

# Adonis 6 in 1 Cavitation Machine for Fat Blasting

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## USER MANUAL



*Welcome*

to your **Adonis 6 in 1 Cavitation Machine for Fat  
Blasting**

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# PREFACE

Thank you for choosing the REJUVA FRESH **Adonis 6 in 1 Cavitation Machine for Fat Blasting**. This machine adopts the latest innovation in non-surgical, non-invasive laser lipolysis.

Lipo laser emits low levels of laser energy which creates a chemical signal in the fat cells breaking down the stored triglycerides into free fatty acids, glycerol, and water molecules. This is similar to the natural response initiated by the body when it needs to use its stored energy reserves. These free fatty acids are then transported throughout the body by the lymphatic system to supply the body with energy. Again, just as the body would respond in times of caloric scarcity.

The use of this machine is a safe, minimally-invasive procedure, and easy to operate. There are no bleedings, no pain, and side effects.

Please read this User Manual carefully in order to use the machine properly and to protect the machine from unnecessary damages.

Should you encounter any issues during operation of the machine or any related questions, you can contact us at our website: [rejuvafresh.com](http://rejuvafresh.com) or email us at [hello@rejuvafresh.com](mailto:hello@rejuvafresh.com).

Thank you again, and please enjoy your body sculpting equipment!

# I. PRODUCT INFORMATION & SPECIFICATION

## I.1 Product Information

This machine uses collective strong sound wave head, strong sound waves of 40 KHz is emitted to vibrate fat cells at top speed and produce numerous vacuum air pockets inside and outside the fat cells. Robustly impacting the fat cells to generate introverted blast and disintegrate triglyceride into glycerol and free fatty acids, exhausting the integrated glycerol and free fatty acids through hepatoenteral circulation.

Finally, vacuum RF and energy electrode are used for positioning and tightening fat. In physics, this is known as "cavitation". Micropore introverted blast inside and outside cell would lead to enhanced molecular motion and a higher energy level. This will finally cause fat cells rupture thereby achieve the effects of body building and losing weight.

## I.2 Product Specification

Machine Power	300W
Cavitation Frequency	40Khz
Cavitation Power	80W
Input Voltage	110 V/ 220 V Voltage selected according to your region
Radio Frequency (RF)	1 MHz
Lipo Laser Wavelength	635nm~650nm
Lipo Laser Power	5MW per diode
Vacuum Pressure	-20KPA

# I. PRODUCT INFORMATION & SPECIFICATION

## I.3 List of Accessories

Main Unit	1 set	
RF Head	1	
40 KHz Cavitation Head	1	
Vacuum Bipolar RF Head	1	

# I. PRODUCT INFORMATION & SPECIFICATION

Three Polar RF Head for Face and Eyes	1	
Quadrupole RF Head for Face and Body	1	
Laser Positioning Plates	6 Large 2 Small	
Power Cord	1	

