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ANMOL WRAP CONVERTED RING SLING

Perfect from Newborn to Toddlerhood

Thank you for choosing the **AnmolWrap Converted Ring Sling** to enjoy your Babywearing experience. You will be pleased to know that even though Anmol is just a little over a year old, as an award-winning industry leader, (winner of the KidsStop Press Award 2015 for 'Best Mommy Venture') the need for gentle and awesome babywearing is at the heart of everything while designing all our carriers. With our products you are sure to find comfort, security, closeness, freedom, nurturing and bonding at its very best.

This instruction booklet shows you how to wear your baby in The Anmol Wrap Converted Ring Sling. Make sure you go through the entire booklet and have a look at our videos www.anmolbabycarriers.com before you try it out.

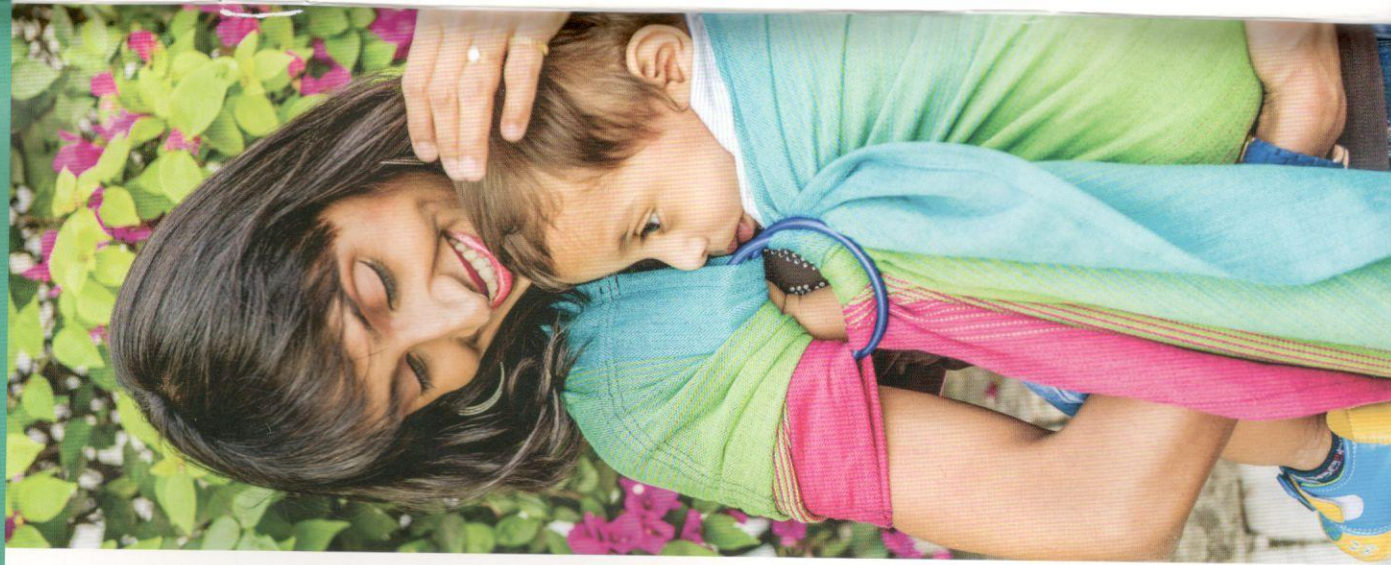
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PRODUCT DESCRIPTION

Our Anmol Wrap Converted Ring Slings are exceptionally gorgeous, easy to use and extremely comfortable. They are excellent all year round since they are extremely lightweight. These are single layered slings and are super breathable and hence they are ideal for tropical weather. Perfect for newborn babies and toddlers alike you can wear your baby in our ring slings until your toddler is approximately 15/20 kilos! The pleated shoulder makes it all the more convenient to use and the hybrid shoulders are perfect for toddlers. Don't leave home without your carrier cause you can even fold it and place it in your handbag. Our ring slings are ideal to use when you want to wear your baby for a quick up and go. Our ring slings are so versatile they are perfect for special occasions, a day of socializing or just a regular walk in the park. No matter where you wear your baby, the ring sling is so chic, you'll fit right in.

The Anmol Wrap Converted Ring Slings are handmade from our gorgeous woven wraps. Our wraps are made from high quality organic cotton and natural fibres, dyed with baby safe dyes, woven to a gsm of medium thickness. The wraps are hand woven in India with love, with its natural nubs and slubs typical of hand-woven fabrics. This fabric has been woven with no child labor at any stage, to encourage the dying art of hand-weaving in India. The Wrap Converted Ring Slings have been specially stitched with love by a group of women trained by ASDT (Aadhar Skill Development Trust). Anmol is proud to have teamed up with ASDT whose mission is to enable the lesser privileged women of the society to enhance their quality of life by becoming self-reliant and gaining greater economic stability. Anmol Wrap Converted Ring Slings are easy to use and are perfect for newborns until toddlerhood and beyond.

✓ **Pleated Shoulders:** Extremely easy to use. Perfect for beginners and especially nice for those with narrow shoulders as it does not particularly cup the shoulder.

✓ **Hybrid Shoulders:** Recommended for toddlers. The fabric can be spread to cup the wearer's shoulder or gathered up on top of the wearer's shoulder, so there is a good bit of versatility to this shoulder style.

