As seen in The Farmer's Wife 1930s Sampler Quilt book by Laurie Aaron Hird

From Marti Michell Perfect Patchwork Templates Conversion Chart

For personal use in conjunction with the book and these From MARTI MICHELL Tools:

Perfect Patchwork Template Set A, Product #8251 and Log Cabin Ruler #8037

Em Template	30A	30B	For Emma's Flying Geese Units
is the same as FMM Set A	Replace with 1¼" strips	A7 double-cut	A-7

Observe grainline arrows on templates when cutting.

Emma looks like Em but it has fewer pieces and seams. When selecting fabrics for strip techniques like this, it is best to avoid directional fabrics because the pieces are often rotated and you may create unintended and disruptive directional designs in the block.

Identify the fabrics on page 189 from top to bottom as shown in the book. Add a sample of your fabric to the fabric key shown here:

Fabric 1		Fabr	Fabric 2		Fabric 3	
	Your fabric		Your fabric		Your fabric	

Cutting

Use the Log Cabin Ruler to cut $1\frac{1}{4}$ " x $7\frac{1}{2}$ "-8" strips for both the Center Four Patch and Checkerboard units, as follows:

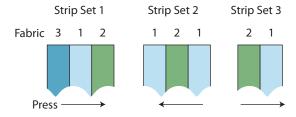
Fabric 1: Cut 7

Fabric 2: Cut 3

Fabric 3: Cut 4

6

Join the strips to make the strip sets shown below. Press as indicated by the arrows beneath each strip set. Then cross-cut the number of sub-units shown. (The extra strips are used later.)



Use the Log Cabin Ruler to easily cut 1¼" wide sub-units from the strip sets. Number of sub-units to cut:

4 4

1. Place a pair of fabrics 1 and 3 strips right sides together. Cut 4 pairs of A-7 triangles.

Cutting the Remaining Pieces

- **2.** Place 2 pairs of strips of fabrics 1 and 3 right sides together (4 layers). Follow the "Double Cutting" instructions in Chart 42 (the April block) to cut 12 pairs of A-7 double-cut triangles. Do not separate 4 pairs.
- **3.** From fabric 1, cut 4 rectangles 1½" x 2" (the size of Log Cabin Ruler **b**).

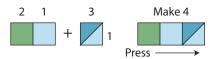
Making the Block

These are the sub-units we are making:



Making the Checkerboard Units

- **1.** Join units from strip sets #1 and #2. Press toward strip set #2. Make 4.
- **2.** Sew 4 pairs of Fabrics 1 and 3 A-7 double-cut triangles into squares. Press toward fabric 1.
- **3.** Join the pieced squares from step 2 to the fabric 1 side of strip set #3, as shown. Press toward the half-square triangles.



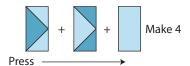
4. Add the unit from step 3 to the unit from step 1. Press toward the unit from step 3. Make 4.

Making the Flying Geese Units

1. Use the A-7 and remaining double-cut A-7 triangles to make 8 Flying Geese units.



2. Join the Flying Geese units and the fabric 1 rectangles as shown.



Completing the Block

Make the Center Four Patch Unit from the 2 remaining strip set #3 sub-units.

Arrange and join the units into 3 rows. Press rows 1 and 3 toward the Checkerboard Units. Press row 2 toward the Center Four Patch Unit. Join the rows to complete the block. Press seams open.