## ATRANTIL- Proven IBS Relief Naturally Improve Irritable Bowel Syndrome (IBS Copywrite of NHD – Written by Live Right Health

Irritable bowel syndrome (IBS) is a chronic disorder of the gastrointestinal tract that affects the small and large intestines and can have a considerable impact on quality of life. The condition is more common in women; however, it can occur in anyone and affects people of all ages, even children.

IBS is different for everyone, and managing it can be challenging. Symptoms of IBS can range from mild to severe. The most common symptoms of IBS are abdominal pain, cramping, gas, bloating and a change in bowel habits. People with IBS may go back and forth between having constipation and diarrhea or mostly have one or the other.

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- © Signs of Symptoms of Irritable Bowel Syndrome May include the following.
- Abdominal pain that can be sharp, throbbing or cramping
- ② Diarrhea or constipation or alternating bouts of both
- Sense of fullness shortly after eating
- Bloating and abdomen distension

## \*\*Diagnosing IBS\*\*

The exact cause of IBS is still unknown, complicating diagnosis and treatment. IBS is often diagnosed when other potential causes of gastrointestinal symptoms cannot be identified. Each case is unique; therefore, management frequently involves a trial-and-error approach with various medications.

Some experts believe that a combination of risk factors may contribute to the development of IBS. These factors may include altered gut bacteria, a disconnect between the brain and the digestive tract that leads to increased sensitivity and muscle contractions in the gut. Additionally, previous severe gut infections or specific cancer treatments may result in lasting changes in gut behaviour, creating a complex array of problems that are difficult to manage.

IBS manifests differently for each individual, making its management challenging. Symptoms can range from mild to severe, with the most common ones including abdominal pain, cramping, gas, bloating, and changes in bowel habits. People with IBS may experience alternating episodes of constipation and diarrhea or may predominantly have one or the other

Break the Cycle of IBS with the Right Supplementation! Introducing ATRANTIL: A New Supplement for IBS

ATRANTIL (pronounced AH-TRAN-TEAL) is one of the latest supplements available in Canada for managing irritable bowel syndrome (IBS). Recent research indicates that gas-producing bacteria in the small intestine can contribute to bloating and abdominal discomfort.

For many years, the medical community focused on easing abdominal discomfort by targeting the colon, while the upper gastrointestinal (GI) tract was largely overlooked as a potential source of these symptoms. Previously, doctors believed this area was nearly sterile and free from bacteria. However, the slow movement of undigested food through the intestines allows bacteria to linger longer and feed on the starches we consume. As these starches break down, they create an ideal environment for certain types of bacteria and archaea to thrive, which produce methane or hydrogen sulfide as byproducts. These gases can lead to bloating, abdominal discomfort, and changes in bowel habits such as constipation, diarrhea, or a combination of both.



\*\*Learn How ATRANTIL Works\*\*

ATRANTIL naturally breaks the cycle of digestive discomfort, providing daily support for bloating, abdominal discomfort, constipation, diarrhea, or both. Composed of three polyphenols—Quebracho Colorado, Horse Chestnut, and Peppermint—ATRANTIL is scientifically backed and clinically proven to help alleviate IBS symptoms.

\*\*Peppermint Leaf\*\* Peppermint, a natural polyphenol, is known for its antimicrobial and antiinflammatory properties and ability to boost the immune system. ATRANTIL uses whole leaf extract of peppermint (not just oil) to briefly relax the small intestine, soothing inflammation in the gut. This

relaxation allows the other two ingredients—quebracho and horse chestnut—to work more effectively.

\*\*Quebracho Extract\*\* There are over 15 species of quebracho trees, but only a select few have medicinal uses. Quebracho Colorado is the most beneficial for gut-related issues. ATRANTIL utilizes the polyphenols from quebracho colorado, which are macromolecules and among the most stable polyphenols in nature.

Quebracho Colorado acts as a "hydrogen sink," absorbing excess hydrogen in the small intestine and reducing the production of methane or hydrogen sulfide by archaebacteria. Additionally, it compromises the lipid bilayer of archaebacteria by binding to and disrupting their cell walls, allowing horse chestnut to perform its function effectively. As a polyphenol, quebracho is rich in antioxidants and possesses anti-inflammatory properties. In the colon, it breaks down and functions as both a prebiotic and postbiotic.

\*\*Horse Chestnut\*\* Horse chestnut has been utilized in medicine for centuries to address various conditions, including leg swelling and gastrointestinal problems. Recent studies have confirmed its effectiveness. It is a potent source of flavonoids and saponins, which provide strong antioxidant and anti-inflammatory effects, along with antifungal and antibacterial properties.

In ATRANTIL, the polyphenols from horse chestnut serve a specific purpose. Horse chestnut inhibits the enzyme responsible for methane production, targeting the compromised cell walls of archaebacteria. This action effectively shuts down the mechanisms that produce methane and hydrogen sulfide, rendering the archaebacteria ineffective and creating an inhospitable environment for them. Additionally, horse chestnuts have bactericidal properties that help remove unwanted bacteria from the small intestine, guiding them back to the colon where they belong.

## How to take ATRANTIL

Begin dosing Atrantil at two capsules three times per day, with each dose taken at the beginning of meals. Most users experience significant relief within 20 to 30 days of starting Atrantil. Some may take longer. Once relief is realized, consider reducing dosing to two capsules twice daily. If symptoms remain under control, reduce dosing further to two capsules daily.

## \*\*Key Benefits of ATRANTIL:\*\*

- ✓ Reduces bloating and abdominal discomfort with continued use (min 30 days)
- ✓ postbiotic to feed good bacteria and support overall digestive health.
- √ Not a probiotic, antibiotic, or digestive enzyme
- Reduces gas-producing bacteria in small intestine that cause bloating and abdominal discomfort with or without constipation or diarrhea.
- ✓ Supports the immune system
- ✓ Provides everyday digestive support
- ✓ Developed and recommended by gastroenterologists
- ✓ Gluten-free, non-GMO Project verified, and vegan\*\*

