

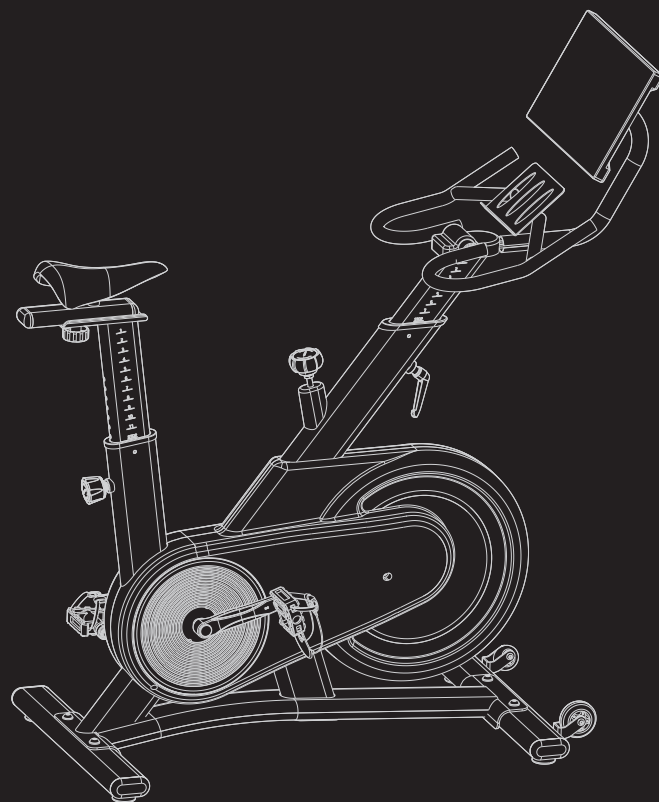
Please scan the QR code to watch
the product installation video

www.ovicx.com

OVICX

EXERCISE BIKE

Q200X



OVICX FREE 1-YEAR WARRANTY

1-year Limited Manufacturer's Warranty
registering your product within 60 days of receiving the product

1.IMPORTANT: REGISTER ONLINE FIRST!



Scan the Code or Visit

<https://www.ovicx.com/pages/register-warranty>

2.FILL THE FORM AND SUBMIT

register now

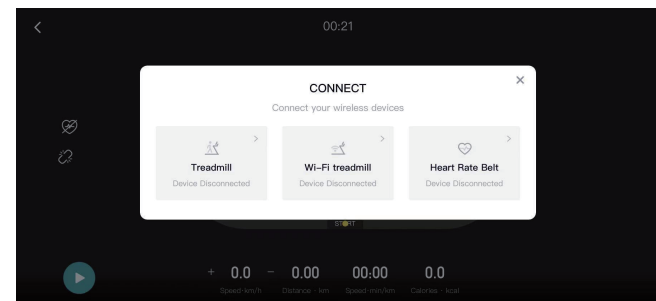
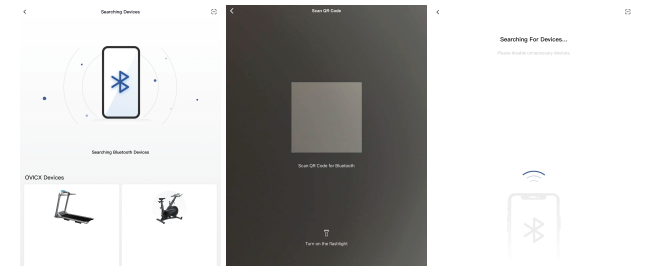
FAILING TO COMPLY TO THESE REQUIREMENTS WILL RESULT INVOIDED PRODUCT WARRANTY

How To Connect APP



After registration, click "connect+" button in the upper right corner to enter the main connection interface to connect through any one of the following four ways.

1. Turn on your Bluetooth,click "Add smart devices",the app will automatically search for any equipment nearby, select the device and connect manually.
2. Click the "Plus" button in the upper right corner, and then use QR code scanner to scan the QR code on the product to connect.
3. In "Ovicx Device" page, directly select the corresponding model to connect.
4. Click to enter the treadmill course page or free exercise page, and click the device connection icon on the left to connect the device.



* This product is subject to change without notice due to APP update and upgrade



Thank you for buying our product.
Before using, please read this manual carefully to ensure correct operation and use.
Please keep this manual properly for future reference.

