

# 9 in 1 Cavitation Machine for Toning and Slimming

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## USER MANUAL



# *Welcome*

**to your 9 in 1 Cavitation Machine for Toning and Slimming**

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# PREFACE

Thank you for choosing REJUVA FRESH 9 in 1 Cavitation Machine for Toning and Slimming. This machine uses nine distinct functions to help permanently remove fat, reduce cellulite, and rejuvenate the skin.

A powerful 40k cavitation combined with strong vacuum suction plus laser lipolysis make the fat reduction treatment fast and effective. Meanwhile, skin tightening, firming and anti-aging are accomplished by selectively targeted radio frequency, micro-current and light therapy.

Rejuva Fresh 9 in 1 cavitation machine with lipo lasers is designed to help you reduce fat efficiently without invasive surgery, while at the same time restoring a more youthful skin appearance.

Please read this User Manual carefully in order to use the machine properly and to protect the machine from unnecessary damages.

Should you encounter any issues during operation of the machine or any related questions, you can contact us at our website: [rejuvafresh.com](http://rejuvafresh.com) or email us at [hello@rejuvafresh.com](mailto:hello@rejuvafresh.com).

Thank you again, and please enjoy your body sculpting equipment!

# I. PRODUCT INFORMATION & SPECIFICATION

## I.1 Product Information

This machine incorporates multiple advanced technologies: Cavitation, Vacuum, Radio Frequency for Body & Face, Lipo Laser, Cold Hammer, Microcurrent, and Photon Rejuvenation. It has 40K ultrasonic cavitation system with a high power handle that selectively targets and penetrates fatty tissue to achieve the fastest treatment effect.

The effects of this machine are that it helps improve lymphatic drainage in the body, skin elasticity, and skin texture. It helps you lose weight and achieve a better body shape, without the possibility of gaining back weight. This machine also provides soothing relief from pain (such as joint pain or sciatica) stress and fatigue by promoting regular mechanical aerobic exercise of skin tissue.

With this machine, you can also deliver a complete professional facial treatment to help reveal younger looking glowing skin.

## I.2 Product Specification

Power	250-300 W
Voltage	110 V/ 220 V Voltage selected according to your region
Ultrasonic Frequency	40 KHz
Cavitation Power	60 W
Laser Wavelength	635-650 Nm
Laser Power	5 MW/pc
Vacuum	-80 kPA/650 mmHg, 15 L, 66V, 60 W
RF Frequency	1 MHz
Cold Hammer Temperature	0 ~ 5 degrees Celsius

# I. PRODUCT INFORMATION & SPECIFICATION

## I.3 List of Accessories

Main Unit	1 set	
RF Head	1	
40 KHz Cavitation Head	1	
Vacuum Bipolar RF Head	1	

# I. PRODUCT INFORMATION & SPECIFICATION

Three Polar RF Head for Face and Eyes	1	
Quadrupole RF Head for Face and Body	1	
Ice Hammer Head	1	
Photo Rejuvenation Head	1	



# I. PRODUCT INFORMATION & SPECIFICATION

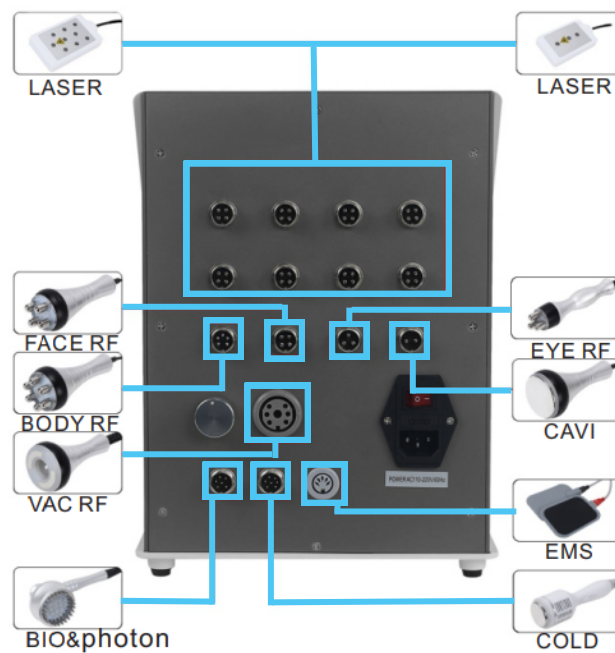
<p>Laser Positioning Plates</p>	<p>6 Large 2 Small</p>	
<p>EMS Pads</p>	<p>2</p>	
<p>Power Cord</p>	<p>1</p>	

