#### THE SKIN INVESTMENT

CLINIC

# TYPES OF ACID

# Glycolic Acid

AHA: Small Molecule
Derived From: Sugar Cane
Suitability: Anti - Ageing

#### **Benefits**

- Exfoliates
- Increases collagen and elastin
- Speeds cell renewal
- Increases hydration
- Eliminates blackheads
- Reduces photo damage

## Lactic Acid

AHA: Medium Molecule Derived From: Soured Milk Suitability: Dehydration, Sensitive, Dry

### **Benefits**

- Exfoliates
- Similar to but milder than Glycolic
- Extreme hydration
- Brightening

## Salicylic Acid

BHA: Oil Soluble Derived From: Asprin Suitability: Acne, Oil

#### Benefits

- Exfoliates
- Penetrates oil
- Whirlwind in follicle
- Unclogs pores
- Releases oil, dirt, debris
- Reduces outbreaks
- Reduces inflammation of sebacrous gland
- Controls oil production
- Opens the door

## Mandelic Acid

AHA: Large Molecule
Derived From: Bitter Almonds
Suitability: Thick, Greasy,

Dyschoromia

## **Azelaic Acid**

 $\textbf{Derived From} \hbox{: Wheat, Rye,}$ 

Barley

Suitability: De-Pigmenting

Acne

# Phytic Acid

**Derived From**: Seeds, Grains **Suitability:** De-Pigmenting

## Benefits

- Progressive exfoliation
- Stimulates collagen
- Evens skin tone
- Controls oil
- Reduces pigmentation

## Benefits

- Tyrosinase inhibitor
- Regulates Melanocyte
- Reduces pigmentation
- Anti bacterial
- Anti Inflammatory

## Benefits

• Tyrosinase Inhibitor

## Resourcinil Acid

Derived From: Phenol Suitability: De-Pigmenting

### **Benefits**

- Exfoliates
- Regenertating
- Whitening

# Trichloroacetic Acid

Derived From: Acetic Acid,

Chlorine Atoms

**Suitability:** Anti-Ageing, Scatting, De-Pigmenting

#### **Benefits**

- Increases exfoliation
- Stimulates fibroblasts
- Decreases lines and wrinkles
- Smooths superficial or medium acne scarring
- Lifts ephelides, solar and senile lentigos

## Hylauronic Acid

## Derived From:

Biotechnological compound **Suitability:** Dehydrated skin

### **Benefits**

Hydrating Plumping Retains moisture Enhances health

## Ferulic Acid

**Derived From**: Organic Compound **Suitability:** Anti-ageing Dull, Sun

damaged

### Benefits

- Anti-oxidant
- Protecting
- Repairing
- Maintains fibroblast viability
- Stabalizes Vitamin C
- Protects against Vitamin C degradation

## Tranexamic Acid

**Derived From**: Syntetic Amino

Acid

Suitability: De-Pigmenting

#### Benefits

- Inhibits inflammatory and vascular component or hyper pigmentation
- Tyrosinase inhibitor
- Lower dendricity of the melanocyte
- Control melanocyte proliferation

## Citric Acid

Derived From: Lemons,

Limes, Oranges

Suitability: Anti-Ageing

#### Benefits

- Exfoliation
- Brightening
- Anti Oxidant