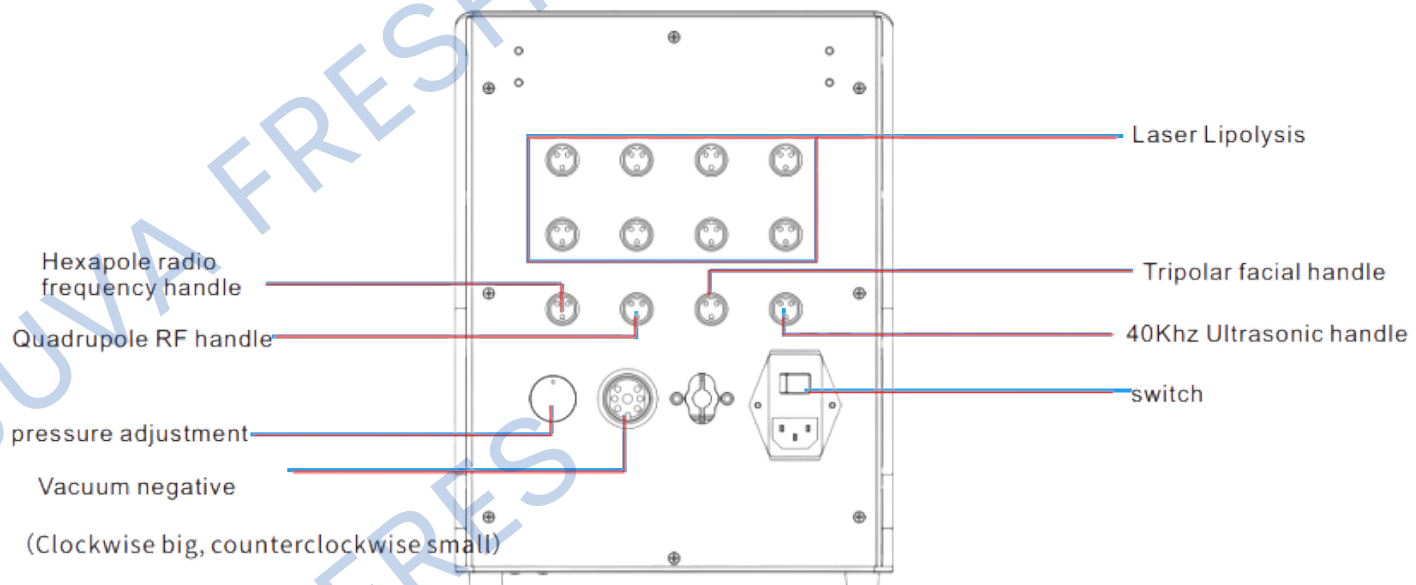


## II. PRODUCT APPEARANCE

### II.1 Front view



### II.2 Back view



## III. WARNINGS

III.1 Please follow these precautions before/during/after use



DO NOT use if pregnant,  
menstruating, conceiving, or  
breastfeeding



DO NOT use if epileptic



DO NOT use if there are open wounds  
or any skin infections such as eczema or dermatology issues



DO NOT use if there are heart conditions (such as with  
arrhythmias) especially those with pacemakers

### III. WARNINGS



DO NOT use if with kidney disease



DO NOT use if have metal on any part of the body



Before using the instrument,  
remove any metal jewelry you are wearing

## IV. RECOMMENDATIONS

1. Be sure to use the ultrasonic special gel.

2. Handle the heads with care, avoid knocks.

3. Use and prepare enough gel to avoid overheating the heads.

4. Don't linger too long on a single region and avoid the bones.

5. Don't use disinfectants to disinfect the heads, use wet cotton or dry towel instead.

6. Make sure the power supply is connected and plugged well.

7. If the machine is not for use for a long period of time, switch it off and unplug the power supply.

8. The machine should be rested every hour of continuous operation for about 10 minutes.

# V. TREATMENT SELECTION

## V.1 Cavitation



Select the appropriate treatment and install the corresponding handle.

**Handle: 40 KHz Cavitation Head**

**Treatment: Cavitation**

Proceed with the treatment.

There is 4 MODE of A, B, C and D as described as follows:

**"A" is continuous working for 3 sec and discontinuous for 3 sec.**

**"B" is continuous working for 2 sec and discontinuous for 2 sec.**

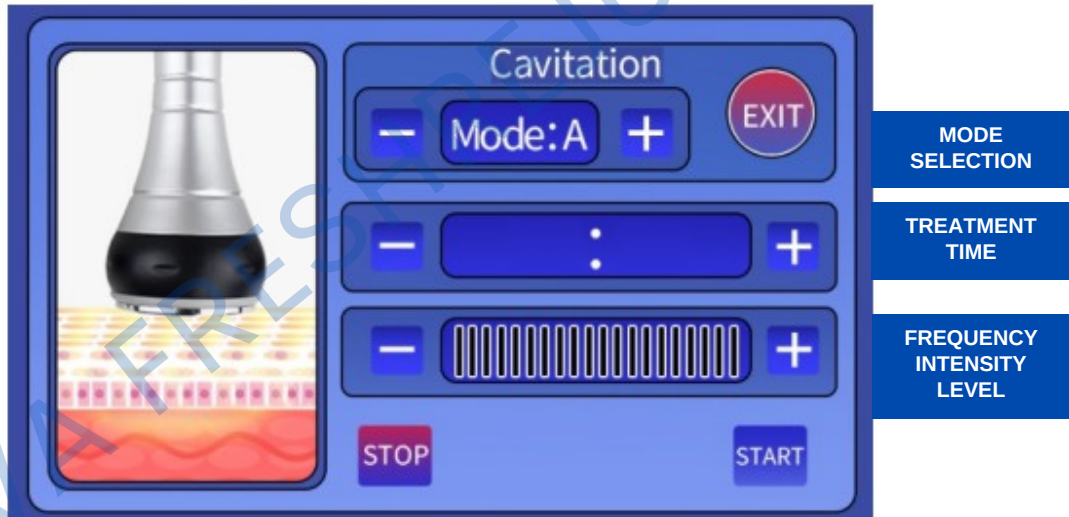
**"C" is continuous working for 1 sec and discontinuous for 1 sec.**