## II. PRODUCT APPEARANCE

### II.1 Front view



### II.2 Back view



# III. WARNINGS

## III.1 Please follow these precautions before/during/after use



**DO NOT** use if pregnant, menstruating, conceiving, or breastfeeding



**DO NOT** use if epileptic



**DO NOT** use if there are open wounds or any skin infections such as eczema or dermatology issues



**DO NOT** use if there are heart conditions (such as with arrhythmias) especially those with pacemakers

### III. WARNINGS



DO NOT use if with kidney disease



DO NOT use if have metal on any part of the body



Before using the instrument,  
remove any metal jewelry you are wearing

## IV. RECOMMENDATIONS

1. Be sure to use the ultrasonic special gel.

2. Handle the heads with care, avoid knocks.

3. Use and prepare enough gel to avoid overheating the heads.

4. Don't linger too long on a single region and avoid the bones.

5. Don't use disinfectants to disinfect the heads, use wet cotton or dry towel instead.

6. Make sure the power supply is connected and plugged well.

7. If the machine is not for use for a long period of time, switch it off and unplug the power supply.

8. The machine should be rested every hour of continuous operation for about 10 minutes.

# V. TREATMENT SELECTION

## V.1 CAVI

Strong sound wave explosion fat head - with collective strong sound wave head, strong sound wave of 40KHZ may be emitted to human body for impacting fat cells fiercely and causing friction motion between fat cells. This may cause effective consumption of calories and moisture in fat cells and reduce the size of fat cell. What's more, sound wave vibration may cause fierce impact of fat cells to make them be exploded instantaneously, reduce the amount of fat cells and thereby achieve the effects of removing fat.



Select the appropriate treatment and install the corresponding handle.

**Handle: 40 KHz Cavitation Head**

**Treatment: CAVI**

Press "-" "+" to adjust the TIME of operation.

Select the CAVI MODE among M1,M2,M3,M4 modes.

Press "-" to decrease the CAVI POWER or click "+" to increase it.

Press "START" to start the strong sound wave explosion fat head.

There is 4 MODE of M1, M2, M3 and M4 as described as follows:

**"M1" is continuous working for 3 sec and discontinuous for 3 sec.**

**"M2" is continuous working for 2 sec and discontinuous for 2 sec.**

**"M3" is continuous working for 1 sec and discontinuous for 1 sec.**

**"M4" is continuous working for 0.5 sec and discontinuous for 0.5 sec.**

Operate with the 40KHz cavitation head for 15-20 minutes with mainly the spiral movement on body

# V. TREATMENT SELECTION

## V.1 CAVI

**Method** : Use the probe to massage the specific part of skin to be treated circularly after applying the slimming cream for about 15 to 20 minutes. It could quicken the blood circulation in the treated part of skin and has the effect of decomposing fat.

