EMS Plate

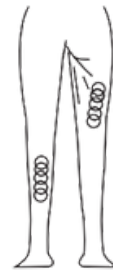


The wiring is not divided into two levels, plus or minus. It must be inserted to the end, otherwise the connection will be poor.

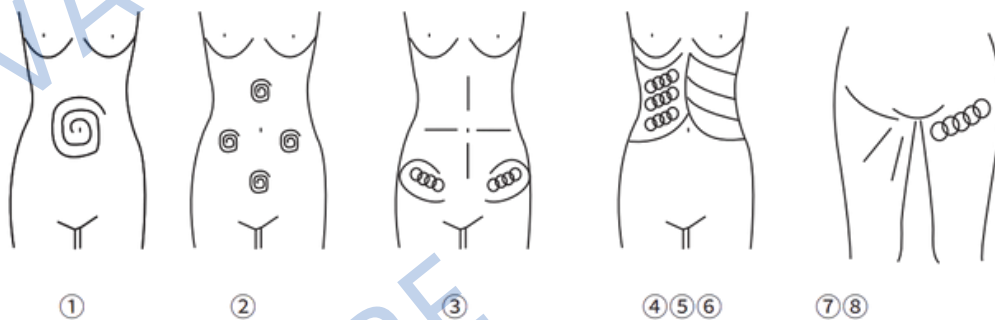
1. Select the appropriate treatment and handle as shown in the image above. Connect the wires into their appropriate socket: regardless of Plus (+) or Minus (-).
2. Attach the plate into the treatment area using the bands. It can be used in the abdomen, buttocks, thighs, and arms. The treatment will feel like 20,000 sit-ups or squats in just 30 minutes.
3. Press "-" "+" to adjust the TIME.
4. Adjust the EMS MODE. The recommended setting is 20~60%. Start from low percentage to high percentage. Depending on the customer's acceptable level.
5. Adjust the EMS POWER. The recommended setting is 20~60%. Start from low percentage to high percentage. Depending on the customer's acceptable level.
6. Press "STRT" to start the treatment

## VI. RECOMMENDED TREATMENT POSITION

1. Treatment position for 40 KHz Cavitation Head.  
Massage the fat of thigh in circles.



2. Treatment position for RF Head  
Waist and abdomen area (25 minutes, 2-3 days/time)



- ①. Massage to navel as center and gradually expanding the range
- ②. Massage chest nest, both sides of former abdomen and below the navel (in diamond formation) from inside to outside in circles.
- ③. Concentrated on the fat from 4 directions the navel as center
- ④. Massage from inner rib to outer edge in circles.
- ⑤. Massage from end of pelvis to groin in circles.
- ⑥. Massage back and forth from inner rib to outer edge in straight line.
- ⑦. Lift the Hip and the lower part of the body care (30minutes, 2-3 days/time) use the 50mm probe
- ⑧. Concentrated from hip to groin in circles or straight line. Repeat massaging from inner to outer edge. Repeat the motion.

## VII. RECOMMENDED TREATMENT POSITION

3. Treatment position for Three Polar RF Head for Face and Eyes.

1. Massage the mandible center in circles to produce deep heat.

2. Massage lower jaw lines.

3. Massage the triangle zone of both sides of the face in circles.



4. Massage from jaw to angulus oris to ear in lines.





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