

These are the products you'll need to complete your Nail Care Recovery. Of course we make and have available everything you need on our site, but many of these items you may already have at home. If you do, we say use them up. Your results may not be as quick if the ingredients aren't as high quality but you can certainly still make great strides. Have product questions? Drop us a line at hello@taylormadepolish.com

- Organic Hand Scrub** - Or other gentle skin exfoliator. Ideally you want a product that is oil-based (versus water based) with gentle exfoliants. The goal with this product is to remove dead skin and cuticles without stripping away moisture.
- Organic Cuticle Oil** - Organic is always best so you limit as many toxins or filler oils as possible and your skin soaks in active nourishing oils.
- Soy Nail Polish Remover** - If soy isn't available to you, you'll want to look for an acetone free remover to limit drying and the introduction of harsh chemicals
- Lint-free Organic Cotton Remover Pads** - When using disposable products, responsibly made products are best. We're also big proponents of lint-free! *There's nothing worse than ruining a good mani with lint* 😊
- Base/Top Coat** - We like to minimize where we can and this is a good opportunity to use a 2-in-1 Combination product.
- Glass Nail File** - Glass is best, but if this isn't available, we recommend a dual grit (rough and fine) to remove length with the rougher grit, and smooth edges with the fine side.

OPTIONAL PRODUCTS

- **Cuticle Remover** - Not required, but if you struggle with your cuticles and have a fair amount of buildup, this will be helpful.
- **Nail Polish** - Our preference is TAYLOR MADE of course because of the high quality, but any minimally 10-free brands will work!



*Watch our
Manicure Video*



**Organic
Manicure
Set**