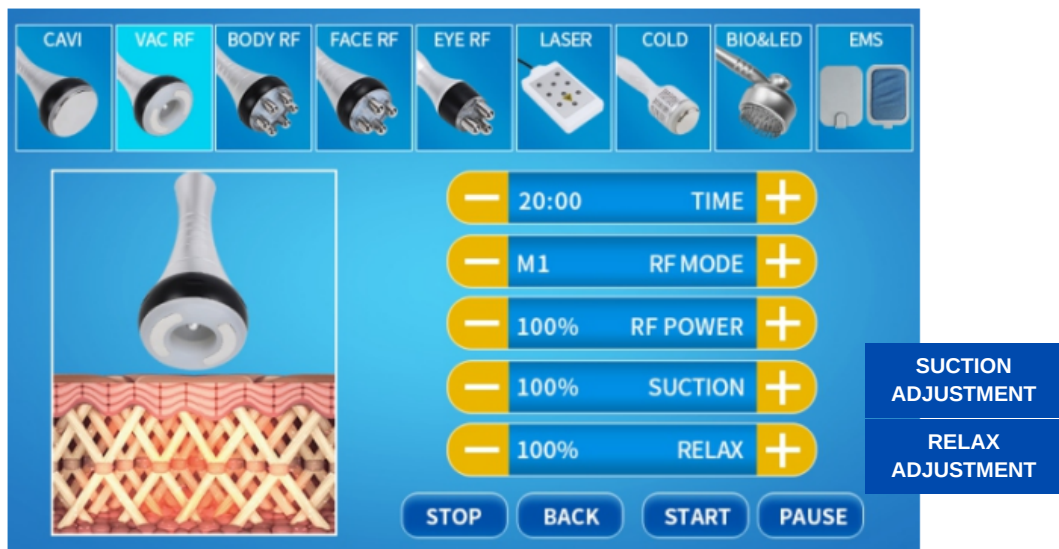
### **Matters needing attention:**

1. Apply slimming cream or cooling gel to the part of skin to be treated before the treatment.
2. Keep close contact between the probe and the skin.
3. Adjust the intensity from low level to high level.
4. Do not keep the applicator at the same place
5. Move the applicator slowly but constantly.
6. Avoid the treatment over bone and do not aim directly to the joint
7. Pay attention to the temperature of the cavitation handle when using it, and stop using it for ten minutes after half an hour of use.
8. Cavitation is forbidden to work without gel. If it doesn't work and you need to re-adjust the frequency, please contact the supplier.

# V. TREATMENT SELECTION

## V.2 VAC RF

Dissolve fat, enhance lymphatic drainage, firm skin and improve skin elasticity. This treatment has an anti-geocentric attraction effect on the skin that is attracting and outspreading the fibrillar connective tissue of different cortexes through the rhythmic massage and effectively break down subcutaneous fat and reduce cellular tissue accumulation of fat. Coupled with the use of the patents methodology of massaging deeply with roller over different parts of the body to bring up fat layer in dermis curium and subcutaneous, it releases micro-vascular lymphatic vessels at the same time promoting metabolism and converts fat cells in a passive movement to fatty acids. Toxins within the cells are also eliminated from lymphatic system. In vitro the detoxification enhances the function as many as four times. The skin will become more elastic and luster. The perfect "healthy body sculpture management" expert.



Select the appropriate treatment and install the corresponding handle.

**Handle: Vacuum Bipolar RF Head**

**Treatment: VAC RF**

Set the RF MODE : Adjust the RF MODE among Auto,M1,M2,M3 modes.

**AUTO** always output, **M1** output for 0.5 seconds, **M2** output for 1 second, **M3** output for 1.5 seconds.

Select the RF POWER (adjust according to the customer's acceptable level, 20%-60%is recommended).

Adjust the appropriate SUCTION(Adjust the knob on the back).

Press "START" key to begin operation.



# V. TREATMENT SELECTION

## V.2 VAC RF

**Method:** After applying oil on the skin area to be treated, perform circulatory massage on specific areas of the skin for about 30 to 40 minutes, which can speed up blood circulation, It has the function of decomposing fat.

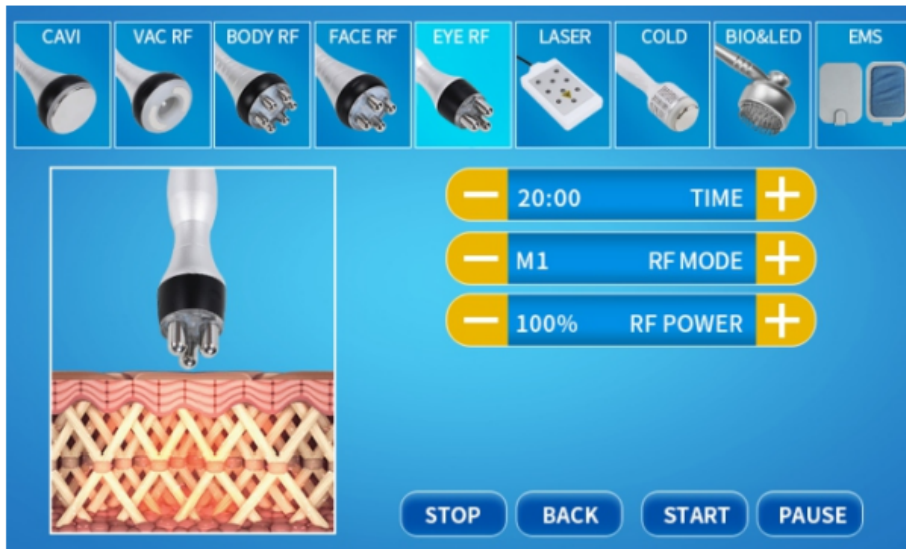
**Matters needing attention:**

1. Apply sufficient amount of oil.
2. Keep close contact between the probe and the skin.
3. Adjust the intensity from low level to high level.
4. Do not keep the applicator at the same place
5. Move the applicator slowly, but constantly.
6. Avoid the treatment over bone and do not aim directly to the joint.
7. Always make a skin fold in order to get better access to the fat tissue.
8. In case of resting during treatment, please "PAUSE" and then "STOP" to avoid over-output of the machine.
9. Wipe off the oil inside with alcohol/paper towel after use, then put it on the shelf.

