



“Since taking *Nutri-Flex*, I’ve experienced full pain relief in my hands and about 60% - 70% relief of back pain. I can now wood carve again!”

► Joe H. - T. Lake, ON

**Nutri-Flex SUPREME** is an advanced joint care formula that features the supreme effectiveness of powerful herbal ingredients for inflammation and pain relief in a great raspberry flavoured liquid suspension.

With the development of **Nutri-Flex SUPREME** Naka has taken the evolution of arthritis and joint pain relief to new heights. Make the supreme choice today to help you enjoy a pain-free life!

## The **Liquid** Advantage



- Liquids are more quickly and easily absorbed vs. capsules, tablets and softgels. With liquids, partial digestion occurs in the capillaries of your mouth as capsule disintegration is not required.
- Liquids are a welcome alternative for people who have trouble swallowing solid pills, particularly children and seniors.
- Liquids are fully dissolved upon ingestion - allowing for absorption of key nutrients along the entire gastrointestinal tract.
- Due to enhanced absorption efficiency, lower dosage may be possible.
- Liquid formats contain no fillers, binders or coatings that may interfere with optimal dissolution.



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The information in this flyer is intended strictly for research and educational purposes, not as a diagnostic tool or a prescription for any ailment.



# Don't let **Joint Pain** or **Arthritis** slow you down

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Many of you experience joint pain of one kind or another. It makes life miserable and robs you of its simple pleasures, like walking the dog, enjoying an afternoon in the garden, or striking a golf ball down the fairway. Even the basics of getting through your day, from carrying a bag of groceries from your car to enjoying a walk on your favourite trail can become stark reminders of the limitations you face. Arthritis, injuries, poor posture, repetitive movements, and aging are all too common causes of joint pain. Swelling, pain, and discomfort can result. In some cases, these symptoms can be the result of uric acid build up in your finger joints and other parts of the body, mimicking arthritis. To help you achieve pain relief, you need to trust a brand that has been delivering results for almost two decades to countless satisfied customers suffering from osteoarthritis and joint pain.

Introducing **Nutri-Flex SUPREME**. After listening to its customers, the scientists at Naka Herbs & Vitamins have created an effective liquid-suspension formula. Designed

for greater, faster absorption, powerful herbal ingredients can now go to work like never before to help combat pain and suffering caused by osteoarthritis and uric acid build up. Plus, it's **better tasting and more powerful** than previous **Nutri-Flex™** products. With ingredients delivered in a quickly absorbable liquid suspension technology, a far greater percentage of solids and a more even dispersion of nutrients with each use can now be achieved since no filtration is required.

**"ALL of my pain disappeared after the very first day of using Nutri-Flex. I woke up the next morning and was free of pain."**

▶ **George W. - Alberta**



**Nutri-Flex Supreme is the liquid formula containing effective ingredients shown to help diminish the pain, inflammation, and discomfort associated with joint pain, osteoarthritis, and uric acid build up, and may help protect against the deterioration of cartilage. These active herbal ingredients are now in our best-tasting formula ever, and they include:**

**Glucosamine Hydrochloride** a building block for healthy cartilage and a chemical naturally present in bone cartilage. It forms the cushioning ingredients of the fluids in our joints.

**Hydrolyzed Collagen** an essential component of muscles, tendons, cartilage and teeth, and helps support the growth and maintenance of nails, hair and skin.

**Methylsulfonylmethane (MSM)** to help fight inflammation by enhancing the body's anti-inflammatory control system and aids in healing.

The synergistic combination of **Bromelain** and **Turmeric** powerful anti-inflammatory agents to help provide relief from aching muscles and joints, and to reduce swelling and inflammation.

**Devil's Claw root** extract, commonly used for its

pain relief and anti-inflammatory effects to help relieve arthritis pain particularly in the hip and knee.