**"D" is continuous working for 0.5 sec and discontinuous for 0.5 sec.**

2. Apply slimming cream or cooling gel to the part of skin to be treated. Operate with the 40KHz cavitation head for 15-20 minutes with mainly the spiral movement on body.

# V. TREATMENT SELECTION

## V.1 Cavitation



3. Press "-" "+" to adjust the TREATMENT TIME.
4. Below the TREATMENT TIME is the FREQUENCY INTENSITY LEVEL.
5. Clicking "-" to decrease the strength or click "+" to increase it.
6. Press "START" to start the strong sound wave explosion fat head.
7. Use the Cavitation Head to massage the specific part of skin to be treated circularly after applying the slimming cream for about 15 to 20 minutes. It could quicken the blood circulation in the treated part of skin and has the effect of decomposing fat.

### HELPFUL TIPS:



- Keep close contact between the probe and the skin.
- Adjust the RF INTENSITY LEVEL from low level to high level.
- Pay attention to the temperature of the cavitation handle when using it, and stop using it for ten minutes after half an hour of use.
- Cavitation is forbidden to work without gel.

# V. TREATMENT SELECTION

## V.2 Vacuum & Bipolar F

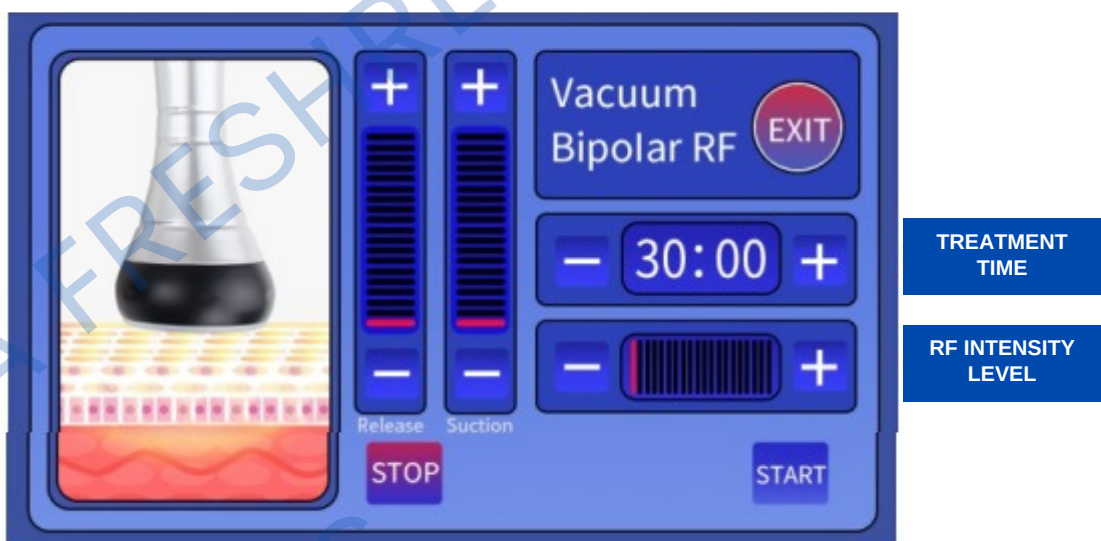


Select the appropriate treatment and install the corresponding handle.

**Handle: Vacuum Bipolar RF Head**

**Treatment: Vacuum & Bipolar RF**

Proceed with the treatment.



