

HAPPY OUT

BREAKFAST

Overnight Oats:	Jumbo Oats soaked in Oat milk and apple juice served with berry compote, coconut, seeds and fresh berries. (1)	€6.5
Granola:	Happy Out's Homemade Granola with Yoghurt, topped beautifully with honey, fresh berries and coconut bits. (1,8)	€6.5
Porridge:	Jumbo Oats soaked in Oat milk and apple juice served with coconut, seeds and berry compote. (1)	€6.5
Breakfast Bap:	A beautiful bap with a gooey egg, bacon and Ballymaloe relish. (1,3,10) <i>Add Black pudding + €1.2 / Avocado + €1.2</i>	€7.5
Avocado Toast:	Toasted Tartine Organic Sourdough heaped with freshly smashed avocado. (1) <i>Add Bacon + €2.50 / Smoked Salmon + €2.50 / Hot Sauce + 50c</i>	€7.5
Scrambled Egg Pot:	Lovely soft scrambled eggs with toppings of your choice, served with a slice of sourdough toast. (1,3) <i>Add Bacon + €2 / Smoked Salmon + €2.50 / Avocado + €2 / Black Pudding + €1.50 / Hot Sauce + 50c</i>	€6
HO Sausage Roll:	Housemade sausage roll with bacon, celery and fennel. (1,3) <i>Add a portion of Ballymaloe for 50c</i>	€3.7

TOASTIES

All our toasties are made with Tartine Organic sourdough... baked fresh every morning! Gluten free bread available for all toasties.

Hamazing:	Baked ham with a bit of mayo and our three cheese mix smothered on top! (1,3,6,7)	€8
Stay Tuna'd:	Tuna mixed with red onion, sweetcorn and mayo, our three cheese mix melted on top and fresh rocket added after melting. (1,3,4,7)	€8
Asparagorgeous:	A cream cheese base with our roasted mix of asparagus, mushrooms, red peppers and spinach and a sprinkling of the lovely three cheese mix on top. (1,7) <i>Vegan option: smash avocado instead of any cheese.</i>	€8.5
Clucking Unbelievable:	Sun-dried tomato & basil pesto, shredded chicken, smash avocado, crispy bacon, topped with our three cheese mix. (1,7,8)	€9.50
Easy Cheesey:	A simple cheese toastie with our tasty three cheese mix. (1,7)	€6
New Yorker:	A toasted bagel with cream cheese. (1,7,12) <i>Add Bacon + €2 / Smoked Salmon + €2.50</i>	€5
Kids Toastie:	Smaller sized sourdough bread with your kids combination of ham, cheese, tuna or chicken. (additional €1 for chicken) (1,6,7)	€4

Add a portion of Achiote Aioli or Happy Out Hot Sauce for 50c

Allergen list:

1 - Gluten, 2 - Crustaceans, 3 - Eggs, 4 - Fish, 5 - Peanuts, 6 - Soybeans, 7 - Milk, 8 - Nuts, 9 - Celery, 10 - Mustard, 11 - Sesame Seeds, 12 - Sulphur dioxide & sulphites, 13 - Lupin, 14 - Molluscs