# V. TREATMENT SELECTION

## V.3 EYE RF

Radio frequency is one kind of high frequency electromagnetic wave that can penetrate the dermis and subcutaneous tissue to heat collagen in the dermis layer. Collagen in the dermis layer will shrink immediately after the temperature rise and proliferation of new collagen, so as to achieve skin rejuvenation and tightening, pigment improvement etc. gradually eliminate wrinkles , restoring skin elasticity and facial improvement, prevent skin aging, and restoring skin elasticity .



Select the appropriate treatment and install the corresponding handle.

**Handle: Three Polar RF Head for Face and Eyes**

**Treatment: EYE RF**

Set the RF MODE : Adjust the RF MODE among Auto,M1,M2,M3 modes.

**AUTO** always output, **M1** output for 0.5 seconds, **M2** output for 1 second, **M3** output for 1.5 seconds.

select the RF POWER (adjust according to the customer's acceptable level, 20%-60%is recommended).

Spread gel or essence on the treated area evenly.

Press "START" key to begin operation.

# V. TREATMENT SELECTION

## V.3 EYE RF

### **Matters needing attention:**

1. Spread gel or essence on the treated area evenly.
2. Keep close contact between the probe and the skin.
3. Adjust the intensity from low level to high level.
4. Do not keep the applicator at the same place.
5. Move the applicator slowly, but constantly.
6. Skin around eyes and forehead is very sensitive, the RF output intensity should be kept relatively low in such areas.
7. In case of resting during treatment, please "PAUSE" and then "STOP" to avoid over-output of the machine.

# V. TREATMENT SELECTION

## V.4 FACE RF

A capacitive coupling electrode is used for transmitting radio-wave energy and generating an electric field for entering into subcutaneous tissue through the skin surface. In the high frequency to the rapid change in electrode, directions of electrical particles in the skin are also changed. By this time, natural electric resistance in the subcutaneous tissue moves and generates heat energy. As the papillary dermis collagen may immediately shrink when the temperature is within the range from 60 to 70 Celsius degree. After wrinkle treatment, client may immediately sense the skin tightening effects as it is being lifted and firmed. When collagen is produced continuously, thickness and density of the skin papillary dermis may be increased to remove wrinkles, eliminate scars, restore skin elasticity and gloss and make it be blonde and smooth. While collagen is increased, fresh skin is generated in the position of treatment and wrinkles are removed in large amount. In addition, when cortex without elasticity or that with thick layer in the area with wrinkles is separated, surrounding skin will also be renewed.



Select the appropriate treatment and install the corresponding handle.

**Handle: RF Head**

**Treatment: FACE RF**

Set the RF MODE : Adjust the RF MODE among Auto,M1,M2,M3 modes.

**AUTO** always output, **M1** output for 0.5 seconds, **M2** output for 1 second, **M3** output for 1.5 seconds.

select the RF POWER (adjust according to the customer's acceptable level, 20%-60%is recommended).

Press "START" key to begin operation.



# V. TREATMENT SELECTION

## V.4 FACE RF

**Method:** Operate with the facial RF head for 15-20 minutes with mainly spiral movement on face and around the eyes.

**Matters needing attention:**

1. Spread gel or essence on the treated area evenly.
2. Keep close contact between the probe and the skin.
3. Adjust the intensity from low level to high level.
4. Do not keep the applicator at the same place
5. Move the applicator slowly, but constantly.
6. Skin around eyes and forehead is very sensitive, the RF output intensity should be kept relatively low in such areas.
7. In case of resting during treatment, please "PAUSE" and then "STOP" to avoid over-output of the machine.

