

STUDIO WALL UNIT

Assembly Instructions



IMPORTANT NOTE:

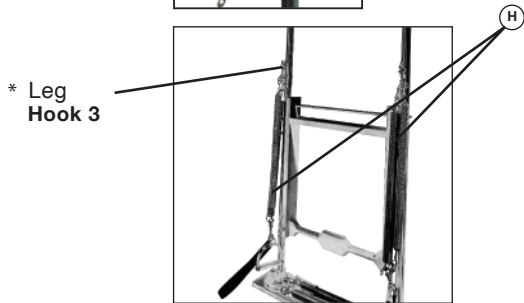
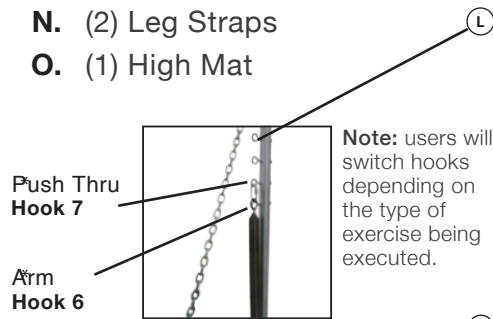
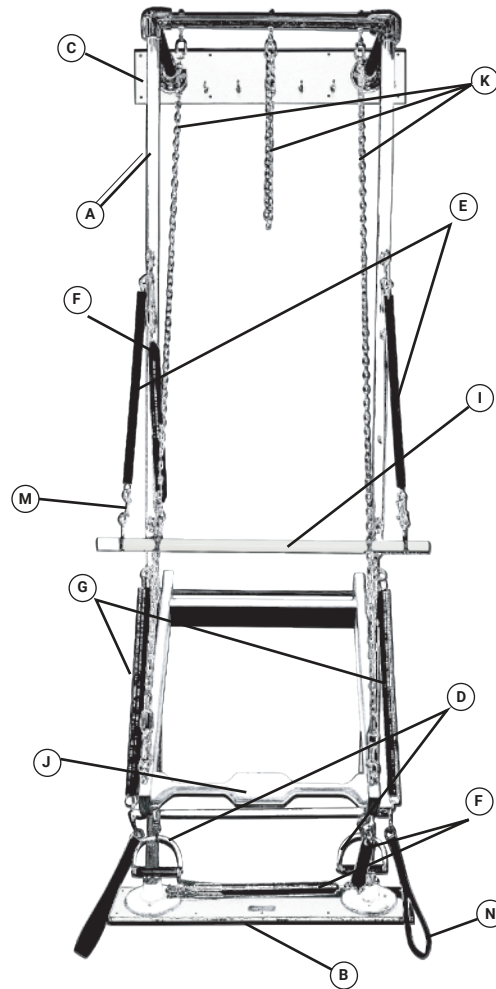
Due to the unique nature of the Studio Wall Unit, Gratz **strongly** recommends hiring a professional contractor to review your space before installation.



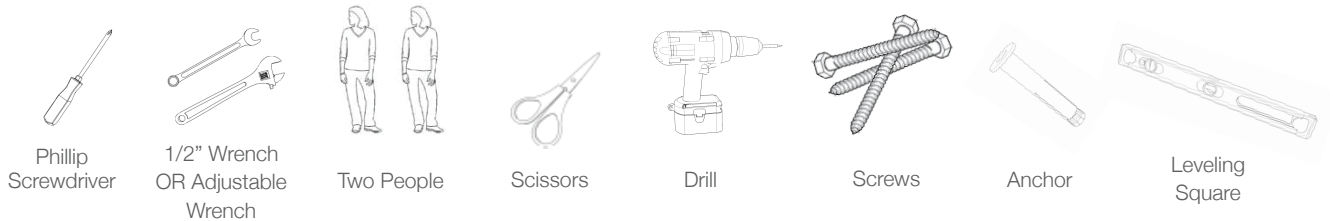
How to Assemble Your Studio Wall Unit

What Comes in the Box

- A. (1) Main Vertical Assembly
- B. (1) Floor Mount Assembly
- C. (1) Wall Mount Assembly
- D. (2) Wood & Metal Handles, or Wood & Leather Handles
- E. (2) Roll Back Springs
- F. (3) Push Thru Springs
- G. (2) Leg Springs
- H. (2) Arm Springs
- I. (1) Roll Bar
- J. (1) Push Thru Bar
- K. (3) Chains
- L. (13) Double Hooks
- M. (9) Quicklinks
- N. (2) Leg Straps
- O. (1) High Mat