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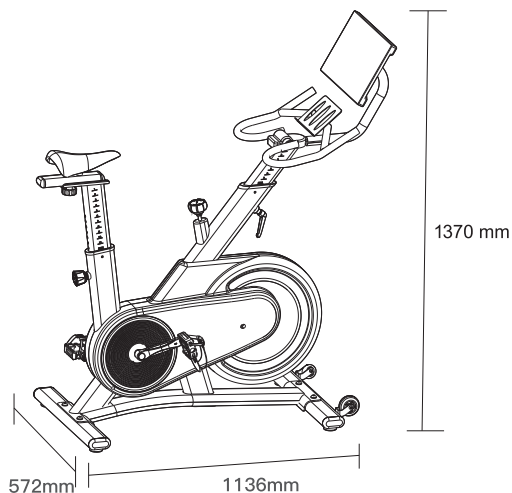
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Instructions for Safe Use

The correct use of this equipment is the guarantee of safety and health for you. Please read the following content carefully before start using the exercise bike:

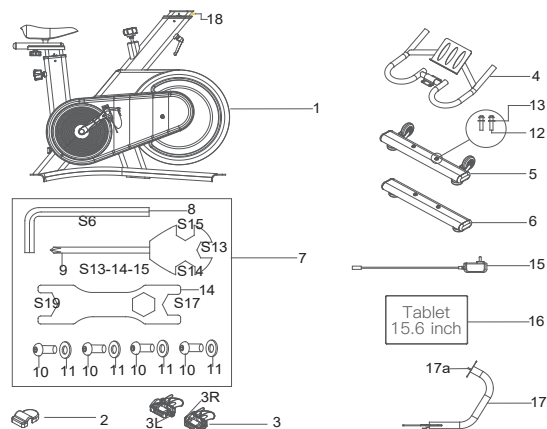
1. It is important to read the manual before installation and use. Only with the correct installation, maintenance and use of this equipment can let you do the exercise safely and effectively.
2. Before starting an exercise program, please consult your doctor to know your current physical condition and confirm if it will cause harm to your health when you use this equipment to do the exercise. If you are in the treatment process of heart rate, blood pressure and cholesterol, your doctor's advice will be necessary.
3. Pay attention to some symptoms of your body. Incorrect and excessive exercise will harm your health. If you have the following uncomfortable symptoms: pain, chest tightness, rapid heartbeat, tachypnea, feeling top-heavy, dizziness and nausea, please stop the exercise immediately. If you want to continue your exercise plan, please consult your doctor first.
4. Please make sure children and pets stay away from this equipment, as this is designed only for adults.
5. Please cushion the bottom of the equipment with a strong and flat material to protect your floor and carpet. For safety reasons, please make sure that there're at least 0.5 m of free space around the equipment.
6. Before use, please make sure the screws and nuts are tighten.
7. Please use this equipment carefully. If you find any defects during the installation or use of the equipment, or hear any abnormal sound, please stop the exercise immediately, and do not continue to use it until the problem is solved.
8. When doing the exercise, please wear clothes that fit your body in order to prevent loose clothes from tripping over or restricting exercise.
9. This equipment is only suitable for indoor and domestic use, and the maximum loading capacity is 110 kg.
10. Please be careful when moving the equipment in order to avoid unnecessary injury.
11. This product cannot be used as medical equipment.

Product Introduction



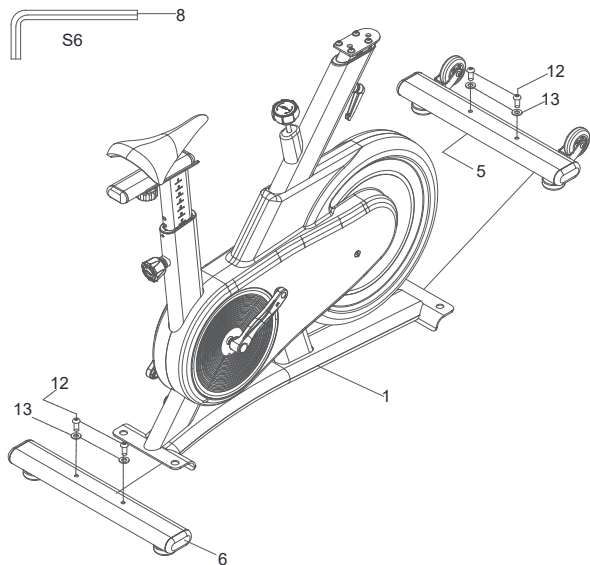
Product model	EXERCISE BIKE
Resistance system	Magnetic control resistance system
Driving mode	Belt driving
Product power supply	12 V DC
Product color	Dark gray
Height limitation	150-190 cm
Rated maximum load	110 kg
Net weight	39.4kg
Gross weight	44kg
Supported software version	Android, IOS
Lot size	1136 x 572 x 1370 mm
Carton size	1060 x 225 x 880 mm

