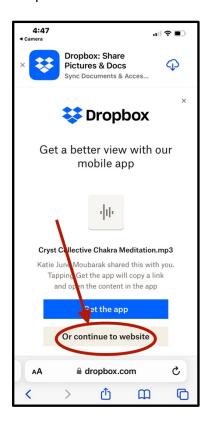
How to download the meditation to your iphone

Step 1. Click on 'Continue to website'



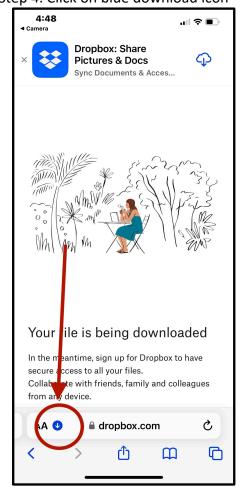
Step 2. Click on the download arrow



Step 3. Select 'Download'



Step 4. Click on blue download icon



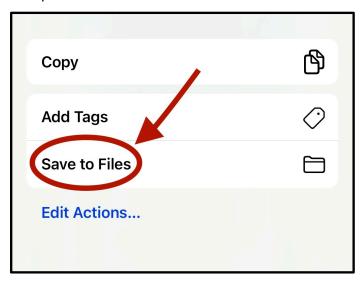
Step 5. Click on downloads icon again



Step 6. Click on title 'Cryst Collective Chakra Meditation'



Step 7. Click 'Save to Files'



Step 8. Your meditation will be saved in the 'Files' folder on your iphone. Move the 'Files' folder to the homepage of your phone to easily access the meditation daily.

