

the girlfriend doctor DR. ANNA CABECA

Supplements Contained in Custom Pak			
DIETARY SUPPLEMENTS	QTY	TIME	
CoQmax Omega 100 mg - BULK Softgels	30	AM	
TestoPlex Plus Bulk Capsules	60	AM	
Bulk ActivNutrients without Iron	30	AM	
NOMax Bulk Tablets	60	AM	
CoQmax Omega 100mg - BULK Softgels	30	PM	
Zinc Glycinate	30	PM	
Bulk ActivNutrients without Iron	30	PM	
NOMax Bulk Tablets	60	PM	

Serving Size: 1 Day of Packets (Breakfast and Dinner)

Supplement Facts

	Amount Per Serving	% Daily Value
Vitamin A (75% as natural beta-carotene and 25% as retinyl palmitate)	1,120.00 mcg	124%
Vitamin C (as sodium ascorbate, potassium ascorbate, zinc ascorbate, and calcium ascorbate)	125.00 mg	138%
Calcium (as di-calcium malate, d-calcium pantothenate, and calcium ascorbate	e) 50.00 mg	3%
Vitamin D3 (cholecalciferol)	100.00 IU	25%
Vitamin E (as d-alpha tocopheryl succinate)	67.00 mg	446%
Thiamin (as thiamine mononitrate)	10.00 mg	833%
Riboflavin (as riboflavin 5#-phosphate sodium)	10.00 mg	769%
Niacin (as niacinamide and niacin)	32.00 mg	200%
Vitamin B6 (as pyridoxal 5#-phosphate)	10.00 mg	588%
Folate (as 6(S)-5-methyltetrahydrofolic acid, glucosamine salt and folic acid)	340.00 mcg	85%
Vitamin B12 (as methylcobalamin)	77.00 mcg	3208%
Biotin	500.00 mcg	1666%
Pantothenic Acid (as d-calcium pantothenate)	100.00 mg	2000%
lodine (as potassium iodide)	50.00 mcg	33%
Magnesium (as di-magnesium malate)	50.00 mg	11%
Zinc (as TRAACS® zinc bisglycinate chelate)	20.00 mg	181%
Zinc (as zinc bisglycinate chelate)	6.50 mg	59%
Selenium (as selenium glycinate complex)	50.00 mcg	90%
Copper (as copper bisglycinate chelate)	0.50 mg	55%
Manganese (as manganese bisglycinate chelate)	0.25 mg	10%
Chromium (as chromium nicotinate glycinate chelate)	250.00 mcg	714%
Molybdenum (as molybdenum glycinate chelate)	25.00 mcg	55%
Potassium (as potassium glycinate complex and potassium ascorbate)	49.50 mg	1%
Choline (as choline dihydrogen citrate)	18.00 mg	3%
ACTINOS [®] Whey Peptide Fraction	200.00 mg	* *
Arginine alpha-ketoglutarate	2,640.00 mg	* *
DHA (docosahexaenoic acid)	200.00 mg	* *

^{* *} Daily value not established





Serving Size: 1 Day of Packets (Breakfast and Dinner)

Supplement Facts

	Amount Per Serving	% Daily Value
EPA (eicosapentaenoic acid)	460.00 mg	* *
Eurycoma longifolia Extract (22% bioactive##eurypeptides, 40% glyco saponins)(root)	200.00 mg	* *
Inositol	18.00 mg	* *
MaxSimil® Fish Oil Concentrate	1,000.00 mg	* *
Kaneka Q10° Coenzyme Q10 (as ubiquinone)	200.00 mg	* *
PABA (para-aminobenzoic acid)	6.50 mg	* *
Shilajit (10.3% Dibenzo-a pyrones (DBPs) &##Dibenzo-a pyrone Chromoproteins (DCPs)) (50% fulvic acids ##with DBP Core Nucleus)</td><td>500.00 mg</td><td>**</td></tr><tr><td>Total Omega-3 Fatty Acids</td><td>696.00 mg</td><td>* *</td></tr><tr><td>Vanadium (as vanadium nicotinate glycinate chelate)</td><td>375.00 mg</td><td>* *</td></tr></tbody></table>		

^{* *} Daily value not established

Other Ingredients:

NOMax Bulk Tablets Cellulose and cellulose derivatives, stearic acid, magnesium stearate, silica, and glycerin.

CoQmax Omega 100mg -

BULK Softgels

Zinc Glycinate Microcrystalline cellulose, HPMC (capsule), stearic acid, magnesium stearate, and

Bulk ActivNutrients without

Capsule (hypromellose and water), microcrystalline cellulose, ascorbyl palmitate, silica,

Softgel (bovine gelatin, glycerin, purified water, roasted carob powder), yellow beeswax,

medium-chain triglyceride oil, and mixed tocopherols.

Capsule (hypromellose and water), microcrystalline cellulose, dicalcium phosphate TestoPlex Plus Bulk Capsules

dihydrate, ascorbyl palmitate, and silica.

and mixed natural tocopherols.

ALLERGY INFORMATION: Manufactured on equipment that processes products containing fish, shellfish,

egg, soy, milk, and tree nuts.

Product Disclaimers:

* NOMax Bulk Tablets Contains: Milk

* CoQmax Omega 100 mg -

BULK Softgels

Contains: Fish (anchovy and/or sardine and/or mackerel)