

GRATZ TECHNICAL SUPPORT



Russell Soder - Sales & Customer Relations

Hello Everyone!

Many of us know that the classical Pilates standard length for leather straps is 1.5" past the shoulder blocks. When your reformer leaves Gratz, 1.5" is where they are fixed. Naturally, leather will stretch over time and you will need to compensate for these changes.



But what some of us are unclear of, is how to make these adjustments. For this, we take a trip under the carriage and locate the strap adjusters.





What you will need is 2 ½" wrenches, or one ½" and one adjustable is fine (shown here). First, using one wrench, hold the front nut stationary, and loosen the back nut by rotating to the left (counter-clockwise)

After the initial tension is broken, you should be able to use your fingers to fine tune.



To Shorten Straps:

You want the eye bolt to travel toward the Foot Bar.

Loosen the front nut to the desired length you want to adjust

Slide the eyebolt toward the foot bar until the front nut touches the bracket, then tighten the rear nut (clockwise) until it reaches the bracket - without tools for now





Return to the topside of carriage and check if you have achieved the desired lengths. If you are satisfied, hold the eye bolt with one wrench and tighten the front nut against the bracket, **DO NOT OVERTIGHTEN!**



Note: Position both straps through the casters in the exact same way when measuring length. I find the most accurate way is to crisscross, then come straight back.

If the straps are resting on the casters at different angles, they will not be even.

If you have any questions, please don't hesitate to contact me at sales@gratzindustries.com

Have a healthy month!

Russell