What You Will Need:



Dry Wall Surface

- If you have a dry wall/wood surface, then no plugs are needed
- The thickness of your wall surface will determine the length of screws to use. (i.e. 3/4" wood wall = 1- 1/2" to 2" inch screw needed)

Drill Bit

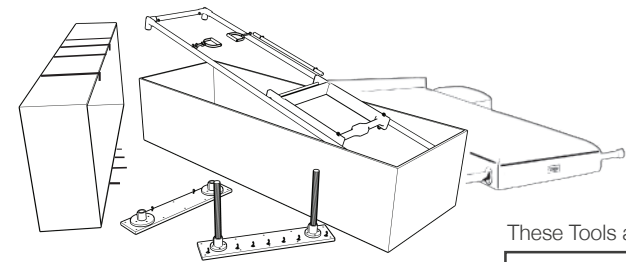
- (1) 1/4" drill bit to be used for a dry wall
- (1) 3/8" concrete drill is needed for concrete surfaces and #12 pan head screw w/plastic anchors (wall plugs)

ATTENTION:

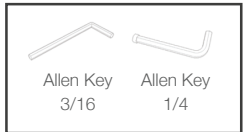
- Depending on the type of flooring and wall surface you have, Gratz recommends hiring a contractor before installing as there are a lot of factors that could affect the installation process.
- For your safety, you may want to use a **ladder** when mounting the studio wall unit to your vertical surface

STEP 1 - Remove Contents from Box

Place the box long side down. Use the box cutter to carefully cut the ties. **Note:** If you purchased a high mat, it will be included in your contents. Allen Keys are attached to the vertical assembly.



These Tools are Included



IMPORTANT NOTE: Two people are required to install your Studio Wall Unit.

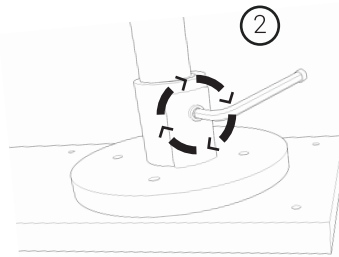
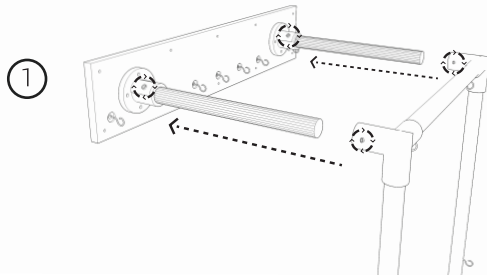
Gratz Industries is not responsible for any damages to the Wall Unit that is caused by improper opening, set up or installation. Please email customer@gratzindustries.com for any inquiries.

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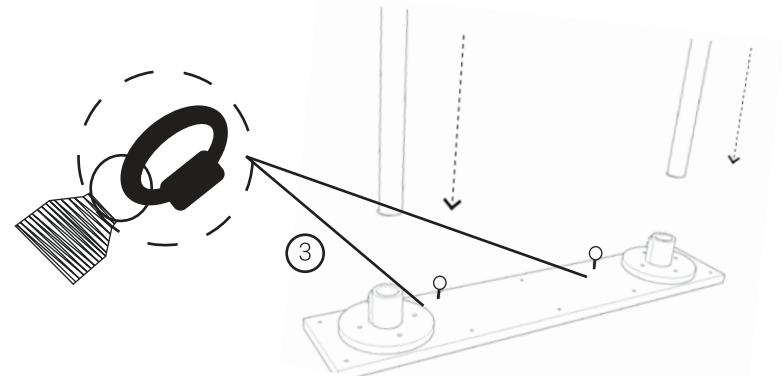
STEP 2 - Connect Main Piece to Wall & Floor Mount

Locate the three main pieces and follow the steps below.

