Ultra Violet Catalina Geese Quilt
plus Bonus Bolster Pillow
Featuring Ultra Violet Catalina Fabrics
by Marti Michell & Maywood Studio

Finished Size of Quilt: Approximately 40¾” x 60” (103 cm x 152 cm), as shown

Finished Size of Flying Geese Unit: 3½” x 7”

Use our Flying Geese Triangle Ruler to cut both triangles! Make Flying Geese units in 5 sizes! 2½” by 5” to 4½” by 9”.
Includes equivalents for 2+2 (Set A), 9+9 (Set B) and 94+94 (Set Q).
Use this ruler to cut fabric cost almost in half!
**Yardage and Maywood Studio**  
**Catalina Fabric SKU #**  
**Cutting**

<table>
<thead>
<tr>
<th>Fabric SKU</th>
<th>Description</th>
<th>Quantity</th>
</tr>
</thead>
<tbody>
<tr>
<td>8404-V, 8406-P3, 8406-P4, 8406-V, 8407-G2, 513-L61, 513-V45</td>
<td>1 fat eighth (approx. 10½” x 18”) each of 5 to 7 medium to dark fabrics for large triangles.</td>
<td>From each fabric cut (2) 4” wide by 18” long strips. From the strips cut 6 large triangles for 3½” x 7” Flying Geese units (need 30).</td>
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<tr>
<td>8407-W2 plus 8404-W2, 8401-WV and 8405-W2</td>
<td>1 fat quarter 8407-W2 plus 1 fat eighth each 8404-W2, 8401-WV and 8405-W2 for small triangles</td>
<td>Cut (10) 4” x 18” strips. From the strips cut 60 small triangles for 3½” x 7” Flying Geese units.</td>
</tr>
<tr>
<td>8402-WV</td>
<td>2½ yards 8402-WV for vertical floral strips and borders</td>
<td>See Cutting Diagram</td>
</tr>
<tr>
<td>8410-WW</td>
<td>⅜ yard 8410-WW for binding</td>
<td></td>
</tr>
<tr>
<td>XX 8400-WV</td>
<td>¾ yard 8410-WW for binding</td>
<td></td>
</tr>
</tbody>
</table>

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Approximately 40¾” x 60”  
(103 cm x 152 cm) as shown

**Finished Size of Flying Geese Unit:**  
3½” x 7”

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**Are you familiar with this popular method for making Flying Geese units?**

**Stop throwing these away!**

Using this method means cutting and discarding almost twice as much fabric as needed for each Flying Geese unit. It’s cheaper and easier to cut and sew 3 triangles rather than throw away 4!

**Making The Quilt**

1. Cut the pieces for the Flying Geese units (lines 1 and 2 in the chart).

2. Place a small triangle and a large triangle right sides together and stitch, as illustrated. Chain piece additional pairs until all the large triangles are used. Press seam allowances toward small triangle.

3. Add the remaining small triangles to the opposite side, as shown. Press toward the small triangles. The corners line up perfectly on every step. There are no dog ears, shadowing or extra bulk.

4. Make 2 rows of 15 Flying Geese. Each strip should measure 7½” x 53”.

5. Cut the border stripe fabric into sections, as follows. Cut the top and bottom border strip off the entire 2½ yards of border fabric. Refer to the detailed fabric diagram for exactly where to cut. Make the second cut to remove the selvage, and then divide this strip in half, with each piece being about 45 inches long.

6. From the remaining 2½ yard piece, cut off 27”. This can be used to make the bonus bolster pillow. Set it aside.
7. Cut the 63” piece into the left side, center and ride side border strips, again referring to the detailed diagram. The left and right side borders include 3 full green stripes each. The center strip has a ¼” green stripe at each edge. Save the wide floral scrap strip if you wish to make the bolster pillow.

8. Mark placement lines along both outside edges of the center strip. Begin 3 ¾” from one end and then mark every 3 ½”.

9. Combine the center strip and 2 Flying Geese strips. Align the horizontal seam lines on the Flying Geese strips with the marked placement lines on the center strip. Press seam allowances toward the floral strip.

10. Join the left and right side borders, leaving about 5” extra at top and bottom. Press toward the side borders.

11. To prepare to miter only a small portion of the side border, mark a line on the side borders even with the raw edge of the quilt center. Stop about ½” before the narrow white border.

12. Join the top border. Align the edge of the top border strip with the marked lines and the raw edges of the quilt center. Start and stop stitching at the points where the green lines intersect. Press toward the top border.

13. At the ironing board, fold the top strip under at a 45° angle. Press, then hand stitch in place. Trim away excess fabric.

14. Repeat steps 11–13 with the bottom border.

15. Layer, quilt as desired and bind.
Catalina Bonus Bolster Pillow
Featuring Ultra Violet Catalina Fabrics by Marti Michell & Maywood Studio
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MATERIALS
Leftover Border Stripe fabric, or ½–¾ yard of fabric
Pillow form or substitute. We used a packaged crib-size batt that was rolled into a cylinder.
Paper-backed fusible product. We used Shades SoftFuse™.
2 rubber bands or hair bands
Optional: Ribbon

Prepare the Fabric
If you are not using leftover Border Stripe fabric from the Catalina Geese quilt, trim the selvages and go to step 4 below.

1. Trim the selvage from the 27” remnant of Border Stripe fabric ¼” outside the green stripe (left selvage in detailed diagrams).
2. There is an unused wide floral strip approximately 63” long. From this piece, cut a strip 27” long.
3. Join the pieces from steps 1 and 2 to make a piece of fabric approximately 27” long and 44” wide.

4. Measure the circumference of your pillow form and add 1”. Cut your fabric to this length by the width of fabric.
5. Iron a ½” wide strip of paper-backed fusible product to the wrong side of the fabric along both sides. Do not remove the paper backing yet.
6. Fold about 6½” of the fabric toward the wrong side of the fabric. Press the crease in place. We pressed along the green stripe, as indicated in the step 3 diagram.

Making the Pillow Casing
1. Open the creased sides back out flat, then fold the fabric right sides together lengthwise. Stitch the long edge using a ½” seam allowance.
2. With the casing still inside out, fold the ends to the wrong side along the creases. Remove the paper and fuse the edges in place.
3. Turn the pillow casing right side out, then insert the pillow form. Use rubber bands or hair bands to gather the ends of the pillow casing and hold them in place. Add ribbons, if desired.

Tip for Easy Pillow Stuffing
Leave the pillow form (in our case, the rolled batting) inside any plastic bag it may have come in, but cut it apart in the center. With the plastic still on, it will slide inside the pillow casing easily. When the pillow is centered, remove the plastic bag pieces.