# V. TREATMENT SELECTION

## V.5 BODY RF

Being integrated with the advanced RF technology, the instrument can directly reach the deep-seated fat layer with the incisive positioning ability of RF. In the fast-active state, fat cell tissue may generate friction heat, increase local temperature and remove excess fat and toxin from the body through sweat gland, enterohepatic circulation and lymph. Ultimately achieve the effect of dissolving fat. With controlled depth technology, The effects are very obvious: Enhance blood circulation, accelerate the decomposition of fat, take away wastes, enhance the effect of removing cellulite, effectively improve the state of areolar tissue, remove stubborn fat .



Select the appropriate treatment and install the corresponding handle.

**Handle: Sextupole body RF handle**

**Treatment: BODY RF**

Set the RF MODE : Adjust the RF MODE among Auto,M1,M2,M3 modes.

**AUTO** always output, **M1** output for 0.5 seconds, **M2** output for 1 second, **M3** output for 1.5 seconds.

select the RF POWER (adjust according to the customer's acceptable level, 20%-60%is recommended).

Spread gel on the treated area evenly.

Press "START" key to begin operation.

# V. TREATMENT SELECTION

## V.5 BODY RF

**Method:** Drag fat areas at the position for losing weight to the position where it is closer to the lymph gland for about 20 minutes.

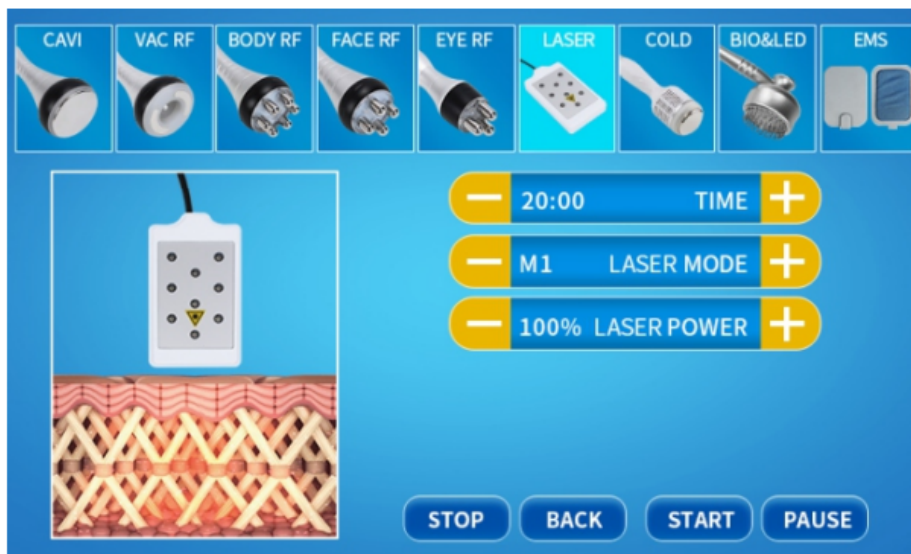
**Matters needing attention:**

1. Spread gel on the treated area evenly.
2. Start with low-energy. We suggest to test for the proper energy level to use on the back of clients before using on the to be treated areas.
3. Do not use essential oil as the medium.
4. In operation, start pulling only after negative pressure head is attached to skin.
5. Move the applicator slowly, but constantly.
6. In case of resting during treatment, please "PAUSE" and then "STOP" to avoid over-output of the machine.

# V. TREATMENT SELECTION

## V.6 LASER

Diode Lipo Laser emits low levels of laser energy which creates a chemical signal in the fat cell, breaking down the stored triglycerides into free fatty acids and glycerol and releasing them through channels in the cell membranes. The fatty acids and glycerol are then transported around the body to the tissues that will use them during metabolism to create energy. This process of fatty acid release is a natural response of the body when the body needs to use stored energy reserves, thus it will not create any unnatural reaction in the body nor does it cause any damage to surrounding structures such as skin, blood vessels and peripheral nerves. A period of exercise post treatment will ensure the complete metabolism and thus eliminate from the body the freed fatty acids. This 5mw lipo laser system can adopt light to penetrate deep level of skin to stimulate metabolism for effective slimming treatment. Tied laser board band at the site needing treatment and use laser for 20 minutes.



Select the appropriate treatment and install the corresponding handle.

**Handle: Laser Positioning Plates**

**Treatment: LASER**

Set the LASER MODE : Adjust the LASER MODE among M1,M2,M3,M4 modes.

"M1" works continuously, "M2" works continuously for 0.5 seconds, and pauses for 0.5 seconds. "M3" works continuously for 0.2 second and pauses for 0.2 second. "M4" works continuously for 0.1 seconds and pauses for 0.1 seconds.

