

Chemical Peels

A chemical peel is a cosmetic procedure that involves applying a chemical solution to the skin to exfoliate the top layer, promoting skin regeneration and improving its appearance. When it comes to acne, chemical peels can be beneficial in some cases.

Chemical peels can help with acne by:

1. Exfoliating dead skin cells: By removing the outer layer of skin, chemical peels can unclog pores and prevent the buildup of debris that contributes to acne.
2. Reducing oil production: Some chemical peels can help regulate sebum production, which is beneficial for people with oily skin prone to acne.
3. Improving acne scars: Certain types of chemical peels can also reduce the appearance of acne scars by stimulating collagen production and smoothing the skin's texture.

However, it's essential to note that not all chemical peels are suitable for acne-prone skin, and the effectiveness may vary depending on the severity of acne. It's best to consult with a dermatologist to determine if a chemical peel is a suitable option for your specific skin type and acne condition. Additionally, they can recommend the appropriate type and strength of chemical peel to achieve the best results while minimizing potential side effects.

For more information or for a free skin consultation please contact holly@theskininvestmentclinic.com (Surrey clients) or lucinda@theskininvestmentclinic.com (Hampshire clients)