

## AFTERCARE Cally Gel

## TAKING CARE OF YOUR CALLY GELS WILL<br/>MAKE YOUR NAILS LAST LONGER!HERE ARE SOME TIPS HOW TO DO THAT:



WEAR GLOVES when doing domestic duties. e.g cleaning, washing up & gardening.



## USE CUTICLE OIL regularly to keep them nourished.



MAINTENANCE to be taken out around 3 weeks.



## **NEVER PICK**

gel polish off this will cause damage. Contact your nail tech to remove properly or complete maintenance.



TREAT NA	ILS
LIKE JEWE	ELS
not tool	s.



AVOID INTENSE HEAT

in the first 24 hours e.g sunbeds, hot baths.