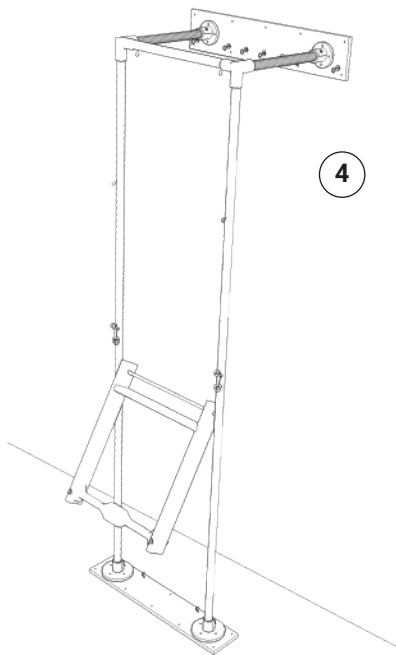
(1) Slide the wall mount's two rods into the open slots of the main vertical unit.



(2) Once in place tighten with the provided allen keys as shown.



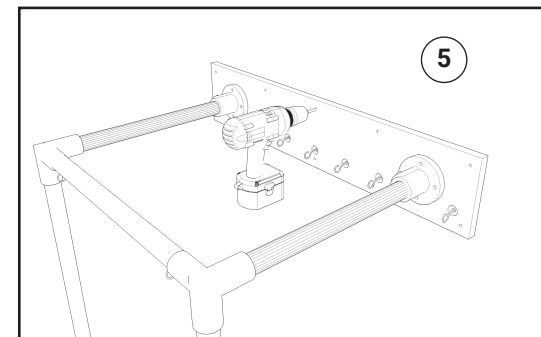
(3) Then slide the main vertical unit's two rods into the open slots of the floor mount. Once in place tighten with the provided Allen key as shown.



STEP 3 - Install Connected Unit in Place

(4) Test and place the assembled unit directly against desired location that has a flat vertical and ground surface. Try to locate the studs if you have a **dry wall surface**. If it is a different type of surface, or you are uncertain, please contact customer@gratzindustries.com before proceeding.

(5) Place and secure the assembled unit directly against desired location. Prior to installing use the leveling square to make sure the ground and vertical surfaces are level. You may want to use a ladder to drill the screws.

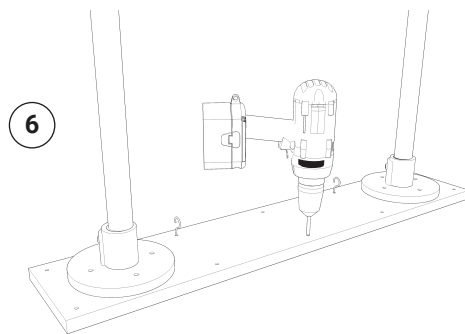


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(6) Depending on the surface material you have, you may have to use anchors when screwing each mount down. You may use wood screws on wood floors and substrates. It is highly recommended that stone, tile, and concrete floors are pre-drilled and installed with masonry anchors in the floor for added strength. You can purchase these anchors at your local hardware store.

Use a drill to tighten the wood screws through the appropriate holes along the perimeter of the mounts onto the ground then the vertical surface.

