



## The 7 Best Cribs For Short Moms, So You Don't Fall In

**S**hort mom problems? It's one thing to need a step stool to reach the top shelf — but to reach your kiddo in their crib? Not ideal. The good news is the best cribs for short moms *do* exist and we found them, it just took a little digging. But before getting into crib specs, first, let's back up.

The average woman is 5 feet, 4 inches so for the sake of research, we'll consider "short" as any height just under that threshold. Scary Mommy reached out to a number of petite moms to find out their biggest pain points. "I HATED the fact that I couldn't reach [my child] in his crib," says Danielle Boyd, a 5-foot-2-inch mom of two. "Even with a stool, it was hard. I just had [my husband] get him 99% of the time." And she's not the only one. "I basically drop my 2-year-old into his crib," shares Sandra Chance, mom of four, who clocks in at 5 feet, 2 inches.

Several moms complained of back problems, crushed ribs, and, for Vivian House, a 5-foot-2-inch mom of two, that “I almost fall into it every time.” But the general consensus was this: No one knew that cribs for short moms even existed. And the truth is that, technically, they don’t. But there are standard cribs with dimensions that accommodate shorter moms that are *game-changing*. The fact is, cribs for petite parents aren’t marketed as such, but if you’ve got an eye for specs, then you’ll find that they *are* out there.

Here’s the important yet challenging part. To prevent baby falls, the federal crib regulations require the minimum distance between the mattress support and the top of the crib side rail to be 26 inches, with a 6-inch thick mattress included (netting you 20 inches of barrier). With that in mind, short mothers need to pay attention to how much height is then added by the legs of the crib. Scary Mommy found that cribs around 36 inches in height provided the easiest height to maneuver for short moms. That said, certain design features — like curved rails or removable wheels — also lend themselves nicely to the plight of petite parents.

Ahead, you’ll find seven excellent cribs for short moms. Because every mother should have access to the simple act of laying down and picking up their child (even if you *do* want to just chuck ‘em in on occasion).

## 2. The Best Mid-Century Crib



### Delta Children Essex 4-in-1 Convertible Mid Century Crib

AMAZON

\$220

SEE ON AMAZON →

Looking for a mid-century crib for your Pinterest-worthy nursery? Look no further than this Delta 4-in-1 convertible crib that's the perfect height (34 inches) for short moms. The splayed feet and gently curved corners give this one a stylish aesthetic, and it converts all the way up to a toddler bed, daybed, and sofa. The ultimate multipurpose purchase for your baby's MCM-inspired room.

**Helpful review:** "It is definitely nice and small for a full-size crib which I love for the small room and it's short friendly so I can easily reach in :) we got the Graco foam mattresses and they fit perfectly."

**Dimensions:** 54 x 29.5 x 34 inches (L x W x H) | **Convertible:** Yes | **Colors Available:** White with Natural Legs, Gray with Natural Legs

## 4. The Best Modern Crib



Delta Children Tribeca  
4-in-1 Convertible Crib

*AMAZON*

**\$290**

**SEE ON AMAZON →**

This convertible crib comes with a statement base and two-tone finish to make your nursery feel fresh and modern. It's crafted by Delta Children, the award-winning brand that's also earned high marks from Amazon shoppers. Standing 36 inches high, it's accessible for short parents, and it conveniently converts into a toddler bed, daybed, sofa bed, and full-size bed (with and without footboard) so the initial investment is well worth it.

**Helpful review:** “[...]We were pleasantly surprised by how easy this crib was to assemble. On a scale of 1 (easy) to 10 (most difficult), my husband rated this a 2. Everything was labeled and we screwed it all together very quickly. The crib is lovely looking and fits the decor of our room (or any room really) very nicely. The bottom supports of the crib give it a very sleek and modern look. We were pleased [too] that we are able to move the bottom up and down so that we can use the crib for a newborn and not have to bend into it too deeply (which will be a godsend when recovering from birth). [...]”

**Dimensions:** 55 x 30.5 x 36 inches (L x W x H) | **Convertible:** Yes | **Colors Available:** Bianca White/Natural, White, Gray, Black, Midnight Gray