Parts List



SN	Name	Specification	Quantity
1	Bike frame	See the real object	1
2	Handle cover	See the real object	1
3	Pedal	Pedal	1 pair
4	Handle assembly	See the real object	1
5	Front bottom tube	See the real object	1
6	Rear bottom tube	See the real object	1
7	Tool and components kit	See the real object	1
8	S6 socket head screw wrench	#6	1
9	Cross solid wrench	S13-14-15	1
10	Hexagon socket pan head screw	M8 x 16 x Φ15	4
11	Washer	D8 x Φ16 x 1.5	4
12	Hexagon socket pan head screw	M10 x 25 x S6	4
13	Washer	D10 x Φ20 x 2.0	4
14	Solid wrench	S17-19 inner S17	1
15	Power adapter	Φ3.5 x 2000	1
16	Tablet	15.6 inch	1
17	Bracket	See the real object	1
17a	Flat connection line	Φ3.5*300	1
18	Flat trunk	Φ5*380	1

Installation Steps

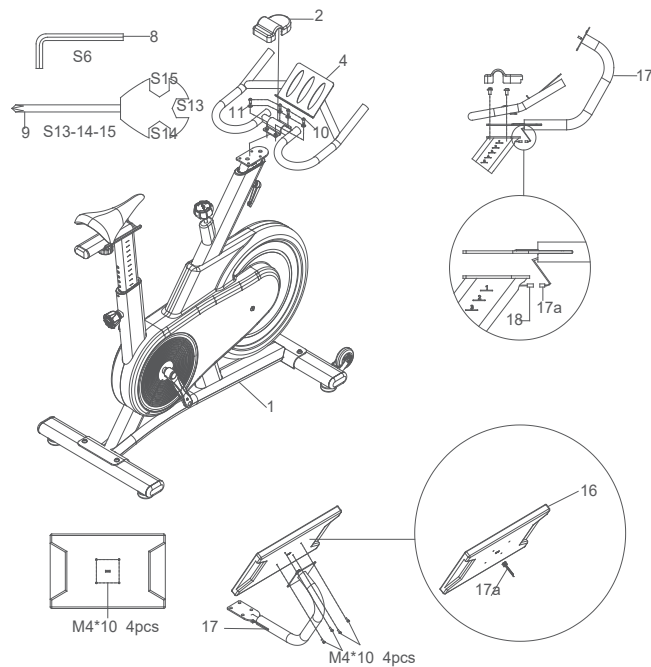


STEP 1 Front and rear tubes

Unscrew the screws and washers on front bottom tube and rear bottom tube, take out the short tubes and install the longer tubes. Install the front bottom tube (5) and rear bottom tube (6) onto the main frame (1) using 4 screws (12) and 4 washers (13).

Use S6 socket head screw wrench (8) to tighten and secure the screws.