Press "START" key to begin operation.



# V. TREATMENT SELECTION

## V.6 LASER

**Method:** Tied laser board band at the site needing treatment and use laser for 20 minutes. It could quicken the blood circulation in the treated part of skin and has the effect of decomposing fat.

**Matters needing attention:**

1. Please do not radiate eyeball directly with colored light

# V. TREATMENT SELECTION

## V.7 COLD

1. Help skin firmness, maintain elasticity, prevent allergies and other problems;
2. Shrink pores, lock water and reduce wrinkles;



Select the appropriate treatment and install the corresponding handle.

**Handle: Ice Hammer Head**

**Treatment: COLD**

Set the COLD mode : Adjust the TIME.

Adjust COLD POWER, depending on user's acceptable level.

Press "START" key to begin operation.

The indicator light will light up and start working.

# V. TREATMENT SELECTION

## V.8 EMS

It is a non-invasive slimming treatment technology that can burn fat while exercising. This is just like completing 30,000 sit-ups or squats in just 30 minutes, every 2 to 3 weeks, during 4 to 6 treatments, average fat decreases and muscle mass increases. The treatment area includes the abdomen, buttocks, arms and thighs. This is a safe and comfortable treatment.



The wiring is not divided into two levels, plus or minus. It must be inserted to the end, otherwise the connection will be poor.

Select the appropriate treatment and install the corresponding handle.

**Handle: EMS Pads**

**Treatment: EMS**

Set the EMS MODE : Adjust the TIME

Adjust the LASER MODE among M1,M2,M3,M4 modes.

"**M1**" works continuously, "**M2**" works continuously for 0.5 seconds, and pauses for 0.5 seconds. "**M3**" works continuously for 0.2 second and pauses for 0.2 second. "**M4**" works continuously for 0.1 seconds and pauses for 0.1 seconds.

Select the EMS POWER (adjust according to the customer's acceptable level, 20%-60%is recommended).

Press "START" key to begin operation.

# V. TREATMENT SELECTION

## V.8 EMS

**Method:** Connect the electrode patch (regardless of positive and negative), tie the electrotherapy patch to the treatment area with a band to adjust the output energy and mode.

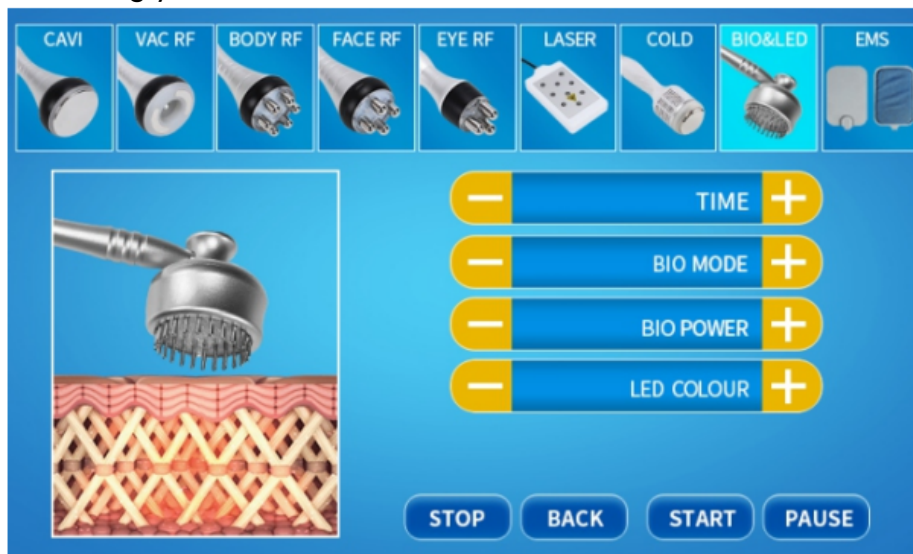
**Matters needing attention:**

1. People who have heart disease and have undergone heart surgery are prohibited from using EMS electrotherapy.
2. It is forbidden to stick electrotherapy patches around the heart.
3. When the skin is very dry and the conductivity is poor, you can apply some water on the skin. Do not exceed 30 minutes each time.
4. If you feel any uncomfortable feeling after using the product Please stop using it immediately and contact your local retailer/distributor.

# V. TREATMENT SELECTION

## V.9 BIO & LED

Microcurrent-safe and painless facial helps erase fine lines and wrinkles, while firming your skin and defining your features



Select the appropriate treatment and install the corresponding handle.