Washing Instructions

- ✓ Wash in Cold Water
- ✓ Shrinks on Washing
- ✓ Machine Washable
- ✓ Tie up the rings in a cloth (Suggestion-Socks)
- ✓ Preferred-Hand Wash in Salt Water for the first two washes & then Machine Wash

INSTRUCTIONS FOR USE

Threading the Rings

1. A ring sling is a long piece of fabric, sewn securely on one end with tested sling rings using several rows of reinforced stitching and a tail on the other end.



Threading the Rings

2. Neatly gather the fabric of the tail and pleat it back and forth, so you can hold it all in one hand.



Threading the Rings

3. Now we will thread the ring sling by lifting the end of the tail up and carefully passing the fabric through both the rings.



Threading the Rings

4. To finish threading, we need to reverse the direction of the tail, by passing the tail back over the top ring and through the bottom ring.



Important Note: To make sure that you do not twist the fabric while passing them through the rings, you can spread the rings away from one another and then spread the fabric from one side to the other within the rings.

Wearing your baby in the Ring Sling

1. Lift your baby up and hold the baby in the burp position against your free shoulder.



Wearing your baby in the Ring Sling

2. While supporting your baby with one hand, slide your free hand under the fabric and guide your baby's legs through the leg loops while supporting their torso.



Wearing your baby in the Ring Sling

3. The bunched fabric should support your baby behind each knee. Place your baby into a natural 'M' position (Knees should be higher than your baby's bottom)



Wearing your baby in the Ring Sling

4. Supporting your baby with one hand use the other to lift the top rail up and the way across your baby's back.



Wearing your baby in the Ring Sling

5. While continuing to support your baby, tuck the lower rail up in between yourself and your baby to create a seat.



Wearing your baby in the Ring Sling

6. Gently hold your baby closer to you as you tighten along the width of the fabric.



9. Make sure you follow the T.I.C.K.S. rule while babywearing always 😊

TIGHT—your Anmol Wrap Converted Ring Sling should be tight enough to hug your baby close to you as this will be most comfortable for both of you. Any slack or loose fabric will allow your baby to slump down in the carrier which can hinder their breathing and pull on your back.

IN VIEW AT ALL TIMES—you should always be able to see your baby's face by simply glancing down. The fabric of a sling or carrier should not close around them so you have to open it to check on them. In a cradle position your baby should face upwards not be turned in towards your body. (Only use the cradle position while breastfeeding your baby in the carrier).

CLOSE ENOUGH TO KISS—your baby's head should be as close to your chin as is comfortable. By tipping your head forward you should be able to kiss your baby on the head or forehead.

KEEP CHIN OFF THE CHEST—a baby should never be curled so their chin is forced onto their chest as this can restrict their breathing. Ensure there is always a space of at least 2 fingers width under your baby's chin.

SUPPORTED BACK—in an upright carry a baby should be held comfortably close to the wearer so that their back is supported in its natural position and their tummy and chest are against you. If the ring sling is too loose they can slump which can partially close their airway. (This can be tested by placing a hand on your baby's back and pressing gently - they should not uncurl or move closer to you.) A baby in a cradle carry in a ring sling should be positioned carefully with their bottom in the deepest part so the sling does not fold them in half pressing their chin to their chest.



ANMOL WRAP CONVERTED RING SLING SAFETY INSTRUCTIONS

Only use this carrier for babies between 3kgs to 15/20kgs (Depending on the type of Ring Sling). Never use this carrier for a preterm infant without seeking the advice of a healthcare professional practitioner.

- ✓ Read and follow our printed instructions and view our instructional video online before use.
- ✓ Examine your Anmol Wrap Converted Ring Sling before each use for wear and tear, including ripped seams or torn fabric.
- ✓ Ensure that your baby is safely positioned according to the instructions for use.
- ✓ Do not leave the ring sling around your child unsupervised.
- ✓ Avoid strenuous activities when wearing your baby. Never use when balance or mobility is impaired because of exercise, drowsiness or any medical conditions.
- ✓ Never babywear while engaging in activities such as cooking or cleaning which involve a heat source or exposure to chemicals. Be aware of any objects your child can reach.
- ✓ Never babywear while driving or as a passenger in a motor vehicle.
- ✓ Never use the Anmol Wrap Converted Ring Sling in water
- ✓ Check on your baby often. Ensure that your baby is periodically repositioned. Failure to pay attention can lead to falls or failure to notice distress
- ✓ Be aware of your baby's body heat when using a sling. The sling provides extra layers of fabric; you are also sharing each other's body heat. Please dress your baby accordingly.
- ✓ Use common sense when using the Ring Sling: your baby's safety is your responsibility.

Suffocation Hazard

Ensure that your baby's face is above the fabric, visible and free from obstruction at all times. Babies at the greatest risk of suffocation include those born prematurely, those with respiratory problems and those under four months of age. Ensure that the baby does not curl into a 'C' position with the chin resting on or near the chest. This position can interfere with breathing even if nothing is covering their nose or mouth.

Fall Hazard

Leaning, bending over or tripping can cause the baby to fall. Always keep one hand on your baby while moving.

WARNING: FAILURE TO FOLLOW THE SAFETY INSTRUCTIONS CAN RESULT IN SERIOUS INJURY OR DEATH.

Breastfeeding discreetly in the Ring Sling

The Ring Sling is the ideal carrier for nursing your baby. Follow the two t-shirt method. Gently and slowly loosen the fabric by lifting the uppermost ring up carefully, so that baby is lowered a little whilst remaining in the same position. Lift your breast up so your baby is able to latch on without twisting their neck.

Many women find it extremely convenient to happily and safely breastfeed their babies whilst wearing them in the Ring Sling. If you do feel apprehensive, do get in touch with a professional who can help you.