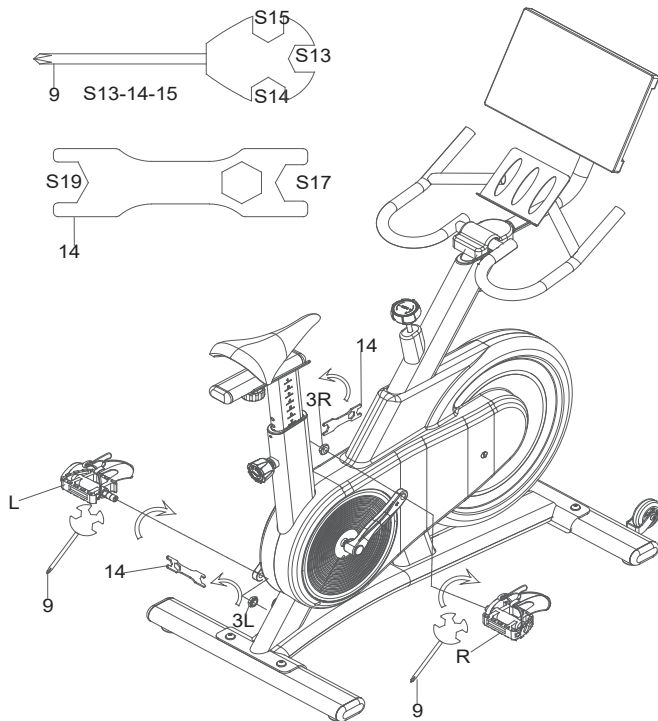
Installation Steps



STEP 2 Handlerbar

Take 4 screws (10) and 4 washers (11) from the kit (7) and use the screws and washers taken from the kit to combine the handle (4) with the handle cover (2) and install it on the main frame (1).

Use S6 socket head screw wrench (8) to tighten and secure the screws.



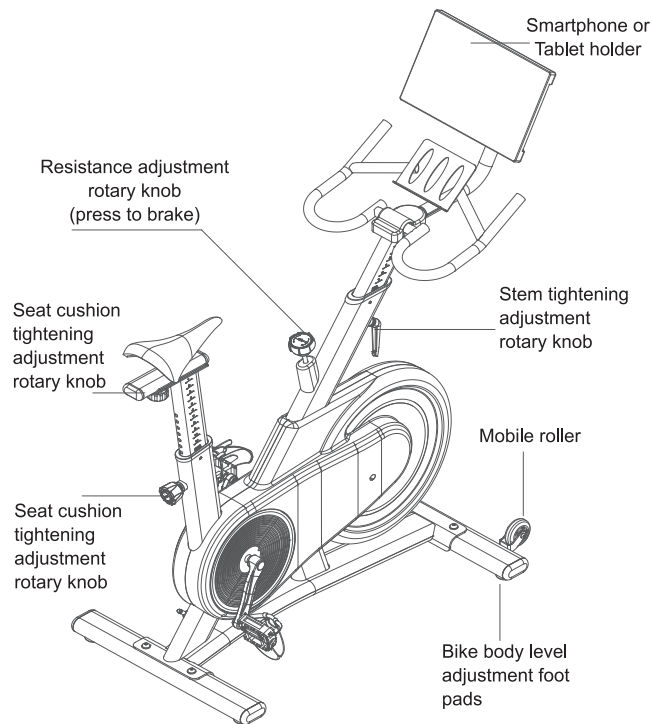
STEP 3 Pedals

1. Please screw the pedal into the crank by hand, and then tighten the pedal with a wrench.

2. Install the pedal (3) on the left and right cranks of the main frame (1) using the S15 of the cross solid wrench (9).

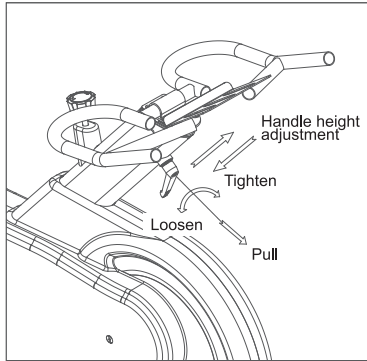
Please pay attention to the difference between left (L) and right (R), and tighten it in the direction of the arrow (toward the head of the bike) according to the figure.

Use S19 of the solid wrench (14) to lock 3L and 3R jam nuts backward (according to the arrow direction in the figure) and tighten them with the cross solid wrench (9).



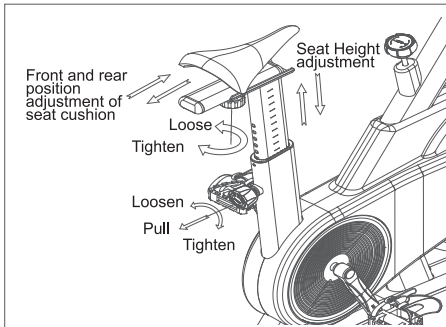
STEP 4 Final check

The whole bike has finished assembly, please check again whether the screws of each part are assembled in place and locked. Adjust the stem, saddle and seat cushion to the appropriate height so that it can be used immediately!