# V. TREATMENT SELECTION

## V.2 Vacuum & Bipolar F

1. Select the suitable RF INTENSITY LEVEL (3-6 is the recommended level).
2. Put the filter cotton before use.
3. Press "START" key to begin the treatment.
4. Apply the slimming cream on the area being treated.
5. After 30 to 40 minutes, use the Vacuum Bipolar RF Head to massage the specific part of skin circularly. This would quicken the blood circulation in the part of skin to be treated and has the effect of decomposing fat.

### HELPFUL TIPS:



- Keep close contact between the probe and the skin.
- Adjust the RF INTENSITY LEVEL from low level to high level.
- Operate with the bipolar vacuum head for 15-20 minutes with mainly spiral movement on body.
- Wipe off the oil inside with alcohol/paper towel after use, then put it on the shelf.



# V. TREATMENT SELECTION

## V.3 Tripolar RF



Select the appropriate treatment and install the corresponding handle.

**Handle: Three Polar RF Head for Face and Eyes**

**Treatment: Tripolar RF**

Proceed with the treatment.



# V. TREATMENT SELECTION

## V.3 Tripolar RF

1. Press "-" "+" to adjust the TREATMENT TIME.
2. Select the suitable RF INTENSITY LEVEL (3-6 is the recommended level).
3. Press on "START" key to start.
4. Spread gel or wrinkle smoothing essence on the treated positions (usually 20-30G each use).
5. Operate with the facial RF head for 15-20 minutes with mainly spiral movement on face and around the eyes.



### HELPFUL TIPS:

- Please do not look directly on the colored light
- The RF electrode should be kept in slow continuous motion.
- Keep away from skin around eyes and forehead. They are very sensitive.

# V. TREATMENT SELECTION

## V.4 RF Face



Select the appropriate treatment and install the corresponding handle.

**Handle: RF Head**

**Treatment: RF Body**

Proceed with the treatment.



# V. TREATMENT SELECTION

## V.4 RF Body

1. Press "-" "+" to adjust the TREATMENT TIME.
2. Select the suitable RF INTENSITY LEVEL (3-6 is the recommended level).
3. Press "START" to begin the treatment.
4. Apply gel to the RF head, aim at the area being treated for losing weight and operate in pulling technique (drag fat areas at the position for losing weight to the position where it is closer to the lymph gland) for about 20 minutes.



### HELPFUL TIPS:

- Please do not look directly on the colored light
- Spread gel or essence on the treated area evenly.
- Start with low RF INTENSITY LEVEL.
- The RF electrode should be kept in slow continuous motion.
- Do not use essential oil as the medium.
- During treatment, start pulling only after RF Head is in contact with the skin.

# V. TREATMENT SELECTION

## V.5 RF Face



Select the appropriate treatment and install the corresponding handle.

**Handle: Quadrupole RF Head for Face and Body**

**Treatment: RF Face**

Proceed with the treatment.



# V. TREATMENT SELECTION

## V.5 RF Face

1. Press "-" "+" to adjust the TREATMENT TIME.
2. Select the suitable RF INTENSITY LEVEL (3-6 is the recommended level).
3. Press "START" to begin the treatment.
4. Use the Quadrupole RF Head for Face and Body to massage the specific part of skin to be treated circularly after applying the slimming cream for about 15 to 20 minutes. It could quicken the blood circulation in the treated part of skin and has the effect of decomposing fat.

### HELPFUL TIPS:



- Keep close contact between the probe and the skin.
- Please do not look directly on the colored light
- Adjust the RF INTENSITY LEVEL from low level to high level.
- Operate with the Quadrupole RF Head for Face and Body for 15-20 minutes with mainly spiral movement on body.

