

dr.laura clinic

Wrinkle relaxer Post Care



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Aftercare and advice

Things to avoid AFTER YOUR anti wrinkle injectionsL

No lying down (4 hours)

No alcohol (24 hours minimum)

No touching treatment area (4 hours)

No vigorous exercise (48 hours)

No sun beds (2 weeks)

Avoid extreme heat / cold (48 hours)

No skin treatments (2 weeks) including Microneedling / skin peels

Reduce the chance of infection

No make up (6 hours minimum unless mineral)

Wash your hands immediately post procedure

Do not touch your face in the areas injected for 6 hours

After care

Remember the treatment will take between 3 and 10 days to start to see any muscle relaxing effect and 14 days until the full effect has been reached.

Injections can cause small amounts of swelling, a temporary ump, redness, bruising, a mild to moderate headache and sensations such as tingling or mild itching after the treatments. These effects are so common they can be considered a normal part of the process.

The initial effects will show in the first 2-5 days. Peak effects on the muscle is at 14 days but the results will continue to improve for 4 weeks or more.

Contact us...

If you develop a side effect such as a dry eye, droopy eyelid or heavy brow.

Any other side effects you think are important.

Should any of the above apply to you please ensure that you have told Dr. Laura Clinic in advance and reschedule your appointment. Please note we do operate a 48 hour cancellation policy.

If you are unsure of any of the above please contact us
hello@drlauraclinic.ie

Dr. Laura Clinic

Top up review appointment

Please make a 'top-up' review appointment in 2-3 weeks time. The effects/benefits of a Botox treatment reach their maximum about 2 weeks following treatment. Therefore treatment result is assessed at this appointment. There may still be some undesired movement, lines or asymmetry that needs to be corrected, so a complimentary 'topup' treatment is given to achieve the best possible clinical correction to the treated area(s), based on the musculature of your face. It is important to understand that there is no 'standard dose' for a Botox treatment. A personal prescription for treatment is reached by assessing your face, the size and position of your facial muscles as well as the way the muscles move in relation to one another. This personal prescription will form the basis of your next treatment so assess how this treatment lasts as adjustments can be made at your next treatment appointment in 3-4 months.

Review appointments for Botox adjustments cannot be made later than 3 weeks following treatment and subsequent treatment appointments cannot be sooner than 3 months due to the risk of anti-body formation which can result in resistance to treatment.