1. Adjust the height of the handle

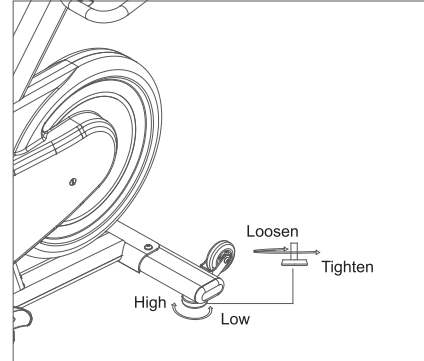
With one hand to loosen the rotary knob and pull it out of the main frame, the other hand to hold the middle of the handle and lift it up (or press it down) to the required position, then loosen the knob, gently shift the stem up and down, let the spring automatically restore (when you hear the sound "click", that means the knob has been sliding into the hole of the stem), and then twist the knob to the tightest state.



2. Adjust height and front and rear position of seat cushion

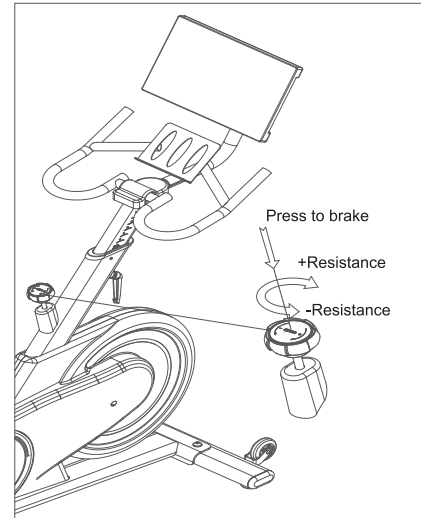
a. Loosen the rotary knob and pull it out of the main frame with one hand, hold the middle of the saddle tube with the other hand and lift it up (or press it down) to the required position. Then loosen the knob, gently shift the stem up and down, let the spring be restored automatically (when you hear the sound "click", that means the knob has been sliding into the hole of the saddle tube), and then twist the knob to the tightest state.

b. Loosen the rotary knob under the seat cushion, slide the seat cushion back and forth, adjust to the required position, and turn the knob to the tightest state.



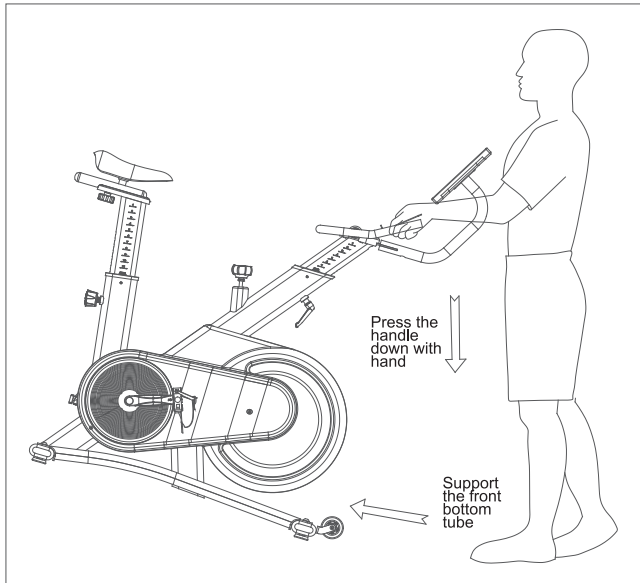
3. Adjust the bike body level

a. There are four adjusting foot pads distributed under the front and rear bottom tubes. Screw the foot pads and make it cling to the ground until the bike body is stable.



4. Adjust the resistance

Turn knob to adjust the resistance. Clockwise is to increase the resistance and counterclockwise is to reduce the resistance.



How to Move Bike

First, support the front bottom tube of the bike body with hands and feet. Both hands hold the handles to press down the head of the bike. When the rear bottom tube of the bike body lifts up, then bike body can be moved.

Caution: The user is cautioned that changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation.

If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

FCC Radiation Exposure Statement

This equipment complies with FCC radiation exposure limits set forth for an uncontrolled environment. This equipment should be installed and operated with a minimum distance of 20cm between the radiator and your body. This transmitter must not be co-located or operating in conjunction with any other antenna or transmitter.