# V. TREATMENT SELECTION

## V.6 Laser Lipolysis

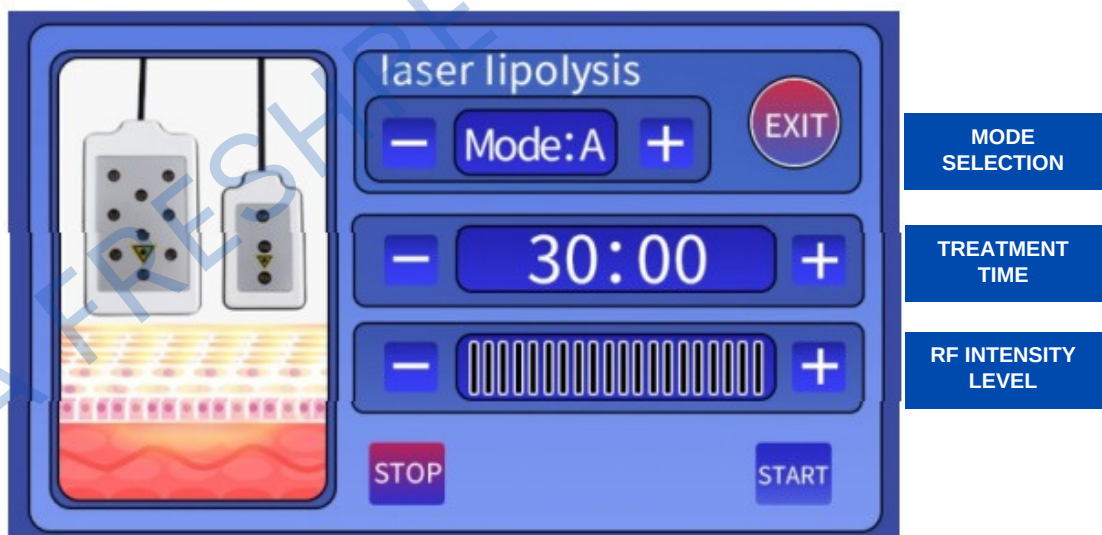


Select the appropriate treatment and install the corresponding handle.

**Handle: Laser Positioning Plates**

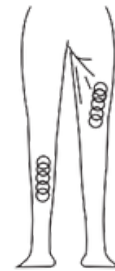
**Treatment: Laser Lipolysis**

Proceed with the treatment.

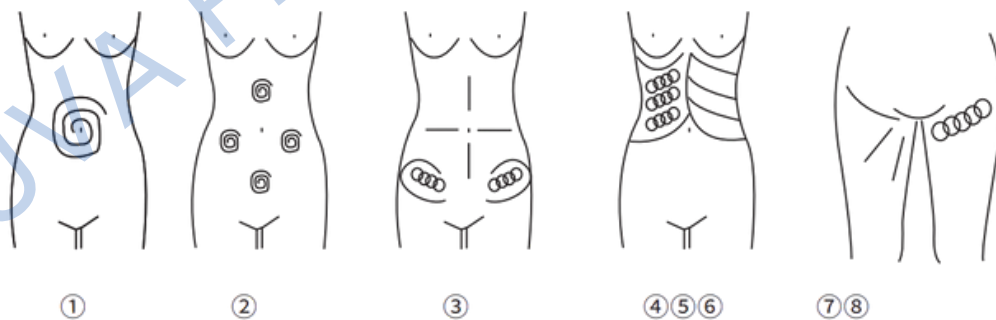


## VI. RECOMMENDED TREATMENT POSITION

1. Treatment position for 40 KHz Cavitation Head. Massage the fat of thigh in circles.



2. Treatment position for RF Head  
Waist and abdomen area (25 minutes, 2-3 days/time)



- ①. Massage to navel as center and gradually expanding the range
- ②. Massage chest nest, both sides of former abdomen and below the navel (in diamond formation) from inside to outside in circles.
- ③. Concentrated on the fat from 4 directions the navel as center
- ④. Massage from inner rib to outer edge in circles.
- ⑤. Massage from end of pelvis to groin in circles.
- ⑥. Massage back and forth from inner rib to outer edge in straight line.
- ⑦. Lift the Hip and the lower part of the body care (30minutes, 2-3 days/time) use the 50mm probe
- ⑧. Concentrated from hip to groin in circles or straight line. Repeat massaging from inner to outer edge. Repeat the motion.



## VII. RECOMMENDED TREATMENT POSITION

3. Treatment position for Three Polar RF Head for Face and Eyes.

1. Massage the mandible center in circles to produce deep heat.
2. Massage lower jaw lines.
3. Massage the triangle zone of both sides of the face in circles.



4. Massage from jaw to angulus oris to ear in lines.





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