**Handle: Photo Rejuvenation Head**

**Treatment: BIO&LED**

Set the BIO MODE : Adjust the TIME

Adjust the BIO MODE among M1,M2,M3,M4 modes.

"**M1**" works continuously, "**M2**" works continuously for 0.5 seconds, and pauses for 0.5 seconds. "**M3**" works continuously for 0.2 second and pauses for 0.2 second. "**M4**" works continuously for 0.1 seconds and pauses for 0.1 seconds.

Select the BIO POWER (adjust according to the customer's acceptable level, 20%-60% is recommended).

The handle can adjust 7 photon modes. First, turn on the switch on the machine screen to ensure that the power is greater than 0, then adjust the LED COLOUR. (*LED COLOUR meaning on the next page*).

Press "START" key to begin operation.

# V. TREATMENT SELECTION

## V.8 EMS

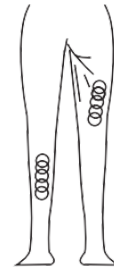
**Method:** : Use the probe to massage the specific part of skin to be treated circularly after applying the essence adjust the output energy and mode.

### **Matters needing attention:**

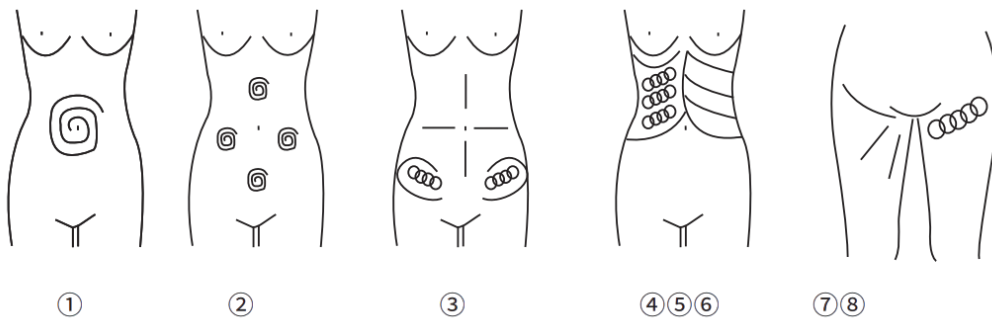
1. **Red:** Vitalize be suitable for any skin, promote blood circulation, and regenerate collagen protein in order to smooth skin and heal xerodermia, exuviation, degenerate losing hair and folliculosis.
2. **Green:** Balance Normalize sebaceous glands, Reduce black heads and sores, balance moisture.
3. **Blue:** Calm be suitable for sensitive, oil, and comedo skin-diminish and eliminate acne bacillus to remove acne, whelk, promote to compound protein with ossein, activate skin, tighten slack skin and gravidity wrinkle.
4. **Purple:** Drain Renew skin, reduce wrinkles.
5. **Orange:** Brighten whiten decompose pigment, and smooth scares.
6. **Cyan:** Defense strengthen the ability to protect skin, calm down, release stress.
7. **White:** Guide guide skin to absorb nutrients and anti-aging.
8. Loop

## VI. RECOMMENDED TREATMENT POSITION

1. Treatment position for 40 KHz Cavitation Head.  
Massage the fat of thigh in circles.



2. Treatment position for RF Head  
Waist and abdomen area (25 minutes, 2-3 days/time)



- ①. Massage to navel as center and gradually expanding the range
- ②. Massage chest nest, both sides of former abdomen and below the navel (in diamond formation) from inside to outside in circles.
- ③. Concentrated on the fat from 4 directions the navel as center
- ④. Massage from inner rib to outer edge in circles.
- ⑤. Massage from end of pelvis to groin in circles.
- ⑥. Massage back and forth from inner rib to outer edge in straight line.
- ⑦. Lift the Hip and the lower part of the body care (30minutes, 2-3 days/time) use the 50mm probe
- ⑧. Concentrated from hip to groin in circles or straight line. Repeat massaging from inner to outer edge. Repeat the motion.

## VII. RECOMMENDED TREATMENT POSITION

### 3. Treatment position for Three Polar RF Head for Face and Eyes.

1. Massage the mandible center in circles to produce deep heat.
2. Massage lower jaw lines.
3. Massage the triangle zone of both sides of the face in circles.



4. Massage from jaw to angulus oris to ear in lines.







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