**Boswellia** extract shown to promote healthy joint function, so you can move with comfort.

**Vitamin D3** shown to slow the progression of symptoms associated with osteoarthritis.

The addition of three effective ingredients to help alleviate uric acid build-up: **Parsley leaf** powder rich in vitamin C and shown to minimize water retention; **Celery seed** powder to help promote healthy digestion and the secretion of urine; and **Dandelion root** extract for its laxative and cleansing properties.

**Hyaluronic Acid** a naturally occurring substance, provides a lubricating cushion for the joints.

**AVOID** prescription medications and over-the-counter pain relievers containing non-steroidal anti-inflammatory drugs (NSAIDs). These can cause side effects like stomach upset, bleeding, or kidney and liver damage, which can be avoided when relief from joint inflammation and pain are treated naturally. Don't let joint discomfort stop you from moving forward.



## **Nutri-Flex Supreme liquid advantage for a natural approach to pain relief!**

- ✓ Powered by Glucosamine Hydrochloride to help provide improvements for arthritis pain and other herbal ingredients traditionally used in herbal medicine to help relieve joint pain associated with osteoarthritis.
- ✓ Includes the added benefits of Hyaluronic Acid for joint-cushioning support, and Parsley leaf powder, Celery seed powder, and Dandelion root extract to help relieve symptoms of uric acid build up, so you get a Nutri-Flex™ product like never before!
- ✓ An easy-to-absorb and well-tolerated joint-care product, so you can achieve relief from aching
- ✓ joints and symptoms of osteoarthritis.
- ✓ Delivered with the benefits of liquid-suspension technology for a greater percentage of solids and a more uniform delivery of nutrients with each use.
- ✓ **Our best-tasting Nutri-Flex™ product ever with a great-tasting raspberry flavour.**



# The *Nutri-Flex*<sup>TM</sup> Family of Joint Care Products:

What are the  
differences?



	<i>Nutri-Flex</i> Original Formula	<i>Nutri-Flex</i> Featuring Vitamin D	<i>New Nutri-Flex</i> <b>SUPREME</b>
	<b>Active Ingredients Per Serving</b>		
<i>Glucosamine Sulfate</i>	1500 mg		
<i>Glucosamine Hydrochloride</i>		1500 mg	<b>1500 mg</b>
<i>Hydrolyzed Collagen</i>	1500 mg	1500 mg	<b>1600 mg</b>
<i>Methylsulfonylmethane (MSM)</i>	1000 mg	1000 mg	<b>750 mg</b>
<i>Bromelain, 600 GDU/g</i>	160 mg (96 GDU)	160 mg (96 GDU)	<b>160 mg (96 GDU)</b>
<i>Devil's Claw root extract, PE 6:1, 5% Harpagosides</i>	150 mg	150 mg	<b>150 mg</b>
<i>Turmeric 95%</i>	150 mg	150 mg	<b>50 mg</b>
<i>Boswellia extract, 65% Boswellic acid</i>		150 mg	<b>10 mg</b>
<i>Vitamin D3 (Cholecalciferol), 100,000 IU/g</i>		1000 IU (25 mcg )	<b>1000 IU (25 mcg )</b>
<i>Parsley (Petroselinum crispum) leaf powder</i>	Only NEW <i>Nutri-Flex</i> <b>SUPREME</b> contains these three effective ingredients to help alleviate uric acid build up, which has the potential to mimic the signs of arthritis.		<b>150 mg</b>
<i>Celery (Apium graveolens) seed powder</i>			<b>150 mg</b>
<i>Dandelion (Taraxacum officinale) root extract, PE 4:1</i>			<b>100 mg (PE 4:1, DHE 400 mg)</b>
<i>Hyaluronic Acid</i>	Plus, <i>Nutri-Flex</i> <b>SUPREME</b> also contains the added benefits of this naturally occurring cushioning agent to help joints run smoothly.		<b>5 mg</b>
			<i>Designed with liquid suspension technology for greater absorption!</i>
			<i>Dramatically improved flavour now in great-tasting raspberry!</i>