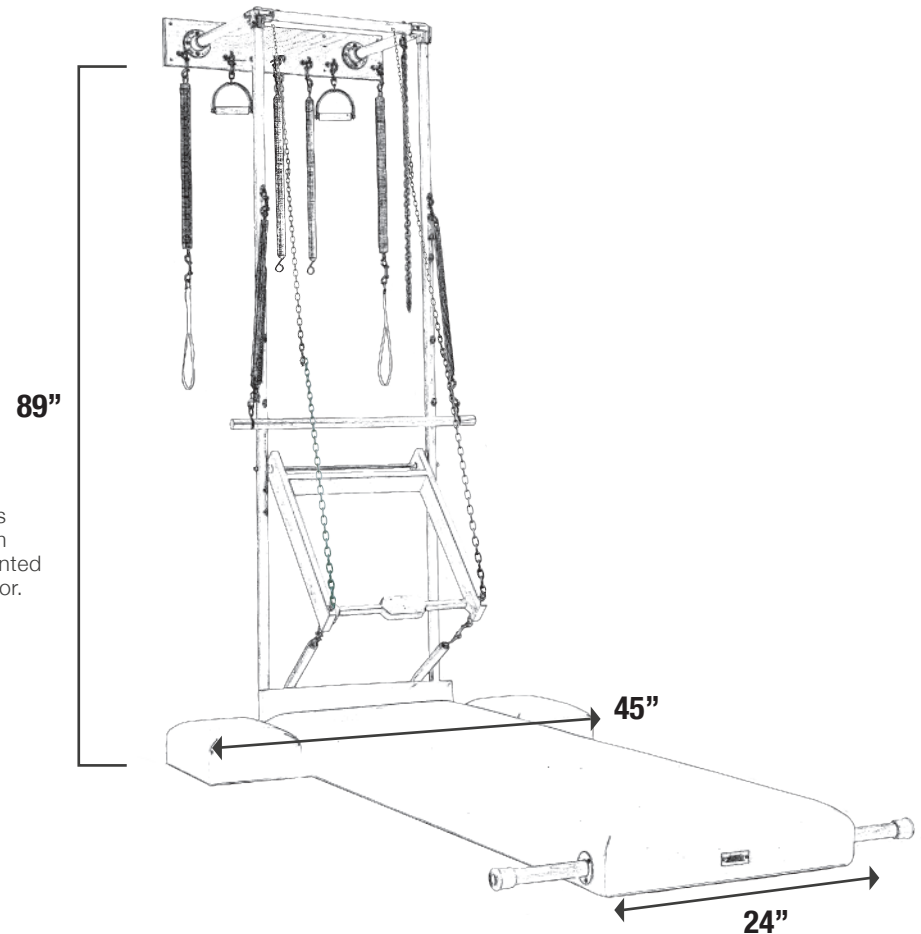


(* If anchors are needed, mark the holes with pencil / drill / insert anchors / and screw down the mounts.

STEP 4 - Prep for Use

Prior to using, make sure all the springs are in place to your satisfaction and are properly attached and leveled. If you purchased a High Mat, place it adjacent to the assembled Wall Unit for proper use (See below).

Enjoy your Gratz Studio Wall Unit!



Note: 89 inches from the bottom of the wall mounted board to the floor.

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RECOMMENDED USE AND SAFETY

Gratz recommends consulting a physician before starting any exercise program. This manual contains important assembly, safety, and warranty information. Please read carefully before using your new equipment. **USER ASSUMES ALL RISKS FOR IMPROPER CARE.**

It is impossible to anticipate every potential issue that may arise while using this equipment, so Gratz makes no representation concerning the safety of this equipment. For inexperienced or first-time users, we recommend this equipment be set up under the supervision of a trained professional. Contact customercare@gratzindustries.com or Pilates Pro Maintenance for assistance: service@pilatespromaintenance.com



CAUTION

Misuse or improper use of this equipment due to failure to read and comply with all requirements and warnings could result in serious injury.

- USE ONLY PARTS AND ACCESSORIES PROVIDED BY THE MANUFACTURER. DO NOT USE COMPONENTS NOT APPROVED BY GRATZ PILATES.
- MAKE CERTAIN THAT THE EQUIPMENT IS OPERATED ON A LEVEL SURFACE. KEEP AT LEAST 18IN OF SPACE BETWEEN EQUIPMENT.
- BE SURE THAT ALL PARTS ARE FULLY TIGHTENED BEFORE BEGINNING ANY EXERCISE.
- INSPECT THAT THE SPRINGS HAVE NO DEFECTS SUCH AS CRACKS. IMMEDIATELY REQUEST REPLACEMENT IF YOU SEE ANY DAMAGES.
- CONFIRM THAT NO TEARS ARE PRESENT IN THE VINYL LEATHER STRAPS OR HANDLES. IMMEDIATELY REQUEST REPLACEMENT IF NOTICED.
- USERS UNDER 18 SHOULD HAVE ADULT SUPERVISION.
- KEEP ANY LOOSE ITEMS OR CLOTHES CLEAR FROM MOVING PARTS AT ALL TIME.

- IT IS THE BUYER'S RESPONSIBILITY TO SUPERVISE OTHER USERS ON THE PROPER CARE AND USE OF THE EQUIPMENT. GRATZ STRONGLY RECOMMENDS THAT NEW USERS BE PROPERLY EVALUATED BEFORE USING GRATZ EQUIPMENT.

WARNING: As with any exercise activity, the use of equipment involves risk of injury, damage and/or possibly death.

By choosing to use Gratz equipment, you and/or your clients/patients/others assume responsibility for that risk, not the people who sell, distribute and/or manufacture this equipment.

Visit www.pilates-gratz.com to find complete warranty, maintenance, and other assembly instructions.